

Radio shows held a magic charm



These ladies looked over 70 years worth of scrapbooks and secretary's notes from the Lenora Family and Community Education Unit. The club held a celebration Saturday in the Lenora Senior Center. The women are from left to right: Helen Hager, Lee Jones and Sherry Johnson. — Telegram photo by Carolyn Plotts

Lenora club celebrates 70 years

By CAROLYN PLOTTS
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The Lenora Family and Community Education Unit (FCE) celebrated its 70th anniversary Saturday. Club president, Darlene Day, was the hostess and welcomed everyone to the reception. She recapped the club's 70 year history.

Mrs. Day is a second generation member. Her mother, Lena Shoemaker, was a charter member.

On Jan. 19, 1937, 22 Lenora area women met under the name of Farm Bureau. The club's first president was Gladys Hendricks. Other charter members were: Reba Stanley, Lulu Alsdorf, Opal

Hendricks, Bessie Mosier, Elizabeth Jones, Kathryn Emerson, Bessie Jones, Mabel Gibson, Irene Wagoner, Daisy Jacobs, Annabell Barbo, Betty Mai, Louise Hunter, Fern Berry, Mabel Belden, Alvina Maier, Maude Heikes, Addie Kirk, Esther Wilson and Helen Bennett.

The last two charter members, Esther Wilson and Irene Wagoner, just died in 2007.

The club later changed its name to Home Demonstration Unit (HDU) then to Extension Home-maker's Unit (EHU) and finally to today's name of Lenora FCE.

Almost 40 members, former members and friends gathered

at the Lenora Senior Center to celebrate the occasion. Corsages were presented to Darlene Day, the club's president, for 64 years of membership; to Ruby Heikes for 61 years of membership; and to Esther Ellis for 37 years of membership.

Special music was provided by Debbie Hagans as she accompanied her daughter, Kate Hagans, playing a clarinet solo. Kate also played a piano solo.

Those attending were served cake, punch and coffee.

Honored guest was Beverly Kindler, a former Norton County Extension Agent.

"You may turn the radio on, Liza Beth, so it will be warmed up," Mama says, "but don't meddle around with those dials. You know how your father is about his tuner."

Oh boy, it's Sunday night and all my favorite programs will be on soon. When we moved to Wa-Keeneey, Daddy bought a Motorola table radio because we can pick up all kinds of signals here. It is a beautiful radio made of shiny black plastic and my brother says it's "streamlined". I don't know what that is for sure but I think it's a boy's way of saying it's pretty. I turn the big black button and with a click and a buzz, the power comes on. Faint at first, the voices get louder as the tubes warm up. The music for "The Great Gildersleeve" is just finishing so I know "Amos 'n Andy" is coming up. It's funny but I don't always understand it. Daddy says it's because it's "southern" humor. Hmmm. Next is Jack Benny and Rochester and then, best of all, "Our Miss Brooks". It's all about a lady school teacher and her boyfriend and the kids in her class. I've never had a teacher like Miss Brooks but maybe I'll have one someday. After that one is "Lux Radio Theatre". It isn't usually a funny story; sometimes it makes you cry and sometimes I'm not sure what it's about but I listen anyhow. Sunday nights are the best.

Mama's favorite radio night is Saturday when she and Daddy listen to "Louisiana Hayride". And

Child of the 40s Liza Deines



when Lulubelle and Scotty are on, I don't dare even talk because Mama loves to hear them sing. We all laugh when Minnie Pearl is on. She is so funny.

Roger likes the mysteries on Thursday night. "The Shadow" is first and then "The Green Hornet".

Mama always says I'll have nightmares if I listen but I never do. Sometimes, if I'm really good and quiet, they'll let me stay up to listen to "Inner Sanctum". It's the absolutely creepiest program with a creaking door and a spooky announcer named Boris Karloff.

Uncle Jack and Aunt Mable have a great big wooden radio in the corner of their living room. Uncle Jack told us he bought it the day "they" bombed Pearl Harbor. I'm not sure who "they" are or what a Pearl Harbor is but it's really important to the grownups. Daddy got our radio to listen to war news. He listens to Gabriel Heatter and all the weather and farm reports but he likes "Fibber MaGee and Mollie", too, and laughs and laughs every time Fibber opens a closet and everything falls out. It happens every week; looks like he would learn after awhile.

It is nice to sit on the floor in the puddle of yellow lamplight between Mama and Daddy and listen to the radio. Mama rocks in her little cherrywood rocking chair and crochets. Her fingers flash in and out with a shiny metal hook and somehow she makes lace. When I try I make knots and tangles. Daddy gets the big arm-chair where he reads the Denver Post or patters around with some little project and Roger lies on his stomach on the rag rug and reads Popular Mechanics.

Sometimes I play paper dolls or color but what I like best at radio time is to sort my collection. If Mama goes to Myerly's Bakery they have a machine clear full of bubble gumballs and plastic charms for just a penny! I keep the charms in an old powder box with a purple lid.

I have a lot because Roger gives me his. He says they're just silly doo-dads but he saves them for me just the same. I string them on old shoestrings to make necklaces and bracelets or trade them or sort them in sets. It's a good way to spend a penny. Even Mama must think so 'cause she always has a penny for Myerly's machine.

Daddy says someday radios will have little pictures like movies and we can watch radio shows. Do you believe that? I think he is just "woofin'" me. He does that sometimes. Still, I sure would like to see what Miss Brooks looks like. And Boris Karloff, too!

DEATH NOTICE

Herman W. Wudtke

Herman W. Wudtke, 94, died Friday, Jan. 18 in the Norton Andbe Home.

Funeral services will be held at 11 a.m. Wednesday at the Redeemer Evangelical Lutheran

Church in Norton with Pastor Timm Meyer officiating. Burial will be in the Norton Cemetery.

The family will receive friends from 9 a.m. Wednesday until service time at the church.

Memorial contributions may be made to the church, 805 W. Holme, Norton, Kan. 67654.

Olliff-Boeve Memorial Chapel, Phillipsburg, is in charge of arrangements.

HANSEN MUSEUM

By SHIRLEY HENRICKSON

The Dane G. Hansen Memorial Museum is proud to present the "Kansas Art Quilters: Altered Views".

This exhibit, consisting of 31 textile art works, will be in the gallery until Feb. 24. Kansas Art Quilters is an organization dedicated to promoting textile art in quilt form. The members of Kansas Art Quilters explore new vantage points and attitudes using fabric, thread, beads, dye and paint in their works.

Membership includes quilt artists and people who are closely associated with the art quilt community, and is open to all interested persons from any state. Current membership includes over 50 people from 13 states. Formed in January 2001, the KAQ meets biannually at various locations in Kansas.

The group has a "Governor's Exhibit" which is on display in the office of Governor Kath-

leen Sebelius. This exhibit runs through April 30. "Kansas Art Quilters: Altered Views" is their sixth annual traveling exhibit.

In conjunction with the Kansas Art Quilters, the local Heritage Quilt Club will have a display of their quilts. Heritage Quilt Club is an area club dedicated to educating and promoting awareness of quilting.

Members attend monthly meetings with various programs and lessons presented. They participate in many local volunteer projects, sometimes with raffles or auctions. They have exhibited their quilts in the area several times. These members are a very talented group and the Museum feels their quilts will add dimension to the exhibit from Kansas Art Quilters. The members exhibiting are: Jackie Rutherford, Jo Pakkeber, Judy Luft, Regina Stark, Norton United Methodist Women, Cheryl Roberts and Lois Myers. We have had visitors from Col-

by, Hill City, Norton, Edmond, Kensington, Prairie View, Phillipsburg, Stockton, Lucas, Smith Center, Scandia, Hoxie, Beatrice, Neb., and Wheat Ridge, Colo. These exhibits are a quilter's paradise. Please take the time to view the quilting!

Our January Artist of the Month will be Paula Rumbach from Oakley. Ms. Rumbach has quilts, wall hangings and table toppers on display. Her exhibit works in nicely with our quilt exhibit.

Museum hours are Monday through Friday, 9 a.m. to 12 p.m. and 1 to 4 p.m.; Saturday 9 a.m. to 12 p.m. and 1 to 5 p.m.; Sunday and holidays 1 to 5 p.m.. We are handicapped accessible and there is never an admission fee. There is a free Wi-Fi Hotspot in the Community Room. For more information about this and other exhibits, contact Shirley Henrickson at 785-689-4846 or check out our website at: www.hansenmuseum.org.

Ways to make convenience food healthy

With the New Year, it's time to change some aspect of your life. One suggestion is to have a healthier diet but still use convenience foods. Here are some tips from Iowa State University:

- For boxed mixes of rice, pasta, and stuffing mix, use only half (or omit) the margarine.
- For seasoned rice mixes, use only half of the seasoning packet to reduce sodium by half.
- For frozen stir-fry meals, use only half of the seasoning packet to reduce sodium by half.
- If a packaged mix calls for milk, use nonfat dry milk and double the amount to increase calcium.
- To heat tortillas in a skillet, use cooking spray, not oil, or heat them in the microwave oven.
- Add chopped veggies on top of a frozen pizza before baking.

Home ed Tranda Watts, Extension specialist



- For stuffed baked potatoes, use cottage cheese, plain yogurt, or non-fat sour cream.
- Add frozen mixed vegetables to any creamed soup for a healthier soup. Use reduced-sodium soups to make it even healthier.
- Add chopped frozen spinach to tomato-based pasta sauce for added nutrition.
- Drain fat off ground beef and rinse with warm water to reduce fat when making a hamburger casserole from a box mix.

- Instead of a sweet sugary dessert, have a cup of fresh fruit.
- For boxed macaroni and cheese, leave out the margarine or butter to reduce fat.
- When making boxed brownie mixes, substitute an equal amount of unsweetened applesauce for vegetable oil.

If you have a suggestion to make convenience foods healthier, please contact me at 785-443-3663 or e-mail twatts@oznet.ksu.edu. I will publish them in a future news release.

Tranda Watts is Kansas State University extension specialist in food, nutrition, health and safety for Norton, Decatur, Gove, Sheridan, and Trego counties. Call her at 785-443-3663 or e-mail twatts@oznet.ksu.edu. For more information, contact the county extension office, 877-5755.

Women's club studies three Kansans

By BEVERLY KINDLER

"Kansans Who Changed The World" was the topic for the program at the January meeting of the General Federation of Women's Clubs Mid-Century Club. Ginne Concannon, Carolyn Applegate and Mary Beth Boyd presented highlights of the lives and achievements of three — Dwight D. Eisenhower, Robert Dole and Amelia Earhart.

The Eisenhower family moved to Abilene before Dwight was two years of age. His lifetime included an appointment to West Point, marriage to Mamie Doud, military service in the Philippines, Supreme Commander in Europe, president of Columbia University and president of the United States.

Bob Dole is a native of Russell. While in high school there he was an all-star athlete. In 1945, during World War II, he was se-

verely wounded and received two purple hearts. He graduated from Washburn Law School, was elected as a senator in 1968, served as chairman for the establishment of the World War II Memorial and has received the Presidential Medal of Honor. The Robert J. Dole Institute of Politics, located on the campus of the University of Kansas, features exhibits, a September 11 Memorial and the Dole Archives — 4,000 boxes reflecting Senator Dole's extensive legislative career.

Amelia Earhart was born 1897 in Atchison. At an early age she worked to earn money to take flying lessons. She was the first woman to fly across the United States and the Atlantic Ocean alone. She even had the opportunity to meet Orville Wright. She believed that courage was the price required. Of her proposed trip around the world, she stated, "Please know

that I am aware of the hazards. I want to do it, because I want to do it." She was lost on this flight in 1937. Her girlhood home in Atchison may be toured.

During the business meeting, members reported the volunteer hours they had contributed during 2007. Members voted to contribute a portion of the monetary Christmas gift to the Salvation Army. The club will also contribute to a scholarship fund for the Post Prom.

The meeting was held at the home of Darlene McEwen with Rosalie McMullen as co-hostess.

Jan. 18
Jan. 23

Showing at the

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Cloverfield

1 Hours, 40 Minutes (PG-13) Premiere
Show Times: Friday & Saturday: 8:00 p.m.
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2 Hours, 3 Minutes (PG)
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At close of business Jan. 21

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Milo	\$4.45
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Soybeans	\$11.42

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News you need!

READERS

— Norton Rotary Soup Supper, Tuesday, Jan. 29, 5 to 7 p.m. NCHS cafeteria.

Mandy Schumaker was recently named as a top sales person for

lia sophia, a home-based fashion jewelry business.

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