

OBITUARIES

Shirley M. Grunert

June 6, 1935 - Aug. 20, 2005

Shirley Maxine Grunert, 70, died Saturday at the Norton County Hospital.

The daughter of Ray E. and Bertha (Swisher) McClure, she was born June 6, 1935, in Derby.

She attended school in Derby and also attended college at the University of Alaska.

On April 4, 1954, she and Charles LaVerne Grunert were married in Derby.

Mr. Grunert was a 20-year military career man. They lived in several locations including Wichita; San Antonio, Texas; Anchorage, Alaska; and Alamogordo, N. M.

Following his retirement from the military, the family moved to Norton in 1972, where she was employed at the Valley Hope Drug and Alcohol Treatment Center for many years.

She was preceded in death by

her parents and her husband.

Survivors include: two sons, Randall and Deanna Grunert, Lompoc, Calif., and Ronnie Grunert, Norton; a daughter, Rhonda Browning, Norton; a brother, Kenneth and Charlene McClure, Mulvane; a sister, Dorothy and Stewart Howe, Richardson, Texas; a sister-in-law, Ivalee and Robert David, Russell; a granddaughter, Christy and Jeff Mang, Lompoc; and a great-grandchild, Sutton Mang, Lompoc.

Funeral services will be held at 10:30 a.m. Wednesday at Enfield Funeral Home.

A memorial in her name has been established. Contributions may be sent to the Shirley Grunert Memorial Fund in care of the funeral home at 215 W. Main, Norton, Kan. 67654.



Mr. and Mrs. Carol Griffey, Sept. 4, 1955

Norton couple will celebrate 50th

Mr. and Mrs. Carol Griffey, Norton, will celebrate their 50th wedding anniversary with a reception from 2 to 4 p.m., Saturday, Aug. 27 at the Senior Citizens Center in Norton.

Hosts for the occasion will be their four sons and their families: Michael and Janelle Griffey, Arkansas City; Mitchell Griffey, Sugarland, Texas; Martin and Jacque Griffey, Wichita; and Mark and Amy Griffey, Norton.

Mr. and Mrs. Griffey's six grandchildren, Garrett, Apton, Tawni, Conner, Morgan and

Lance Griffey will help host the reception.

Family and friends are invited to attend the celebration. If you are unable to attend, cards may be sent to 413 N. Archer, Norton, Kan. 67654.

Carol and Korla (Haynes) Griffey were married Sept. 4, 1955 at the First Congregational Church in Lenora. He is the son of the late Bert and Inza Griffey, Edmond, and she is the daughter of Oda Haynes and the late Clarence Haynes, Hill City.

A frugal cook was a creative cook

Cooking economically and being thrifty is and has always been wise.

In earlier days, however, being thrifty meant survival.

As a consequence, pioneer and dust bowl cooks learned to save and stretch everything.

Winter would come and food must be put by when it was plentiful. There was the root cellar, the canning cupboard, a crock of larded down pork, a 50-pound bag of flour, one of meal, salt, sugar (if you were lucky), and two jugs, one of molasses and one of vinegar.

Providing three meals a day with that limited larder plus milk from the cow and eggs from the chickens was quite a challenge.

Housewives made their own cottage cheese and used sour cream or milk in many ways so they didn't waste a drop. Along toward spring, pickin's, got pretty slim so the first green sprouts of the season were picked and boiled with a bit of bacon or a hamhock. Lambs quarter, dandelion and beet tops were a delight to vegetable-starved settlers.

The aim was to fill up the hollow to sustain life and strength.

No one had heard of cholesterol, carbs or aerobic exercise, much

Cook's Corner

Liza Deines



less a low-anything diet.

Thus, these traditional recipes are not politically correct in 2005 but they are still enjoyed as occasional treats because they bring back such marvelous memories.

Ethnic groups developed similar methods of making a little food go a long way.

One of the most common was enveloping meat scraps or fruit pieces in dough.

Italians called their ravioli, the Polish made pirogues, English and Irish miners carried pasties for their lunch and the oriental races came up with pot stickers and fried dumplings. Mexican tamales and enchiladas have a similar makeup. The Volga Germans brought us bierrach and luscious kase seckel, which in English translates to cheese pockets or sacks.

Every family had their own variation, but here is the one commonly used in Trego County by Mama's friend, Othelia.

CHEESE POCKETS (Kase Seckel)

DOUGH

- 3 cups flour
- 2 teaspoons salt
- 3 eggs
- 1/2 cup water

Mix together and turn out on floured board. Knead well, then roll very thin as for noodles. Cut into four-inch squares and allow to rest and dry while making filling.

FILLING

- 2 egg yolks
- 3 cups very dry cottage cheese
- 3 teaspoons heavy cream
- Salt and pepper to taste

METHOD

Mix together and place one tablespoon filling on each dough square. Fold over into a triangle and crimp edges tightly closed with fingers or a fork. Drop each pocket, seam side down, into a large pot of rapidly boiling salted water. Allow to boil for 15 minutes, lift out with slotted spoon

and put into a large flat baking dish. Keep warm.

TOPPING (Schmelz)

- 1 stick real butter
- 1 onion, diced
- 1/2 cup coarse bread crumbs

Brown together in a heavy skillet until onions are golden and bread is crisp. Pour over cheese pockets. If added richness is desired, pour a cup of sour cream on first, then add topping. Serve warm.

Makes about 25 to serve 8 people.

VARIATIONS

Can be made with ground pork and onions in place of cheese or with sugared fruit such as dried plums, apples or apricots. Some add allspice and a few raisins to the cottage cheese filling. If making fruit pockets, top with cinnamon and sugar and pour cream on at table.

Evelyn J. Swanlund

Evelyn J. Swanlund, 64, sister of Marion Goldsby, Norton, died August 19.

She is survived by her husband, Charles; a son Bradley C. and Sarah Swanlund, Bakersfield, Calif.; a daughter, Denise and Michael Sanchez, Lakewood, Colo.; a brother, Marion and Jennie Goldsby, rural Norton; a sister, Nancy and Steve Campbell, Sabetha; her mother, Mary

Goldsby, Sabetha; and five grandchildren.

A memorial service will be held at 11 a.m., Friday, at the Lakewood Nazarene Church, 1755 Dover St. Inurnment will be in the Gettis Cemetery in Norton County. Donations in her name may be sent to the church.

To leave a special message for the family, visit www.newcomerfamily.com.

READERS

— **Steak and seafood night, Thursday and Saturday, 6-9 p.m. American Legion. Members and guests. 8/23**

— **Almena Congregational Church Ice Cream Social, 5-7 p.m., Sunday, Aug. 28, Almena Community Building. 8/23**

HANSEN MUSEUM

By LEE FAVRE

Many of you who read my weekly articles are familiar with the exhibit now showing at the Hansen Museum. For those of you who do not, this exhibit contains an installation of a one-room shack depicting the life of African-Americans in the South during the 1920s. With few amenities, the shack is furnished with minimal furnishings and few personal affects.

This exhibit was conceived and constructed by artist Whitfield Lovell after much research into the life of the African-Americans of that time period and by researching his own family history. "Whispers from the Walls," by Exhibits USA, has been and continues to be, a wonderful interest to many.

This weekend alone, there were more than 50 visitors from surrounding communities including: Dighton, Salina, Downs, Agra,

Phillipsburg, Park, Hill City, Courtland, Overland Park, McCracken, Kinsley, Russell, Stuttgart, Lebanon, Brookville, Alton, Alexander, and Larned. We even had a visitor, Virginia Alexander, Palm Beach, Fla., tour the museum.

Also in the gallery is a display by Janet Gottstein of fall blooming plants. As one of our alternates, Ms. Gottstein filled the "Artist of the Month" slot for August. Her plants will also be available at this year's crafts fair.

The museum expects to have 80 to 100 visitors from the state Resource Conference and Development stop during a three-day tour of northwest Kansas. After a tour of the museum, they will go on to the Huck Boyd Center, Solomon Valley Regional Entrepreneurial Center and the Shepard's Mill in Phillipsburg.

Ethical wills subject for Norton genealogy club

Because of the Labor Day weekend, the Norton County Genealogical Society has changed the date of their next meeting to 7 p.m., Tuesday, Sept. 13. The group meets in the Community Room of the Norton Public Library.

The program will be given by Missy Lamont, a Hospice staff member from Phillipsburg. Her topic will be "Ethical Wills". This program was created after interest in this concept of wills was gener-

ated by a book written by Barry Baines.

Many people have living wills and/or legal wills. However, not very many leave behind a record of their values, heritage or beliefs for the next generation. Sometimes the importance of those ideals are forgotten.

This program is open to the public at no charge. A business meeting will follow the program.

Rock Springs site of camp for high school girls

Chelle Donovan, Amy Husted, Lacey Roe and Ashley Smith Maybon attended KAY Leadership Camp this summer at Rock Springs near Junction City.

All four young women are students at Norton Community High School.

The camp provides students the opportunity to develop leadership potential, enrich their personalities, create awareness of their responsibilities as citizens and de-

velop a desire to become involved in programs and projects to help make the world a better place.

The girls brought back many ideas for projects and good deeds.

BIRTH

Griffin Michael O'Brien

Greg and Kendra (Mann) O'Brien, Leawood, are the parents of a son, Griffin Michael O'Brien, born Aug. 13 at St. Luke's Hospital, Kansas City.

Grandparents are Kennis and Joan Mann, Norton, and Fred and

Frances O'Brien, Kansas City, Mo.

Great-grandparents are Don and Elaine Mann, Norton, and Vernon and Gladys Jacobs, Wichita.

MARKETS

At close of business Aug. 22

Wheat	\$3.07
Milo	\$2.84
Corn	\$1.75

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14th ANNUAL

JENNINGS FIREMEN'S FUNDAY

Saturday, August 27, 2005

Parade Theme — "Saluting the Jennings School"

8:00-9:30 a.m. — Health Fair, Senior Center (Decatur Co. Hospital/Cottonwood fasting), Prostate Cancer Screening \$16, Free Blood Pressure/Blood Sugar Checks
 8:00-10:00 a.m. — Kolache Coffee, and Welcome to Pastor Carrie Buehler, Senior Center. Kolaches sold all day (75¢ Each or \$9.00/Dozen); Firemen's Drawing, TV/Surround Sound System/Stereo; Legion Drawing, Henry 44 Mag Lever Action Rifle (Need not be present to win)
 10:00 a.m.-5:00 p.m. — Wobble-Trap Shoot, Football Field (North edge of town, follow signs) Bring your own shotgun and plenty of shells
 10:00 a.m. — Train Rides for Kids, Main Street (Courtesy of Greg Otter, Lenora)
 10:00 a.m. — Cake Walk, City Hall (Sponsored by Mary Wahlmeier)
 11:00 a.m.-12:00 noon — Dunk Tank, City Hall yard
 11:00 a.m.-4:00 p.m. — Czech Museum Open, Free admission
 11:30 a.m.-5:00 p.m. — Bingo, Senior Center (Closed at 12:30 until after the parade)
 11:30 a.m. — Lunch Counter Opens (Fire Station); 12:00-12:30 p.m. — Line-up for Parade,
 1:30 p.m. — Parade, Main Street; 2:30 p.m. — Childrens Games Resume — Dunk Tank, Coin Search
 3:00 p.m. — Childrens Tractor Pull, City Hall Yard; 3:45 p.m. — Tug-O-War (Main Street)
 4:00 p.m. — Firemen's Team Barrel Competition; 6:00 p.m. — Hog Roast, Fire Station
 6:45 p.m. — Auction; 9:30 p.m., Donated Items — Street Dance, Kent Brown and the Night Owls

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