### THE NORTON TELEGRAM Page 8

Tuesday, November 1, 2005





Northern Valley High School was represented at Saturday's 1A State Cross Country Meet with both girls and boys teams participating. The girls team members, from left, Amanda Hopkins, Jena Jessup, Andrea Lowry and Jessie Redeker, line up at the starting line of the girls race. The boys team, from left, Blake Johnson, Bryce Marble, Casey Dole and Stanton Nelson, take off as the race begins. - Telegram photos by Susie Marble

# Husky teams compete in 1A State Cross Country

### By DICK BOYD

The Northern Valley girls team placed 10th and the boys team 12th in the Class 1A State Cross Country Meet held Saturday on the golf course at Wamego.

It was the first time Northern Valley had both boys and girls cross country teams competing the same year in the state meet.

"It was a good experience for us," said Coach Bill Lowry. "This is the most difficult course we run each year. It is always a challenge. At the state meet, you run among

During the rest of the season, you Grove, 211. run more spread out.

"Overall, we all had a fairly sonal records but all competed year."

Olpe won the girls champion-Macksville, 61; Grainfield, 66; Husky volleyball team. Stafford, 75; Deerfield, 88; Pike

with people on both sides of you. Valley, 174; Burrton, 185; Sylvan

Junior Andrea Lowry placed 47th individually and 28th among good day. We didn't set any per- team runners in 15 minutes, 5.01 seconds for the two miles. This well. All but one of our girls and was her first time in the state meet boys runners will be back next and only her second race of the season. She ran in the regional the week before but, until that time, ship with 39 points, followed by she was a member of the Lady

The other three Lady Husky Valley, 89; Tribune, 103; runners have competed in the Wakefield, 108; Lawrence- state meet previously and all betalot of people. You run along ways Bishop Seabury, 126; Northern tered their state meet times of a

year ago.

Sophomore Amanda Hopkins placed 52nd and 33rd among team runners in 15:38.74. Junior Jessie Redeker placed 72nd and 53rd among team run-

ners in 17:16.75. Junior Jena Jessup was 79th and 60th among team runners with a time of 18:59.02.

"All of our girls ran hard and will be back next year," said Coach Lowry.

Montezuma-South Gray won the boys championship with 36 points, followed by Deerfield, 46;

Pike Valley, 64; Tribune, 78; 75th and 56th among team runners Brewster, 101; Goessel, 105; in 21:16.97. Hanover, 109; Pretty Prairie, 130; Mankato, 135; Grainfield, 161; Stafford, 172; Northern Valley, 204.

Sophomore Bryce Marble had the best Husky boys' time. He finished 54th and 37th among team Lowry. runners in 20:01.54 for the three miles.

Casey Dole, the only senior on the Northern Valley team, placed 70th and 51st among team runners in 20:51.52.

Sophomore Blake Johnson was

Completing the Husky team was freshman Stanton Nelson who finished 80th and 60th among team runners in 21:51.62.

"It was the first time ever for our boys runners," said Coach

"It was a good experience for them and will help them for next year. We will lose Casey since he is a senior. Casey, Bryce and Blake are members of the football team so were doing double duty."

## Northern Valley defeats Natoma in last district game

Huskies rack up 631 yards



kick-offs for 557 yards. Kick-off returns were made by Kersch, 5 for 76 yards; Kinderknecht, 1 for 34 yards; and Thalheim, 2 for 24 yards.

Copper led tackles with 13 solos and 2 assists. He was followed by Lowry, 6-2; Thalheim, 5-3; Kersch, 5-2; Kinderknecht, 4-1; Braden Kersch, 4-0; Andrew Sheley, 3-3; Zac Miller, 2-1; Nathaniel Graham, 2-1; Hammond, 2-0; Nelson, 1-2; and Tanner Jessup, 1-0. Northern Valley will travel to Sharon Springs where they will play Weskan in the Bi-District game tonight. Kick-off is set for 7 p.m.

It was a back-and-forth game at first but Northern Valley High took the lead in the second quarter and beat Natoma 88-66 in the Huskies' last District football game Thursday night.

Joey Copper put 6 on the board for Northern Valley with 10:44 showing in the first quarter on a seven-yard run. About a minute later, Natoma evened the score on a six-yard pass from Jason Crawford to Jared Schamberger.

Copper tallied another 6 for the Huskies at 8:22 on a 28-yard run. But, Natoma got a 2-point lead when Crawford passed 10 to Cody Dunlap with 5:28 showing. Crawford passed to C.J. Lawson for the conversion.

Copper made a third touchdown on an 18-yard run and then ran in the extra points. Then, with 2:01 left in the quarter, Natoma regained the lead on a 25-yard pass from Crawford to Lawson. Crawford passed to Dunlap for the points after, making the score 22-

With 10:16 showing in the second quarter, Avery Thalheim ran five for a Husky touchdown and then ran in the conversion. Natoma evened the score on a 75-yard kick-return 11 seconds later.

At 7:18, Clarke Nelson gave Northern Valley the lead on a 35yard run. Then, less than two minutes later, he was back in the end zone for another touchdown on a 16-yard run. Nelson ran in the points after on the second score.

With 3:09 left in the half, Natoma tried to close the gap with Crawford passing 10 yards to Dunlap for a touchdown, but the Huskies kept the lead 42-34.

Three minutes into the third quarter, Nelson rushed 14 to score. The conversion was good, giving the green team a 50-34 lead.

With 7:13 showing, Crawford made 6 more for Natoma on a 10yard run.

Nelson put the ball in the end

Joey Copper runs a keeper for the Huskies in the game Andrew Sheley and Avery Thalheim. Northern Valley against Natoma last Thursday. Copper ran for 245 yards won the high scoring matchup, 88-66. on 25 carries. Clearing the way for Copper are No. 64

Telegram photo by Susie Marble

Game Statistics			
	N. Va	lley	Natoma
	21	First Downs	14
	628	Yards Rushing	153
	3	Yards Passing	371
	631	Total Yards	524
	1-1	Passes Compl.	27-56
	4-32	Penalties	6-35
	0-0	Fumbles	2-0
	0-0	Punts 1	blocked



zone with 3:32 left on a 13-yard run. Copper passed to Nelson for the extra points. Then, with 1:17 left, Copper rushed 17-yards for another Husky touchdown.

Seven seconds into the fourth, Natoma's Crawford ran four to score. Less than a minute later, he was back in the end zone on a 14yard run for another 6.

Seven seconds after that, Cole Kinderknecht made a 34-yard kick-return for Northern Valley. Nelson ran in the extra points.

At 9:25, Copper ran 12 into the end zone. With Nelson running in the points after, the Huskies had an 80-52 lead.

About a minute and a half later, Crawford threw the ball 22 yards to Tyler Masters for a touchdown. Crawford passed to Masters for the extra points.

With 5:01 left, Nelson rushed

seven yards for the final Husky touchdown. Cody Lowry ran in the conversion, giving the green team 88 points.

With 1:12 left Natoma made a last-ditch effort, scoring on an 11yard run from Adam Zeigler. The pass for extra points failed, leaving the tally 88-66 in the Huskies' favor.

"This was a wild, wild football game," said Coach Chuck Fessenden. "We were able to run the ball very effectively. They had a lot of success passing.

"We played error free football and that turned out to be the difference in the game. We had no turnovers and we were able to intercept three passes.

"Our next game will be against Weskan Tuesday at 7 p.m. in Sharon Springs.'

Nelson and Copper led rushing for Northern Valley. Nelson had 300 yards on 38 carries, while Copper had 245 yards on 25 carries. Also rushing were Thalheim, 79 yards on 12 carries, and Lowry, 3 yards on 1 carry.

Copper completed his only pass for 3 yards. Nelson received.

Lowry, Copper and Richie Kersch each made a pass interception.

Patrick Hammond made 13

**Norton County Wellness Fair** 

"A Wealth of Resources to Better Your Health"

## Wednesday, November 2, 2005 – 4-8 P.M. National Guard Armory, Norton, KS—Free Admission

Come and join us for an interactive health and wellness fair for adults of all ages. Here's just a few of the things you can experience:

• Free Blood Pressure and Oxygen Checks • Flu Shots (if available) and Tetanus Boosters

•Bone Density Screenings •Tips for Fitness, Flexibility, and Weight Loss

•New Information on Anti-Oxidants and Nutrition •Free Hand Massage

• Stroke Identification Tips • Oral Health and Tooth Brushing Techniques Tips on Managing Stress
Addiction Self-Test

• Motorized Wheelchairs, Scooters, and Therapeutic Shoes for Diabetics

Every aspect of health and wellness will be covered including physical, emotional, social, psychological and spiritual

## Exhibitors Attending and Available to Share Information About Their Products and Services Are:

•B & B Sales •Big Brothers/Big Sisters •Body Works Massage Therapy •Colby Community College-Dental Hygiene • Crow Chiropractic • DSNWK • High Plains Mental Health Center • Hospice Services Inc. •Kansas National Guard •K-State Research and Extension •Family Nutrition Program •K-State Research and Extension-Norton County •LINK •Masters Touch Fitness and Massage •Men's and Women's Fitness For Life • Northwest Kansas Area Agency on Aging • Norton Cares • Norton County Hospital •Norton County EMS •Norton County Farm Bureau •Norton County Health Department •Norton County Sheriff •Norton Ministerial Alliance •Norton Manor •Norton Public Transportation • Osteoporosis Services Inc. • Pamida • Prairie Wind Eye Care • PRN Home Health Regional prevention Center-Hays
Smoky Hill Foundation
Valley Hope Association
Waddell Reed-Kathy Zimmerman • Western Kansas Talking Books • West Region SRS

## Lunch Stand Provided by the Norton Senior Center

For More Information Contact the Norton County Health Department at 877-5745 or the Norton County Extension office at 877-5755