

Cougar Sports

With Bru and the Crew

The track and golf teams took the second-to-last step towards state glory last week when they took part in regional competition. Both teams found some success at the regional level and head for the big meet. Let's review the performances....

The track team headed east to take part in the regional at Hays. Many great performances were put in, but it just wasn't the Cougar's day. All of the men struggled and no Cougar men are going to state. As unfortunate as that is our men have had a great year and de-

serve lots of credit.

The ladies had a little better luck; they will send a 4 by 800m relay of Shayla Hubbard, Kalin Ritchey, Diana Garcia, and Allie Frisbie, to state. Arais Castillo and Elizabeth Keltz will be the alternates for the relay. They placed third at regional. Allie Frisbie will also compete at the state level in the 300m hurdles and triple jump. She got second in the 300m hurdles and fourth in the triple jump at regional competition.

State competition will be held in Wichita. An excellent job was done by these fine young ladies and they deserve lots of kudos, best of luck to them at state.

Golf

The golf team also had a very productive regional. They traveled to Lacrosse to compete for the regional crown. It was a windy day and as a result some of the scores tended to be a little higher. However, the Cheylin men coped with the wind well and as a result they scored well.

Eddie Frisbie got second overall shooting an 83. Jacob Brubaker shot an 85 and placed fifth. Casey Vandike's 87 earned him sixth. Connor Hazuka grabbed eighth shooting an 89. Ty Carmichael shot a 95 and got ninth. All five Cougar golfers medaled and their team score of 344 gave them the regional championship.

This is the first regional championship for the Cougars in the history of their golf program. The Cougar men will compete at the state competition in Leonardville.

Best of luck to our Cougar men at state golf. GO COUGARS!!!



JACOB BRUBAKER focuses on the ball. Brubaker placed fifth at the regional championship.



BIRD CITY LIFEGUARDS Diana Garcia and Kalin Ritchey (left) along with Elsa Burr and Forrest Burr (right) in training at the Bird City Pool. Times staff photo by Norma Martinez.

Diving safety tips

Diving is one of the most hazardous water activities. Most diving-related injuries occur in pools with five feet of water or less. The Kansas SAFE KIDS Coalition urges parents to take the following precautions to prevent diving-related injuries and deaths:

- Do not let your children dive into water unless an adult is present and knows that the depth of the water is greater than five feet.
- Never allow your children to dive into above-ground pools.
- Teach your children to dive with their hands in front of their face and to swim toward the surface immediately upon entering the water to avoid hitting the bottom or sides of the pool.
- Teach them to dive only from the end of the diving board; never let them dive from rooftops, balconies, ledges or fences.
- Teach them to keep their dives simple.
- Make sure your diving board is in good condition before allowing your child to use it.
- Do not permit children to run and dive.

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Administrator talks about savings

By Karen Krien

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The hospital's interim administrator gave his monthly report when the Cheyenne County Commissioners met on Thursday, May 15.

Les Lacy, interim administrator of the Cheyenne County Hospital, reported for April included: 3,445 outpatients; 32 inpatients; 66 emergency room visits; 641 patients at the rural health clinic; 17 surgeries, and 88 people seeing doctors in the specialty clinics. He said an interim clinic man-

ager had been hired.

Dr. Mary Beth Miller, Mr. Lacy said, has agreed to stay at the hospital until Dr. Dallas Walz arrives in August 2015. Dr. Megan Brown will begin practicing in the county on Aug. 10 of this year.

He then talked about Great Plains Health Alliance, the company which leases the hospital. Last year, he said, a health insurance premium holiday saved the hospital \$33,000. Employees saved \$12,000. The total, he said, was a savings of \$45,008.

The purchasing group saved not

2 percent over the next best competitor, but 8 percent. On \$1 million in supply costs, he said, this represents a savings of \$80,000.

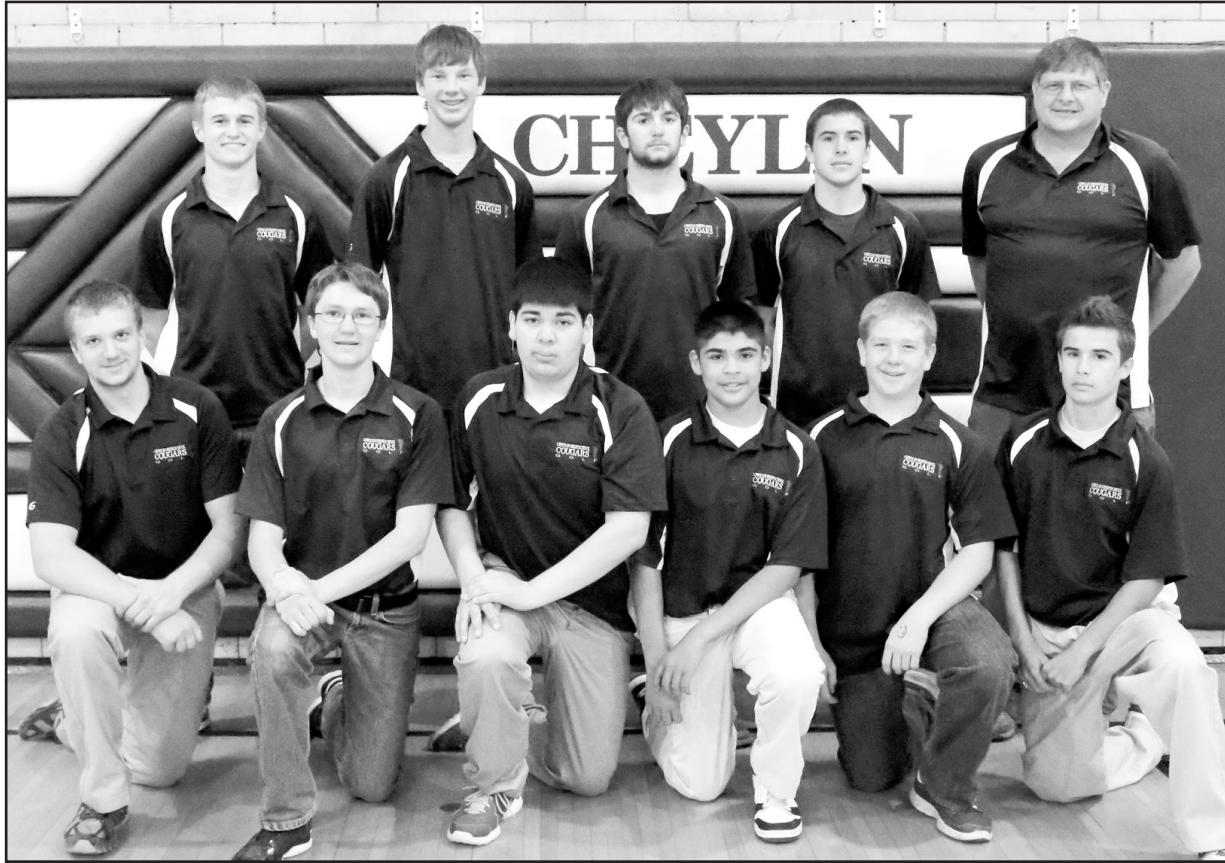
My service as interim administrator, Mr. Lacy said, will save the hospital about \$10,000 per month. These savings alone exceed the cost of the lease with Great Plains which is \$71,678.

Roxie Neitzel, hospital board member, was also present at the commissioners meeting for Mr. Lacy's report.

Congratulations

Cheylin Golf Team Regional Champions & 4th Place at State

Cheylin Track Team Good luck at State



Back Row (L-R) - Seniors: Ty Carmichael, Connor Hazuka, Eddie Frisbie, Casey Vandike; Coach Dennis Hengen
Front Row (L-R) - Juniors: Shawn Pochop, Jacob Brubaker; Freshmen: Kevin Estrada, Jorge Gonzalez; Sophomores: Ivan Kemp, Derek Vandike

Photos courtesy of Darci Schields



Shayla Hubbard



Elizabeth Keltz



Diana Garcia



Kalin Ritchey

4 x 800 Meter Relay - Third Place



Allie Frisbie
300 Meter Hurdles
Second Place
Triple Jump
Fourth Place

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