



Welcoming Our Babies!



Heather and Boone with Dr. Allard



Alexis Faith



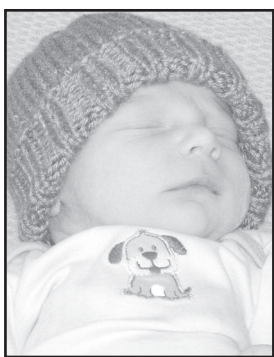
Korban



Aubrie



Marley



Boone



Kathrine



Luis



Parmalee



Jagger and Cannon



Samuel



Lane



Maverick



Dr. Allard with Dailey and Dana

County hospital delivering babies

By Karen Krien
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As of August, the Cheyenne County Hospital has been delivering babies for three years, shortly after the arrival of Dr. Rebecca Allard. Kristle Raile, physician assistant, and Candi Douthit, registered nurse, are also part of the obstetric team.

During that time, 53 babies have been delivered; two in 2007, 15 in 2008; 24 in 2009 and, so far in 2010, 13 babies have been delivered. The staff is expecting 25 to 30 babies to be born at the hospital in 2010.

"The obstetric program continues to grow," said Candi Douthit,

RN and ob manager at the hospital. We are pulling a lot of new patients from Rawlins County, Brewster and the Goodland areas.

The goal in the department has been to provide personalized obstetric care, as minimally invasive as possible. The growing trend across the country, said Mrs. Douthit, is increased interventions and controlled childbirth.

"However, as the procedures and attempts at control increase, so do complications, decreased patient satisfaction and risk for c-sections," she said.

Mrs. Douthit noted that the population the hospital serves is desiring a more natural childbirth

experience. Hence, she said, our goal is "making your childbirth dream a reality."

When expectant parents come to the clinic, the doctor and staff tries to provide personal care including adherence to birth plans as safety allows. There are discussions of preferences prior to delivery, pre-admission tours, talking with the obstetric staff, personalized education, rooming in of the newborn and not having to change rooms after delivery. Their care is followed through by the same providers as those who deliver the babies.

As the number of deliveries increase, there are not only new

moms as patients but the entire family is coming to the hospital and clinic for their healthcare needs.

This, said Mrs. Douthit, increases the financial stability and allows the staff to continue to work to increase access to quality health care.

"The obstetrics program has challenged the entire hospital staff and brings great joy and accomplishment as we work together to help bring new little ones into the world," she said. "We anticipate serving many expecting parents this fall and look forward to serving our great community in ways we hadn't in year's past."



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