

Severns/Wetzler family meet Aug. 4 in Almena

Thirty-seven members of the Severns/Wetzler families gathered for their annual family reunion on Aug. 4 at the Almena Community Center.

Wilmer Severns gave the invocation before a carry-in dinner was enjoyed by all at noon.

Margaret Leonard showed a quilt she had made featuring all the bowl games Kansas State University has played in. She had cut the squares from sweatshirts purchased at the bowl games. After sewing everything together, she had a professional quilter do the quilting. It made for a very interesting and beautiful quilt.

Tom Melroy presented the financial report. This was followed by a family statistics report with the births, marriages and deaths from the past year. **Births (2006):** Gracie May Guyette, Aug. 21; Salvatore Koose, Sept. 4; Kate Virginia Marley, Sept. 15; Luke Gregory Watkins, Oct. 8; **(2007)** Reese Alexandra Nelson, Jan. 3; April Rae Weinzierl, May 24; Nevaeh Lynn Booker, June 14; Caleb Flory Jr., June 16. **Marriages (2006):** Kari Amish Bland to Jonathan Perry Christensen, Sept. 3; **(2007)** Nathan Lee Hines to Hillerie, June 6; Cynthia Ann Goethals McKenna to Patrick Fay Shirley, June 9; **Deaths:** Roy Ivan White, Jr., June 17.

A report was given by all the families of the new events in their

immediate families since last year's reunion on Aug. 5. Several members had old photographs that were enjoyed and discussed for identifications. Families also updated their genealogical data.

Danny Derry is scheduled to be deployed to the Persian gulf within the next few weeks. It is not known if any other young family members are serving overseas.

Attending from the Orin and Ida (Wetzler) Severns family were: Nina Melroy, Dale and Katherine Severns, Wilmer and Juan Severns, Beth Heikes, Thomas Melroy, Norton; Patrick and Cindy Shirley and Shelbi McKenna, Norcat; Bob and Margaret Leonard, Manhattan; Jerry Severns, McPherson; Evelyn Zellmer, Hays; Lee and Dixie Green, Funk, Neb.; Gloria Egge, Shelton, Neb.; Dorothy Leuszler, Aurora, Colo.; Jim, Nan, Steven, Jamie and Kelly Anderson, Longmont, Colo.; Roger and Brandon Anderson, Sterling, Colo.; Kaliah Cooper, Estes Park, Colo.; Herb and Sue Taylor, Old Hickory, Tenn.; Cheryl O'Donnell, Bend, Ore.; Stacie O'Donnell, Bellflower, Calif.

Representing the Oscar and Agnes (Butterfield) Severns family were: Norman and Velma Severns; Dale and Betty Latta, Marysville.

The next reunion is planned for Aug. 2, 2008.

Food safety important in summertime heat

Food safety is more important in summer because microorganisms love heat. When you're cooking and eating meals outdoors and the weather warms up, take some special precautions.

First, remember the number one safety rule: keep hot foods hot and cold foods cold. Usually, that means to be sure perishable food isn't kept at room temperature (or within the "danger zone" of 40 to 140 degrees) for any longer than two hours. But if you're outdoors and temperatures reach 90 degrees or more, two hours is too long. In that heat, microorganisms can grow much more quickly, spelling trouble. On a hot summer day, food safety experts say to never let food sit out for more than one hour.

Second, remember to keep it clean. Wash your hands before handling food, and pack sanitizing wipes for your picnic or keep them in your car. If you're grilling, don't use the same plate and utensils for the cooked meat as you used for the raw. Take care that raw juices from beef, pork, poultry or other meats do not contaminate your perfectly grilled main dish.

Other tips: Be sure to cook meats to safe internal temperatures. Use a food thermometer to make sure poultry or fully cooked meats like hot dogs are heated through to 165 degrees; burgers and all cuts of pork to 160 degrees; and steaks or other cuts of beef, veal or lamb are cooked to 145 degrees for rare or 160 degrees for medium.

Treat coolers with care. Use plenty of ice and store coolers out of direct sunlight. Don't

Home ed Tranda



open them too frequently: Try storing beverages in a second cooler to avoid exposing mom's potato salad to warmer air every time you get thirsty. Also, consider making special ice to inhibit activity by adding two to four drops of bleach to a gallon of water before freezing it to keep your cooler cold.

Keep food safety in mind when shopping, too. Don't leave food in a hot trunk as you finish running errands after grocery shopping. In fact, if you shop far from home and it's an especially hot day, consider putting canned and boxed foods in your cart first, then produce, and lastly, frozen items, meats and dairy. If you have a long trip home, it wouldn't be a bad idea to store perishables in a cooler with ice or to keep them in the air-conditioned passenger area rather than the trunk.

If you have further questions related to food safety, please feel free to contact your local K-State Research and Extension Office.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 877-5755.

READERS

Edward Strickland, Equipment Operator Senior, for the Kansas Department of Transportation, was recently recognized for 20 years of service with the agency. Mr. Strickland works on the Sub-Area crew in Norton.

The Duplicate Bridge Club met Wednesday evening at the Norton Manor for their regular weekly session with three tables present. Winners were: first, Sam and Bonnie Manning; second, Duaine Stapp and Leone Purton.

— **The NCHS CLASS of 1947 is having their 60th class reunion on Friday evening, Sept. 7, with a social hour, dinner and program. Friends may visit the class after 8 p.m. at the Attitudes west dining room. 8/31**

Kevin "Turk" Lacy, Highway Maintenance Supervisor, for the Kansas Department of Transportation, was recently recognized for 20 years of service.

"Turk" is the District Bridge Crew Supervisor in Norton.

ALMENA NEWS

By ESTHER MARBLE

We lost another good friend, Julius Field, this week. Our sympathy goes out to his family. I've known Julius all my life as we were neighbors and went to school together at South Fork. He will be missed.

I was sorry to hear about Jerome Rudolph's accident as I've known him a long time. My children and some of his went to high school

together. Hope he is getting better.

Brant Marble came home to his mother's, Esther Marble, Friday afternoon and visited with his brother, Blaine, and family. Saturday he helped his uncle, Harold Shearer, with machinery and getting the swather fixed. Brant left for home Sunday after dinner. Bill Godfrey came down Saturday evening and visited with Brant.

Norcat girl will take canned goods to state fair

Katrina Wentz, daughter of Dwight and Mary Wentz of Norcat, will be among 4-H members who will be collecting canned food at the Kansas State Fair. The fair will be held from Friday, Sept. 7, through Sunday, Sept. 16, at the fairgrounds in Hutchinson.



Katrina Wentz

Kansas 4-H members are asking for help to complete their state-wide community service project. They will be distributing canned goods to community food banks and to families in need.

Those planning to attend the fair are asked to bring canned goods or call her at (785) 475-7367.

"Your help would be greatly appreciated," she said.

Miss Wentz, a 2007 graduate of Decatur Community High School, was a delegate for Norton County on the National 4-H Citizenship Washington Focus Trip this summer. The group stayed at the National 4-H Center, met many state representatives, saw many monuments, visited Arlington Cemetery and Gettysburg.

MARKETS

At close of business Aug. 30

Wheat	\$6.53
Milo	\$2.97
Corn	\$3.09
Soybeans	\$7.52

Weddings, funerals, engagements, and births. You'll find it all in...

THE NORTON TELEGRAM

You are invited to an **OPEN HOUSE** Honoring **LULA HIX** In Celebration of her 90th Birthday at Whispering Pines Norton, Kansas on Sat., Sept. 8 from 2:00 to 4:00 p.m. If you are unable to attend, cards would be appreciated. Please send to her attention at 116 Whispering Pines Norton, Ks 67654 NO GIFTS PLEASE YOUR PRESENCE IS HER PRESENT

Eagles Lodge 3288

NORTON, KANSAS

Welcomes You To A

TEXAS HOLD 'EM

POKER TOURNAMENT

Saturday, September 22, 2007

Registration at 11:00 a.m. • Tournament Begins at 1:00 p.m.

\$1,000.00 PRIZE POOL

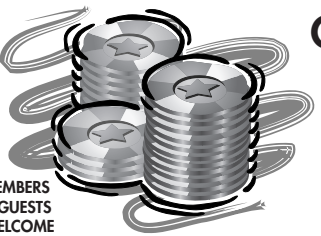
Limited to First 200 Players Registered • Early Registration Encouraged

CALL THE EAGLES LODGE 785-877-5228

LEAVE NAME AND PHONE NUMBER

PROCEEDS BENEFIT EAGLES SCHOLARSHIP FUND

\$30.00 Suggested Player Donation



Aug. 31-Sept. 5

Showing at the **NORTON THEATRE UNDERDOG**
1 Hour, 34 Minutes — (PG)
Movie Showtimes: Fri. and Sat. at 7 and 9 p.m. Sunday: 5 and 7 p.m. Monday, Tuesday, Wednesday: 7:00 p.m.

HAIRSPRAY
2 Hours, 7 Minutes (PG)
BOTH MOVIES GENERAL ADMISSION
ADMISSION PRICES: \$6.00 Adults \$5 Kids 12 & under

Movie passes accepted for both movies

Coming Friday, September 7 — The Bourne Ultimatum
BEGINNING SEPTEMBER 7, THE NORTON THEATRE RETURNS TO ITS FALL HOURS (ONLY 1 MOVIE PER NIGHT)

Staying Connected with Your Teen

FREE PARENT EDUCATION PROGRAM

FIVE ONE HOUR SESSION(S) OFFERS PARENTS ADDITIONAL RESOURCES IN:

- Building family discipline practices
- Family supervision skills
- Practices that improve family bonding and reduce high risk behaviors among youth

PROGRAM DATES: (Monday)
SEPTEMBER 10
SEPTEMBER 17
SEPTEMBER 24
OCTOBER 1
OCTOBER 8
6:30 P.M.-7:30 P.M.

at the Norton County Hospital (Board Meeting Room) Norton, Kansas

Pre-registration appreciated, call Gina Frack at the Norton County Health Department at 877-5745 to register by September 6, 2007

Program sponsored by the Norton County Council on Alcohol and Other Drugs and the Youth Access Prevention Partnership DFCS Grant