Someone to just 'pal' around with



It's good to have an older pal when you're in grade which matches high school FFA students with elschool and thanks to an FFA program, several ementary youngster to, hopefully, help them develop Eisenhower Elementary students have a high school their social skills and get them excited about school. mentor. The students, younger and older, are taking In Norton, several of the younger PALS participants part in Partners in Active Learning Support or PALS, huddle up with their older counterparts. a mentoring program sponsored by the National FFA,

- Telegram photo by Charlotte Stephenson

Playing helps children to develop needed skills

By KAREN BEERY

Play is an essential part of child development, helping to build communication and social skills, aesthetic appreciation, creativity and problem solving. Board games help children and youth learn the basic skills of getting along with others, following rules, and sportsmanship, including learning how to be a gracious loser. Outdoor play adds the elements of fresh air and exercise. There is some concern now days that too much TV watching, video games,

and computer time is reducing be prone to obesity. An inability to and pull toy cars, while at the same children's time for the kind of play that is needed for good cognitive ioral instability, unhappiness and development and social skills.

brain and muscle fiber development, in the creation and development of consciousness, and the nents of healthy adulthood. ability to think reflectively. Such studies also contend that children needed playtime for children? who are deprived of play are more Play needs to begin in infancy with likely to exhibit aggressive and simple toys and interactions. Todantisocial behaviors, and tend to dlers can be taught to stack blocks

engage in play can result in behavlack of mental well-being in chil-There are studies that indicate dren. The impact and experience that play is a significant factor, of play is long-term; following particularly from birth to age 8, in rules, getting along with others, and learning to deal with disappointment are necessary compo-

So what can parents do t insure

time learning to share with others, and how to try, try again when things don't go as expected. As children get older, parents need to encourage participation in play activities in addition to computer and video games, such as card and board games, back yard/neighborhood sports, as well as supervised recreational sports.

Mail questions to: High Plains Mental Health Center, 208 East 7th, Hays, Kan. 67601.



Company expands into northcentral Kansas

northcentral Kansas.

purchase agreement with Sprint, these communities to pursue ecothe area's local service provider, to nomic development opportuniacquire more than 5,400 access ties," he said. lines in 12 exchanges: Burr Oak, Courtland, Esbon, Downs, Ionia, Lebanon, Luray, Osborne, Paradise, Republic, Russell and Webber. The new service areas additionally include the communities of Bellaire, Bloomington, Bunker Hill, Corinth, Fairport, North Branch, Otego and Portis. Rural Telephone presently serves approximately 10,000 customer access lines in 15 northwest Kansas counties. Rural Telephone is a bundle of communications sermember-owned and locally operated company since 1951.

able to offer advanced telecommunications services to these communities," said Larry E. Sevier, CEO of Rural Telephone and its wholly-owned subsidiary, Nex-Tech.

take pride in providing state-ofthe-art, fiber-based telecommunications and broadband services to

LENORA - Rural Telephone our customers. We will expand our Service Co., Inc. is expanding its long-standing commitment to deservice area. The expansion will ploy leading-edge technology in encompass 20 communities in the communities we serve, offering advanced services to homes Rural Telephone negotiated a and businesses as we help position

Rural Telephone's purchase of these 12 exchanges is subject to state and federal regulatory approval, with finalization expected in late 2006. At that time, all existing Sprint local service accounts in these exchanges should be transferred automatically and seamlessly to the Rural Telephone system, with no requirement for additional customer action.

"We plan to offer an attractive vices: voice, to include local, long distance and custom calling fea-We are extremely pleased to be tures; high-speed Internet access; and video services, as well as the convenience of having all services on one bill," said Sevier.

"We look forward to closing this transaction. Engineering and construction for improved services "Rural Telephone/Nex-Tech will begin following closing and will be ongoing for several years.," he said.

Longtime employee honored for service

LENORA — After nearly four is retiring from from Rural Telephone.

His retirement took effect March 1. Fittingly, he received the prestigious Key Employee Award from the National Telecommuni- and ten years as construction forecations Cooperative Association man. By 1986, he had been proon Feb. 8 at the association's win- moted to outside plant supervisor, ter convention in San Diego, Calif.

"I am very pleased that Rod was selected for this very prestigious national award," said CEO/General Manager Larry Sevier. "Rod is a rare individual that has the unique ability to use a common sense approach to getting the job done. This has made him a very valuable asset to our organization throughout his career."

association recognizes Mr. interactive educational network, Wallgren's dedication and his in-recruited a successful strumental role in the success and telemarketing firm to Rural continual growth and develop- Telephone's Victoria exchange, ment of Rural Telephone as a creating nearly 100 jobs in the model telecommunications cooperative and industry leader, said Mr. Sevier. "It's been a great place to spend the last 36 years," said Mr. Wallgren. "I've seen a lot of change, from keeping magneto systems running, the conversion to dial service and now IP switching. I've seen more change in the last The company launched its awardfive years at Rural Telephone than in the first thirty." 'got off the ground literally,' as a tree trimmer in Rural Telephone's Plant Department in August of lowing his retirement, but wish 1969. In the ensuing years, he has him the best of luck," Mr. Sevier been 'working his way down the ladder' toward his current position company is a rarity in any organias director of community rela- zation today." tions/customer service.

Early in his career, Mr. Wallgren decades of service, Rod Wallgren was instrumental in converting telephone service in the region from magneto, to multi-party lines, to single party lines. He worked one year as a construction assistant, five years as a lineman, overseeing the cooperative's conversion to one party service with 100 percent buried plant.

Three years later, he was named public relations/marketing manager, charged with the task of creating a new department and making Rural Telephone a pioneer of marketing in the rural independent telecommunications industry. For the past 15 years, Mr. Wallgren has helped negotiate the creation of The award from the national Kansas' first full-motion two-way

campaign for office

Siblings

Lucas Maddy and his sister, Katie Maddy, may be making history at Kansas State University.

It is believed they are the first sibling team to campaign for the offices of student body president and vice president in the history of the school.

The two learned of their victory in the primary election Wednesday night. Mr. Maddy said, "I told everyone here (at the Maddy's watch party) that we would need at least 1,200 votes to get past the priamries, but this just shows how well-qualified all the candidates were.'

He is a senior in agricultural technology management. Miss Maddy is a junior in animal science and industry. She said, "We don't want students and the university to see the community as something they have to deal with, but as an asset." She said she and her brother will make it their goal to be a voice for students.

The general election will start today and run through 6 p.m. Wednesday. The results will be known shortly after the polls close. The Maddys are running against Matt King and Emily Besler.



Lucas Maddy and his sister, Katie Maddy, stood together, after making it through the primariy election, as the first sibling team to campaign in the general election at Kansas State University for the offices of student body president and vice president. - Photo courtesy of the Kansas State Collegian

of respect for them and their ideas. They're not our ideas, but they're good ideas."

The Maddys are the children of Miss Maddy said, "We have a lot Dave and Patsy Maddy, Norton.

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community and more than 2-million minutes of toll annually for the cooperative.

Under his leadership Rural Telephone, in 1991, earned both the Marketing Achievement and Public Relation Achievement awards from the National Telecommunications Cooperative Association. winning customer newsletter and developed a series of school pro-Mr. Wallgren's telephony career grams designed to market to the next generation of customers.

"We will certainly miss Rod folsaid. "Working 36 years for one



PUBLIC NOTICE

The Housing Authority of the City of Norton has developed its Agency Plan for Fiscal Year 2006 in compliance with the Quality Housing and Work Responsibility Act of 1998. It is available for review at the Authority's office located on 213 Horace Greeley Avenue, Norton, KS 67654. The Authority's hours of operation are Monday thru Friday between the hours of 8:00 a.m. and 3:00 p.m. In addition, a public hearing will be held on May 9, 2006 at the Authority's office at 5:00 p.m. Everyone is invited.