

# Relay for Life event kicks-off on Friday

Beginning at 6 p.m. on Friday, the Cheyenne County Relay for Life will kick off at Sawhill Park. The St. Francis Chamber of Commerce will have a "BBQ In The Park," a free-will donation with all proceeds going to the American Cancer Society. The Cheyenne Shrine Club will have their "Candy Wagon" there to sell drinks, popcorn, cotton candy and snow cones with all proceeds also going to the American Cancer Society.

Come join us at the relay as we "celebrate - remember - fight back!" said Betty Loudon, one of the committee. We need to remember - those who have suffered with cancer and survived, and those who did not survive.

Survivors are to register with Susie Walz from 6 to 7 p.m. At 6:45 p.m., the opening

ceremonies will begin.

The Girl Scouts will raise the flag, there will be a prayer and Cara Hunt will sing the national anthem. The survivors' lap and caregivers' laps will follow around Sawhill Park.

Then the relay teams will take the field and have at least one team member walking the track all night. This symbolizes the awful fight for cancer, as the dark night settles in, and they walk toward the dawn, as the sun rises and victory can be won.

Special activities for the team members have been planned throughout the night by Toni Keller and Dana Rose. These events are for registered participants only and might include water balloon volleyball and many other surprises.

Pat Rose, Relay for Life chairman, urges everyone to

come down to the park and enjoy the local entertainment in the bandshell which should begin just after 7:30. There will be music and dancing, just to name a few of the forms of entertainment.

Kim Peach, the Northwest Kansas American Cancer representative, will welcome the crowd and Pat Rose will introduce the local relay teams responsible for the wonderful evening.

The auction is being coordinated by Betty and Skip Petersen. It features theme baskets and the queen-sized locally-made quilt donated by the Common Thread Quilt Guild. Dorothy Smestead reported that if this quilt was to be sold retail, it would probably be worth \$600.

Come down, said Pat Rose, and bid on this great quilt. All

the proceeds go to the Relay for Life.

The quilt is on display in the west window of the United Methodist Thrift Store on Washington Street.

### Luminarias

The highlight of the night is the Luminaria Service. The luminarias will be lit at dark and each sack is purchased in honor or in memory of loved ones who have had cancer.

Those wanting to purchase a luminaria can contact any member of the committee, or Tammy Grice, luminaria chairman, 785-332-2910 or Sandy Frisbie, McDonald, 785-538-2419. Luminarias will also be sold on the grounds the evening of the Relay.

Fight back with your donation, Pat Rose said. Call her at 785-332-5348 for more information.

## Schedule of Events

6 p.m. St. Francis Chamber of Commerce Relay for Life barbecue (free-will offering).

Shriners' Candy Wagon selling drinks, cotton candy, popcorn, snow cones

6-7 p.m. Registration for cancer survivors.

6:45 p.m. Opening ceremony

Prayer, National Anthem by Cara Hunt.

Balloon release.

Welcome by Pat Rose, Relay chairman.

Survivors' walk.

Caregivers/Family Lap.

Team Lap

7:30 p.m. Entertainment in band shell including music and dancing.

Welcome by Kim Peach, American Cancer Repr. and Pat Rose, local chairman.

Survivor's talk.

Auction of quilt, baskets, etc.

Auction of Theme Baskets

Luminaria Ceremony (dusk).



**BIRTHDAY GIRLS** - (1 to r) Winnifred Wamhoff, age 93, has lived in Bird City since she started school; Alana Wamhoff, Winnifred's daughter, came from Arizona for a two-week visit; Val Coleman, 75 years., lived in Bird City for 13 years; Esther Boone, age 84, lived in Bird City for over 10 years. Before that, she lived in Penn., Calif., and Arizona; and Lucille Wright, 92 years, lived in Bird City all her life.

## 4-H programs offers kids more opportunity

With the new school year approaching, parents and children will likely see colorful new 4-H posters and displays.

"Families are busy, and they have a lot of activities to choose from," said Diane Mack, Kansas State University Research and Extension area 4-H specialist, who noted that aligning an invitation to explore Kansas 4-H projects and opportunities with back-to-school activities will give families a greater opportunity to compare youth development programs available in their community.

"Kansas 4-H previously pitched educational opportunities during National 4-H week in early October," she said.

"Being in 4-H is a family activity, in that children of different ages may be involved in the same 4-H club," Mack said.

"And, while children from the same family may want to choose some of the same projects, all are free to choose projects according

to their interests."

Many of the more than 30 different 4-H projects available integrate science, technology and healthy living principles to help a child grow and learn. Many also serve as the basis for a career or hobbies later in life.

All of the projects are knowledge-based and age-appropriate with the intent of helping youth build life skills and interests while also practicing leadership and service, she said.

Making 4-H materials available during back-to-school days also will allow time for families to visit 4-H Clubs and programs in their community and consider projects or other opportunities (such as after-school programs) prior to the beginning of the new 4-H year Oct. 1, Mack said.

More information about educational 4-H programs is available at K-State Research and Extension office at 785-332-3171 and online: [www.Kansas4-H.org](http://www.Kansas4-H.org).

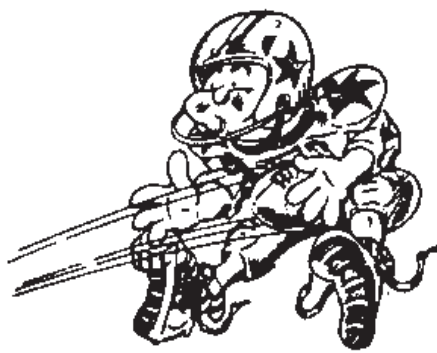
## Upcoming Promotions

For more information contact Casey McCormick at:

**The Saint Francis Herald**  
Bird City Times

P.O. Box 1050,  
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full of information  
on census and  
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## Help Battle Cancer!

Celebrate.

Remember.

Fight Back.

## RELAY FOR LIFE

Saw Hill Park in St. Francis

Starts: Friday, Aug. 20 at 6:45 p.m.



[www.relayforlife.org](http://www.relayforlife.org)



**WESTERN STATE BANK**

400 E Washington  
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A big thank you goes out to all who attended and helped with the open house on July 28. Everyone's help was greatly appreciated.

Door Prize winners were Kathy Ewing, Dorothy Carpenter, Lee Nichols, Wilma Lampe, Ron Zimbelman, John Finley, Kimberly Voeller, June Lauer, Gladys Owens and Norman Morrow

Winner of the flat screen TV was Talley Morrow!



## Business Directory

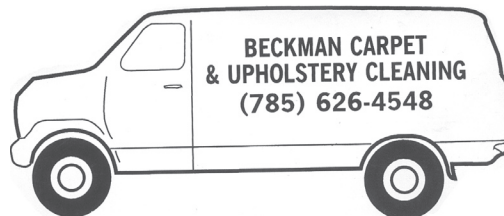
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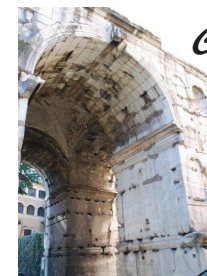


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