Farmer dies after accident

Norton County farmer Paul Howell died Friday as the result of an accident.

Shortly after lunch, Mr. Howell rode his three-wheeler to get the mail. No one saw the accident, but it is thought he lost control of the vehicle as he came around a windbreak close to his house and went off a steep embankment.

It is also believed the vehicle landed on top of Mr. Howell because he suffered several broken ribs and a broken jaw.

Karman Keith, Yuma, Colo., and her 7-month old son, Tucker, who were visiting her in-laws, Ed and Linda Keith, were driving by when she saw the three-wheeler. She stopped to offer assistance.

Initially, he said he was fine, but Mrs. Keith insisted they get his wife, Pat, who was in the house and unaware of the accident, so she drove him to the house.

Mrs. Keith drove the Howells to the Norton County Hospital after they had alerted the medical staff of Mr. Howell's injuries.

He was evaluated and stabilized at the hospital before being flown to the Kearney Medical Center. He died enroute.

Mr. Howell's obituary appears on Page 2 of today's edition.



Tuesday, November 22, 2005

THE NORTON TELEGRAM

Keep safety first in Thanksgiving turkey cooking

Here are some tips to help make your turkey-cooking experience easier, based on questions frequently asked during the holidays.

Keep in mind the importance of food safety before preparing any turkey. Remember to wash hands thoroughly with soap and water and then rinse before beginning any food preparation. Hands that have been in contact with any raw food (especially turkey), as well as all utensils, equipment, and countertops, should be washed thoroughly before preparing other foods. Raw poultry can carry bacteria.

When buying turkey, allow one pound per person. Choose the type of turkey that best meets your needs. Frozen turkeys are flash frozen to 0 degrees Fahrenheit or below. They can be purchased in advance whenever it is convenient, or when they are on sale.

The best way to thaw a turkey is in the refrigerator, allowing one day for each 5 pounds of whole turkey. If you don't have the time or refrigerator space, you may thaw the bird in COLD water, in the original wrapping. Allow 30 minutes per pound using this within two hours of cooking. Why method. The water should be just two hours? Because bacteria changed every 30 minutes.

When cooking, place the turkey breast-side-up on a rack in a shallow roasting pan. Roast the thawed turkey in a 325-degree oven. Refer to the timetable for roasting a whole bird. For safety and doneness, use a meat thermometer even if the bird has a pop-up temperature indicator. The bird is done Sheridan, and Trego counties. when the thermometer reaches Call her at 785-443-3663 or e-180 degrees in the innermost part mail twatts@oznet.ksu.edu. For of the thigh. The thermometer more information, contact the should reach 170 degrees in the county extension office, 877-5755.

Home ed Tranda Watts, Extension specialist



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breast, and juices should be clear.

Experts say stuffing should be cooked outside the bird, in a casserole dish or on the stove top. If you do stuff the bird, stuff the body and neck cavities loosely to allow for expansion of the stuffing. Use a meat thermometer and make sure the center of the stuffing reaches 165 degrees.

A roasted turkey should never be carved immediately. Allow it to rest for 20 minutes to let the juices settle and redistribute. The meat will be easier to carve, and more tender and flavorful.

It is important to handle cooked turkey correctly. Remove any stuffing and debone the turkey before storing, putting all leftovers in shallow containers.

Refrigerate or freeze leftovers that cause food poisoning can multiply on food left at room temperature longer than that. Use leftover cooked turkey and stuffing within three to four days.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove,

Norton man pleads not guilty to sex crimes

pleaded not guilty to three charges and a fine of up to \$2,500, while ance Monday morning in front of carries a jail sentence of up to six Judge Deb Anderson.

Judge Anderson said the three if convicted. charges were two counts of sexual lascivious behavior. Each count of sexual battery, she said, which is on July 19 and Aug. 5 and the dea class A misdemeanor, carries a fendant exposed himself on July

A Norton County farmer jail sentence of up to 12 months 19. of sexual misconduct with an un- the count of lewd and lascivious derage boy in his second appear- behavior, a class B misdemeanor, months and a fine of up to \$1,500

The Norton Public Library held vited.

a pajama party last Monday night

in the community room to cel-

Nov. 14 to 20.

The charges stem from accusabattery and one county of lewd and tions made by a Norton boy, who said he was touched by Jay Holste

PRIDE honors Almena, students

Almena is known as a commution

After a suggested December trial date, Mr. Williams said he was time and asked that the date be set the jury trial. in mid-February. He said the de-

Calvin Williams of Colby, and Assistant County Attorney Doug Sebelius agreed that the trial day

time". He said he already has jury trials set up in January and that holding Mr. Holste's trial in midshouldn't take more than one February would allow them to do some follow-up and continue talking with Mr. Sebelius.

The lawyers and judge decided busy with another jury trial at that on 10 a.m. Thursday, Feb. 16, for

Both Mr. Holste's attorney,

You make your deposits here,



fense is "going to be doing some things that will be taking some

brarian Mary Luehrs read more

books and helped the children with

parents were there to hear Sheriff a craft project. Like all good p.j. parties, the ebrate Children's Book Week, Troy Thomson read, No Matter What by Debi Gliori. Cindy children enjoyed cookies and milk The emphasis was on children Mordecai led action songs while for refreshments. up to 6, but all children were in- Pam Engelbert and children's li-

Enjoying their milk and cookies at a pajama party at Norton Public Library were from left to right: Emma Krehbiel, Hadley Hauser, Jonah Ruder, and Tessa Hauser. - Photo by Pam Engelbert

Library celebrates reading with party

About 25 youngsters and 20

Since 1992, the Almena Community PRIDE has worked to coordinate the efforts of organizations and individuals to work on community projects.

Sunday, the community was recognized by the Kansas State Chamber of Commerce when it was presented a City of Excellence Award and a Blue Ribbon Award in a ceremony at the Almena Community Center.

An outstanding achievement during this year was the completion of an all-weather restroom at the city roadside park. Since the park's renovation, it has become highly utilized by disc golfers, picnickers and travelers.

Many volunteers helped with raising money, making plans and gathering supplies. With inmates from Norton Correctional Facility supplying the labor force, the of Commerce, City of Almena and Norton County all pitched in to cover the expenses.

Other improvements at the park include walking trails.

Two young people from the serves as a role model to younger Almena community received children.

Joey Copper Jena Jessup

awards at the ceremony Sunday. Jena Jessup received an honorable mention in the Youth Community Service category for her service in 4-H, FFA and Student Council. Miss Jessup took a leadership role in several community projects including painting benches in the downtown area, putting up Christmas lights and decorations and working on an information board for the roadside park. She helped with a community survey by compiling the information that was received.

Joey Copper also earned an hon-PRIDE committee, the Chamber orable mention in the PRIDE Youth Leadership section. He took a leadership role by helping his class members finish community projects. He also takes part in Big Brothers Big Sisters where he

Club donates money to hurricane victims' relief

The November meeting of the possible through the international Beta Alpha Chapter of Delta organization. The chapter will also Kappa Gamma International was continue the literacy project with held Nov. 7 at the home of Pam books and magazines at the Menagh. Co-hostesses were Doctor's Clinic and the Norton Elvina McLallen, Nan Smith and Margaret Wetter.

Belinda Thalheim, president, conducted the business meeting. The chapter made a donation to Phi State of Delta Kappa Gamma International to be used for members who were in need after hurricanes destroyed their homes and

County Hospital. The public is encouraged to chose reading material and may take it with them.

At this meeting, a silent auction was held to support a scholarship fund the chapter provides to education majors in their junior or senior year of college.

The next meeting will be at 6:30 property. This is a benefit made p.m., Dec. 5 at Town and Country.

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