Jay ladies make more history

nortontelearam@nwkansas.com Coach Tom Hehn's Norton Community High School girls cross country team made school history again on Saturday when they qualified for the state meet for the second time ever!

The Lady Jays placed second as a team in the Class 3A Regional Meet held in Norton last season to become the first Norton girls team to qualify for the big run. This time around, the Lady Jays took no chances of not qualifying as they ran away with the regional championship held in Cimarron.

The Norton boys also ran well; in fact, they ran their best race of the season but still missed qualifying for state as a team by two points!

The Lady Jays scored 36 points compared to second place Medicine Lodge, who had 80. Third place and also qualifying for this Saturday's State Meet in Wamego was Lakin with 83. Other team scores were: Ellinwood, 100; Thomas More Prep-Marian of Hays, 101; Cimarron, 142; Larned, 162; Holcomb, 171.

Holcomb won the boys championship with 49 points, followed by Sterling, 62; Lakin, 77; Norton, 79; Larned, 125; Medicine Lodge, 142; Goodland, 177; Phillipsburg,

Coach's comments

"All of our girls ran exceptionally well," said coach Hehn. "Our boys team turned in their best performance of the season. Cito ours and the weather was very

from start to finish and was never seriously challenged. KaraJo Jones was in second place for most of the race but had to out sprint two girls in the final 150 meters. Every time they got close, Kara Jo dug in, found another gear and pulled away.

The occasion of the Norton-

Van Doren, Donny Hildebrand,

Brock Lauer and Zac Dreher.

Senior football manager Hannah

Nish Millan, Kyle Mindrup, John Emily Scott.

'Senior Night' held

here Friday evening

Scott City football game on Friday Norton cross country team were:

night at Travis Field was "Senior Zach Bainter, Laura Lee Baird,

Senior football players honored Taylor Rossi. Senior managers

were: Brad Nuzum, Matt Stanley, honored were Phillip Becker and

race of the season and finished 20th overall. If our girls perform at the state meet the way they performed at the regional, they will do very well.

"Our boys' total team time was seven minutes faster than any other meet this season.

"Zach Bainter led the entire race. Troy Bainter and Bryan ran away from the field to qualify Henry ran their best times of the

"We expected Holcomb, Sterling and Lakin to be tough and Lakin edged us by just two points for the state meet. for a trip to the state meet."

Girls

Norton senior Laura Lee Baird qualified for the state meet for the fourth year with her gold medal performance in a time of

Senior KaraJo Jones won the silver medal with an excellent time of 17:18.32.

Lady Jay freshman Abby Bainter finished fifth in 17:32.59. Senior Taylor Rossi was 15th in 18:47.45 and sophomore Kaylen Rossi was just behind her sister in 16th place with a time of 18:53.37 to complete the Norton five-girl team finish.

Also running for the Lady Jays and their places and times were: sophomore Dustyna Sprigg, 20th in 19:29.35 and junior Amanda Ray, 39th in 21:43.53.

In addition to the top three teams, the fastest five runners not on a qualifying team also earned a trip to the state meet. Finishmarron's course was very similar ing in the top ten individuals, in addition to Laura Lee Baird, KaraJo Jones and Abby Bainter "Laura Leed Baird led the race were: Janelyn Reimer, Cimarron, third, individual state qualifier, 17:19.69; Brittney Haynes, Sterling, fourth, individual state qualifier, 17:20.52; Cassie Kessler, Lakin, sixth, 17:36.39; Savanna Christensen, Medicine Lodge, seventh, 17:43.58; Emily Steimel,

Larned, eighth, individual state

Honored senior members of the

Josh Gallentine, KaraJo Jones and

Senior band members hon-

ored were: Jessica Gilgenbach,

Amanda Delimont, KaraJo Jones,

Brittany Otter, Stephanie Shepard,

"Dustyna Sprigg ran her best qualifier, 17:48.73; Hayley Taylor, Thomas More Prep-Marian, ninth, individual state qualifer, 17:56.81; Morgan Christensen, Medicine Lodge, tenth, 18:06.74. Amiee Dreiling, Ellinwood, who placed 13th in 18:16.06, was also an individual state qualifier.

Boys

Norton senior Zach Bainter for the state meet for the fourth straight year.

He was timed in 16:35.49 and was the only Norton boy to qualify

Second best Norton runner was junior Chris Maddy, who was 13th in 18:05.59 and just missed qualifying for the state meet by about six seconds. Maddy placed 12th in the regional meet last year with a time of 18:26 to qualify for the state meet for the second year

Third fastest runner for the Norton boys was sophomore Troy Bainter, who placed 21st in 18:37.32.

Finishing 23rd for the Blue Jays was freshman Bryan Henry with a time of 18:42.64. Freshman teammate Zach Hartwell rounded out the Norton boys five-man team finish with a 27th place in 19:01.07.

Huskies'

runner

to state

Also running for Norton and their places and times were: sophomore Zach Porter, 38th in 19:54.67 and sophomore Kegan Vanover, 46th in 20:34.86.

Runners, in addition to Bainter in the top 10 finishers were: Sam Leake, Sterling, second, 16:51.23; Ryder Eakin, Larned, third, individual state qualifier, 16:55.83; Devin Roberts, Sterling, fourth, 17:02.95; Enrique Sanchez, Southwestern Heights, fifth, individual state qualifier, 17:12.18; Michael Wolf, Holcomb, sixth, 17:17.16; Jace Jarnagin, Holcomb, seventh, 17:29.65; Kayson Matthews, Lakin, eighth, 17:33.70; Mitchell Gaede, Holcomb, ninth, 17:34.07; Zac Anthony, Lakin, tenth, 17:34.98.

Chris Fischer and Simon Wildberger, both of Medicine Lodge, placed 11th and 12th, respectively, with times of 17:40.46 and 17:59.61 and both were individual state qualifiers. Chris Maddy was just behind Fischer and Wild-

Next action

The Norton girls will run in the Class 3 A division at the State Meet on the golf course in Wamego this Saturday at 9 a.m.

Norton's Zach Bainter will run in the 3A State Meet at 10 a.m.

Northern Valley sophomore

Kayla Field placed sixth in the Class 1A Regional Cross Country Meet on Saturday in Grainfield. Kayla was timed in 17:49 and qualified for the state meet for

the second straight year. She will run in the state meet in Wamego on Saturday, begin-

ning at noon.

PUBLIC NOTICE

IN THE MATTER OF THE ESTATE OF HAROLD L. COOK, Deceased written defenses thereto on or before

Published in The Norton Telegram on Tuesday, October 28, November 4, and November 11, 2008

IN THE DISTRICT COURT OF **NORTON COUNTY, KANSAS**

In the Matter of the Estate of HAROLD L. COOK, Deceased

Case No. 2008-PR-51
NOTICE OF HEARING AND **NOTICE TO CREDITORS**

THE STATE OF KANSAS

TO ALL PERSONS CONCERNED: You are hereby notified that on October 24, 2008, a Petition was filed in this Court by Thomas E. Baker named as Executor in the Last Will and Testament of Harold L. Cook, Deceased, dated March 17, 2008, praying that the will filed with the Petition be admitted to probate, that he be appointed as Executor without bond, and that he be

granted letters Testamentary YOU ARE REQUIRED to file your Tuesday, November 18, 2008, at 3:30 o'clock P.M., of said day, in this Court, in the City of Norton. Norton County. Kansas, at which time and place the cause will be heard. Should you fail, judgment and decree will be entered in due course upon the Petition

All creditors are notified to exhibit their demands against the estate within four (4) months from the date of first publication of this Notice, as provided by law, and if their demands are not thus exhibited, they shall be forever

Thomas E. Baker, Petitioner

R. Douglas Sebelius, #09157 SEBELIUS & GRIFFITHS, LLP 105 South Norton Street P.O. Box 10 Norton, KS 67654-0010 785-877-5143 Attorneys for Petitioner

PUBLIC NOTICE

IN THE MATTER OF THE ESTATE OF HAROLD E. CURRAN, Deceased

Published in The Norton Telegram on E. Curran deceased, dated February Tuesday, October 21, October 28, and November 4, 2008

IN THE DISTRICT COURT OF **NORTON COUNTY, KANSAS**

In the Matter of the Estate of HAROLD E. CURRAN, Deceased Case No. 08-PR-45 IN THE DISTRICT COURT OF

NORTON COUNTY, KANSAS

PROBATE DIVISION The State of Kansas

To All Persons Concerned:

You are hereby notified that on October 14, 2008, a Petition For Probate Of Will and Issuance Of Letters Testamentary was filed in this Court by Delmar P. Curran, an heir, devisee and legatee, and Executor named in the Last Will and Testament of Harold

14, 2000, praying that the Will be admitted to probate and record, that he be appointed as Executor without bond and that he be granted Letters

Testamentary. All creditors are notified to exhibit their demands against the estate within four months from the date of first publication of this Notice, as provided by law, and

if their demands are not thus exhibited

Delmar P. Curran Petitione

John F. McClymont, #09379 RYAN, WALTER & McCLYMONT, Chtd. 120 S. State - PO Box 364 Norton, Kansas 67654 785-877-5183 Attorney for Petitioner

they shall be forever barred.

PUBLIC NOTICE

IN THE MATTER OF THE ESTATE OF **RUTH ANN BROWN, Deceased**

Published in The Norton Telegram on Tuesday, October 28, November 4, and November 11, 2008

IN THE DISTRICT COURT OF **NORTON COUNTY, KANSAS** PROBATE DIVISION In the Matter of the Estate of

RUTH ANN BROWN, Deceased Case No. 2008-PR-50 **NOTICE OF HEARING** ON PETITION FOR REFUSAL

OF LETTERS AND NOTICE

TO CREDITORS

THE STATE OF KANSAS TO ALL PERSONS CONCERNED:

You are hereby notified that a petition has been filed on October 23, 2008, in said court by Dennis Brown, as an heir of Ruth Ann Brown, Deceased, praying for an order refusing to grant Letters Testamentary in said estate on grounds that said estate consists of property valued at an amount less liens and encumbrances, less than \$35,000.00. You are hereby required to file your

written defenses to such petition on or before the 18th day of November, 2008, at 4:30 o'clock P.M. of said day in said court in the City of Norton, in Norton County, Kansas, at which time and place said cause will be heard Should you fail therein, judgment and decree will be entered in due course upon such petition.

All creditors are notified to exhibit their demands against said estate within four (4) months from the date of the first publication of this notice as provided by law, and if their demands are not thus exhibited, they shall be forever barred.

Dennis Brown

R. Douglas Sebelius, #09157 SEBELIUS & GRIFFITHS, LLP 105 South Norton Street P.O. Box 10 Norton, KS 67654-0010 785-877-5143 Attorneys for Petitioner

PUBLIC NOTICE

IN THE MATTER OF THE ESTATE OF **DAVID W. ZELLMER, Deceased**

Published in The Norton Telegram on Tuesday, October 28, November 4, and November 11, 2008

IN THE DISTRICT COURT OF **NORTON COUNTY, KANSAS** PROBATE DIVISION

In the Matter of the Estate of DAVID W. ZELLMER, also known as DAVID ZELLMER, Deceased

Case No. 2008-PR-49 **NOTICE OF HEARING**

THE STATE OF KANSAS TO ALL PERSONS CONCERNED: You are hereby notified that a petition

has been filed in this Court by Evelyn K. Zellmer, as one of the heirs of David W. Zellmer, a/k/a David Zellmer, Deceased, praying for the determination of the descent of the following described real estate.

A tract lying in Lot Fifteen (15), block Five (5), Steven's Addition to Almena, Norton County, Kansas, described as follows: commencing at the intersection of Cleveland Avenue and William Street, thence North 30 feet, thence East 30 feet

to the place of beginning, thence North 192.67 feet, thence East 58 feet, thence South 192'67 feet, thence West 58 feet to the place of beginning;

and all other property, real and personal, or interest therein owned by the decedent at the time of death; and you are hereby required to file your written defenses thereto on or before Tuesday, November 18, 2008, at 4:00 o'clock p.m. of said day in said Court in the City of Norton, in Norton County Kansas, at which time and place said cause will be heard. Should you fail therein, judgment and decree will be entered in due course upon said

Evelyn K. Zellmer, Petitioner

R. Douglas Sebelius, #09157 SEBELIUS & GRIFFITHS, LLP 105 South Norton Street P.O. Box 10 Norton, KS 67654-0010 785-877-5143 Attorneys for Petitioner

Fulton was also honored. Senior tennis team members Jacob VanSkike. honored were Hannah Fulton and Stephanie Shepard. **Sports** News to

Night" for the Blue Jays.



877-3361



Your Business

www.NWKansasOnline.com



BE SURE your

Business is Listed www.NWKansasOnline.com

Call 785-462-1149

New Healt New You!

Now, there is hope. Hays Medical Center's Bariatric Surgery Program may help you attain a more healthy body weight and other long-term health benefits.

An August 2007 New England Journal of Medicine report says obesity is associated with increased mortality. The life expectancy of severely overweight persons is reduced by an estimated 5-20 years.

Bariatric surgery can lead to long-term weight loss and decreased mortality due to weight-related complications. The health benefits of bariatric surgery may include:

- Significant weight loss
- Lower cholesterol
- Lower blood pressure
- Improvement of Type II diabetes • Improvement of cardiovascular health
- Relief of sleep apnea • Relief of digestive problems • Decreased joint pain
- · Improved mobility
- Improved self image

Reclaim your life and your health.

To find out if bariatric surgery is right for you, talk to your primary care physician or call 785-623-5945 today.



At Hays Medical Center

2220 Canterbury Drive - Hays 785-623-5945 www.haysmed.com

You've struggled with severe weight problems for years.

You've tried all the diets, but nothing seems to work. Now with weight loss surgery there is hope for you to reclaim your life.

