

Take advantage of the best local guide to what's on TV next week with The Telegram's handy schedule of programming.

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Tuesday
August 23, 2005

Norton, Kansas
Home of Anthony Knoll

Briefly Benefit planned for Sunday

Friends, co-workers and church family of Lester Bausch are planning a supper benefit for him from 5 to 7 p.m. Sunday at the Norton Christian Church, 208 N. Kansas.

The church and Mr. Bausch's co-workers from Norton Correctional Facility are co-sponsoring this donation fund-raiser. On the menu will be brisket, potato salad, baked beans, dessert, tea and lemonade.

Mr. Bausch has kidney disease and must take dialysis treatments several times a week in Kearney.

Screening set for Friday

Eisenhower Elementary will hold a free Early Childhood Screening beginning at 8 a.m. Friday.

If you have a concern in any developmental area such as vision, hearing, speech, motor, behavior and/or reasoning, call to schedule your child for this screening. Children 3-5-years-old are eligible. The screenings take about 45 minutes.

To schedule an appointment, call Joan Hale at Eisenhower Elementary at 877-5113 by Thursday.

Team penning to be Saturday

The Norton County Horse Council is sponsoring a team penning competition at 6 p.m. Saturday, at the Equine Facility in Elmwood Park. A \$45 entry fee will be paid by each three-member team with payback to the top three teams. Entries close at 5:15 p.m.

For more information or to pre-register contact Cindy Lowry at 877-2753 or (785) 669-2266.

Weather Forecast:

Tonight — Thunderstorms likely. Lows in the mid 60s. Chance of rain 60 percent.
Wednesday — Mostly cloudy with a 20 percent chance of thunderstorms. Highs in the mid 80s. Wednesday Night — A 20 percent chance of thunderstorms in the evening. Thursday — a 30 percent chance of thunderstorms.

Howell report:

Friday High 85, Low 62, Prec. .06
Saturday High 90, Low 68
Sunday High 84, Low 66, Prec. .03
Monday High 78, Low 64, Prec. .03
Week ago High 85, Low 59
Month ago High 105, Low 74
Year ago High 95, Low 65
August precipitation 4.32 inches
Year-to-date precipitation ... 18.12 inches
(Readings taken at the Paul and Pat Howell farm 10 Miles North and 1/3 Mile East of Norton)

Prayer

Lord, thank you for looking past our sins, choosing us, and making us children of the King. Amen



Children (above) made a dash to find the right pair of shoes during the shoe scramble on Saturday morning at the Party on the Prairie in Almena. A variety of children's games were held. Gale Hays and

his son Gunner (below right) got an early start on promoting his rib cooking abilities in the parade. A Rib Fest was held later in the evening for the large crowd on hand.

— Telegram photo by Susie Marble

Almena hosts party that's 'rockin' good time

Almena residents and hundreds of visitors had a great time during the town's new, hopefully annual celebration dubbed, "Party on the Prairie Dog".

Rain showers the day before caused organizers to omit the horse show from the line-up. It was postponed until a later date. However, there was still a full day of events.

"Everything went great," said organizer Jeff Callaway. "We had a real nice turnout."

He said more than 400 people helped themselves at Rib Fest. He knows because he counted the plates before the meal. Winners of the rib cooking contest were

the team of Tracy and Nicki Stutsman from Home Oil in Almena. Their names will be engraved on the traveling trophy that they will keep until next year when they will have to defend their title.

Mr. Callaway confirmed there will be a "next year". He said he and his committee want "Party on the Prairie Dog" to be an annual event. He said there was enough interest to do it again next year.

Between 40-50 entries took part in the parade and 31 cars and motorcycles were displayed in their own show. Twenty-six early birds took part in the two-mile Fun Run/Walk that started from the fire station. (Continued on Page 5)



Firemen's Fun Day set for Saturday

By CAROLYN PLOTTS

Jennings' annual Firemen's Fun Day starts Saturday with a morning health fair and ends with a street dance at night, with lots of food and fun in between.

Now in its 14th year, the Fun Day was started in 1991 by Jennings volunteer firefighters to give people a chance to get together and have fun.

The health fair at the Senior Center runs from 8 to 9:30 a.m., sponsored by Decatur Health Systems, Oberlin Medical Arts Clinic and the Decatur County Emergency Medical Services. Blood tests will offer screening for thyroid problems, anemia and 28 other tests. It will cost \$22. Participants must be fasting. A test for prostate cancer is available for \$16.

Jonna Inman, advanced registered nurse practitioner, will do free screenings for skin cancer and provide information on hypertension, osteoporosis and the recent addition of cosmetic laser treatment. (Continued on Page 5)

Valley Hope celebrates 38, holds its annual meeting

By VERONICA MONIER

The Valley Hope Association celebrated its 38th birthday last weekend, holding its annual meeting on Friday.

Retiring Board President Tony Jewell opened the meeting, saying it has been his pleasure working with the board and employees of Valley Hope.

John Leipold, executive vice president and chief operating officer, said in the annual operating report that, once again, things look good. He said there were a couple of patient days less than last year, but the corporation still met its goal.

He said there were 145,443 patient days last year with 399.6 as the average daily occupancy. There were 3,697 primary admissions to the nine residential treatment centers. The average length of stay was 21.12 days, he said.

There were 1,980 primary outpatient days, compared to 1,667 the previous year, and 151 primary care patients in the outpatient centers.

"We treated a lot of patients," he said.

"That happens because of the dedication of our employees. The board appreciates that. The result is that we celebrate every day with the recovery of the people we're treating."

Ken Gregoire, president and chief executive officer, said there are three questions that keep him awake at night and he doesn't know the answers.

The first, he said, was what they were going to do about managed care, which is over half of Valley Hope's revenue. He said they do what they can to treat everyone who needs it, not just the wealthy, which is where managed care comes in. But, he said, there is less and less public and private money available for alcoholics and addicts, so people in managed care are having to squeeze harder.

The second, he said, is how big is too big.

"We've grown an awful lot," he said. "But, one self-help affirmation is when (Continued on Page 5)

Hospital looking at therapy

By VERONICA MONIER

The Norton County Hospital physical therapy department needs more room for both staff and patients.

At last Wednesday's meeting, the hospital board took a tour of the physical therapy department.

Physical Therapist Jan Volgamore, who gave the tour, said the department needed more space. The department was one that wasn't redone during the hospital's renovation.

She said not only is there not enough space, but the department also needs privacy booths, a separate waiting area and an office where people can't hear when the therapists are dictating.

They would also like to see separate treatment rooms, she said, and windowed walls in the office so they can see what is going on when the door is closed.

"It would be nice to get all of the exer- (Continued on Page 5)

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 cise stuff together and all of the treatment stuff together," she said.
 Board member Von Fahrenbruch said he thought they needed to get someone in to look at it and that he liked the idea of having access to the physical therapy department closer to the elevator and a waiting room outside.
 The board decided to have Mort Plunket, an architect from Hill City, come and see what could be done.
 In other business, the board:
 • Accepted a bid from Scott Evans Construction for \$29,634 to replace the main parking lot and accepted a bid from Nelson Brothers Construction for \$7,270 to add a handicap parking space including a ramp and driveway at the Doctor's Clinic. The board ac-

cepted the bids contingent on the projects being completed by the end of October.
 • Heard from Chief Financial Officer Brian Carlton that in July, which was also the beginning of the new fiscal year, the hospital had 134 acute, 105 skilled and 167 intermediate patient days for a total of 406; 66 admissions; seven births; five inpatient surgeries; 17 outpatient surgeries; and 1,210 Doctor's Clinic visits.
 • Moved the end-of-year audit to the October board meeting.
 • Learned from Hospital Administrator Rich Miller that the hospital was overpaid \$104,000 from Medicare. The hospital has until Aug. 24 to pay it back. Mr. Miller said it has the means to do so, so it wasn't in trouble. Usually,

he said, the hospital is owed money from Medicare.
 • Heard from Mr. Miller that there were 11 applicants for the George Jones revolving loan for those who are studying to become licensed practical nurses. He said they will be interviewing the applicants since there were so many. Those who get the scholarship have two years once they are out of school to pay the interest-free loan back. If they work for the hospital for two years, then the hospital pays the loan back.
 • Heard that the Extension Council has given the hospital \$1,000 to use for scholarships. Mr. Miller said the money will be split up into two \$500 scholarships, which will not have to be paid back.

Jennings Firemen's Fun Day is gearing up for this Saturday

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 ments at the Oberlin Clinic. Decatur County ambulance volunteers will provide free blood pressure and blood sugar checks and demonstrate their defibrillator.
 Kolaches and coffee will be available during the health fair, compliments of the Jennings United Methodist Church. Everyone is encouraged to stop by and meet Carrie Buehler of Morland, the new pastor appointed for the Jennings and Dresden United Methodist churches. Kolaches,

sold individually or by the dozen, will be available throughout the day.
 Activities on Main Street will begin at 10 a.m. with a cake walk at City Hall, sponsored by Mary Wahlmeier, and mini-train rides for youngsters offered by Greg Otter.
 A wobble trap shoot begins at 10 a.m. at the football field on the north edge of town and will continue until 5 p.m. Participants need to bring their own guns and ammunition. Bingo will be in the Senior Center from 11 a.m. to noon and will resume after the parade.

The Czech Museum will be open from 11 a.m. to 4 p.m. in the sanctuary of the old Jennings United Methodist Church and the Royal Neighbors building. It is known as one of the best small museums in the area. Admission is free but donations are accepted.
 The lunch counter at the Fire House opens at 11:30 a.m.. Tickets for a drawing will be sold throughout the day for a television, a surround-sound system, and stereo donated by the Jennings Fire Department. Jennings American Legion members have tickets available for a Henry rifle.
 The parade will begin at 1:30 p.m. Entries will line up in the schoolyard from noon to 12:30 p.m. Pre-registration is not necessary. All entries are welcome. The theme is "A Salute to the Jennings Schools".
 A dunk tank with local volunteers on the platform and a coin search sponsored by The Bank will be available for children following the parade. A children's tractor pull for kids 3-10 will begin at 3 p.m., followed by a tug-of-war and the centerpiece of the afternoon, the Firemen's Team Barrel Competition.
 A hog roast prepared by the Jennings firemen will begin at 6 p.m.. An auction of items donated by businesses and contributors will begin at 6:30 p.m. All drawing items will be given away during the auction. Winners need not be present.
 The evening will conclude with a street dance with music presented by Kent Brown and "The Night Owls." Proceeds from the day's events will be used to buy fire fighting and safety equipment and to support local organizations and projects.

Alkathon celebrates 38 years of sobriety, recovery

By VERONICA MONIER
 As part of its birthday celebrations, Valley Hope held its annual Alkathon. This year's theme was "We're 38. Let's celebrate".
 The 38th Alkathon began with a freedom drive from the Norton facility to the St. Francis Catholic Parish Center.
 After a brief welcome, two speakers shared their stories.
 The first, Carlos G., Denver, said he was an addict and a member of the 12-step fellowship called Narcotics Anonymous.
 "Narcotics Anonymous entered my life and gave me a message of hope," he said. "It taught me that I could stop using. Then I found that I lost the desire to use. It taught me I could find a new way of life."
 "Folks in this business aren't in it to get rich. They're here because they genuinely care."

He found a place to belong.
 "My biggest enemy was me," he said. "I started to learn to accept responsibility.
 "I can't tell you how much my life has changed because of Narcotics Anonymous. The only thing I can tell you is I'm living a life I wouldn't have been able to live without recovery. I have a source of hope now that I never had as a kid."
 The second speaker was Ray W. from Cimmaron, who said he was also an addict.
 "I was raised in a Christian family," he said, "and was forced to go to church until I was 18. I thought I was a sinner with no chance of help."
 He said his first drink was when he was 8 or 9, but didn't drink again until he was in high school. Then, he started drinking all the time.
 "I barely passed high school," he said. "And probably wouldn't have without my last name being what it was."
 After high school, he was drafted and when he returned from Vietnam, he was strung out on heroin. But, after a bad dose, he never touched it again, mainly because it wasn't good enough in the U.S.
 When he returned home, he didn't work for a year, selling drugs instead. His wife divorced him after he chose doing drugs over her.
 He said he did a lot of things he doesn't remember.
 But, one of his employers, whose father was a recovering alcoholic, made him talk to his father, who sent money to Valley Hope so he could go to treatment.
 "That was in October," he said. "I didn't make it here until January."
 "But what happened to me when I got here was love. They started

hugging me and told me I have a disease. They gave me a great set of tools, tools I still use today, and told me to go to meetings.
 "At a meeting I met an old running buddy. This guy had taught me to put LSD in eye drops and drop it in my eye. I said to myself 'If he can do it, so can I.'"
 He said after 5-years clean and sober, he was more miserable than

he had ever been. But, after talking to people who had 20 plus years of sobriety, he found out he wasn't taking care of himself because he was trying to take care of everybody else.
 "Recovery works," he said. "The 12-steps work. Valley Hope is my favorite place. I love the chapel there. It's where I made an arrangement with my higher

power not to make any more deals. That's what I did all my life — 'God, if you get me out of this, I'll be good.' I had to quit doing that. And I did."
 The Golden Heart Award was given to Mary L. and Duane S. for their dedication to the program, patient groups and alumni groups.
 Sobriety birthdays were celebrated.

year.
 The board had three members with expiring terms. Ada Arford, Norton, and Jeff Wheeler, Colorado Springs, were unanimously re-appointed. Dave Hill was elected to replace Mr. Jewell.
 Former President Dennis Gilhousen said Mr. Jewell had spent 33 years on the board, 22 as its director. When Mr. Gilhousen asked him to join the board 33 years ago, he said he would be honored.
 "Over the years, I learned that

'Hope' holds annual meeting

(Continued from Page 1)
 you stop growing, you start dying. So we can't stop growing, but it comes with a price in that we don't know everyone like we used to."
 Mr. Gregoire said he thinks the employees have handled it well so far, but as the company gets bigger, it still needs to treat its patients like the individuals they are.
 The third question is how expensive is too expensive. He said Valley Hope's goal was to help everyone who calls.
 "One thing we say is our treatment is affordable," he said. "And it is, but its getting close to the line."

Some of the mud volleyball participants enjoy a splash in the mud during one of their games in Almena Saturday during

the Party on the Prairie. Seven teams competed for prizes.
 — Telegram photo by Susie Marble

honor is a word at the center of who he (Mr. Jewell) is," Mr. Gilhousen said. "Tony has honored Valley Hope.... and most especially, he honors who we do it for."
 Mr. Jewell said he has loved every minute he's been associated with Valley Hope and suspected it had been an important part in his 38 years of sobriety.
 The board and members gave him a proclamation from Gov. Kathleen Sebelius recognizing him for his work and accomplishments.

He said without serious medical problems involved, Valley Hope could still treat a person for around \$10,000, while some private companies charged twice as much.
 "It's a big challenge," he said. "But, we have to do everything we can to help people."
 Chief Financial Officer Tom Baumann gave the financial report. He said total assets were \$35.662 million and total liabilities were \$5.182 million, leaving a balance of \$30.48 million.
 Total income for the year was \$57.62 million, he said, while total expenses were \$33.504 million, making the net income \$12.578 million before uncompensated care (amount patients couldn't pay).
 "This is one thing that makes me proud," he said. "The amount of uncompensated care we paid shows we are helping people, no matter their financial situation."
 Mr. Baumann said Valley Hope had \$11.701 million in uncompensated care, leaving the company with a \$876,000 surplus for the

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PUBLIC NOTICE

Lenora City Traffic Ordinance

Published in The Norton Telegram on Tuesday, August 23, 2005. (1T)
ORDINANCE NO. 327
AN ORDINANCE REGULATING TRAFFIC WITHIN THE CORPORATE LIMITS OF THE CITY OF LENORA, KANSAS; INCORPORATING BY REFERENCE THE "STANDARD TRAFFIC ORDINANCE FOR KANSAS CITIES," EDITION OF 2005, PROVIDING CERTAIN PENALTIES AND REPEALING ORDINANCE NUMBER 324.
 Be it Ordained by the Governing Body of the City of Lenora, Kansas
SECTION 1. INCORPORATING STANDARD TRAFFIC ORDINANCE.
 There is hereby incorporated by reference for the purpose of regulating traffic within the corporate limits of the City of Lenora, Kansas, that certain standard traffic ordinance known as the "Standard Traffic Ordinance for Kansas Cities," Edition of 2005, prepared and published in book form by the League of Kansas Municipalities, Topeka. No fewer than two copies of said Standard Traffic Ordinance shall be marked or stamped "Official Copy as Adopted by Ordinance No. 327," and to which shall be attached a copy of this ordinance, and filed with the city clerk to be open to inspection and available to the public at all reasonable hours. The police department, municipal judge and all administrative departments of the city charged with enforcement of the ordinance shall be supplied, at the cost of the city, such number of official copies of such Standard Traffic Ordinance similarly marked, as may be deemed expedient.
SECTION 2 TRAFFIC INFRACTIONS AND TRAFFIC OFFENSES
 (a) An ordinance traffic infraction is a violation of any section of this ordinance that prescribes or requires the same behavior as that is prescribed or required by a statutory provision that is classified as traffic infraction in K.S.A. 8-2118. (b) All traffic violations which are included within this ordinance, and

which are not ordinance traffic infractions, as defined in subsection (a) of this section, shall be considered traffic offenses.
SECTION 3: PENALTY FOR SCHEDULED FINES. The fine for violation of an ordinance traffic infraction or any other traffic offense for which the municipal judge establishes a fine in a fine schedule shall not be less than \$1.00 nor more than \$500.00, except for speeding which shall not be less than \$20.00 nor more than \$500.00. A person tried and convicted for violation of an ordinance traffic infraction or other traffic offense for which a fine has been established in a schedule of fines shall pay a fine fixed by the court not to exceed \$500.
SECTION 4. REPEAL. Ordinance number 324 is repealed.
SECTION 5. EFFECTIVE DATE. This ordinance shall take effect and be in force from and after its publication in the official city newspaper.
PASSED BY THE GOVERNING BODY OF Lenora, Kansas, this 15th day of August 2005.
SIGNED BY THE MAYOR OF Lenora, Kansas this 15th day of August 2005.
 Raymond Heikes, Mayor
ATTEST:
 Gayle James, City Clerk

Almena celebrates with party Saturday

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 tion at 7:30 a.m.
 Frisbee golf at City Park saw Mike Hawks walking away the winner.
 Mud volleyball, with seven teams, was a big hit and so were the Hagglund Rides. Mr. Callaway

said everyone, no matter what their age, enjoyed riding the huge, tank-like vehicle.

"Thanks to all the people who helped "pull-off" the day," he said. "We're ready for next year."

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