



Dan Lauer and Steve Hamilton, a.k.a. Chris Cakes, were the men you saw if you wanted some pancakes Thursday during the annual business sponsored Pancake Feed at the American Legion. — Telegram photo by Veronica Monier

Weight program can help all of us

Do you know what a healthy weight is for you?

It may not always be the same as an ideal weight. Carrying extra pounds can compromise health. Extra weight has been linked to hypertension, elevated cholesterol levels and increased risks of heart disease.

Diet and lifestyle matter, but shedding as little as five to ten percent of body weight can significantly decrease risks from heart disease and diabetes.

Losing weight and improving health isn't likely to happen overnight. Gradual changes that become habits can have the most long lasting effects.

If you have weight concerns and are interested in learning more about losing weight, plan to attend an educational program called "Weight to Diet" I will give in:

- Oberlin — Wednesday at 10 a.m. at The Gateway.
- Norton — Wednesday at 1:30 p.m. at the 4-H Building.
- Gove — Friday at 10 a.m. at the County Government Building

Home ed
Tranda Watts,
Extension
specialist



•WaKeeney — Friday, Feb. 27, at noon at the K-State Room in the Courthouse. Bring your sack lunch.

If you have not signed up already for this program at your county Extension Office, do so by calling your office no later than the day before the program to let us know that you plan to attend. That way we can have enough materials on hand for all who wish to attend. If there are not at least five people signed up for the program, it will be canceled. You will be called by phone to notify you of any changes.

If you have further questions, please contact your county Extension Office or e-mail me at twatts@oznet.ksu.edu.

Roseville pottery a popular auction item

Every auctioneer knows the way to revive a group of reluctant bidders is to bring up a piece of Roseville pottery. This quality art pottery, named for the Ohio town in which it was originally manufactured, has been collectible almost from the first line of production in 1892. The factory was later moved to Zanesville, Ohio, but the name Roseville was established by that time and it still remains today as one of the most recognizable of the early art potteries.

Blended matte glazes make Roseville easily distinguishable from other art potteries. A lot of blues, greens, wine and a lovely cinnamon brown were used to give a depth of richness to the backgrounds for the underglaze slip painted decorations that appear on most of the lines. Depictions of flowers are most often found, but there were also birds and other animals on some designs, as well as portraits and forest scenes. Some of the oldest patterns, such as Rozane, were fashioned in the style of earlier art potteries and while beautiful, were not very innovative. As time went on, however, the designers at Roseville

Collector
Chat
Liza Deines



gained confidence and began to create some unusual and original themes that inspired other potteries to copy them!

In the middle 1900s the floral lines that we find turning up in antique shops and occasionally at auction today became more easily available and affordable. Major department stores, such as Macy's, Marshall Fields in Chicago, Emery Bird Thayer in Kansas City, May Company in Denver and Paine Larson in Lincoln began to stock their housewares departments with higher quality merchandise for the "carriage trade". A home with any claim to elegance, boasted a Roseville vase on the hall table, or a full console set proudly displayed on the buffet in the dining room.

All-time favorites in the floral lines are Freesia and Zephyr Lily, not only because of their colors but

the symmetry and grace of the designs. Seldom found is Morning Glory, heavenly blue on an ivory glaze Donatello is one from the 1920 era that is often admired for its originality, with its soft cream and brown glaze and designs reminiscent of Egyptian or Roman warriors. Crystalis was unusual in that it was coated with a frosty finish. Most popular of all was the 1906 production of Della Robbia.

Prices in current guides run from \$200 to \$2,000, depending on the age and scarcity of the item. For instance, Mongol, which has a glossy deep burgundy glaze and an Oriental feel, was a limited edition marketed in 1904. It brings even higher prices if a piece can be found. Pine Cone, Poppy and Blackberry were some of the final design lines introduced before the pottery closed in the late 1930s, and so are more easily located. Some Roseville bears artist signatures, which increases value considerably. Collecting Roseville is no penny ante affair these days and people who bought it years back for \$30 or \$40 should consider themselves fortunate. Much early Roseville has disappeared into

private collections and museums, especially as certain initial designs, such as Rozane Olympic, Mara and Egypto, have achieved antique status.

A complication to collecting Roseville is reproductions from China that are being sold without acknowledgment that they are new. No reputable dealer will sell these as old, but as usual, buyer beware. Be cautious, know your glazes, know the proper marks for the proper era before you buy. The reproduced items are a little too slick, a little too shiny, and often the artwork is blurry or muddy around the edges. If it looks too good to be true for the price, it probably is.

AUCTION ACTION: A recent auction of railroad memorabilia brought over \$100 on all articles marked with names or logos, including oil cans, signal lights, dining car china pieces and lanterns. Top dollar was \$320 for a spectacular solid brass steam whistle. Railroad collectibles are chugging right along.

Club reviews year's goals

By BEVERLY KINDLER
The end of the year brings report time. The Mid-Century Federated Club, Norton, has reviewed last year to report its accomplishments.

One of the club goals is to volunteer to improve their lives and their communities. Members of Mid-Century Federated Club tallied their volunteer hours and came up with 4,560 hours in 2003.

Programs focused on information regarding women's health, clothing to protect from ultraviolet rays, meth labs, diversity, legislative issues, court services, nature, fine arts and music.

Members of Mid-Century give of their time to volunteer for the Thrift Shop, Norton Theatre, Norton Public Library, Andbe

Home, community beautification, Norton Cares and for church activities.

Members delivered Meals on Wheels for four weeks. They were in charge of the "Plinko" game during Norton County Fair. They served on boards for the Conservation District, Senior Citizen Center, Heartland Shares, Norton Library, Library Foundation, Thrift Shop and Heritage Quilters.

A pie sale was the main fundraiser. It brought in about \$350. From this, contributions were made to veteran's hospitals, Habitat for Humanity at Eagle Butte Reservation, a district scholarship, music and the arts, Norton Post Prom, a "Kind News" subscription for an elementary school class and the American Field Service.

Lions hold Sweetheart Banquet

By DICK BOYD

Longtime as well as new members of the Norton Lions Club were honored earlier in the month, at the annual Lions Sweetheart Banquet in the American Legion Hall in Norton.

Receiving 100 percent attendance awards were: Robert Winteroth, 45 years; Glen Tweed, 43 years; Jon Boxler, 40 years; Lyman Rowh, 38 years; Bill Belt, 34 years; James Miller, 32 years; Bruce Poage, 28 years; Otis Howard, 20 years; Darrell Mintzmeier, 17 years; Wes Moore, Mel Rice, 13 years;

Curtis Eveleigh, 10 years; Ed Witt, nine years; George Atkinson, eight years; John Gall, seven years; Jake Durham, six years; Mark Keilig, Duane McEwen, Doug Sebelius, five years; John Engelbert, Roy Skrdlant, four

years; Joel Duscher, three years; Tom Brannan, Mark Griffin, Dan Sturgill, two years; and J.D. Daffer, Curtis Luehrs, Bud Posson, one year.

Receiving Old Monarch awards for years of membership were Winteroth, 45 years; Doug Sebelius, Gil Otter, 25 years; Alan Hale, Craig Krizek, 15 years; Brad Harding, Jerry Jones, Doug Strayer, Wes Whitney, 10 years.

Also receiving awards were Jay Ryan, two member key award; John Engelbert, three member award and Jake Durham, senior builderkey award for recruiting 15 new members.

Past District Governor Moore installed new members, Kerry Smith and Dean Esslinger. New members Sue Brown and Trent Schoenberger were unable to be present for the installation.

President Griffin presented the awards, presided over the dinner meeting and introduced the program, which was presented by Marla Matkin, Hill City. She portrayed Libby Custer, the wife of George Armstrong Custer, and gave an account of his life from his wife's perspective.

Lion Durham led the pledge of allegiance. Invocation was by Lion Terry Worthington.

Liz Posson, Cathy Brannan and Brenda Mann were hostesses for the social hour. The dinner was prepared by Erma Hackney and other members of the Norton American Legion Auxiliary.

Tail Twister Bruce Poage was in charge of door prize drawings.

The Norton Club, with over 100 members, has the largest membership of any Lions Club in Northwest Kansas.

Three qualify at spelling bee

The annual Norton Junior High School spelling bee was held Feb. 11. Four seventh graders and 11 eighth graders qualified for the oral round

Competing were seventh graders Kyle Mindrup, Josh Gallentine, Emily Grose and Brittany Boucher; eighth graders Bryttani Porter, Preston Herman, Kyle Mindrup, Jared Cox, Aaron VanDerWege, Ben Wuest, Zach Mannel, Cyndie Milnes, T.J. Stiener, Bryce Engelbert, Tabitha Vincent and Jeff Soderlund.

Bryttani Porter was crowned champion of the 2004 spelling bee as she correctly spelled "unnecessary" followed by "academy".

Placing second and third were Jared Cox and Kyle Mindrup. The three top spellers will represent the school at the Norton County Spelling Bee at 4 p.m., Tuesday, Feb. 24 at Alma. Alternate will be Josh Gallentine.

Urgent news for people who have used
WELDING RODS
Scientists report that elevated manganese exposure from welding rod fumes has been associated with Parkinsonism (like Parkinson's disease) and manganism. Symptoms include shakiness, distorted facial expression, loss of equilibrium, decreased hand agility, difficulty walking, joint pain, loss of short term memory, slurred/slow speech, stiffness in muscles and tremors. If you have experienced any of these problems, call us today toll free at 1-800-THE-EAGLE for a free consultation to evaluate your potential claim. We practice law only in Arizona, but associate with lawyers throughout the U.S.
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