

New state maps easier to read, user friendly

Whether it's the scenic Flint Hills, towns filled with Old West fun, metropolitan areas packed with activities or the many other unique places across the state, the new 2007-2008 Official State Transportation Map will help you discover Kansas.

"Our state map provides valuable information whether it is used to guide travelers or used as a tool to learn more about the state," said Kansas Secretary of Transportation Deb Miller. "The map is one of the state's promotional items and it gets distributed far and wide, both inside and outside of the state."

The Kansas Department of Transportation (KDOT) works with several state agencies to create the map.

More than one million copies will be distributed in Kansas and across the United States in the next two years.

In addition to the basic state map on one side and city insets on the other are bright photos illustrating various places throughout

Kansas and listings of recreation areas, museums, cities, counties, new state safety laws, access to road condition information and other helpful resources.

Changes have been made to make the map easier to read. Cities, points of interest and exit numbers on the state map have a white outline to help separate the text from the background.

New hospital and Amtrak symbols were also added.

Numerous other updates have been made to the map to make it more user friendly.

"We are continuously looking for ways to improve the state map," said Brian Logan, Chief Cartographer for KDOT. "Our goal is to make it an excellent source of information that can be used by everyone."

Maps are available at Kansas Travel Centers, at KDOT Headquarters and District offices and at various hotels, attractions and other locations across the state.

AMBER alerts free to wireless customers

Nex-Tech Wireless announced that their customers may choose to receive AMBER Alerts, via free text messages, on their wireless devices. Nex-Tech Wireless joins carriers across the nation, law enforcement agencies and the National Center for Missing and Exploited Children to assist in the recovery of the alarming number of children being abducted.

Nex-Tech Wireless customers that opt in for the service will receive a text message with a description of the missing child and www.wirelessamberalerts.org or by visiting www.nex-techwireless.com. A customer then selects zip codes that correspond to their area. They

will in turn receive AMBER Alerts for the geographical region they designated. There is no charge to sign up for the alerts and customers will not be charged when alerts are sent to their wireless phone.

"When you see statistics of the number of children abducted each year and that the first three hours are the most critical to recovering a child alive, the partnership with the wireless industry is a natural fit," Nex-Tech Wireless Chief Executive Officer and General Manager Johnnie Johnson stated. "We are a mobile society and with the utilization of wireless phones to communicate AMBER Alerts we hope to see the number of children recovered increase."

PUBLIC RECORD

Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. The traffic and criminal cases were given to the paper with the date of the hearings.

Traffic

Sept. 23 — Brady Linner, Norton, four counts. 1. Duty to report accident 2. Duty upon striking unattended property 3. Basic speed 4. Minor in possession. Fines on: 1. \$250 2. \$250 3. \$60 4. \$500. 30 days suspension, \$150 ADSAP, 30 days jail, suspended to serving 48 hours New Year's. Probation and fines to be paid in full by July 1. \$10 witness fee. Reimbursement for damaged stop sign.

Dec. 17 — Stephen Mizell, Norton, no proof of insurance. Dismised, proof shown.

Dec. 1 — Daniel Eagleburger, Norton, Driving while suspended. Fined \$100, court costs, \$70. License reinstated Dec. 12.

Animal Shelter

For Adoption

Female Labrador mix 1 year. Male Shepherd mix, 8 weeks. Male Patterdales, 12 weeks old. Female boxer mix, 3 years. Female miniature blue heeler, 1 year. Female, domestic long-haired cat, 1-2 years.

Found

Male, neutered beagle with red collar.

CORRECTION

In the Norton football banquet story in the December 26 issue of the *Norton Telegram*, it was stated that Blake VanEaton received the "Most Inspirational Player" award for an unprecedented second year in a row. This was a reporter's error. Kale Mann also received the award following the 1995 and 1996 seasons. Congratulations to both of these outstanding young

men for twice receiving this most prestigious of all football awards.

☆☆☆☆
The Norton Telegram will correct or clarify anything that is wrong in a news story. Call our office at 877-3361 to report errors. We believe news stories should be fair and factual, and want you to tell us about any failure to live up to this standard.

Smoky Hills television celebrates 25 years with community events

Smoky Hills Public Television is celebrating its twenty-fifth year of broadcasting.

Lawrence Holden, General Manager and Chief Executive Officer, said, "A new year, and thoughts of the future are mixed with a year of celebration. Our board, made up of citizens from all parts of central and western Kansas, is embarked on a six-month long range strategic planning initiative, funded in part by a grant from the Corporation for Public Broadcasting. It will guide our future as an important institution helping make Kansas a better place to live and work."

Mr. Holden said the celebrations for the station's anniversary will begin in February.

The first event will be a benefit/pledge program. It will be broadcast Saturday, Feb. 17 at the newly-reopened Fox Theater in

Hays. Headlining the show will be Jimmy Dee and his band.

Throughout the spring, summer and fall, Smoky Hills will be traveling to all parts of the state for community celebrations.

Mr. Holden is asking local communities to contact Malinda Walker at the station if you are interested in hosting an event. Her number is 785-483-6990.

In May, a bus trip to Branson, Mo., is planned. One of many entertainers the tour will see is the popular Irish tenor, Daniel O'Donnell.

To follow the schedule for the anniversary celebrations go to the station's website: www.pbs.org/shptv.

Introducing new foods to children a challenge

Every parent has heard stories of children and food issues, and many parents can attest to family food struggles. It's likely that the "terrible twos" reputation of toddler time has at least a little to do with parent versus child feeding struggles.

When it comes to introducing new foods to children, parents will benefit from the "re"actions that are so important to successful child feeding: RE-lax, RE-offer a new food several times to overcome a young child's fear of all things new, and remember the Division of RE-sponsibility in Feeding a child. According to some experts, it is the parents' job to decide when and where a meal or snack is offered and what foods are offered. It is the child's responsibility to decide how much he wants to eat, or if she wants to eat at all.

What's the best way to help young children learn to like new foods? Enjoy a variety of foods yourself, and RE-peat these surefire tips to yourself: relax at mealtime, re-offer a new food again calmly in a few days if it isn't accepted today. Remember the Division of Responsibility in Feeding. The importance of positive feeding experiences for children is underlined by the fact that children learn from feeding what to expect from the world. It teaches them about themselves and about other people.

Here are further tips for coping with children as they learn to eat well:

• Recognize the importance of family meals. Eating together on a routine basis contributes to good nutrition, improved communication and

Home ed Tranda Watts, Extension specialist



stronger family bonds. • Prepare foods in a variety of ways. For instance, if your child picks at her salad every night, try serving a hot vegetable such as petite peas or green beans with blanched almonds.

• Encourage your child to drink water when thirsty. When kids fill up on sweetened beverages such as soda pop or other sweetened drinks, they can lose their appetite for more nutritious choices.

• For many kids, a daily children's multivitamin/mineral supplement is a good idea. Supplements are especially appropriate for children who refuse to eat entire categories of foods, such as vegetables or dairy products.

• Catch kids when they are hungry. After school and before bed are times when kids often have the biggest appetite. Make sure there are plenty of healthy snack choices available for these times.

If you have further questions about children and eating, contact your local K- State Research and Extension Office.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 877-5755.

MARKETS

At close of business Jan. 4	
Wheat	\$4.29
Milo	\$3.28
Corn	\$3.42
Soybeans	\$5.92

Weddings, funerals, engagements, and births. You'll find it all in...

THE NORTON TELEGRAM

Have a story idea? Call 877-3361 and let us know ... we'd love to hear about it!

Jan. 5-10

Showing at the **NORTON THEATRE**

NIGHT AT THE MUSEUM
(Premiere) 1 Hour, 48 Minutes — (PG)
\$7.00 for Adults; \$6.00 for Children 12 and Under
Show Times: Friday and Saturday: 8 p.m.
Sunday: 5 p.m.; Mon., Tues., Wed.: 7 p.m.

CASINO ROYALE
2 Hour, 24 Minutes — (PG-13)
GENERAL ADMISSION:
\$6.00 for Adults
\$5.00 for Children 12 and Under

POPcorn

Let's go to the Movie

Passes Accepted for Casino Royale
No Passes for Night at the Museum

Carol K. Ross is having a **BIG BIRTHDAY** Friday, January 5

A Card or Phone Shower is Requested by Her Family

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Almena, KS 67622
or Phone 785-854-7882

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Less than 6 Mo. would be \$15 per month

ELSEWHERE IN US:
1 Year \$76.00
6 Months \$42.00
Student (9 Mo.) \$57.00
Less than 6 Mo. would be \$15 per month

TAX IS INCLUDED

Retirement Party

Please join Norton County Commission on Monday, January 8 in honoring

Dean Kruse

for his years of service as Norton County Commissioner

The reception will be held from 10:00 a.m. through 12:00 noon on the second floor of the Norton County Courthouse

Public Invited — Come And Go