MAN ON



TUESDAY, November 16, 2004 PAGE 4

Kansas voters tell the legislature what they want

What did Kansas voters tell the boys, and girls, in Topeka? For the most part, we think, they seem pretty happy with the way things are going in this state.

Except for our neighbors to the east, where the Republicans lost a Senate seat when a cute redistricting ploy backfired, incumbents faired well.

So the message, first of all, seems to be, "stay the course." Most major changes came in the primaries, when a couple of liberal Republicans were beaten by conservative challengers. Conservative groups put thousands of dollars into some races, and they had some successes.

If there was any message, it was not a pro-growth, raise-taxes message.

There was no demand for a tax increase, for schools or other state programs. It was anti-tax conservative Republicans who made the gains. Democrats and liberals in the GOP lost ground.

The Republican leadership did not fare well in a well-financed drive to unseat young Josh Svaty, a Democrat who took a House seat south of Salina two years ago. Their guy lost badly after a sometimes contentious race marked by dirty tricks.

As the state's economy gains steam, there will be a blizzard of requests for more money from nearly every state program. From social services to schools, highways and law enforcement, there is tremendous pent-up demand for more money.

While state income is on the rise again, and exceeding official estimates, there isn't nearly enough to go around.

Schools will continue to get priority for money, but colleges and other agencies are positioning themselves with hands out. Everyone has legitimate needs. Every agency has a lobby to

support it. Every program thinks it should get the spare change.

It will be a long spring as legislators try to sort through the requests and demands. No one knows what the courts will do with a lawsuit over school finance. A district judge estimated that the state should put another \$1 billion into the school budget, but of course, had no suggestions as to where to get the money.

It ought to be clear that the taxpayers whose pockets would be tapped are in no mood to pay. If anyone — school supporters, the judge, school boards or superintendents — thinks otherwise, it'd be interesting to put the issue to a statewide vote.

That's not how Kansas works, though. The voters have already spoken, and our guess is their voice will be heard. There'll be no massive tax increase next year, and state programs will have to fight over the scraps that fall to the budget room floor. We will survive, and so will most state programs.



It's a great day for a potluck dinner

rite a book. I'll call it, "How to Feed Your Husband, Indefinitely, at Potluck Dinners".

Starting Tuesday night of last week, we ate potluck dinners, or the remains thereof, every day for six days. Tuesday, our singing group performed for a local senior citizens group. All the members brought a dish for the potluck meal, and they invited our group to join them, which we gladly did.

Wednesday night was my annual Liberty Star Thanksgiving meal at Lyle, and we feasted on turkey and dressing, mashed potatoes and gravy and all the fixin's. Due to the bad roads, attendance was low, so we had plenty of leftovers for Thursday. We don't get home until late Friday nights, so leftover salads were all we wanted.

Saturday night was the Pheasant was able to eat it every day for five days. the highway in their four-wheel drive. It Hunter's Supper at the church in our little And I want more. town. The ladies of the community fixed turkey, ham loaf, smothered steak and ham. - Steve Haynes neighboring town. Guess what? Another



potluck. "Could we stay to eat with them?" the congregation asked. Could we? You bet we could. It was another turkey dinner, with everything cooked and served to perfection. We ate so much for dinner, we didn't need anything else that night.

It's like an addiction, though. Everything is so good, you can't get enough. Brookville Corn is one of my favorites. I

But, after checking the calendar for this miles, slinging mud all the way.

It's a good thing he likes tacos. -ob-

Wednesday night we went to Lyle for dinner (see above), and plowed mud all the way. It had rained all day and by the time we were leaving town, snow was mixing with the rain drops. About two miles north of town, on a less-than-perfect graveled road, Jim was all for turning around. He said, "I'm fearless, and this has got me scared.'

"We can't go home," I pleaded. "I have the rolls and cranberry salad."

Our friend Veda was riding with us. She said, "Whenever I have to drive on bad roads, I do a lot of talkin' to the Lord."

I'm glad she had a direct pipeline. We made it to Lyle, had a great time and when everyone was ready to leave, Roger and Angie said they would follow us back to took about 45 minutes to drive those nine

The next morning when I went to leave

week, it looks like we might be going through withdrawal for a few days. Nary for work, my poor car looked like the loser Sunday found Jim filling the pulpit in a a potluck dinner in sight. Jim will have to in an off-road mud rally. It took four dolsettle for plain old home cookin' tonight. lars at the car wash just to tell it was white.

Family stress can be a lot to deal with

High Plains

Mental Health

Cora Lee Pfannenstiel

sacrifice their personal time for the sake

The stress of taking responsibility for

aging parents, along with one's own fam-

of everyone else.

LETTERS TO THE EDITOR: A little caring seems to go a long way

To the Editor,

the refreshments served us veterans after one you served would agree with me when the parade. It warms one like a big hug to I say thanks, again. know someone cares enough to do something like that. This is what makes

America great — when we love almighty I want to express my appreciation for God and our neighbors. I'm sure every-

> Don and Norma Wegener Norton

Veteran appreciates World War II tribute

To the Editor:

ishing of the tribute to us World War II Thanks and God Bless each of you. veterans. It was a job well done. In fact, it was one of the best tributes I remember receiving.

Also, the reception in our honor follow-Congratulations and thanks for the pub- ing the parade was greatly appreciated. Eugene Wiltfong

Norton

Worn Out ily and children can cause a person to feel like they are being "pulled apart".

Often the children don't get the attention and nurturing they need, and the marriage can become strained. Meanwhile, the elderly parent may be unhappy because they are aware of their increased demands, or they, too, may feel neglected and become overly demanding.

As a result of people living longer, there and family.

is already a significant increase in the number of four, and even five, generation families. Thus, as our society ages, and the elderly population increases, the "sandwich generation" will also increase.

Good communication within the family is vital, and it is important to ask for help from your husband and children. Find out about assistance from other sources as well, including social service agencies and aging services such as your local area agency on aging.

It is also important for the sandwich generation to take good care of themselves.

Practice effective stress management; eat healthy and get plenty of exercise. Don't put everything in your life on hold. You will feel better both physically and emotionally, and thus be able to better deal with those extra demands of parent

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LETTER TO THE EDITOR: Norton man angry about content of city council story

To the Editor:

author.

I attended the Norton City Council meeting to present to the city council the EMC Insurance Co.'s safety dividend in point out how poorly your article was written. You did not point out who "He" was or why the check was being pre-

carry the address and phone number of the

sented. Had your reporter listened to Norton radio KQNK she would have gotten the full story.

For your information the Boxler Insurthe amount of \$5,084.61. I would like to ance Agency also presented insurance saving dividends to the cities of Almena, Norcatur, Brewster, Herndon and

VRITE:

The Norton Telegram encourages Let-We do not publish anonymous letters. the Want Ad desk. ters to the Editor on any topic of public in-We sign our opinions and expect readers terest. Letters should be brief, clear and to do likewise. to the point. They must be signed and

We do not publish form letters or letters about topics which do not pertain to our area. Thank-yous should be submitted to which do not pertain to a public issue.

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> Yours truly, Jon Boxler

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Winona.

can I do? Dear Worn Out:

he views expressed here are those

of the individual writer and should

not be considered a replacement

Dear PlainSense: My elderly mother

lives alone, and I am the only family mem-

ber close enough to care for her, which

takes a lot of my time. Then I don't seem

to have enough time at home when my

for seeking professional help.

husband and children need me. I feel caught in the middle, and very tired. What

The "sandwich generation" is a term frequently used to describe people in your situation. They often feel overwhelmed trying to respond to the needs of their family, including children, and the demands of their aging parents. They experience a lot of stress trying to juggle everything that needs to be done. And they usually