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# We'll soon see what happens with the war in Iraq

What are we going to do about this war in Iraq?

- Support for the war, and the president, drops lower by the day. Opponents cry for an end.
- A liberal, anti-war mother camps outside the president's ranch. She gets more publicity than he does, it seems.
- What is happening in Iraq, anyway?

More than 1,800 American troops have been killed. Thousands more Iragis have died.

Rumors abound that President Bush will start bringing the troops home "next year."

Yet the Army says it's planning for four more, at least. Parts of an airborne division are being mobilized to provide election security.

Most disturbing to many, the president's rationale for the war, Saddam's weapons of mass destruction, turned out to be a myth. Whether you believe the government lied — like that never

happened before — or our intelligence was so bad they really believed he had them — and that's more than possible — it stinks.

Weapons of mass destruction were never the issue, though.

This war is about the balance of power in the Mideast, the future and Israel and America, the global war on terrorism, and yes, freedom for Iraq.

Those who are against the war have been consistent. They predicted it would fail, denounced it as folly and they continue to predict failure.

- In fact, they are hoping for failure, praying for failure.
- It's not the war they hate; it's the administration.

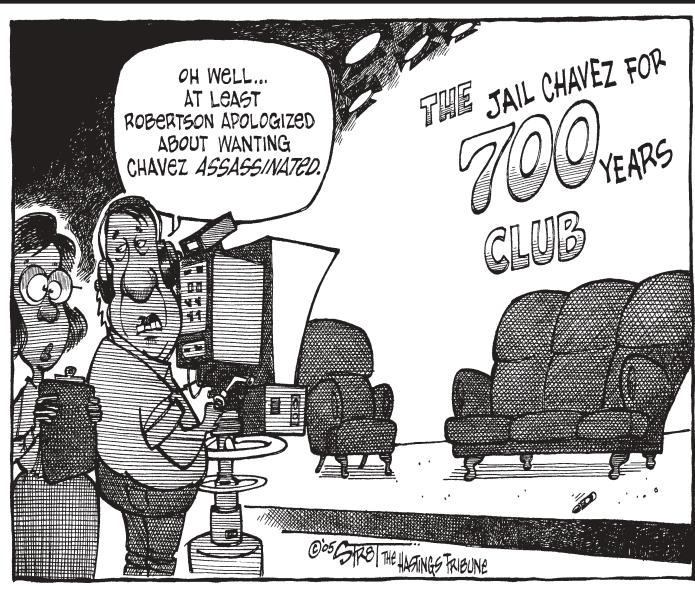
Television cameras and Page 1 headlines focus on bombings and attacks on American troops. You'd think everyone in the Mideast hates us.

Opponents conveniently forget the thousands who line up to cheer American troops advancing Baghdad, the thousands more who cheered when Marines helped pull down Saddam's statue.

They ignore the fact that there's been no major terrorist attack on American soil for nearly four years. They ignore the fact that we've taken and held Afghanistan and Iraq, and given a new era a chance to start in that sorry part of the world.

There are two sides in Iraq. One side wants us there as long as we are needed. The other wants us out so Saddam's corrupt regime can come back.

The anti-war crowd in this country would never admit they want that, but it will happen if we pull out too soon.



## Staying cool can get complicated

read an interesting thing about fans the other day. They don't cool the air, they just cool people. It is just like wind chill, the expert contended.

I suppose that is true.

The article gave this advice: Turn off the fan if you are not in the room. I suppose that is indeed the right thing to do.

I hate to think about all the electricity we have wasted on fans when no one was in the room.

Have you notice how cheap fans are these days? I don't mean inexpensive, I mean cheap.

A few years ago I bought a remote control fan. The hubby thought that was silly but it worked and it still does. I have, however, lost the remote in the move. Still you can push the buttons on it and it works.

of late do not. That is because they are be sitting there and her fan would come plastic. The knobs break and we have one on or change speeds or whatever. that only has one speed — you can't change it. We have another one that you have to plug in to turn on and unplug to turn off, you can't change the speed on it either. All the new fans seem to have is-



stalled. Kate has 10-foot ceilings in her apartment and beautiful ceiling fans in every room. They all have remote controls. There is another apartment in the front of her building which also has remote control ceiling fans.

The remotes sometimes work on the fans in other apartments. That sort of wor-Most of the other fans we have bought ried her until she figured it out. She would

I should probably clean it up and move it upstairs. But like most of our society I have a Wal-Mart mentality. There are thousands of clean plastic fans in stores. They are cheap. Let's go get a new one.

Our house does not have central air. But, we can keep the downstairs cool with a window unit and strategically placed fans.

This is why I'm skeptical about the above mentioned expert's advice on fans. I think if you are drawing cooler air into a room you do lower the temperature and it is worthwhile to do so.

If you should turn your fan off every time you leave a room because there is not one to feel it why not turn the heat or air conditioning off every time you leave the house. After all if no one is there to feel it. what difference does it make?

If a tree falls in the woods and no one is there to hear it does it make a noise?

Another fact about fans not mentioned

Hmmm.

The people planting bombs and undermining the nationbuilding process in Irag are not good people. They are not, for the most part, patriots or nationalists.

They are people who thought the old regime was good, people with no objection to blowing up innocent civilians, to the torture chair, to terror and death.

- The American people will have to decide what is right.
- Will 1,800 of our soldiers have died in vain?
- Was this fight worth picking?
- We shall see

Considering all this, it probably is a good idea to turn the fans off when we leave a room.

Who knows, they might just spontaneously combust or something.

The ceiling fan in our bedroom doesn't — Steve Haynes work very well at all. Of course that might were metal. It is old, it is noisy, it is very be because it has not been actually in- dirty, but it works.

Advance Care Planning is a process

rather than a document. Planning in ad-

vance, free of crisis and pressure, is the

best way to make sure that you receive the

health care you want at the end-of-life.

The decisions and thinking that you par-

ticipate in and share with others while you

are healthy will likely be better than de-

cisions that others make for you if you are

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geted the areas of Advance Care Planning

The LIFE Project's Campaign on Ad-

vance Care Planning is "Do It for Those

You Love". This campaign encourages

would want to receive if you should ever

become unable to speak for yourself.

THINK — about the kind of care you

TALK — with those you love about

your values, choices, and wished in care.

and Pain Management.

Kansans to:

seriously ill.

Kate had an old metal table fan we picked up at an auction.

She brought it home because she did not need it. We put it in her room here. I know they are dangerous for little kids but it looks so cute. Her room is very retro. It fits perfect with the décor. And it works.

We were cleaning the basement last weekend. There was an old box fan down there. I decided it needed to be moved. It was heavy. The box was metal, the blades

in the article is they retard the growth of mold because they keep the air moving. So I'm confused.

Do I leave my fans on?

Do I turn them off?

Should I get central air and quit worrying about it?

Should I nag the hubby some more about putting the ceiling fan up in our bedroom? (He says no.)

You are going to have to figure this out for yourselves folks but remember whatever you do — BE COOL.

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## cisions need to be made before death

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ACT — by completing and signing a Durable Power of Attorney for Health Care Decisions. Share a copy of this document with your family, health care agent, physician, and, if you have one, attorney.

• Will advance care planning really help years and has been involved with The those I love? **YES** Just look at the results of a study by Oregon Health Sciences University published in Nursing Research, March/April 2001:

> Those who participate in advance care planning create a situation that leaves their families with much less stress.

> When advance care plans are both verbal and written, stress levels lower even further.

> Families that participate in advance care planning suffer less guilt and are less "haunted" by their decisions.

> Advance care planning can help you determine the care you receive and improve the difficult end-of-life experiences for your family.

Talking about and writing down your wishes so your family members have a clear guide to follow near the end of life will reduce the stress for those you love. Planning in advance, free of crisis and pressure, is the best way to make sure you receive the health care you want at the

end-of-life. The decisions and thinking that you participate in and share with others while you are healthy will likely be better than decisions that others make for you if you are seriously ill.

Kansans have told The LIFE Project, in focus groups across the state, that we think it is important to plan for the kind of care we want at the end-of-life or if we should ever become unable to speak for ourselves. But few of us take the time to do this thinking, sharing, and planning. And, even those who do plan often fail to talk about their wishes with those they love. It is important that both this talking and planning happen.

Americans are living longer and dying differently than in the past. For the first time in human history there are many choices about when, where, and how a person will die. These choices are the result of dramatic changes in medical science and technology.

It is difficult to face the reality that someone you love is dying and unable to speak for himself or herself. Much of the stress is unavoidable. Families who have talked about their wishes for care most often have less stress and guilt through such a crisis than those who have not.



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**STAFF** 

Kansas LIFE Project since its inception. The LIFE Project works to help Kansans with advanced chronic and terminal illnesses live with dignity, comfort, and peace at the end-of-life. There are more than 100 organizations, agencies and as-