

# Bulletin Board

### Card shower

A card shower is being held to help Leonard Amsberry celebrate his 80th birthday on Thursday, July 15. Address greetings to Leonard at Box 7, Bird City, KS 67731.

### Football camp

Football camp for all area fourth through sixth grade boys will be held July 12 through July 17 from 8 to 9:30 a.m. at the St. Francis Community High School. Sign-up and equipment check out

will be held on Saturday, July 10 from 9 to 10 a.m. The camp is instructed by Coach Tim Lambert and sponsored by the St. Francis Recreation Commission. There will be a fee for the camp and deposit required for equipment.

### Cheyenne County Historical Society

The Cheyenne County Historical Society will meet on Tuesday, July 13. The board will meet at 4 p.m. with the regular meeting to begin at 5 p.m.

### Alzheimer's Support Group

Alzheimer's Support Group will meet at 7:30 p.m., Monday, July 12, at the St. Francis Library.

### Cheyenne County Hospital Board

The Cheyenne County Hospital Board will meet at 7 p.m. Thursday, July 15 in the clinic basement.

### Cheyenne County Commissioners

The Cheyenne County Commissioners will meet at 8 a.m. Thursday,

July 15, in the commissioner's room at the courthouse.

### Concert in Colby

Award-winning vocalist David Phelps, recently nominated for Male Vocalist of the Year by the Gospel Music Association, will headline the national Revelation Tour at 7 p.m. July 10, at the Colby High School Auditorium. For information call Shay Realty.

### Vet rep in St. Francis

Jody Tubbs, of the Kansas Commission on Veterans' Affairs, will be in St. Francis at 9:30 a.m. central time at the county clerk's office to assist veterans and their dependents with VA claims work on Thursday, July 15. If you are unable to contact Ms. Tubbs in St. Francis, you may contact the office in Colby any Monday, Wednesday or Friday. That phone number is (785) 462-3572.

### Historical Society needs school pics

The Cheyenne County Historical Society is looking for photos of old country schoolhouses. One of the goals of the Society is to make a map of Cheyenne County's country schoolhouses. The pictures will be scanned and returned. The members are trying to find pictures of every old schoolhouse and place them on the map. For more information, contact the museum 785-332-2504 or Mrs. Bucholtz 785-332-2040.

### Hospice Service

Hospice Services Inc., has information available about end-of-life care, advance care planning, and other related topics. Hospice Service, Inc. is available to provide programs for groups and organizations. For more information, please call 800-315-5122.

### Alcoholic Anonymous /Al-Anon

Alcoholic Anonymous and Al-Anon open meeting, held at 8:30 p.m. Thursday at the Methodist Educational Building, upstairs. Contact 332-2078.

### Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week services to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or if you are in need of assistance, please call the toll-free number 1-800-794-4624.

## Soldier's family receives letter

By Casey McCormick

A local soldier is close to his second tour of duty in Iraq. Now a non-commissioned officer, Corporal Jason Smith of Bird City, is on a United States Navy aircraft carrier in the Persian Gulf awaiting redeployment in Iraq. Scott Smith, Jason's father, re-



Smith

cently received a letter from his son's platoon commander who was able to give the family limited information about the Marine's unit.

"They are part of the 24th Marine Expeditionary Unit, an elite force within the Marine Corps," said 1st Lieutenant Clinton Cole Kappel, "Your son has been hand picked from the Assault Amphibian Battalion to represent their community for this deployment."

Corporal Smith was commander of an amphibious assault "track" which was designed for

troop transport from naval ship to shore. He was stationed in Kuwait when the invasion against Saddam Hussein and his forces began on March 19, 2003.

Although Corporal Smith's vehicle was not made to travel long distances over land, his "track" was involved in continuous combat for the next three months, working its way across 1,000 miles of sand and through various towns.

After his return from the initial assault and fall of Hussein's government, Corporal Smith was able to spend some time with his family while on leave but has spent the majority of time involved in training with the Marine Corps.

Lieutenant Kappel also addressed the type of soldiers he has under his command in the letter.

"I thank you for raising some of the best men this country has to offer. Without young men, like your sons, that have strong moral conviction for what is right, the Marine Corps would not be what it is today," said Lieutenant Kappel, "They are the backbone of today's youth and tomorrow's future."

He directed the closing of his letter to Corporal Smith's parents but his message can be used by anyone interested in supporting a soldier abroad.

"As much as your sons may not express it, encouraging letters from home help keep spirits and morale high," said Lieutenant Kappel.

The mailing address is: CPL Jason D. Smith, BLT 1/2 Section B AAV PLT3, Unit 73035, FPO AE 099509-3035.

## Casey's Comments

By Casey McCormick

I had planned on doing a follow up story to one I wrote a year ago about a group of custom cutters from South Africa who I met last harvest while they working for a farmer north of McDonald. But for some reason they didn't show up this year.

The drought and freeze really threw a wrench into my plans for the paper (not to mention the strain it's put on local farmers, their family members and the area economy).

But I got lucky and ran across a different South African in Bird City the other night. His name is Frans van Staden and we had a very enjoyable time visiting. We spoke of many subjects as he and I shared a genuine curiosity about each other and our homelands.

What struck me is just how much we were alike. Both are family men. Both care deeply about current affairs. Both have similar likes in particular sports and could discuss rugby.

The one moment that made a powerful connection was when we talked about the events of 9/11.

When the terrorist were crashing the passenger planes into the World Trade Center, the time in South Africa was late in the evening, around 10 or 11 p.m. Frans was with some co-workers after a business meeting

and they were playing pool in a local tavern. The breaking news came on the screen and the men watched with horror as the second plane hit the second tower.

"It was as if we were watching a movie," said Frans, "We could not believe that could happen."

I, like every one else, remember vividly the moment. I was working with a partner in Glenwood Springs, Colo. We had been up all night doing a computer and telephone upgrade on a Safeway store. As soon as we got to our hotel room he called his wife to check in and I turned on the television to see the same sight that the South Africans were viewing, a half a world away.

The thought that this man, who comes from such a different place of the world, not only felt the same sort of empathy and shock, that we felt for our fellow Americans who suffered that day helped me in knowing our country is on the right path. Perhaps other people around the world feel the same way?

Frans asked me to send his regards to his family.

"Rina van Staden, my wife, daughter, Anker, my son, Frans, and all my family that knows me; I miss you a lot! Love Frans."

From the editor to the family: Thanks for letting us borrow Frans, it's been a pleasure!



SHAYNA JOHNSON looks a little cold during one of the swim team practices. Photo courtesy of Kori Underwood

## Three-day school set

Western Prairie Resource Conservation and Development Area, Inc., will be holding a three-day Rangeland Management Advanced School. This will be held on Aug. 25 through Aug. 27 at the Methodist Camp Lakeside, Scott Lake, Scott City.

Educators from Kansas State University, University of Missouri, Natural Resources Conservation Service, and ranchers will provide information on developing management plans. The school is split into classroom and infield activities.

The first day will be an introductory overview of rangeland management. Registration will begin at 9 a.m. That evening Kit Pharo, eastern Colorado rancher, will be the

guest speaker.

The second day will be more intense one-on-one training on planning options. The participants will learn how to identify problems, opportunities and concerns on managing rangeland. They will inventory their resources, evaluate alternatives, and learn plan implementation and evaluation.

The final day students will be working with; range condition calculations; grazing duration and stocking rates; grazing dates; percentage grazing; and plotting grazing schedules.

To register and for more detailed information, call Duane Cheney at (785) 462-2602, Western Prairie Resource Conservation and Development, Inc.

**SHOWTIME: 8:00 p.m.** 2 hour 08 min.

**July 9, 10 & 11 The Terminal**

Rated: PG-13 for brief language and drug references. Drama and Comedy

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### WE HAVE GOOD NEWS!

A QUICK PAINLESS METHOD TO ERADICATE HEMORRHOIDS USING MILD ELECTRICAL CURRENT IS NOW AVAILABLE. THIS TREATMENT REQUIRES SEVERAL BRIEF VISITS TO OUR OFFICE, AFTER WHICH PATIENTS GO BACK TO WORK IMMEDIATELY.

#### WHAT DO THE RESEARCH STUDIES SAY?

In Gastrointestinal Endoscopy, Vol. 33, #2, D.A. Norman, R. Newton, and G.V. Nicholas reported the results of treatment of 42 patients with d.c. current therapy. They noted "All patients were successfully treated and symptom free at a mean duration of follow up of 18.2 months." They concluded "This painless outpatient treatment of all grades of hemorrhoids is effective and safe", and "warrants consideration as the treatment of choice of hemorrhoidal disease". In the American Journal of Gastroenterology, Vol. 83, #9, Dr. S. Zinberg reported the results of treatment of 193 patients with this method. "Good results were achieved in 95% of patients."

ADVANTAGES OF HEMCURE OVER OTHER TREATMENTS FOR HEMORRHOIDS: HemCure is far less expensive than surgery, requires no recovery, avoids complications like scarring and infection, and is reported by most patients to cause only mild discomfort during the treatments, which resolves immediately after.

This treatment method is covered by Medicare and most insurance plans. A payment plan is available for patients not covered by insurance, and for patient deductibles and copayments.

We want you to be an informed health care consumer. Our office will be happy to provide further information, explanation of fees, and estimate of your out of pocket expense. If hemorrhoids are interfering with the quality of your life, call today.



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Wed., July 28 & Sat., July 31

## American Profile

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See American Profile magazine in this week's issue of

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(available in local area only)

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### Corrections

The Bird City Times will correct or clarify any mistake or misunderstanding in a news story. Please call our office at 332-3162 to report errors. We believe that news stories should be fair and factual, and appreciate your calling to our attention any failure to live up to this standard.

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Cheyenne County Hospital has recently developed a website and is providing many sources for health information and programming. Visit [www.cheyennecountyhospital.com](http://www.cheyennecountyhospital.com)

to see how useful this will be for our patients, their families, and those who may want to know what kinds of services or facilities we have. The website includes the following information:

- Fast Health Information
- Hospital Remodeling Update
- Current Physician Listing
- Connect with the Doctors via email
- Monthly Outpatient Schedule/Event Calendar
- Hospital news and updates
- Hospital history and mission statement
- Job opportunities
- Physician Referral
- Services available