

Northern Valley High School held their National Honor Society induction on April 26 in the Almena lunch room. From left, Kelli Cole, Andrea Lowry, Jessica Holmes (hidden), Henry Griffiths, Jena Jessup, Melody Miller, Ashley

Kingham and Abigail Ponstein lit candles (above) during the candle lighting ceremony. Robbie Griffiths gave a pin (below) to newly inducted member, Jena Jessup.

— Telegram photos by Susie Marble

Honor society inducts new Husky members

The Northern Valley Chapter of National Honor Society held its induction on April 26. Eight new members were inducted during the formal ceremony. Guests included family, friends and staff members.

New members include Kelli Cole, daughter of Jim and Monica Cole, Long Island. Kelli's activities have included volleyball, basketball, track, student council, KAYs, forensics, scholar's bowl, band, vocal and leadership. She is also in Catholic Youth Organization, Cedar Ridge 4-H Club, and she participates in the Big Brothers Big Sisters program.

Henry Griffiths is the son of Scott and Robbie Griffiths, Long Island. His activities have included football, basketball, track, student council, vocal, band and leadership. He also participates in Big Brothers Big Sisters.

Jessica Holmes is the daughter of Bill and Jo Holmes of Norton. She has been active in volleyball, basketball, dance, KAYs, student council, leadership, yearbook, vocal and band. She has also participated in Big Brothers Big Sisters and Junior Pride.

Jena Jessup is the daughter of

Monte and Kim Jessup of Almena. Jena has been active in volleyball, cross-country, basketball, track, student council, KAYs, FFA, forensics, leadership, band and yearbook. She has also participated in Junior Pride, Cedar Ridge 4-H Club, Big Brothers Big Sisters and Church of God Youth Group.

Ashley Kingham is the daughter of Norman and Marjorie Kingham of Almena. Ashley has been active in KAYs, FFA, forensics, vocal and band. She has also participated in Teens For Christ and Big Brothers Big Sisters.

Andrea Lowry is the daughter of Bill and Susan Lowry of Almena. She has participated in volleyball, basketball, track, cheerleading, band, vocal, student council, forensics and yearbook. She has also been active in Cedar Ridge 4-H Club, KAYs and Junior Pride.

Melody Miller is the daughter of Ron and Joyce Miller of Almena. Melody has participated in KAYs, forensics, vocal and band. She has also been active in big Brothers Big Sisters and Teens For Christ.

Abbie Ponstein is the daughter of Harlan and Beth Ponstein of



Long Island. Abbie is active in KAYs, student council, vocal and band. She is also active in Teens For Christ and her church's youth group.

Senior members of National

Honor Society are Joey Copper, Cole Kinderknecht, Clarke Nelson, Avery Thalheim, Serena Woodside and Emily Zillinger.

The group's advisor is Robbie Griffiths.

There is a lot to do to get ready for the canning season

Spring is the time to get ready for canning the potential bumper crop of fruits and vegetables in the coming months. Here's a quick checklist to get ready for canning:

- For canning vegetables and meat, a pressure canner must be used. Dial gauges must be tested yearly for accuracy. Contact your local Extension Office for easy testing. Testing can be done when Tranda Watts, Multi-County Extension Specialist, is in the office.
- Replace the rubber gasket on pressure canners if cracked, sticky, or brittle. It should be soft and pliable.
- Inventory jars. Check them for chips and cracks and discard them or use them for non-food purposes.
- Buy new lids. Never use previously used lids. It is best to buy enough lids for each canning season for best results.
- Inspect signs for dents, rust or if they are bent. Rings can be reused if in good condition.
- Use up-to-date recipes. Using old recipes can lead to improperly canned foods and food borne illness. Check at your local K-State

Home ed
Tranda Watts,
Extension
specialist



Research and Extension Office for up-to-date canning recipes.

- When ready to can, read through recipes to be sure all ingredients and equipment are available.

Happy canning!

If you have further questions about food preservation, contact your local K-State Research and Extension Office or e-mail: twatts@oznet.ksu.edu.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 877-5755.

Delegation to meet with World Trade Organization

WASHINGTON, D.C. - Congressman Jerry Moran will lead a delegation of Congressional members to Geneva to meet with officials involved in the World Trade Organization's (WTO) Doha round of negotiations. Rep. Moran is the Chairman of the Subcommittee on General Farm Commodities and Risk Management and will be traveling on behalf of the House Committee on Agriculture. The Subcommittee Chairman will represent the interests of U.S. agriculture in discussions with various international trade officials and representatives regarding progress in the ongoing trade talks.

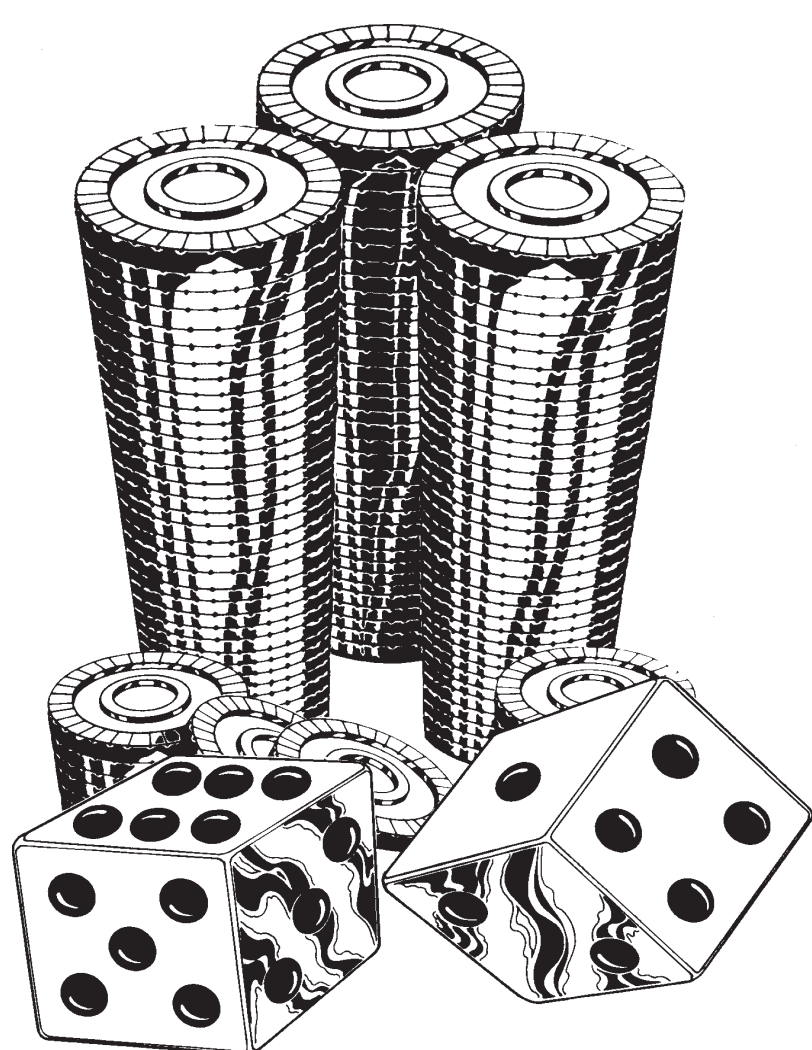
"I am pleased that Mr. Moran will be representing American agriculture in Geneva this week. Trade is vital to our producers as one in three U.S. farm acres is planted for export and 25 percent of gross farm income comes directly from exports. The House Committee on Agriculture has paid close attention to the WTO trade talks and we would like to

see some progress; however, we need to see increased market access and tariff reductions for our producers before we can accept any trade agreement," said Chairman Bob Goodlatte.

"The ability to sell our products around the world is vital to the success of America's farmers and ranchers," Mr. Moran said. "We want to make this message clear in Geneva when we talk to trade officials and representatives from countries that have an interest in these negotiations."

The delegation will meet with top U.S. and WTO officials involved in the negotiations, as well as representatives from six continents to discuss general progress on opening markets for U.S. producers and reducing trade barriers. In early March, the House Committee on Agriculture met with Secretary of Agriculture Mike Johanns and U.S. Trade Representative Rob Portman to discuss the state of the negotiations following the WTO Ministerial in Hong Kong in December.

Five Men Gambled and Lost!



Five Men Make Five Mistakes:

One man struck a match to see if the gasoline tank in his car was empty.

It wasn't.

One man patted a strange bulldog on the head to see if it was affectionate.

It wasn't.

One man speeded up to see if he could beat the train to the crossing.

He didn't.

One man touched an electric wire to see if it was dead.

It wasn't.

One man cut down on his advertising to see if he could save money.

He didn't.

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It Pays!!**

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