

'Christmas On Us' to give \$1,500

By Karen Krien

Check your ticket numbers with the ones found in ads on the Christmas On Us pages in the B section of this issue. The tickets were in businesses on Tuesday and for every \$10 spent in businesses, the customer could receive a ticket.

This week, there are four different sets of numbers in four ads. If the number on the page matches the number on a ticket, the holder of the ticket will need to bring it to *The Herald* office to claim \$50 in scrip.

For the next three weeks, there will be numbers from the tickets listed in ads in the special Christmas On Us pages. The winner will have their picture taken and tell what they plan to do with the scrip.

By Dec. 18, there should be eight \$50 scrip Instant Winners. If all of the \$50 tickets have not been claimed, the \$50 scrip money will be drawn for at the Christmas On Us and Chamber celebration on the 18th.

Drawing

At 5:30 p.m. on Monday, Dec. 18, in front of Jaqua Abstract, St. Francis Main Street, the drawing will be held and one person holding the lucky ticket will receive \$1,000 in scrip. The second place winner will take home \$100. There will also be a drawing for any unclaimed Instant Winner tickets.

Anyone with a ticket matching a number in the Christmas On Us ads pages must claim their prize before 5 p.m. the next Monday by bringing it into *The Herald* office. They will also have their picture taken. There is an exception to the deadline the week of the Christmas On Us drawing and, then winners must claim

their prize by noon on Monday.

There will be new numbers placed in ads each week and ticket numbers from the week before, if not claimed by the following Monday, will no longer be considered.

If a ticket number is unclaimed, a new number will be drawn and it will be added to the next week's numbers on the Christmas On Us pages.

"Start collecting those tickets today and you might be the \$1,000 winner," Casey McCormick, ad manager, said.

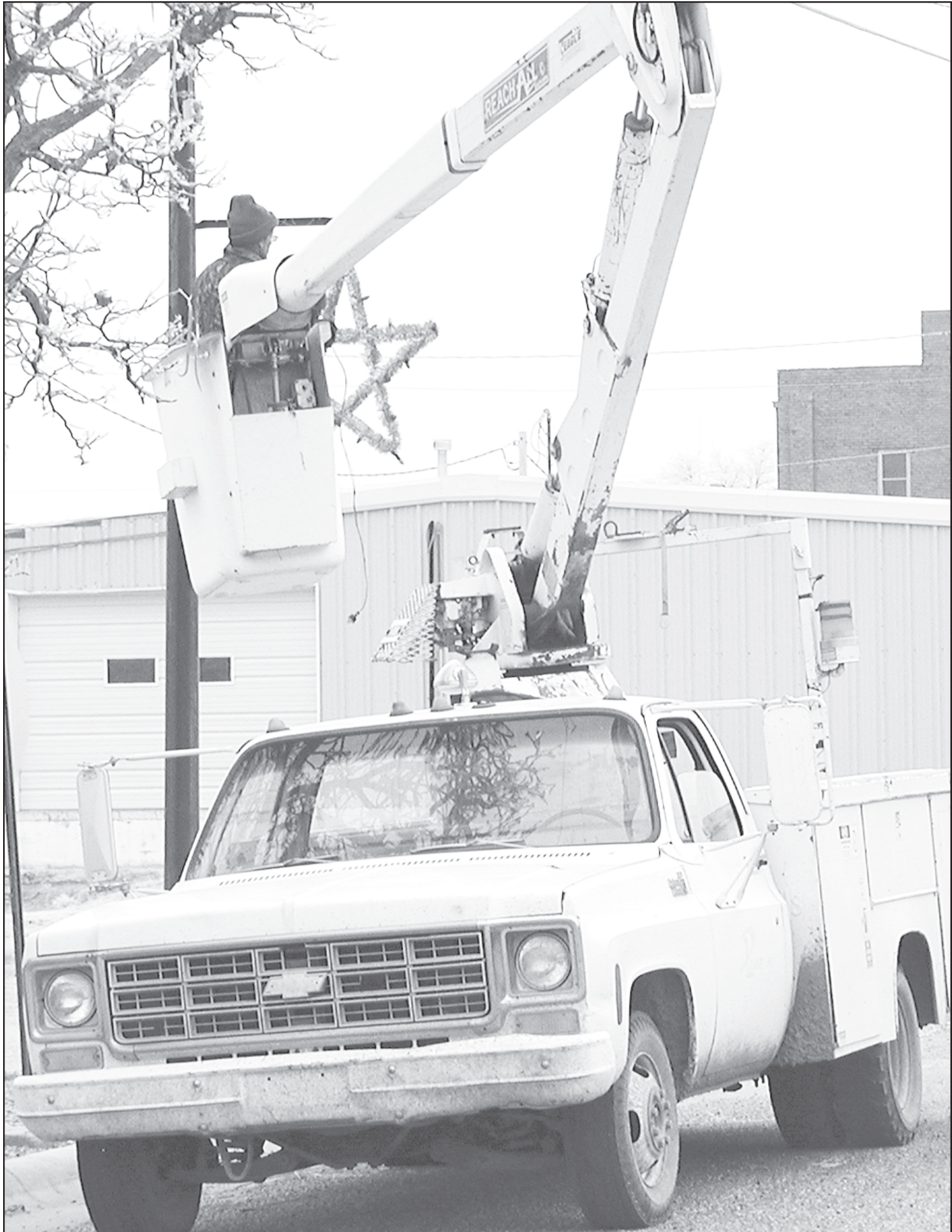
It is not necessary to make a purchase to claim a ticket because those coming to *The Saint Francis Herald* office may each receive one ticket per week.

Each week, merchants will be advertising sales and specials in the ads on the Christmas On Us pages so while people are looking for matching numbers, be sure to take a good look at the specials.

Participating businesses in the Christmas On Us drawings are:

- Bier's Hometown Store
- Cheyenne Bowl and Dairy King
- Goodell Greenhouse and Garden Center
- Hilltop General Store
- Owens True Value
- Parkhill Restaurant
- St. Francis Super's
- Schultz's Ltd.
- Stuart's Jewelry
- St. Francis Equity
- The Saint Francis Herald
- Video Kingdom

Remember, the contest will end at noon on Dec. 18 and the grand prize drawing will be held at 5:30 that afternoon on Main Street.



Don Wright uses his bucket truck to hang decorations in Bird City.

Times Staff photo by Melinda Basnett

Paper welcomes Christmas subjects

Christmas seen through the eyes of a child is often priceless. This year, as in year's past, the special Christmas and New Year's sections will be published before the holidays. The sections will feature letters from Santa, answers of questions asked of school children, memories and recipes.

The Saint Francis Herald and *Bird City Times* staffs welcome participation from children to adults. All items must be received by Dec. 6 in order to get them into the special section.

Send letters, special memories, articles and recipes to *The Herald* at Box 1050, St. Francis, 67756, or fax 785-332-3001, or drop them off or e-mail them to sfherald@nwkansas.com titling the subject as "Christmas For The Paper."

Community spirit something to cherish

By Melinda Basnett

The Christmas spirit is beginning to show itself.

Monday as the frost dripped from the trees and holiday music from the speakers on Century II's office filled the downtown area with cheerful tunes, the city decorations went up.

Every year Don Wright brings his bucket truck to town and volunteers

his time and equipment to hang the ornaments on the streetlights. This year his son Dennis helped by driving the truck from pole to pole.

Many other buildings and yards in town are getting a little extra sparkle too. The white lights on the Heritage Corner Cafe really stand out from the top of Carson's hill.

The lighted trees at the entrance to town are a welcoming sight along with the candy canes lining Bird Avenue near the Catholic Church.

Many volunteers from Community Club and Santa Day are busy planning for that special visit from the big guy in red. Angel trees are beginning to grow. School children are busy learning songs to entertain everyone at the Senior Citizens Din-

Festival entertains on Sunday

By Karen Krien

The annual Yuletide Festival held by the St. Francis Music Club will be held at 2 p.m. on Sunday in the St. Francis Community High School auditorium. Held at the beginning of the holiday season, the Festival helps set the mood for Christmas with music and dancing.

The Candy Store will also be open so people can start getting their sweet treats for Christmas events and gatherings.

Those entertaining are the students of Teresa Porter's Dance Ranch, Heartland Trio (Natalie Knodel, Talley Morrow and Tema Trumbo), dance students of Margaret Poling's Dance Expressions, Once Again Sound band, St. Francis Community High School Advance Music class and the St. Francis Singers.



YULETIDE CHEER — Tilyn Bell and Jacquelyn Ketzner practice their dance moves for the program on Sunday.

Times Staff photo by Karen Krien

New immunizations offered at Cheyenne County Clinic

The Cheyenne County Health Department provides a wide variety of vaccines that can protect those vaccinated from having disease. Dr. Mary Beth Miller reported there are two new vaccines now available.

The first one is called Zostavax. This is a one-time shot that is given to protect people from developing shingles.

Shingles or also called "zoster," is a skin rash that develops and can be quite painful. It is the same virus that causes chicken pox in childhood.

"After you have had the chicken pox, the virus stays in your body," Dr. Miller said. "When your immune system is compromised by such things as age, stress, health problems, etc., the virus can become active again causing a blistered, red rash.

"Before the rash appears, patients may have burning-type pain in the region that the rash ultimately shows up in. After the rash is gone, pain can persist even up for a lifetime after having the shingles outbreak."

The vaccination is intended for anyone over the age of 60. Dr. Miller recommends that people should not receive it if they are allergic to gelatin or neomycin, have active TB that is not being treated, are pregnant or may become pregnant, have any disease causing a weakened immune system such as leukemia, lymphoma, AIDS, or are on chemotherapy or high dose steroids.

It is a one time shot and for right now, there are no recommendations for further revaccination. The vaccine will not help if individual has active shingles, and is not used as an acute treatment.

Second vaccine

The second vaccine is called Gardasil. This is a vaccine to help prevent HPV. This is a sexually transmitted virus that can cause cervical cancer in women.

This is a series of three shots. The initial shot is followed by another in two months, and the last in six months.

It is targeted for women ages 9-26. It will protect against four different strains of HPV that cause cervical cancer and genital warts.

This is potentially a life saving vaccine as it has been very effective in preventing the development of cervical cancer in women exposed to the virus. Because of its ability to prevent cancer, most healthcare plans including Medicaid are covering the cost of the vaccine.

Those who do not know if they are covered by their insurance should check. Parents are strongly encouraged to discuss this with their daughters and have the vaccine administered.

"Both of these vaccines are excellent choices in the goal of trying to prevent disease, rather than treat after the damage is done," Dr. Miller said.

"Call the Cheyenne County Clinic or Health Department if you have further questions."

The immunizations are given through the health department and may be scheduled by calling 785-332-2388.