



Northern Valley Coach Chuck Fessenden (right) gave instructions to players for the West squad during the Division II 8-Man All Star Game Saturday. Among the players was Thomas Ostmeyer, No. 88, from Northern Valley. Fessenden was the offensive coordinator for the victorious West team. Northern Valley's Jesse Hilburn (above) made a touchdown-saving tackle of an East running back in open field during the West's 44-40 victory. Hilburn had nine tackles in the game. — Telegram photos by Dick Boyd



Northern Valley players, coach help West All-Stars win

By DICK BOYD

Northern Valley's Thomas Ostmeyer and Jesse Hilburn and Husky Coach Chuck Fessenden helped the West win, 44-40, over the East in the 20th annual Kansas 8-Man All-Star Football Game Saturday in Beloit.

Ostmeyer, a 6-foot-1-inch, 175-pound offensive end and defensive back, and Hilburn, a 5-9, 135-pound defensive back, saw plenty of action in the Division II contest and made big contributions to the West's victory, in one of the most exciting 8-Man All-Star Games ever.

In 2001, Division I and Division II was split into two games to give more players a chance to participate.

Ostmeyer played much of the game at offensive right end and made crucial blocks that helped the West offense. One of his blocks came when West quarterback Chad Gerber from Ingalls completed a pass to tight end Mark Johnson of Healy and Ostmeyer helped put Johnson in the open for a 60-yard touchdown reception that pushed the West ahead 38-28 with 10:31 remaining.

The pass play tied the previous all-time record for the games of 60 yards on a pass from Shawn Smith, Hanston to Shad Mangan, Greeley County, in 1998.

Ostmeyer's only pass reception came in the end zone for two points after the West's first touchdown to give them an 8-0 lead.

Ostmeyer also saw time at defensive back on some goalline situations.

Hilburn played most of the game at strong safety and made big hits throughout the contest. He was credited with five solo tack-

les and four assists for nine total. One of his solos was a touchdown-saving stop deep in West territory. "They didn't throw to Ostmeyer much but he did a super job of blocking," said Coach Fessenden, who was an assistant coach for the West. "He also played well the times he was in the goalline defense.

"Jesse really came up and hit hard from his free safety position. He had played corner for us so he had some learning to do during practice and really came through in the game."

The first quarter was a defensive battle and ended with no score. The fireworks got underway with 3:01 left in the second quarter when Haviland quarterback Michael Choate of the West threw a record-setting 68-yard touchdown pass to Weskan running back Beau Cox. Ostmeyer caught the extra points pass from Pawnee Heights tailback Brandon Gray.

The East scored on a 26-yard pass from St. Paul quarterback Michael Diskin to Axtell tight end Jake Heinen with 2:42 left and Thayer running back Garrett Welch ran for the extra points to make it 8-8.

The East took a 16-8 lead with 1:17 remaining when Diskin ran in from four yards and passed to Heinen for two.

The West tied it at 16-all when Cox scored from the four and tallied two on a pass from Gerber with 45 seconds left in the half.

The West dominated the third quarter, scoring two touchdowns and shutting out the East. Gerber ran in from three yards out with 8:07 left and Choate scored from two yards, followed by a Cox run with 4:23 showing to give the West

a 30-16 advantage.

"We changed blocking assignments at halftime and that helped us score two touchdowns in the third quarter," said Coach Fessenden, who was the offensive coordinator for the West team.

The East narrowed the West lead to 30-28 with two quick touchdowns in the fourth. White City tailback Randy Engel scored from two yards out with 11:48 left and again from 11 yards with 11:04 showing. Both extra points attempts failed.

The West responded with Gerber's record-tying 60-yard pass to Johnson. Gerber's run for two points made it 38-28.

The East stayed close when Engel scored his third touchdown, this one coming from three yards out with 6:18 left in the game. The extra points try failed and it was

38-34.

Weskan defensive end Sage Sexson made a big play with 2:28 remaining when he recovered a fumble in the end zone for the West's final touchdown. The run for extra points failed and it was 44-34.

Welch scored on a 48-yard pass from Diskin with 1:56 left but the extra points attempt failed, making the score 44-40.

After a three-and-out series by the West, the East started its final drive on its own 20. Three plays later, it was fourth and 22 from their eight but Diskin found Welch for 37 yards to give the East a glimmer of hope.

However, the momentum didn't last long as the East couldn't convert on fourth and three from the West's 12-yard-line and the West took possession with five seconds

remaining.

The West had 177 yards rushing, 223 passing for 400 yards of offense. The East gained 141 yards rushing and 233 passing for 374 total yards. The West had 15 first downs compared to 11 for the East.

The East broke the record of most points by the losing team. The West had scored 36 points in a Division II losing effort in 2003.

The East came close to breaking the record for most points in a quarter when they scored 24 in the fourth. The record is still held by the West which scored 28 points in Division I in 2002.

The 84 points scored by both teams this year was close to the record of 86 scored by the two Division II teams in 2003.

The East's Diskin also broke the record for most passing yards with 226. The previous record was 213

yards passing by Ben Labertew, Sylvan Grove, in 1996.

Division I Game

A 54-yard touchdown run late in the third quarter by Kensington tailback/linebacker Austin Panter was the difference in the Division I game on Saturday afternoon as the West won 12-6.

Panter also had an interception and sack to go along with several tackles on defense as the West squad held the East to 139 rushing yards.

Chris Windholz, coach of Victoria's state championship team last fall, was the head coach for the West.

Fullback Tyson Dreiling and quarterback James Brungardt, both from Victoria, played for the West. Dreiling scored the West's first touchdown on a one yard run in the first quarter.



Thomas Ostmeyer, No. 88, offensive right end from Northern Valley, made a big hole to clear the path for a West running back during the West's 44-40 win over the East in the Division II 8-Man All-Star Football Game. Ostmeyer demonstrated outstanding technique with his blocking skills. — Telegram photo by Dick Boyd

Use, clean cutting boards properly

When chopping, cutting or slicing food, cooks should use a cutting board — not the counter top. Cutting boards can take the nicks and scratches, yet are soft enough not to damage a knife.

Whether you use a plastic, acrylic or wood cutting board, wash it in hot, soapy water after each use and before going on to the next food.

Another good idea is to always use one cutting board for meat, and a different one for cutting vegetables. If you have just one cutting board, make sure you cut vegetables first and then meat to avoid cross-contamination.

Here are some additional hints: • Wash hands with warm, soapy water before and after food preparation and especially after prepar-

Home ed
Tranda Watts,
Extension
specialist



ing meat, poultry, eggs or seafood. • To sanitize cutting boards, use a chlorine bleach-water solution. The easiest way is to mix two teaspoons of household bleach in a quart of water. Keep the mixture in a spray bottle marked "bleach water." After spraying the cutting board, let it air dry.

• If the cutting board moves around on the counter when you're chopping, place three or four thin rubber bands on a damp towel un-

derneath it to keep it from slipping.

• Help kids get in the habit of reaching for a cutting board each time they are chopping, dicing or cutting.

• Consider using paper towels to clean up kitchen surfaces. If you use cloth towels, launder them often in hot, soapy water.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Decatur, Gove, Norton, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office.

THANK YOU from the Norton Recreation Commission To All Businesses Who Sponsored a Baseball Team Special Thanks to the Businesses Who Donated to the Norton Recreation Commission Baseball Program Drawing "Without Your Support Our Programs Would Not Be Possible" NORTON RECREATION COMMISSION

Fundraiser will help archers go to national competition

Norton County 4-H Shooting Sports held its last 3D animal shoot fundraiser Sunday.

The shoot brought in \$150, which will go toward helping three Norton County 4-H archers — Jake Kramer, Shine Fischer and Will Wilhite — go to the national competition at the end of June in Columbia, Mo.

Seventeen archers shot on the 24-animal course, which included a running coyote and two bonus

targets. There was also a scavenger hunt, which was won by Randy West.

Participating in the shoot were Casey Robison, Brett McChesney, West, John Baker, C.J. Culligan, Kendra Baker, Fischer, Mick Kier, Chad Kier, Gary Niblock, Lee Niblock, Terry Niblock, Mark Miller, Alan Miller, Bill Manning, Ryan Manning, and Tim Walters.

Bulletin Board Business and Professional Directory

Your Guide to Services Available in Northwest Kansas

Auto Service Repair

Problem Solved!
Complete Computer Diagnosis
CAREFUL ATTENTION SETS OUR SERVICE SHOP APART FROM OTHERS
-Tune-ups -Air Conditioner
-Brakes -Exhaust System
-Shocks -Radiator Repair
WALTER MOTOR COMPANY
NORTON—1-800-479-3112 (877-3112)

Guttering

FLANDERS GUTTERING
"A better way to go"
SPECIALIZING IN:
• 5 inch seamless guttering
• Roofing • Windows
• Soffit and Fascia
CALL FOR SPRING SPECIALS! FREE ESTIMATES
785-694-2865 or 785-462-0632

Auto Glass Repair

NOVUS
AUTO GLASS REPAIR & REPLACEMENT
Frank and Pauline Kaiser—Owners
P.O. Box 93
Long Island, KS 67447
888-247-5153
CALL MOBILE, WE COME TO YOU
Insurance usually waives deductible on repairs

Hot Opportunity

LISTEN UP
Wouldn't Your Ad Look Great Here—Call 877-3361

Construction

OVERLEASE CONSTRUCTION
785-877-2115
410 South Street
*Remodeling *Additions *Custom Cabinets
Call Greg Overlease for all your carpentry needs
Wouldn't Your Ad Look Great Here! Call 877-3361

GIVE YOUR BUSINESS THE ATTENTION IT DESERVES!!

CALL . . . THE NORTON TELEGRAM
Spaces Always Available:
1" per month — \$42.50
2" per month — \$76.50
3" per month — \$103.50
785-877-3361