



Still time to get stimulus check

The Oct. 15 deadline to file a 2007 income tax return and to receive an economic stimulus payment this year is fast approaching.

This is the deadline for the estimated 4.3 million retirees and disabled veterans who may be eligible to receive a stimulus payment but who normally don't file a tax return.

It's also the deadline for the approximately 10 million people who earlier this year received extensions to file their 2007 income tax return.

"Don't let the economic stimulus payment pass you by," said IRS Commissioner Doug Shulman. "If you want the payment this year, you should file by Oct. 15. We recognize that there may be older Americans and disabled veterans who still have not filed for their stimulus payment. If you know of a friend, neighbor or family members who may be in that situation, please give them a hand if they need it."

The IRS has accounted for nearly 80 percent of the Social Security and Veterans Affairs beneficiaries initially identified as potentially eligible.

The IRS has yet to hear from an estimated 4.2 million people who receive certain Social Security benefits and 178,000 who receive certain Veterans Affairs benefits. The agency twice has sent to this group letters that enclosed a Form 1040A, a sample tax form and instructions for sending the tax return to the IRS. If these instructions have been misplaced, the fastest way to obtain a Package 1040A-3 is to go to IRS.gov.

People must file a tax return in order to receive an economic stimulus payment even if they normally are not required to file a return.

For eligible people, the Economic Stimulus Act of 2008 provided for stimulus payments of up to \$600 (\$1,200 for married couples) or the amount of the taxpayer's 2007 net income tax liability, whichever is less. There also is a \$300 payment for each qualifying child.

There is an income phase-out, starting at adjusted gross income amounts of \$75,000 for single taxpayers and \$150,000 for married taxpayers.

For people who have no tax liability and who have no requirement to file a tax return because their income is too low or nontax-

able, there is a stimulus payment of up to \$300 (\$600 for married couples) plus the \$300 payment for each qualifying child. However, people in this situation must have at least \$3,000 in qualifying income from earned income, nontaxable combat pay as well as certain benefits from Social Security, Veterans Affairs and Railroad Retirement.

Each year, there are approximately 10 million taxpayers who request an extension from the April 15 deadline to file their tax return. The extension applies only to filing a return, not to paying any taxes owed.

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Come To Lyons, Kansas Saturday Sept. 27, 2008

40th Annual Fair On The Square
Arts & Crafts Show on the historic courthouse square 9 a.m. - 2 p.m.

6th Annual Cars in The Park
Classic Car Show • Workman Park • Lyons, KS
10 a.m.-3 p.m. Registration begins @ 8 a.m.
\$15 Entry fee • FREE Lunch Provided
Sponsored by the Lyons Chamber of Commerce
620-257-2842 or 866-257-2842

Both Children and Adult volunteers benefit from mentoring.

To find a mentoring program for your child or to volunteer your time, please go to www.kansasmentors.org or call 785-296-8873.

CHOOSE YOUR ROLE

Check out the Coaches Challenge and help Kansas beat Nebraska - www.kansasmentors.org

KM
Kansas Mentors

When beliefs and laws clash

What is it that makes people think they need a law to make the right decision? Is it they don't trust themselves or is it they think other people need a law to do the right thing?

When referring to Roe v Wade, I have heard people say, "We wouldn't have such and such if that had been in effect." And why is that? It is a law allowing abortions, not requiring them. I am anti-abortion, but I am pro-choice. I prefer to see our energies and efforts go towards prevention rather than intimidation. Why try to inflict guilt at the abortion clinic when earlier in the person's life an unwanted pregnancy might have been prevented through education and planning?

Phase II
Mary Kay
Woodyard



We have become a country of black and white, all or nothing, right or wrong. We obviously all believe religion evolves or we wouldn't shop or clean house on Sundays. (If we eat out on Sunday after church we're forcing someone to work.) We realize as we proceed through life the same question may have a variety of answers. For instance, Sarah Palin believes no matter how a child is conceived it will still be a child,

even if the father was a monster committing a rape. According to her you are anti-abortion or you are not. You can't put restrictions on the act, it is either a life or it isn't.

If you are anti-abortion you have to be anti-death penalty, at least if you believe the repeated theme of the New Testament about judging others. A law enforcement friend of ours from Nevada once termed the death penalty as retroactive abortion. Regardless of our views, we have to evaluate how we come to our decisions and see if they are compatible.

Laws are designed to make society function smoothly. By their very nature they control our actions, but it is a long way from controlling our beliefs.

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Olympic greats overcame early problems

Two of the most talked about United States athletes at the 2008 Olympics were swimmers Michael Phelps, winner of eight gold medals, seven World Records and one Olympic Record, and 41-year-old Dara Torres, winner of two silver medals and one American Record.

Their accomplishments in swimming were inspiring, as are the personal challenges that both had to overcome. Mr. Phelps suffered from Attention Deficit Hyperactivity Disorder as a child and Ms. Torres struggled with bulimia, an eating disorder, in her early years as a college student and competitive swimmer.

Attention Deficit Hyperactivity Disorder is one of the most common mental disorders in children and adolescents, most often diagnosed before the age of seven. The disorder is characterized by a child's difficulty in attention, concentration, and impulsivity. If left untreated, children are at risk of academic failure in school and being ostracized or teased by their classmates.

According to ADDitude Magazine (April/May 2007), Mr. Phelps was diagnosed with the disorder at age nine. His mother said an inability to concentrate was his biggest challenge and that he would often impulsively grab other students' papers. He did not enjoy reading, and math did not sustain his attention. In fact, he did not like swimming at first because he "hated getting his face wet." Swimming eventually became his motivation for success, as it provided consistent structure for his busy days, and important component for a young person with the disorder.

With the support of his family, and their ability to understand the disorder and its treatment, Mr. Phelps was able to move beyond his behavior disorder and ultimately obtained his unprecedented success at the Olympics.

According to an article in The New York Times Magazine, June 29, 2008, Ms. Torres became bulimic during her college days at the University of Florida. Bulimia is an eating disorder that is marked by episodes of binge eating, which is the consumption of large amounts of food during a short period of time, followed by inappropriate compensatory behaviors including purging the food by making oneself throw up, or by abusing laxatives.

When left untreated, bulimia

Plain Sense

Ken Loos

frequently includes physical complications that negatively affect the heart, muscles, and nerve functioning. Torres describes purging as a method she used for keeping her weight down for competitive swimming. This eventually resulted in poor health, fatigue and loss of strength, which affected her performance at the 1988 Olympics. She recognized her problem by then and comments that it took her five years, until 1992, to overcome the purging behaviors. Since then she has experienced

success in athletics, as well as in her personal life as the mother of a two year old daughter.

Both Mr. Phelps and Ms. Torres have shown that a mental illness can be successfully overcome, and that it does not have to define a person or limit their ability to succeed.

(Contributed by Ken Loos, High Plains Mental Health Center, 208 E. 7th, Hays 67601.)

UPCOMING EVENTS in Kansas

- Brought to you in part by Kansas Department of Commerce Travel & Tourism Division
- KC Corn Maze**
September 19-October 31, Gardner
5 acres of fun-filled adventure!
Flashlight maze and graveyard mini golf.
KU Jayhawk Design
(913) 484-6251 www.kccornmaze.com
 - KC Pumpkin Patch Festival**
September 27-October 31, Gardner
Kansas City's premier agricultural playground!
U-Pick Pumpkins, Haunted Barn, Train, Zipline, Hill Slide & Mazes.
(913) 484-6251 www.kcpumpkinpatch.com
 - Kansas Championship Ranch Rodeo**
September 26-27, Medicine Lodge
Kansas Ranch teams compete in events like Wild Cow Milking, Branding, Ranch Bronc Riding and Double Mugging.
(620) 886-9815, www.peacetraty.org
 - Wagonmasters Chili Cook-Off**
September 27, Wichita
Annual Kansas State Chili Competition with winners advancing to the International Chili Cook-off competition
(316) 264-6005, www.wagonmasterschili.com
 - Wellsville Days**
September 27-28, Wellsville
5K run, craft fair, quilt show, parade, live music, car show.
(785) 883-4023, www.wellsvilledays.com
 - Pumpkin PaZoola**
October 11, Salina
Kids get into zoo free with paid adult. Free pumpkin for all kids.
Rolling Hills Wildlife Adventure
(785) 827-9488, www.rollinghillswildlife.com
 - OZfest**
October 11, Liberal
Weekend of activities celebrating the Wizard of Oz. Original Munchkins, look-a-like contests, parade, music, food, crafts and games.
(620) 624-7624, www.dorothyhouse.com
 - BASS Federation Championship**
November 6-8, Junction City
Top bass anglers from 47 States and 6 Foreign Countries.
Milford Lake
(800) 528-2489, www.junctioncity.org

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• PUBLIC NOTICE •

COMBINED NOTICE OF FINDING OF NO SIGNIFICANT IMPACT AND NOTICE OF INTENT TO REQUEST RELEASE OF FUNDS

Published in The Norton Telegram on Friday, September 26, 2008 (1T)

Date of Publication: September 26, 2008
 Expires: October 11, 2008
 Norton County
 PO Box 70, Norton, KS 67654
 785-877-5710

These notices shall satisfy two separate but related procedural requirements for activities to be undertaken by Norton County.

REQUEST FOR RELEASE OF FUNDS

On or after October 12, 2008, Norton County will submit a request to the State of Kansas for the release of Federal funds from the Community Development block grant program under title 1 of the Housing and Community Development Act of 1974, as amended (PL 93-383) to undertake the following project:
 Project Number: 08-PF-823
 Project Name: Norton County EMS Construction Project
 Project Type: Construction of New EMS Facility
 Project Location: Hwy 36 and Road W1 in Prairie Land Subdivision
 Estimated HUD/CDBG Funds: \$283,750
 Estimated Total Project Cost: \$567,500

FINDING OF NO SIGNIFICANT IMPACT

Norton County has determined that the project will have no significant impact on the human environment. Therefore, an Environmental Impact Statement under the National Environmental Policy Act of 1969 (NEPA) is not required. Additional project information is contained in the Environmental Review Record (ERR) on file at office of the Norton County Clerk, 105 S. Kansas, Norton, KS, and may be examined or copied weekdays 8a- 12p and 1p-5p.

PUBLIC COMMENTS

Any individual, group, or agency may submit written comments on the ERR to Norton County, PO Box 70, Norton, KS 67654. All comments received by October 11, 2008 will be considered by Norton County prior to authorizing submission of a request for release of funds. Comments should specify which Notice they are addressing.

RELEASE OF FUNDS

Norton County certifies to the State of Kansas that Richard Thompson in his capacity as Chairman of County Commission consents to accept the jurisdiction of the Federal Courts if an action is brought to enforce responsibilities in relation to the environmental review process and that these responsibilities have been satisfied. The State of Kansas's approval of the certification satisfies its responsibilities under NEPA and related laws and authorities and allows Norton County to use HUD/CDBG program funds.

OBJECTIONS TO RELEASE OF FUNDS

The State of Kansas will accept objections to its release of funds and the grantee certifications for a period of fifteen days following the anticipated submission date or its actual receipt of the request (whichever is later) only if they are on one of the following bases: (a) the certification was not executed by the Certifying Officer of the grantee; (b) the grantee has omitted a step or failed to make a decision or finding required by HUD regulations at 24 CFR Part 58; (c) the grant recipient or other participants in the development process have committed funds incurred costs or undertaken activities not authorized by 24 CFR part 58 before approval of a release of funds by the State of Kansas; or (d) another Federal agency acting pursuant to 40 CFR Part 1504 has submitted a written finding that the project is unsatisfactory from the standpoint of environmental quality. Objections to the release of funds must be prepared and submitted in accordance with the required procedures (24 CFR Part 58, Sec. 58.76) and shall be addressed to the Kansas Department of Commerce, CDBG program, 1000 S. W. Jackson Street, Suite 100, Topeka, KS 66612. Potential objectors should contact Commerce to verify the actual last day of the objection period.

Richard Thompson
 Chairman of County Commission

• PUBLIC NOTICE •

IN THE MATTER OF THE ESTATE OF H. OLENE HILLEBRAND, Deceased

Published in The Norton Telegram on Friday, September 12, 19, 26, 2008 (3T)

IN THE DISTRICT COURT OF NORTON COUNTY, KANSAS

In the Matter of the Estate of H. OLENE HILLEBRAND, Deceased
 Case No. 2008-PR-40

NOTICE OF HEARING AND NOTICE TO CREDITORS

The State of Kansas
 To All Persons Concerned:

You are hereby notified that on September 10, 2008, a Petition for Probate Of Will And Issuance Of Letters Testamentary was filed in this Court by Raymond E. Hillebrand, an heir, devisee and legatee, and Executor named in the Last Will and Testament of H. Olene Hillebrand, deceased, dated September 3, 1999, praying that the Will filed with the Petition be admitted to probate and record, that he be appointed as Executor without bond and that he be

granted Letters Testamentary.

You are required to file your written defenses thereto on or before October 3rd, 2008 at 3:30 o'clock p.m. of such day, in this Court, in the City of Norton, Norton County, Kansas, at which time and place the cause will be heard. Should you fail, judgment and decree will be entered in due course upon the Petition.

All creditors are notified to exhibit their demands against the estate within four months from the date of first publication of this Notice, as provided by law, and if their demands are not thus exhibited, they shall be forever barred.

Raymond E. Hillebrand,
 Petitioner

John F. McClymont, #09379
 RYAN, WALTER &
 McCLYMONT, Chtd.
 120 S. State - P.O. box 364
 Norton, Kansas 67654
 785-877-5183

• PUBLIC NOTICE •

IN THE MATTER OF THE ESTATE OF ELIZABETH J. BRYANT, Deceased

Published in The Norton Telegram on Friday, September 19, 26, Oct. 3, 2008 (3T)

IN THE DISTRICT COURT OF NORTON COUNTY, KANSAS PROBATE DIVISION

In the Matter of the Estate of ELIZABETH J. BRYANT, Deceased
 Case No. 2008-PR-41

NOTICE OF HEARING AND NOTICE TO CREDITORS

The State of Kansas
 To All Persons Concerned:

YOU ARE HEREBY NOTIFIED that on September 15, 2008, a Petition was filed in this Court by Kennis McClelland, named as Co-Executor in the Last Will and Testament of Elizabeth J. Bryant, Deceased, dated August 18, 2005, praying that the will filed with the Petition be admitted to probate, that Kennis McClelland and Kendra Anderson be appointed as Co-Executors, without bond, and that they

be granted Letters Testamentary.

YOU ARE REQUIRED to file your written defenses thereto on or before October 15, 2008, at 1:30 o'clock p.m., of said day, in this Court, in the City of Norton, Norton County, Kansas, at which time and place the cause will be heard. Should you fail, judgment and decree will be entered in due course upon the Petition.

ALL CREDITORS ARE NOTIFIED to exhibit their demands against the estate within four (4) months from the date of first publication of this Notice, as provided by law, and if their demands are not thus exhibited, they shall be forever barred.

Kennis McClelland, Petitioner
R. Douglas Sebelius, #09157
SEBELIUS & GRIFFITHS, LLP
 105 South Norton Street
 P.O. Box 10
 Norton, Kansas 67654-0010
 (785) 877-5143
 Attorneys for Petitioner

• PUBLIC NOTICE •

IN THE MATTER OF THE ESTATE OF CHAD DANIEL KIER, Deceased

Published in The Norton Telegram on Friday, September 19, 26, Oct. 3, 2008 (3T)

IN THE DISTRICT COURT OF NORTON COUNTY, KANSAS

In the Matter of the Estate of CHAD DANIEL KIER, Deceased
 Case No. 08-PR-42

NOTICE OF HEARING AND NOTICE TO CREDITORS

The State of Kansas
 To All Persons Concerned:

You are hereby notified that on September 15, 2008, a Petition was filed in this Court by Amy Lea Kier, wife of the decedent, praying that she be appointed as Executrix of the Estate of Chad Daniel Kier, deceased.

You are required to file your written defenses thereto on or before October 14, 2008, at 3:00 o'clock p.m. of said

day, in this Court, in the City of Norton, Norton County, Kasas, at which time and place the cause will be heard. Should you fail, judgment and decree will be entered in due course upon the Petition.

All creditors are notified to exhibit their demands against the estate within four (4) months from the date of first publication of this Notice, as provided by law, and if their demands are not thus exhibited, they shall be forever barred.

Amy Lea Kier,
 Petitioner
 Laurence A. Taylor #9496
 Attorney at Law
 1480 W. 4th, PO Box 509
 Colby, Ks 67701
 785-462-6736
 Attorney for Petitioner