

Casey's Comments

By Casey McCormick

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There is good reason why our country's currency states, "In God we trust."
The best argument for it is that God is a bit more dependable than man.
Too often folks depend on our government to provide answers and care for them. This would probably work well except for

one problem. That would be the human beings running the show. Despite our politician's good intentions, the power that goes with the position often leads them to cater to not what is best for the whole but rather whatever special interests that are able to pull them toward their direction. Service to the voters, as well as others in general, goes to the wayside.

It pains me to see the current trend of taking God out of the system, when the founding fathers saw fit to build our government with the hope that the Higher Power would bless and be a part of it.
My hopes are that we will continue to allow the good Lord to guide our nation, rather than the fallible humans who seem to know better.

McDonald News By Sandy Binning

Christmas Eve guests of Kenneth and Phyllis Wilkinson were Josh and Sammie Johnson, Rod and Lisa Johnson, Greg and Cheryl Wilkinson, Shawn Wilkinson, Ryan Wilkinson, and JJ and Lori Denny and family.
Kenneth and Phyllis Wilkinson were Sunday morning brunch guests of Greg and Cheryl Wilkinson and family with other guests from Atwood, Colby, and Auburn, Neb.
Mr. and Mrs. Dwight Brown of Wray, Colo. were Monday evening guests of Ratha Lea Loker.
Christmas week guests of Jim and Lois Morelock were Peggy, Wayne, and Garrett Sager of Salina, Edie and Ray Johnson of Cimarron, Scott Johnson and

Brittney O'Neal of Craig, Colo., Gary and Lisa Johnson of Hoxie, Jon and Jordann Johnson of Hays, Patty and Dexter Leach of Bird City, and Leann and Phillip DeLong of Stillwater, Okla.
Blake, Kathryn, and Nathan Waters were Sunday through Tuesday guests of Fred and Lavina Waters. They were all guests of Rick and Kathy Frisbie for Christmas Eve dinner.
Christmas dinner guests of Joan Tongish were Mike and Diana Tongish, Doug Tongish, Preston and Jamie Mattheyer, Mikayla and Katelyn, and Betty Lewis.
Christmas dinner guests of Jerry and Betty Knapp were Becky and Stan Purvis and children, Brenda Knapp, and Travis Knapp. Brenda

was a guest of her parents till Friday, and Travis will return home after New Years.
Marlene Johnson was a Christmas guest of Brian and Connie Sabatka.
On Saturday, Marlene Johnson was a guest of Ted and Dixie Bethell and family in McCook.
Christmas Eve guests of Gilbert and Janice Antholz were Hal, Becky, Cristi, and CJ Antholz, Clint and Jenni Antholz, Jack, Charley, and Henry of Manhattan, Cort and Megan Antholz, Hallie and Lane, Craig and Jeri Antholz, Heath and Tiffany, and Mindy and Quenton Crow.
Christmas Day guests of Gilbert and Janice Antholz were Roy and Blanche Koons.

Veterans' Affairs

Jody Tubbs of the Kansas Commission on Veterans' Affairs will be in St. Francis from 10:30 to 11:30 a.m. at the county clerk's office to assist veterans and their dependents with Veteran Administration claims work on Thursday, Jan. 2. If you are unable to contact Ms. Tubbs in St Francis, you may contact the office in Colby any Monday, Wednesday or Friday. That phone number is 785-462-3572. 01

Free library tapes

The library Board pulled many VHS tapes off the shelves. They are great movies. If you are still fortunate to have a VHS player, come early and pick your favorites. They are FREE. 01

Cheylin school security

All visitors must enter the

west entrances for the elementary and high school buildings after 8:30 a.m. All other doors are locked for security purposes. Please report to the office upon entering building. There is visitor parking available in front of the high school west entrance and on the north side of the elementary building.
Thanks for your cooperation.

Grief Support Group

The Grief Support Group will continue to meet every second and fourth Mondays at 2 p.m. Meeting place is the Immanuel United Methodist Church, 116 E. Fourth, Bird City. For more information, call 785-734-2739.

The group gives confidential support in a safe place of mutual help and comfort to all who have experienced the loss of a loved one.

Emergency number

The phone number for Cheyenne County Communications Center (Dispatch) for non-emergency calls: 785-332-8822, Dial 9-1-1 for an emergency.

Narcotics Anonymous

Narcotics Anonymous meetings are held at 104 W Webster/Methodist Education Building on Thursday nights at 7:30 p.m. Contact 785-342-0028.

Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week service to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

Moments with Mila By Mila Bandel

Governor proclaims January as Kansas Radon Action Month

The Cheyenne County Health Department encourages Cheyenne County residents to test for radon gas by offering free test kits.

Kansas Governor Sam Brownback and the Kansas Department of Health and Environment (KDHE) have proclaimed January "Kansas Radon Action Month" to help educate Kansans about the dangers of radon exposure and encourage actions to identify and address radon problems in the home. Radon is a tasteless, odorless, colorless, naturally occurring radioactive gas which comes from the breakdown of uranium found in nearly all soils. Radon gas moves from the ground under and around your home through cracks and other holes in the foundation.
For Kansas Radon Action Month, the Cheyenne County Health Department will offer free home test kits at the Cheyenne County Health Department at 221 W. First in St. Francis. For more information, go to www.kdheks.gov and follow the Radon Action Month link.

About one out of every three radon measurements performed in Kansas are elevated, being above 4 pCi/l (picoCuries per liter). Some areas have higher levels than others, though elevated levels of radon have been detected in every county in the state. As many as one in 15 homes across the U.S. have elevated radon levels that often go undetected.

Topeka, Manhattan, Lawrence and Salina building codes require new homes to be built using radon-resistant techniques, and additional cities in Kansas are considering this modification to their building codes.

Inexpensive radon test kits are available year round at local hardware and builder's supply stores and at your Kansas county extension office. Those tests that reveal high levels can be fixed with simple venting techniques completed by a licensed professional. Homeowners

should talk with a certified radon contractor if levels of 4 pCi/l or above are detected.

A list of certified radon contractors is available by calling the Kansas Radon Hotline at 800-693-KDHE (800-693-5343). Additional information about radon can be obtained at www.kansasradonprogram.org and at www.epa.gov/radon.

For more information or to obtain a free radon test kit call the Cheyenne County Health Department at 785-332-2381.

Free wild game feed

A free wild game feed will be held on Friday, Jan. 11, at Riverside Recreation, 2 miles west of St. Francis. The feed will start at 6 p.m. and food will be served until it is gone.

The feed is a family night and everyone is welcome to attend. "Bring out your young hunters," said Roger Faulkender, one of the sponsors. "Let them try the

different meats served." Among the variety of wild game served will be wild pig, deer, antelope, barbecued pheasant and wild turkey nuggets. There will also be potatoes and beans served with the meats.

The feed is sponsored by a group of guys who like to hunt. For more information, contact Mr. Faulkender, 785-332-3191.

College or trade school scholarships application deadline March 3

Vietnam Veterans of America, Hays chapter 939, is announcing that they will once again be awarding four \$500 scholarships for college or trade school. Residents of the following counties are eligible: Cheyenne, Decatur Ellis, Finney Graham, Gove, Hodgeman, Lane, Ness, Norton, Osborne, Phillips,

Rawlins, Rooks, Rush, Sherman, Smith, Thomas, Trego and Wallace.
The application deadline is March 3. Recipients of the scholarships will be announced April 15.

For further information, interested persons may write to: Edna Hansen, 2001 Monroe St.,



Ellis, Kansas 67637. Students may also contact their high school for an application packet.

School Menu

Jan. 6 - Jan. 10

Monday

Breakfast: Pancake on stick, syrup, yogurt, fruit cup, cereal, and milk.

Lunch: Chicken pot pie, steamed carrots, rice krispy bar, romaine and tomato salad, pears, tropical fruit, and milk

Tuesday

Breakfast: French toast sticks, syrup, fruit cup, fruit juice, toast, and milk

Lunch: Taco soup, corn chips, cottage cheese, cornbread, broccoli salad, garden spinach salad, pineapple chunks, citrus apple-sauce, and milk

Wednesday

Breakfast: Breakfast sundae, string cheese, fruit juice, toast, and milk

Lunch: Baked chicken leg, savory rice, steamed broccoli, oatmeal roll, romaine and tomato salad, mandarin oranges, pears, and milk

Thursday

Breakfast: Whole wheat bagel with toppings, fruit cup, fruit juice, cereal, and milk

Lunch: Beef and noodles, mashed potatoes, green beans, blueberry oat square, garden spinach salad, peaches, fruit cocktail, and milk

Friday

Breakfast: Quick blueberry square, sausage patty, fruit cup, cereal, and milk

Lunch: Macaroni and cheese, meatballs with sauce, seasoned peas, garlic toast, mixed lettuce salad, peaches, fruit cocktail, and milk
Menu Subject to Changes



Jan. 8 is an important date!
Happy 80th birthday to Carol Mears.

Cards can be sent to
2415 Rd 33,
McDonald, KS
67745.

Honor Roll

New and renewed Times subscriptions: Sherri Bernot, Monument; Kathleen Hickert, Auburn; Connie Zerfas, Hot Springs, Ark; Ron Dart, Enders, Neb.

CHEYENNE COUNTY HOSPITAL

210 W. 1st • St. Francis, KS
785-332-2104

Diabetes Education Management Meeting

Wednesday, January 15, 2014
1:30 p.m.

Cheyenne County Clinic Basement

Presenter - Kirsten Angell,
Dietitian & Diabetes Educator
Topic - Healthy Interactions with Diabetes

For more information contact
Mila Bandel, RN - County Health Nurse
785-332-2381

SHOWTIME: 7:30 p.m. 2 hrs. 41 min.

The Hobbit: The Desolation of Smaug 3-D PG -13
Jan. 3-5
Starring: Ian McKellen, Martin Freeman, Richard Armitage
The dwarves, along with Bilbo Baggins and Gandalf the Grey, continue their quest to reclaim Erebor, their homeland, from Smaug. The Desolation of Smaug continues the adventure of an epic quest to reclaim the lost Dwarf Kingdom of Erebor.

CHEYENNE THEATER St. Francis, KS
785-332-2747

Children 12 & Under: \$4 All Others: \$6
3D Movies: Children 12 & Under \$6 All Others: \$8

"Ghost Grief!"

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