### Marie Violet Foster July 15, 1925 - Aug. 11, 2005

Dresden community, died Aug. 11 at Martha and Mary Health Care Service in Poulsbo.

Mrs. Foster was born July 15, 1925, in Jennings, the daughter of Joseph and Grace (Spiers) Kolsky.

She attended school in Jennings. On Sept. 2, 1946, she married Flavius Foster in Dresden where she lived until she moved to Poulsbo in 1950.

She was a homemaker and enjoyed doing embroidery, ceramics, latchhook projects and watching television.

She was a member of the United

Methodist Church. She was preceded in death by

Survivors include her husband,

Marie Violet Foster, 80, Diane Foster, Douglas and Diane Poulsbo, Wash., formerly of the Foster, all of Poulsbo; a daughter, Linda Killinger, Moses Lake, Wash.; three brothers, Dallas and Joyce Kolsky, Sedalia, Mo., Gerald and Lucille Kolsky, Oberlin, and Ira and Mary Kolsky, Oberlin; two sisters, Goldie and Donald Stapp, Oberlin, and Bettie and Ivan Janning, Storm Lake, Iowa; 14 grandchildren; 19 greatgrandchildren; and one greatgreat-grandchild.

Visitation will be from 10 a.m. to 11 a.m. Tuesday at Pauls Funeral Home, Oberlin. Graveside services and burial will follow at the Dresden Cemetery. The Rev. Doug Hasty will conduct the ser-

Those who wish to make a memorial contributions should make Flavius Foster, Poulsbo; three it to their favorite charity in honor sons, Thomas Foster, Maurice and of Mrs. Foster.

## READERS

The Duplicate Bridge Club met Wednesday evening at the Norton Manor for their regular weekly session with three tables present. Winners were: first, Dewaine Stapp and Leone Purton; second, Sam and Bonnie

— Now showing at Norton Theatre, Herbie Fully Loaded and The Wedding Crashers. 785-877-2075

www.nortontheatre.com.

Josh Copper, a 2002 graduate of Northern Valley High School and a senior at Fort Hays State University, was added to the spring honor roll list. He is majoring in organizational leadership. Mr. Copper is the son of Jim and Pam Copper,

Erin Wolfe, granddaughter of Lorraine Wolfe, Almena, was named to the Dean's List for her achievements during the spring semester at the University of Nebraska Lincoln. She is a senior, enrolled in the college of business administration. Miss Wolfe is the daughter of David Wolfe, Oklahoma City, Okla.

Karlynn (Cox) Boyle recently graduated from Bethany University, St. Paul, Minn., with bachelors degree in social work. Mrs. Boyle is the daughter of Barnet and Karen Cox, Norton.

Frank Otter, Norton, was elected to the office of vice chairman of the Area Advisory Board to the Northwest Kansas Technical College, Goodland at their annual meeting, July 23.

# Public television station awarded Hansen grant

Smoky Hills Public Television has been awarded a general sup- its first grant to Smoky Hills Pubport grant from the Dane G. lic Television 1982, the year the Hansen Foundation. The grant is station went on the air. It has been expected to be used for production a regular recipient of Hansen cial classes he can teach like "conof local programming.

"We are grateful that the Dane G. Hansen Foundation recognizes lished in 1965 following the death the ways in which Smoky Hills Public Television enriches people's lives and makes Kansas a better place to live and work," General Manager Lawrence Holden noted in making the announcement, "Their support for Kansas programming helps make this programming available to all, only on Smoky Hills Public Television.'

Smoky Hills Public Television has regularly produced local programming in the past, including special programs such as "Stories from the Dust Bowl" and "Bombers on the Prairie: The B-29 in 

The Hansen Foundation made

The Hansen Foundation, estabof its benefactor, Dane G. Hansen, is one of the major charitable foundations in the state, serving primarily northwest Kansas.

Smoky Hills Public Television GUARD.com. serves 70 counties in Kansas and one county in Nebraska. It is available on 120 cable systems and DirecTV and the Dish Network, which includes coverage in the Salina, Hutchinson and Wichita areas. More information on Smoky Hills Public Television and its programs and projects can be found at: www.shptv.org.

At close of business Aug. 18	
Wheat	\$3.04
Milo	\$2.81
Corn	\$1.74

### Need A High School Diploma? For FREE?

Check out the Graham County Learning Center where you can now learn FROM YOUR OWN HOME! Classes can now be accessed from your home computer. An actual high school diploma will be issued upon completion (not GED). Acquire the education you've needed to get a better job or go on to higher education! Add your name to the list of our 23 graduates! For more information, please call (785) 421-5531.

# Recruiter tells Lions

## 'U-Can'

Sgt. Joe Leroux was the guest speaker during the noon meeting of the Norton Lions Club on Tues-

Sgt. Leroux is the recruiting and retention non-commissioned of-

ficer for the Kansas Army National Guard. He has been stationed at Norton for a

He told members of the service organization about an

upcoming event, Sept. 17-18, at Sebelius Reservoir called "Operation U-Can". The guard sponsors this weekend to give anyone that wants to try it, a taste of what life in the Army might be like.

Sgt. Leroux

He invites everyone, "to spend a weekend in our world; eat Army chow; live like a soldier and sleep

Operation U-Can is open to anyone in the ninth grade and older. There is no cost for the weekend but you will be asked to sign a liability waiver. Some of the events you will en-

counter are: the climbing wall,

paintball (government equipment

provided), rides in a Hum-Vee, map reading, camouflage application and weapon assembly and dis-If you need transportation to the event, a bus and two shuttle busses will pick up "weekend war-

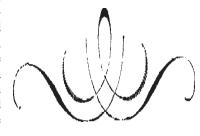
The weekend is designed as a recruiting tool, but it can be fun for people of all ages Sgt. Leroux said.

riors" in surrounding communi-

He went on to say that the National Guard can help with college educations. He said tuition can be paid as well as a student receiving a monthly stipend. Large signing bonuses are also available for hard-to-fill occupations in the

Sgt. Leroux concluded his presentation by informing the group that he is qualified to be a substitute teacher. He said he can't take any payment for his services but he can fill in for a public school teacher if need be and he has spe-Foundation grants over the years. flict resolution", "anger management", and "how to survive a tornado".

> To contact Sgt. Leroux call the armory at 785-877-2365. You can also learn more about the Guard at the website: www.1-800-GO-



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## Jail Log

Aug. 11 — Van Kirk Gallentine, Norton, failure to appear.

UBLIC RECORD

Aug. 15 — Dawn Marie Portner, Norton, serving 5 days for driving under the influence.

Aug. 15—Jed Lindsay, Norton, serving 6 days.

Aug. 16 — Adam George, Almena, aggravated assault.

Aug. 17 — Kevin K. Field, Norton, probation violation.

Aug. 17 — Marion Mitchell. Colorado, serving 5 days for driving under the influence of alcohol, second offense.

### Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. The traffic and criminal cases were given to the paper with the date of the hearings.

#### Traffic

construction zone, plea agreement amended to speeding 65 in a 55 mph zone, fine \$30, court cost \$60.

Aug. 11 — Terry Kinderknecht,

Almena, speeding 49 in a 35 mph

Aug. 4 — Kevin Field, Norton, theft of services, 60 days jail to be

suspended if pays past due court and damage to vehicle or property, fine of \$354 and restitution to victim in the amount of \$99.11, for electric, by Sept. 1. Current fine Silvercliff, Colo., speeding 72 in \$500 and \$60 court cost.

### **District Court**

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are given to the paper when the fines are paid. Limited action and small claim cases are reported only after the defendant is served.

cost \$60.

Aug. 8 — Cynthia P. Lindsay, Brookville, speeding 76 in a 65 mph zone, fine \$36, court cost \$60.

Aug. 8 — Tonda R. Ross, Almena, speeding 76 in a 55 mph zone, fine \$99, court cost \$60. Aug. 9 — Joseph Edward Wurtz, Clifton, speeding 77 in a 65

mph zone, fine \$42, court cost \$60. Charges for liability insurance coverage required dismissed. Aug. 9 — Pamela S. Mull, Selden, passing on left with insufficient clearance, fine \$60, court

Aug. 10 — Jeremy Wurm, Jennings, failed to report accident

fine \$25, court cost \$60.

Aug. 11 — Frank R. Searight, a 55 mph construction zone, fine \$144, court cost \$60.

#### **Limited Action**

Feb. 17 — Uptown Pizza, Inc., versus Dwight K. Barrett, Oberlin, check for \$9.69, plus court cost and fees

March 8 — United Northwest Federal Credit Union versus Jacob J. Fritzler, Norton, unpaid debt of \$166.82, plus court cost and fees. March 8 — United Northwest

Federal Credit Union versus Jesse W. Carlisle, McCook, Neb., unpaid debt of \$874.38, plus court cost and fees.

March 14 — Norton Shop & Save versus Travis Bevelheimer, Norton, check for \$164.76, plus court cost and fees.

### **Building Permits**

Aug. 17 — Roger Hardiek, \$700, construct porch at 514 N. Aug. 17 — Dennis Beck, un-

known amount, construct new addition at 1117 N. Norton Aug. 17 — Karen Carter, un-

known amount, construct addition to existing building at 212 W. Washington

### Stink bugs cause spots on tomatoes you can determine with tempera-

### White Spots on Tomatoes

Do your homegrown tomatoes have white areas just below the peel? This is a condition known as "cloudy spot" and is common on tomatoes this time of year. It is caused by the feeding of stink bugs on developing tomato fruit. Stink bugs injure the developing fruit by probing the fruit; where their probing occurs, the pigments don't develop-thus, the cloudy spot or a whitish yellow spot. If you look very closely, you should see a small feeding hole in the center of each spot. It takes only one or a few bugs. They usually move in and out in a short period of time, and usually a control measure is impractical or impossible.

Fortunately, the feeding period of stink bugs is short so that tomatoes are affected for a short time only. Then the tomatoes will get back to normal. The use of the fruit Home ed Tranda Watts, **Extension** specialist

is not affected in any way, so they are safe to can or eat fresh. They just look a little funny.

#### When Are Baked Goods Done? In baking, there are many visual

clues to test if a product is done. This includes lightly touching a cake surface, a golden brown color on breads, or inserting a toothpick in a quick bread to see if it is still

doneness is by checking the internal temperature using a food thermometer. By practicing a recipe,

ture how long it takes to bake a product. Then, make note of that time in the recipe for future refer-Here are some suggested tem-

peratures for some baked goods: • Layer cakes - 205 - 210E F

- Pound cake 210E F
- Jelly roll cakes 190 195 E F
- Muffins 210E F Quick bread - 210 EF
- Yeast bread 195 210E F
- Bundt cake 212E F

• Yeast rolls - 190 - 195 E F Remember, these are sugges-

tions. It is still important to use visual clues to determine if a product is done. And, of course, practice, practice, practice!

If you have questions about Another way to test for food, nutrition, or food safety, contact your local K-State Research and Extension Office or e-mail me at: twwatts@oznet.ksu.edu.

to fill out record books and award applications. Record books are due

Present at the meeting were:

The Lone Prairie 4-H Club met It was decided to help with "Op- Eric Woodside; Brenda, Lizzie ration Care Package "in Novem- and Mitchell Johnson; Phil, Liz and Time Jansonius; Tami, Jordan and Michaela Girard; Gloria De Witt; and Michael, Regan and

There was an informal meeting

#### Vivian Jansonius; Scott, Trevor Ryann Kats. to be turned in at the September and Brady Tien; Kayla, Justice, Harley and Jerby Vos; Sherry and

**Norton County Health Promotion Blood Draws** WED., AUG. 24

**AT: The Norton County Health Department** TIME: 7:00 a.m.-12 noon

PROVIDED BY A JOINT EFFORT OF THE NORTON COUNTY HEALTH DEPARTMENT AND THE NORTON COUNTY HOSPITAL

**Need to be Fasting Before the Test** (No Food or Drink After Midnight)

## **QUESTIONS? Call Norton County** Health Department at 785-877-5745

PROFILE #1

"Health Profile & CBC" — \$40.00

Health Profile Contains:

ELECTROLYTES: (Sodium, potassium, chloride and total carbon dioxide). These are major indicators of kidney and hormonal functions. Electrolytes are essential for the body's acid-base balance and the operation of nerves and muscles, especially the heart.

KIDNEY FUNCTIONS: (BUN, creatinine). These indicators are used to monitor kidney function. LIVER FUNCTIONS: (Total albumin, globulin). These tests can be used in detecting and/or monitoring liver function damage, tissue damage or inflammation. ALKALINE PHOSPHATE: (Uric acid, calcium, phos-

phorus). Used for detection and monitoring of bone, tissue and parathyroid disease, such as arthritis, gout, bursitis and lupus. GLUCOSE: This test is to measure blood sugar levels and is used to help diagnose/monitor diaCHOLESTEROL: (Including HDL, LDL, VLDL, triglycerides and ratio of LDL/HDL). These are fats produced in the liver that combine with fatty oils in the blood stream. Cholesterol is further broken down and measured as HDL (good cholesterol) and LDL (bad cholesterol). The person who has higher levels of LDL is at greater risk of heart disease. Triglycerides determine the level of simple fats in the blood. CBC: (Complete blood count with differential). This is a series of tests of the blood that provides a tremendous amount of information about the hematologic system, immune response and many other or-

### PROFILE #2 (PSA)—\$20.00

PSA-This test detects an enlarged prostate, infected prostate and/or prostatic cancer. It can be used to evaluate disease progression and to moni-

### PROFILE #3 (TSH)—\$15.00

TSH—This test is used to evaluate thyroid function and detect if there is too much or too little hormone secreted by the thyroid.