

Health

Norton County offers its residents first-class medical services with a newly renovated hospital, a clinic, visiting specialty physicians, two chiropractors, massage therapists, two pharmacies, a nursing home, a senior citizen apartment building, a retirement/assisted living center, three dentists, a county health department, an eye doctor and a drug and alcohol treatment center.

NORTON COUNTY HOSPITAL

When completed in March, the newly renovated Norton County Hospital, will have 25 beds and an updated laboratory. Hospital services include surgery, emergency medicine, obstetrics and a visiting physician program.

VISITING PHYSICIANS

Small communities don't have enough work for a lot of specialists. However, many doctors visit the Norton Hospital and offer their unique services so patients don't have to leave town.

Visiting specialists at the Norton County Hospital include: allergy, Katherine Black; pulmonary care, Robert C. Albers; orthopedics, Gregory A. Woods, Chris Wilkinson and David A. Wiebe; cardiology, Ahmed Kutty, Mohammed Janif and Daniel McGowen; oncology, George K. Bascom; ophthalmology,

Norton County offers health care for all who need it, whether it's a trip to the hospital, a visit to the doctors clinic, or full time help from a nursing home or assisted living facility. — Telegram photo by Carolyn Plotts



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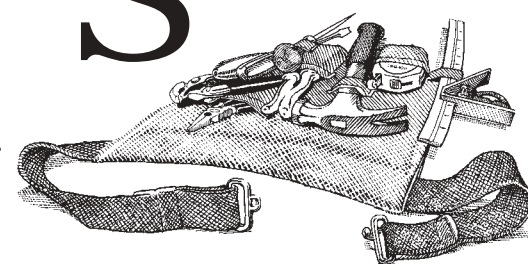
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Thomas L. McDonald and John C. Pokorny; ear, nose and throat, James A. Black; urology, Darrell D. Werth, Kevin R. McDonald, Carl T. Newman, and Wallace M. Curry; neurosurgery, E. Adeleke Badejo; and podiatry, James E. Reeves.

All visiting specialist clinics need to be scheduled prior to appointment. Call 877-3305.

DOCTORS CLINIC

The Doctors Clinic, south of the hospital at 711 N. Norton, has a staff of five — Glenda M. Maurer, M.D., family practice and obstetrics;

Ruben D. Silan, M.D., general surgery and family practice; W. Michael Carroll, P.A.-C.; Jeffery McKinley, D.O., family practice and obstetrics; and Roy W. Hartley, M.D., family practice.

The clinic is open 8:30 a.m.-5 p.m., Monday-Friday and from 9-noon Saturday. Call 877-3305 or toll-free, (800) 436-4101.

EMERGENCY MEDICAL HELP

Norton is prepared for emergencies with 13 emergency medical technicians and two first responders in town. Almena has five fire fighters trained to use the automatic external defibrillator, two emergency medical technicians and one first responder; Lenora has three emergency medical technicians.

The ambulance is available by calling 911.

HEALTH DEPARTMENT

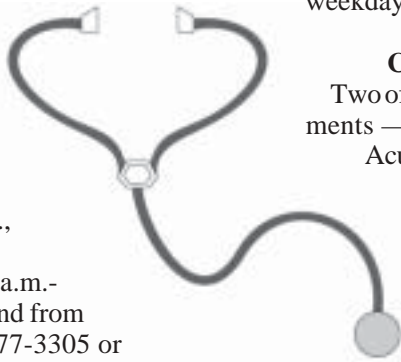
The Norton County Health Department at 801 N. Norton, provides immunization clinics and health screenings. Call them weekdays at 877-5745.

CHIROPRACTORS

Two offices offer chiropractic treatments — Peterson Chiropractic and Acupuncture Clinic at 207 N. 1st, 877-23224 and Crow Chiropractic Care at 204 E. Washington, 877-2645.

OPTOMETRIST

Karen Aldridge, optometrist, operates Prairie Wind Eye Care at 114 N. Kansas, 877-5115.



DENTISTS

Three dentists provide patient care from family practice to cosmetic bonding and orthodontics. They are Mark A. Klein, 115 N. Kansas, 877-3433; Craig L. Krizek, 109 N. Kansas, 877-2801; and Lamont A. Shirk, 205 S. Kansas, 877-2821.

MASSAGE THERAPISTS

Massage therapy is provided by Beth Lee, 877-3046; Jenny Tibbets of Master's Touch Massage, 311 E. Waverly, 877-2823; and Pure Prairie Health Foods, 877-3601.

PHARMACIES

There are two full-service pharmacies. Steve Vollertsen has been filling prescriptions at Moffet Drug Store for 29 years. Pamida Pharmacy opened last August with Leigh Ann Hahn, RPh.

NURSING HOMES

The Andbe Home is an 80-bed full-care nursing home with a staff of 80. The staff provides events and activities for the residents.

RETIREMENT CENTERS

Whispering Pines Retirement and Assisted Living Center, on a scenic bluff on the western edge of the city opened in June. The facil-

ity provides one or two bedroom apartments with all the amenities including meals. Whispering Pines offers both independent and assisted living. Nursing staff is on duty 24/7. Call Cynthia Collins at 874-5500.

NORTON MANOR

Norton Manor, a three-floor apartment building, at 213 Horace Greeley Ave. has 41 one or two-bedroom units. It is an independent-living senior center offering social events, activities and group dinners for the 40-plus residents.

SERVICES FOR THE MENTALLY HANDICAPPED

Developmental Services of Northwest Kansas provides services and a sheltered environment for the mentally handicapped. The office is at 1104 N. State, 877-5154.

DRUG AND ALCOHOL TREATMENT

Valley Hope Drug and Alcohol Treatment Center has received national recognition in the area of addiction treatment. Started in Norton in 1967, Valley Hope has centers throughout the country. Treatment focuses on individual recovery. Call 877-5111.

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The Northern Valley kindergarten, first, and second grade classes capped off their 100 Day Celebration by singing at the Almena Senior Center. The students sang a variety of songs, including classic songs like the Hokey Pokey and the Wheels on the Bus, and songs about 100.

— Telegram photo by Veronica Monier

Northern Valley offers K-12 education

Northern Valley schools has three attendance centers with the high school and grade school in Almena and the fifth through eighth grades in Long Island.

The pre-school, instructing 11 3-year-olds and 12 4-year-olds, is a new program this year. It is within the grade school building with one instructor and two volunteers. The 4-year-olds meet from 8:30 to 11:30 a.m. Monday through Friday. The 3-year-olds meet from 1:00 to 3:30 p.m. Tuesday, Wednesday and Thursday.

Northern Valley's enrollment for kindergarten through fourth grade is 64 students. Fifty-seven students attend fifth through eighth grade. And, there are 59 students in high school.

The high school has eight class periods, a lunch period and an activity period.

Northern Valley requires more credits than

the state to graduate in the fall, with 23.

The combined band has 26 students in the high school and 18 in junior high.

There are 37 high school students and 29 junior high students in the vocal music department.

Clubs include the National Honor Society, KAY, FFA, and student council, technology club. The school French classes for its foreign language requirements.

The school has dance club and cheer leading.

Students may go out for football, cross country, basketball, track and golf.

The school offers both breakfast and lunch programs.

School Superintendent Bill Lowry said the staff has been doing an excellent job working on the five-year accreditation, and improving students' test scores this year.

Norton schools above average

The Norton School District educates youngsters from kindergarten through high school.

The district operates three schools — Eisenhower Elementary, Norton Junior High and Norton Community High. The junior and senior high schools share a campus, lunchroom and media center.

Eisenhower Elementary offers full-day kindergarten every other day. A kindergarten plus program provides extra school time for kindergartners needing more individual instruction.

Besides the regular courses in reading, math, science, social studies and language arts the school offers a 28-station computer lab with programs in reading, math, writing and algebra.

Physical education and music programs are available. The library, housing 12,000 volumes, is staffed with a full time librarian and aide. The pupil/teacher ratio is 18 to 1.

Norton Junior High School is a two-year school for seventh and eighth graders.

Students are required to take a core curriculum in mathematics, English, science, social studies, computer integrated learning skills, technology explorations, and physical education. Electives are offered in home econom-

ics, are, industrial arts, band and vocal music.

Students and teachers have access to a technologically advanced media center providing audio and visual aids, educational television, on-line research opportunities and 16,000 volumes of educational, recreational and reference books.

Leadership opportunities exist in Student Council, KAYs, pep club, computer technology, music and athletics.

Norton Community High School, built in 1976, is carpeted and air conditioned. It has updated technology equipment, including the new technology addition of 1996.

Over 80 units are offered with 21 required for graduation. The library is equipped with technology for research, the Internet and interlibrary exchange, networked with the Northwest Kansas Library System.

A successful activities program offers football, volleyball, cross country, wrestling, basketball, track and golf. The Bluejay marching band is recognized statewide for excellence in performance.

Many students have received state honors in vocal and instrumental music, drafting, journalism, forensics, quiz bowl, Knowledge Masters Open and art as well as athletics.



Education of the youth of Norton County holds top priority. Many Norton County students have gone on to higher education and scholastic achievements. —Telegram photo by Veronica Monier

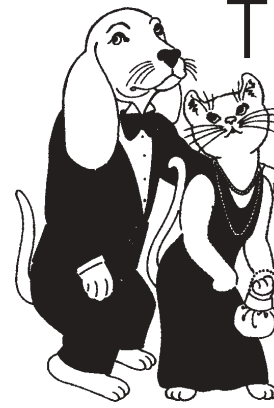
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