

## Casey's Comments

By Casey McCormick

A lot can happen in a year. A year ago I covered two stories; the Kansas State Pheasant Championship and Cheyenne County Fishing Tournament. Last year both fell on the same weekend. Joey and I spent that Saturday with the Ring-neck Country folks, bringing home some birds from the team that we followed in the field.

Sunday we were at Keller Pond. I took pictures and got the story while Joey had fun with his buddies. I also brought home some nice trout that day. Between the pheasant and fish we had a pretty memorable meal. Sort of a bonus for a working weekend.

Anyway, the winners of the fishing tournament a year ago were the Baxter brothers, Tim and Slim.

This year was very different. My

son and I were at the pheasant hunt last weekend. It was the same event, only bigger and colder than the year before.

The fishing tournament was held this weekend and there were 20-some teams competing. However one thing was different.

The Baxter brothers did not compete.

Tim died Friday night after months of being in a coma. His wife, two boys, Slim, family, friends and community had struggled with false hope that Tim would get better and be back to fish, hunt and be the family man we all remembered. But it was not to be and the family made the agonizing decision to take him off of life support.

Those left behind are left to mourn. But I have to believe that Tim has made it to the "happy hunting grounds" in the sky.

## Screening to be held at Methodist Church

Cheylin School District, with the assistance of Early Childhood Services staff, and local volunteers, will be sponsoring screenings for all children from birth to school age, on Wednesday, March 15. These screenings are free of charge, and though children entering kindergarten next fall must participate, parents are encouraged to bring all children not already in school.

The screening process assesses hearing, vision, fine and gross motor skills, concepts, and speech and language.

Parents are the primary and most influential teachers their children will ever have. These screenings will help parents discover their child's developmental stage and how best to encourage their ever

changing skills. These screenings also help the school district plan and prepare for future students in order to try and offer the best educational experience.

Parents are encouraged to accompany their children through the screening process so that parents and staff can share observations and discuss the results of the screening. If there is an indication that further evaluation is needed, an assessment is available at no cost to the parents.

The screenings will be held at the Methodist Church in Bird City on Wednesday, March 15. They are free but appointments are needed and can be made by calling the Cheylin Elementary School secretary at (785) 734-2351.

## Assistant attends training program

Marla Rice, marketing assistant, at Cheyenne County Farm Bureau, was one of 30 county Farm Bureau staff and members from across the state who volunteered



Rice

to attend a training program held Feb. 1 in Topeka. The daylong event included information on how the Kansas Legislature works, how to write to congress or a legislator, understanding legislative terms and learning Kansas facts.

"The training was designed to provide the tools necessary for

county Farm Bureaus to host a Capitol Experience educational program," said Holly Higgins, Director of Kansas Farm Bureau's Safety and Ag Education Division. "These Farm Bureau members are to be commended for their willingness to donate their time to provide a great educational experience for youth."

Kansas Farm Bureau's Capitol Experience program is designed to provide high school students a firsthand look at the inner workings of Kansas government. Highlights of the event included touring the State Capitol and its dome, attending committee meetings, observing the House and Senate in session and visiting the Judicial Center.

## Bowling News

**Wednesday Afternoon Coffee 2-22**  
Team standings: Dairy King 20.5-11.5, Windmill Restaurant 19-13, Kathy's Cater Cats 16.5-15.5, Haigler Babes 14-18, Cheyenne Bowl 13-19, Kale's Girls 13-19  
High game (scratch): Shirley

Adkinson 166, Pat Rose 159, Janice Krien 156; (handicap): Linda Yonkey 206, Krien 204, Rose 203

High series (scratch): Adkinson 466, Rose 426, Krien 415; (handicap): Yonkey 576, Karen McVey 575, Carol Peterson 568

## The Bird City Times

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### Meeting date changed

The Bird City City Council meeting will be at 7 p.m. this Friday instead of Monday.

### Home Circle Club

The Home Circle Club will meet Thursday, March 16 at 2:00 p.m. at Lebow Manor. Cossette Kimmel will be hostess.

### Special Stockholder's meeting

There will be a special meeting of the St. Francis Mercantile Equity Exchange on Tuesday in the 4-H Building at the Cheyenne County Fairgrounds. A brief informational meeting will begin at 5 p.m. with the business vote to immediately follow. Additional information is available in the Equity ad.

### 3-on-3 basketball at Colby

The Colby Booster club is hosting a girls and boys 3-on-3 basketball tournament on Saturday, April 8 starting at 8 a.m., for grades three through eight. T-shirts will be awarded to each championship team. Entry fee is due by April 1. Contact Russ Martin at (785) 462-5300 for addi-

tional information.

### Workplace Safety and OSHA Compliance

"Workplace Safety and OSHA Compliance 2006" a comprehensive one-day update conference will be held at various place in Kansas and Missouri in May. Call Cheyenne County Development Corporation at 332-3508 for information.

### Grant Funding Speakers Forum

The Northwest Kansas Grant Funding Consortium is presenting a Speaker's Forum for organizations seeking grant funding from 8:45 a.m. to 4 p.m. on Wednesday, March 15 at Colby Community Building. Cost includes lunch. Speakers include Juliene Maska, Kansas Governor's Office on the Governor's S.A.F.E. Communities Program, Federal and other Grants; Linda Lanterman, Kansas Department of Wildlife and Parks on funding for parks and walking trails and Jerry Clevenger from Hartsok Companies on building successful capital campaigns and fundraising. To register, please contact West-

## Local chapter attends annual Kansas Day

Seven members of the local chapter of AARP 1739 spent Wednesday, Feb. 15., in Topeka. This was the annual AARP Kansas Day at the Capitol

Ten buses were sent out across the state to pick up the people

along with several cars and vans going. The seven local members drove to Hays Tuesday evening and traveled on with a bus load of 55 to Topeka early Wednesday morning.

According to officials con-

## Birthday wishes requested

The family of Tobe Zweygardt will be home to honor him on his 90th birthday, Friday, March 17.

You may send him your congratulatory wishes at Rt. 2, Box 137, St. Francis, KS 67756.



Zweygardt

## County Health Talk

### Colorectal Cancer Update

By Susan Roelfs

Colorectal cancer is the third most common cancer (excluding skin cancer) of both men and women in the United States.

The American Cancer Society estimates that about 105,000 new cases of colon cancer and 42,000 new cases of rectal cancer are diagnosed each year.

People may be able to lower their risk of developing colorectal cancer by managing the risk factors that they can control — such as diet, physical activity and to-

bacco and alcohol use. Avoiding tobacco, limiting alcohol, meat and high-fat foods and eating at least five servings of fruits and vegetables each day as well as plenty of whole grain foods can lower risk.

It is recommended that regular colorectal cancer testing begin at age 50. The tests include:

- Fecal occult blood test every year, or
- Flexible sigmoidoscopy every five years, or
- Colonoscopy every 10 years

## ATTENTION



### Bird City and Cheylin Alumni

#### BIRD CITY CENTURY II DEVELOPMENT FOUNDATION

Is updating their records and information.

Please contact Cathy Domsch @ 785-734-2556

P.O. Box 593; Bird City, KS 67731

Email: centuryii@bcks.net



## American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

## The Bird City Times

(available in local area only)

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## Bulletin Board

ern Prairie Resource Conservation and Development at (785) 462-2602.

**Cheyenne County Hospital Guild**  
The Cheyenne County Hospital Guild will meet for a noon luncheon on Monday at the Cheyenne County Hospital.

**Cheyenne County Fair Board**  
The Cheyenne County board will meet at 7 p.m. tonight (Thursday), in the commissioners' room at the courthouse.

### Annual meeting

The Tri-State Engine meeting will take place at 1:30 p.m. Saturday at the Show Grounds Shop.

### AARP

AARP will meet at 2 p.m. on Thursday, March 9, at the St. Francis Senior Center.

### Kansans for Life

The Cheyenne County Kansans for Life will meet at 7:30 p.m. on Monday at the First Christian Church in St. Francis. All are welcome to join in prayer, learning and fellowship as members work together to provide "Life for All."

### Sainty Serenity Seekers/

### Alcoholics Anonymous

Sainty Serenity Seekers open meeting of Alcoholics Anonymous is held at 7:30 p.m. each Thursday evening at the United Methodist Education Building at 104 W. Webster, St. Francis. Call (785) 332-5536 for more information

### Legislative

#### Town Hall Meeting

A Legislative Town Hall meeting with Senator Ralph Ostmeyer and Representative John Faber with Attorney General Phil Kline to follow will be held at the Dusty Farmer Restaurant in St. Francis from 8 to 9 a.m. Saturday, March 4.

### Check your name label

Have you checked the name label on your paper? This label also shows the expiration date of your subscription. Note that if your subscription runs out completely it will take two weeks after you resubscribe before it will once again be delivered to your mailbox. In order to not have a break in your service, renew by the expiration date.

tacted, there were approximately 550 in attendance at the meeting and noon luncheon.

Two bills being strongly supported by AARP participants were Senate Bill 490 "Long Term Care Bill of Rights" and Senate Bill 491 "Nursing Home Residents' Personal Needs Allowance (PNA) Adequacy Act." It was pointed out that it has been 18 years since Kansas has raised the \$30 a month or \$1 a day allowance and Kansas is one of 11 states that has not raised the Personal Needs Allowance in that time. Members were all given T-Shirts to wear saying "S1 A Day Is Not O.K. Raise the P.N.A."

Many members attended the Committee meeting on this bill and it was passed in committee to raise the amount to \$60 a month. It will now be taken up in the House and Senate but is expected to pass.

Some of the local members visited the gallery and watched Representatives in session. All visited Senator Ralph Ostmeyer's office for visitation and pictures. Representative John Faber's office was visited and some information left with his secretary as he was on the floor at that time and not available.

The noon luncheon was held at the Ramada Inn where a "Tax Payers Bill of Rights Video" was being played. Marin Turner, state director, introduced the keynote speaker, Governor Kathleen Sebelius. Several other short speeches and presentations were made and the meeting was adjourned.

Those attending from here were Clarence Iliff, Wilma Lampe, ErvaGene DeAragon, Bud Houtman, Gladys Cullum, Bob and Bobbi Poorman. All returned by bus to Hays and drove on home Wednesday evening.

**SHOWTIME: 7:30 p.m. 1 hour 25 min.**

**March 3, 4 & 5 When a Stranger Calls**  
*Suspense/Horror and Thriller*  
Starring: Camilla Belle, Katie Cassidy, Brian Geraghty, Tessa Thompson  
Rated: PG-13 for intense terror, violence and some language

**Cheyenne Theater** St. Francis, KS  
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Children 11 & under: \$2 12-18 yr.: \$3 Senior Citizens: \$3 Adults: \$4

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*Physician & Professional Service Directory*

**MARCH**

**March 1 & 15: Dr. Frankum - Surgeon**

**March 8, 15 & 29: Ultrasound**

**March 7 & 23: Dr. Warren - Cardiologist**

**March 8: Dr. Reeves - Podiatrist**

**March 20: HEALTH FAIR LAB DRAW**

**March 21: Mammo**

**March 22: Uyemura - Ophthalmologist**

**CT's Available Daily**

**Ultrasounds Each Wednesday**

TEAR AND SAVE

**CHEYENNE COUNTY HEALTH DEPT.**  
is Sponsoring a **HEALTH LAB TEST FAIR**  
7 a.m. to 2 p.m. ~ Monday, March 20th

- CHEM-27 PANEL with TSH - \$20 (No food or drink after midnight for Chem-27 Panel)
- PSA (Protest Test) - \$20

Payment is due at the time of the test.  
No insurance will be billed.  
Contact 785-332-2104 for more information

**Check your renewal dates**

---Current Rates---

**The Saint Francis Herald**  
Area - \$30 KS - \$34  
Out-of-State - \$37

**Bird City Times**  
Area - \$27  
KS & Out-of-State - \$30