

# OBITUARIES

## Anna (Schreiner) Pfeifer

August 1, 1921-August 15, 2008

Anna (Schreiner), daughter of Francis and Philomena (Dreiling) Schreiner, was born August 1, 1921 in St. Peter, and passed away at the Andbe Home in Norton on August 15, 2008, at the age of 87.

She attended school at Victoria up to the 8th grade. On May 29, 1939, Anna and John Pfeifer were united in marriage at St. Fidelis Catholic Church in Victoria. They were married for 69 years.

Mrs. Pfeifer was a homemaker, and her interests included quilting, dancing, cooking, and gardening. Most of all she enjoyed spending time with her family.

Survivors include her husband, John Pfeifer, St. Peter; one son and his wife, Larry and Elaine Pfeifer, Marysville; two daughters and their husbands, Elaine and Larry Henne, Holywood and Karen and Drake Gebhard, Long Island.; seven grandchildren, Eunice Zamrzla, Marla Mooney, Lance Henne, Bryan and Alana Pfeifer,

Marvin and Garth Gebhard; three great-grandchildren, Braden and Mallory Mooney, and Landry Anna Gebhard; one sister, Katie Wasinger, Hutchinson; a host of nieces and nephews; other relatives and friends.

She was preceded in death by her parents, two brothers, Alex and Pete Schreiner, and two sisters, Rosalia Dinkel and Mary Pfeifer.

Anna had a firm and deep faith and lived life to the fullest. Family and friends are all blessed to have known her.

A vigil service was held Monday at St. Anthony Catholic Church, St. Peter with a Mass of Christian Burial at 10 a.m. today, also at St. Anthony Catholic Church. Burial followed in the St. Anthony Cemetery.

Memorials are suggested for funeral masses in Anna's name.

Enfield Funeral Home of Norton was in charge of the arrangements.

# Retirement ends career at Andbe

By BRANDY LEROUX  
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After 22 years and six months of service, Darlene McEwen retired from the Andbe Home in Norton. A party was held in her honor on Monday at the Home.

Cake was served, with the cake topper being a replica of the van Mrs. McEwen used to take residents to appointments and other needs. The replica van was turning a corner on two wheels, a tribute from the maintenance worker who always said she was a little crazy behind the wheel.

Mrs. McEwen had worked with Rose Ann Miller, the Social Services Director, for the last 13 years. Mrs. Miller had funny stories to share about working with Mrs. McEwen, and Mrs. McEwen even had one of her own — the sheep story, which has to do with a Valentine's Day gift from her husband.

There were 92 well-wishers for Mrs. McEwen, including a brother and a sister from out of town, her husband, Duane, and "a good number of former employees attended," said Mrs. Miller.

Gifts were given to Mrs. McEwen from the Andbe Home, staff and residents. "Darlene loves to quilt, and used her quilting cutting board here a lot. It isn't in very good shape anymore, so we gave her a new one," said Mrs. Miller.

"Not only was she a wonderful help to residents, but the staff also depended on her experience and knowledge."

"We will miss her greatly, and wish her all the best," Mrs. Miller said.

Mrs. McEwen is going on to be a paraprofessional at Eisenhower Elementary School for the 3rd grade. Said Mrs. Miller, "She's very patient, she'll be wonderful."



Darlene McEwen talked with Donna Goscha at Mrs. McEwen's retirement party at the Andbe Home on Monday of last week. Mrs. McEwen had worked there 22 1/2 years.

— Telegram Photo by Brandy Leroux

## Read those labels

Nutrition labels can answer just about any question that consumers might have about a particular food item, but some shoppers may not know how to read them.

Everyone should be aware of nutrition labels and what they're consuming, especially those who have a food allergy, high blood pressure or high cholesterol.

Product and nutrition labels offer a wealth of information, but a few things that consumers might be most interested in are serving size, servings per container, calories and daily reference values. Daily reference values (DRVs), which are sometimes listed as "Percentage Daily Value" on nutrition labels, were established for such things as calories, fat and protein.

DRVs for nutrients that provide calories are based on a 2,000 calorie-per-day diet. These nutrients include fat, saturated fat, carbohydrates, protein and fiber. For example, the average adult's daily fat consumption should account for 30 percent (600 calories) of a 2,000-calorie-per-day diet. Therefore, if the percent Daily Value for fat in food "A" is 20 percent while in food "B" it is 10 percent, then a person who consumes both foods would have consumed their fat requirements for that day.

An adult's daily saturated fat intake should make up 10 percent of his 2,000-calorie-per-day diet, or 200 calories, while 60 percent of his daily calories should come from carbohydrates. Protein intake should account for 10 percent of daily calories; however, DRVs for protein only apply to adults and children older than four.

DRVs for fiber are calculated differently than the DRVs for fat, saturated fat and protein. Fiber is based on a standard of 11.5 grams per 1,000 calories, or 23 grams per 2,000 calories. For example, if a food contains 1 gram of fiber, then it would account for four percent of the recommended daily intake for an average adult. (1 gram divided by 23 grams, multiplied by 100 = 4 percent). DRVs are also listed for nutrients such as cholesterol, sodium and potassium, and are based on the "uppermost desirable intake limit".

Manufacturers are also required to include a "Nutrition Facts" panel that provides information regarding: total calories, calories from fat, total fat, saturated fat, trans fat, cholesterol, sodium, total carbohydrate, dietary fiber, sugars, protein, vitamins A and C, calcium and iron. Shoppers may also notice that some products claim to be "fortified" or "enriched" with certain nutrients. When such claims are made, manufacturers are required to list nutrition information about those ingredients on the label.

Other product claims that consumers often see on grocery store shelves are terms such as "free",

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"light", or "a good source of". The U.S. Department of Agriculture and the Food and Drug Administration regulate how and when food manufacturers can use these terms to describe a product.

- When a product is labeled as "free" of a certain nutrient, such as fat, this means that it contains no amount of, or a trivial amount of that nutrient. For example, foods containing 0.5 grams per serving or less of sugar or fat can be labeled as "sugar-free", or "fat-free".

- The term "low" is used for foods that are eaten frequently without exceeding dietary guidelines for one or more of the following components: fat, saturated fat, cholesterol, sodium and calories.

- Meats, such as poultry, labeled as "lean" contain less than 10 grams of fat, 4.5 grams of saturated fat and 95 milligrams of cholesterol per 100 grams of meat. Seafood and game meats under the same guidelines can be labeled as "extra lean."

- Products labeled as "reduced", have been nutritionally altered to contain at least 25 percent less of a particular nutrient or of calories than their reference product. Reduced claims cannot be made however, if the reference product already meets the requirements for a "low" claim.

- Foods that are not nutritionally altered but contain at least 25 percent less of a nutrient or of calories than their reference product can use the term "less" on their labels.

- A food labeled as "light" can mean a couple of things. It could mean that a nutritionally altered product contains one-third less calories or half the fat than the reference product contains. "Light" could also mean that a low-calorie, low-fat food contains 50 percent less sodium than its reference product.

## Glass talk focuses on swirl patterns

*Continuing the series on Early American Pattern Glass that began last year, this week's column will focus on the swirl patterns, one of my favorite motifs in the glass world. Apparently the versatility of a swirl accounts for the large number of patterns that incorporate this graceful twisting of the glass. In my opinion, Jersey Swirl is the pick of the litter, but there are many, many more.*

Jersey Swirl, a non-flint glass, was created in 1887 by the Windsor Glass Company of Pittsburgh, Pa. It has also been identified as Swirl with Diamonds or Windsor. An entire table set, including dinner plates, was produced in crystal, amber, blue and canary-yellow. The most desirable pieces, as always the most difficult to locate, are the fan-shaped dresser tray, which books at between \$50-60, and the lidded marmalade jar, priced at about \$125. The goblet comes in two sizes, one being an unusually large barrel shape, which my Warman's reference calls a buttermilk mug. Out of all my pattern glass goblet collection, this was everyone's choice

because it held more wine! One of the features I like most about Jersey Swirl is the robust design and the heavy, substantial feel of the glass. It is definitely not for those who like fragile, delicate glassware and while it can be used with fine china, it's better suited to pottery or very casual dinnerware.

The basic design features heavy ribs swirled upward to a plain band at the top and downward from a dividing band of diamonds to a narrow band of quilted diamonds at the base. Stemmed items, such as the high standard cake plate and compote, also the goblets, have an odd knob in the stem, an arrangement of bands and rings, which also appears as the finial on the lidded items. The fan-shaped dresser tray is very difficult to identify because its unique shape did not lend itself well to either swirls or diamonds. It is not listed in Ruth Webb Lee's 1931 book on pattern glass as part of the Jersey Swirl group; nor does the Warman Pattern Glass Guide show it; however, it is listed and pictured in the more recent Jenks and Luna

pattern glass reference guide.

Unfortunately for purists, this design was so popular it was reproduced many times in many colors, including vaseline opalescent. The old amber and blue are very deep, rich colors compared to the newer ones. Watch your step buying almost any piece of Jersey Swirl because you may be getting the 1960 and 1970 reproductions marketed through the L.G. Wright Glass Company. L.G. Wright is well known for purchasing old molds of old designs and recreating them in new colors. If you value the age of original glass be very sure of the authenticity before you pay a high price for what may be relatively modern glass. About the only surefire way I know to determine age is to use a blacklight flashlight in a dark room to check for fluorescence. If you just like the pattern, as I did, I'd buy any piece I found.

Swirls in glassware must be an easy maneuver as well as a popular concept for there are dozens of designs that incorporate swirls in both the pattern and the name. A company called Standard Glass

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manufactured utilitarian swirled glassware for merchants. Mustard was sold in small swirled mugs, capped with a cardboard disc. Jam and jelly were sometimes sold in swirl mugs, too. At one time I had several of these mugs in different sizes and I sure hope someone who appreciates old jars bought them at my auction. I guess they'd be the equivalent of drinking out of jam jars these days but I loved the funny little shapes.

The pursuit of pattern glass has become more challenging in the past few years. Although my auction days are over, I was finding very little of it showing up at auctions. Now it is rare to find more than a piece or two in the antique malls. Two weeks ago, however, a booth turned up that had quite a number of pieces to browse and one nice footed open compote found its way into the budget.

Next issue of the EAPG collector chat may be on my latest acquisition, Cupid and Venus.

## NORTON MANOR

By DORIS MIZELL  
Correspondent

Doris Mizell accompanied Harold and Kris Mizell to Lenexa for the wedding of Doris' great-niece Paige Pfannenstiel and Nick Woolery. She was a guest of Lois and Bob McPherson for the weekend at the Holiday Inn. Also attending were Lois' girls June and Billy Hoffman, Panhandle, Texas; Anita and Eldon Pfannenstiel, Hays; Noreen and Dan Sleator, Justine and Lauren, Tucson, Az.; as well as Anita's oldest daughter Kim and John Dunncan, Tucson,

Az. It was wonderful to see the girls again after at least ten years for some.

On the way home, Harold and Kris joined us in Manhattan for a get together. Those attending also were Carolyn Linsenmeyer, Beatrice, Neb.; Jared Foster, Mission; Patty and Jerry Foster, Jennings; Mark Aschenbrenner, Hays; and Peggy Foster, whose apartment we gathered at. After lunch Harold and Kris returned to Clayton and Doris

Saturday morning Ed and Linda Keith came by and picked up Mary

Keith and traveled to Oakley to attend a birthday party and visit with Mr. and Mrs. Jason Schmitt and family. Others attending were Mr. and Mrs. Royne Bruce, Riley, and Kyle of Windom, Mr. and Mrs. Ryan Keith, Tucker, and Hannah of Holyoke, Co.

August was great for Katherine Kohr. She went to Pueblo, Colo., to see her sister-in-law who took her to Colorado Springs for a shopping spree. Boy did she have fun.

Dale and Katherine Severns' visitor Friday afternoon was Carla Anderson, who brought delicious cake to share with them.

Sunday Mary Keith attended the Saatlof reunion in Kearney, Neb.

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## READERS

— **Steak and sea food night, Thursday, 6-9 p.m. American Legion. Members and guests welcome.**

Former Norton residents,  
**Darel and JoAnn Boston,**  
are celebrating their 50th  
Wedding Anniversary  
on August 21, 2008!

Their family is hoping you will help them celebrate with a card shower. Well wishes may be sent to them at 1600 S. Garfield, Junction City, KS 66441. The Boston's ministered at the Norton Christian Church from 1967 until 1986. They are the parents of Diana Enfield, Norton, and Dean Boston, North Richland Hills, Texas.

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