

This Black Angus cow delivered triplet calves last week. She belongs to Dave and Patty Stapp, owners of Long Branch Farms, Norcatur.

- Telegram photo by Carolyn Plotts

Triplet calves born on Norcatur farm

CAROLYN PLOTTS

carolynp38@hotmail.com The proud mama stood guard

as her three babies romped and played in their pen. They were just days old but already tipped the scales at 50-60 pounds

Saturday, Feb. 7, a nine-year old Black Angus cow, belonging to Dave and Patty Stapp, owners of Long Branch Farms, Norcatur, delivered triplet calves. Coincidentally, it was also Mrs. Stapp's birthday.

Mrs. Stapp said her husband had checked on the cow early in the day and discovered two calves.

Later, when he checked her again, there were three. She said they have never had triplets on

All three calves — two heifers and one bull — are healthy and doing well, said Mrs. Stapp. She said, "I doubt if she (the cow) can continue to feed all three. She probably won't have enough milk."

Mrs. Stapp later reported that one of the calves was placed on a heifer that had lost her calf.

flu. These include headache,

Carbon monoxide: dangerous gas

By BRANDY LEROUX

bleroux@nwkansas.com The Norton County Ambulance took a family of three to the Norton County Hospital early Wednesday morning for possible carbon monoxide poisoning. The family, Tonya and Mike Methot, and their daughter, Gia Laurin, were treated and released from the hospital later the same morn-

The family opted out of talking with The Telegram about the incident, though Mr. Methot did say the family is doing okay. The family lives on Brown Street,

Bob Helm, Public Relations for Midwest Energy, said there were elevated carbon monoxide levels present, caused by the damper being closed on a wood-burning stove while it was in use.

The incident allowed Midwest Energy to pass along the following information about carbon

• Carbon monoxide is an odor-

less, tasteless, colorless gas released when something burns. This generally means that where there is a flame there may be carbon monoxide present. Carbon monoxide is not harmful unless it builds to dangerous levels. To prevent carbon monoxide from building, you should never use the kitchen gas stove to heat a room. Don't run engines such as an automobile, lawn mower or snow blower in the garage or in areas where the fumes may enter the house.

• It is important to note that there are many sources of carbon monoxide present in the home everyday. Any time fuel such as oil, coal, natural gas, gasoline or kerosene burns, harmless amounts of carbon monoxide are released. But under certain conditions, dangerous levels of carbon monoxide can build. Exposure to carbon monoxide can cause symptoms that are sometimes mistaken for those of a cold or nausea, dizziness, drowsiness, weakness, vomiting, and convulsions. Please remember to conduct regular maintenance and properly use appliances. Have all heating systems, fireplaces, water and space heaters checked annually. Remember that any gas-powered motor is a source of carbon monoxide, so never leave them running where the exhaust fumes can enter the house. And finally, install carbon monoxide monitors to provide an additional safeguard. • If you suspect carbon mon-

oxide poisoning, call 911 or the fire department dispatcher, take the person suffering symptoms to fresh air, and ventilate the home by opening windows and doors. Everyone in the house should meet outside at your designated meeting place for emergencies. Carbon monoxide poisoning is far too dangerous with which to take chances.

School menus *Lunch* — Western bean bake,

Monday, Feb. 16

Northern Valley - NO

SCHOOL Norton Jr./Sr. High — Break*fast* — Yogurt, bagel with cream cheese, fruit or juice, or cereal and toast with margarine and jelly, and milk — Lunch — Monte Cristo with ham, corn, fruit, cherry cobbler, or chef salad, and milk.

<u>Eisenhower Elementary</u> — Breakfast — Shipwreck, or cereal and toast with peanut butter, orange juice and milk — *Lunch* — Chicken fry, whipped potatoes, gravy, green beans, dinner roll, fruit cocktail and milk.

Tuesday, Feb. 17

<u>Northern Valley</u> — *Break*fast — Sausage gravy, biscuits, hashbrowns, pineapple, or cereal, and milk — Lunch — Ham 'n cheese pockets, mashed potatoes, buttered peas and carrots and pineapple chunks.

Norton Jr./Sr. High — Breakfast — Breakfast round, fruit or juice, or cereal and toast with margarine and jelly, and milk — Lunch Macaroni and cheese, green beans, bread with margarine, sweetened applesauce, brownie, or chef salad, and milk.

Eisenhower Elementary — *Breakfast* — Ice cold strawberries, bagel with cream cheese, butter, apple juice and milk —

cheese stick, corn, jell-o with pears, corn bread and milk.

Wednesday, Feb. 18

<u>Northern Valley</u> — *Breakfast* Cinnamon butterflake biscuits, scrambled eggs, grape juice, or cereal, and milk — Lunch — Beef tamale pie, tossed salad with dressing, buttered corn, garlic stick and lemon pie.

Norton Jr./Sr. High — Breakfast — Coffee cake, fruit or juice, or cereal and toast with margarine and jelly, and milk — Lunch Chicken fajita, lettuce and chopped tomato, bread, watergate salad, fruit, or chef salad,

and milk. <u>Eisenhower Elementary</u> — Breakfast — Banana spears, apple wedge, oatmeal muffin square, or cereal and toast with peanut butter, grape juice and milk — *Lunch* — Pigs in a blanket, french fries, dill spear, baby carrots, rosy applesauce and milk.

Thursday, Feb. 19

<u>Northern Valley</u> — *Breakfast* Streusel top muffin, hashbrowns, fruit, or cereal, and milk — Lunch — Parmesan chicken, whole wheat roll, buttered peas, rosy applesauce and milk.

Norton Jr./Sr. High — Breakor cereal and toast with peanut fast — Sausage pockets, tater wedge, fruit or juice, or cereal and toast with margarine and jelly, and milk — Lunch — Pigs in a blanket, coleslaw, peas, jell-o with whipped topping, or chef salad, and milk.

<u>Eisenhower Elementary</u> — Breakfast — Sausage pancakes on a stick, warm maple syrup, strawberry fruit cup, or cereal and to ast with peanut butter, apple juice and milk — Lunch — Hamburger gravy, whipped potatoes, warm peas, peaches, cinnamon rolls and milk.

Friday, Feb. 20

Northern Valley — Breakfast Cherry coffee cake, scrambled eggs, apple slices, or cereal, and milk - Lunch - Spaghetti, tossed salad with dressing, buttered green beans, french bread, peach half and milk.

Norton Jr./Sr. High — Break*fast* — Biscuit and sausage gravy, fruit or juice, or cereal and toast with margarine and jelly, and ${\rm milk}-{\it Lunch}-{\rm Hamburger}$ with fixings, lettuce and tomato, french fries, fruit, or chef salad, and milk.

<u>Eisenhower Elementary</u> — Breakfast — Hot ham slice, hashbrown patty, peaches, or cereal and toast with peanut butter, grape juice and milk — *Lunch* — Cavatini, tossed salad, mandarin oranges, garlic bread

Chew Week' begins Monday Through With

The Norton County Counsel on Alcohol and Other Drugs wants the community to know it is "Through With Chew Week" Feb. 15 through Feb. 21. The goal is to raise awareness about the dangers of smokeless tobacco and encourage smokeless tobacco users to quit.

The United States Surgeon General has concluded that the use of smokeless tobacco "is not a safe substitute for smoking cigarettes. It can cause cancer and a number of non-cancerous conditions and

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can lead to nicotine addiction and

dependence." Smokeless tobacco use is highest among high school males and Kansas rates are higher than average. According to the 2007 Kansas Youth Risk Behavior Survey, 16 percent of Kansas high school males report currently using smokeless tobacco. In the United States, an estimated 13.4 percent of high school males use smokeless tobacco.

"We need Kansas males to hear the message that smokeless does

not mean harmless," said Craig Krizek, D.D.S. "Smokeless tobacco is addictive, can cause throat and mouth cancer, and can cause you to lose part of your face or even your life.'

When Kansans are ready to be "Through With Chew" or other tobacco products, the toll-free Kansas Tobacco Quitline -866-KAN-STOP (1-866-526-7867) is there to help. Experienced quit coaches work with callers to prepare for a quit date and help them make a free personalized quit plan.

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are given to the paper when the fines are paid. Limited action and small claim cases are reported only after the defendant is served.

Traffic

Jan. 26 — David J. Adamczyk, Pleasant Hill, Mo., speeding 80 in a 65 mph zone, fine \$69, court cost \$66.

Jan. 26 — Bradley S. Anderson, Ketchum, Okla., speeding 84 in a 65 mph zone, fine \$93, court cost \$66.

Jan. 26 — Kevin L. Bainter, Hays, speeding 77 in a 65 mph zone, fine \$51, court cost \$66.

Jan. 26 — Candice A. Izzarelli, Norton, speeding 72 in a 55 mph zone and failure to use child restraining system or seat belt, fine \$141, court cost \$66.

Jan. 26 — Donald E. Lantz,

Denver, failure to have oversize permit, fine \$109, court cost \$66.

Jan. 26 — Katherine R. Kohr, Norton, driving on right side of roadway required, fine \$69, court cost \$66.

Jan. 26 — Lyndon L. Pence, Granite, Okla., speeding 84 in a 65 mph zone, fine \$93, court cost \$66.

Jan. 26 — Richard P. Reagan, Mayfield Heights, Ohio, speeding 76 in a 65 mph zone, fine \$45, court cost \$66.

Jan. 26 — Ronald J. Rietcheck, Hoxie, speeding 67 in a 55 mph zone, fine \$51, court cost \$66. Jan. 26 — Harold G. Schiltz,

Selden, speeding 78 in a 65 mph zone fine \$57, court cost \$66. Jan. 26 — Christopher L. Tracy, Amarillo, Texas, speed-

ing 75 in a 65 mph zone, fine \$39, court cost \$66. Jan. 26 — Fredric R. Wilson Jr., Aurora, Colo., speeding 80 in a 65 mph zone, fine \$69, court

cost \$66. Jan. 26 — Shannon L. Yost, Big Rapids, Mich., speeding 80 in a 65 mph zone, fine \$69, court cost \$66.

Jan. 29 — Tanner L. Conrad, Smith Center, speeding 66 in a 55 mph zone and failure to wear seat belt, fine \$75, court

cost \$66. Jan. 29 — Dirk J. Franzen, Broken Bow, Neb., motor carrier safety rules and regulations, fine \$109, court cost \$66.

Jan. 29 — David L. Jackson, Logan, failure to use child safety restraints and seat belt, fine \$69, court cost \$66.

Jan. 29 — Lance M. Willoughby, Littleton, Colo., speeding 77 in a 65 mph zone, fine \$51, court cost \$66.

Animal Shelter

For Adoption One-year-old female Bassett

Four-year-old female, brindle Lab mix, spayed.

One-year-old female Lab/ Boxer mix.

Twelve-week-old male kitten,

Program closes at Norton facility

By BRANDY LEROUX

bleroux@nwkansas.com In an effort to reduce the Department of Corrections' budget, several facility and community based programs have been suspended effective April 1. Among the programs is the Sex Offender Treatment Program at the Norton Correctional Facility.

The program is run by DCCCA (the initials are used in lieu of a name) in Topeka. According to

George Heckman, the assistant director, one full-time employee and three quarter-time employees' jobs will be affected. Mr. Heckman did say that there are openings for transfers in other parts of the state, though. The Sex Offender Treatment Program usually has about 30 inmates, and there's almost always a waiting list to get into the program. Bill Miskell, the Kansas Department of Corrections pubic information officer, said the inmates, if wanting to join another similar program, will be able to transfer to another facility as space allows.

Other programs to be suspended are the Lansing Correctional Facility South Unit in Osawatomie Substance Abuse Therapeutic Community, the Salvation Army Shield of Service House in Kansas City, and Wichita and Topeka Mirror, Inc. Community Residential

School reminders

NORTHERN VALLEY **SCHOOLS**

Monday, Feb. 16 - NO SCHOOL; HS Dance team practice, TBD, FFA NW District Public Speaking at Hill City, 9

Tuesday, Feb. 17 — KAY Unit conference at Logan, 8:15 a.m. to 11:30 a.m.; HS Basketball at Hill City, 5 p.m. Wednesday, Feb. 18 — Tech-

nology Director Cadre at Hays, 9 a.m. to 3 p.m. Thursday, Feb. 19 — HS Dance team practice, TBD; GNEC Vocal Clinic at Damar, practice at

1 p.m., concert at 7 p.m. Friday, Feb. 20 — FastFor-Word Users Group meeting at A.P.; Site Council, 5 p.m. Salina, 9 a.m. to noon; 4th and

1:10 p.m. and boys at 2:10 p.m.; HS Basketball vs. Palco at Almena, Senior Night, 4 p.m. HS Dance team will perform at halftime of Boys' A-Team game. Saturday, Feb. 21 — State

Long Island, 1:10 p.m., girls at

Piano Festival **NORTON COMMUNITY HIGH SCHOOL**

Monday, Feb. 16 — FFA Public Speaking at Hill City, 9 a.m.; JAY Singers, A.P.

Tuesday, Feb. 17 — KAY Unit Conference at Logan, 8 a.m.; Cheerleaders, A.P.; Basketball vs. Hoxie, there, 6:30 p.m.

Wednesday, Feb. 18 — B.A.S.S meetings, A.P.; SAC meeting,

Thursday, Feb. 19 - KSPA

KAYS, A.P.; FFA WLC at Phillipsburg, 4 p.m. Friday, Feb. 20 — Regional

Wrestling at Ellis, 2 p.m.; Basketball vs. Ellis, here, JV/V, 5 Saturday, Feb. 20 — State

Piano Festival at Wichita State University; Regional Wrestling at Ellis, 10 a.m. **NORTON JUNIOR**

HIGH SCHOOL

Thursday, Feb. 19 - S.I.T., 7:30 a.m. **EISENHOWER**

ELEMENTARY Monday, Feb. 16 — Site Coun-

cil, 5:30 p.m.; 1st and 2nd Grade Vocal Concert at East Campus Auditorium, 7 p.m.

Thursday, Feb. 19 - 5 and 65th grade Basketball games at Regional meeting; FHSU; Grade Level meeting, 3:40 p.m.

Special to The Telegram

The Almena school board purchased a new dishwasher for the Almena kitchen, as well as a boiler for Long Island; and approved the repair of the 500 gallon hot water heater for the grade school.

After a short executive session, the board voted to accept four students that live in the Norton school district last month. Katie, Sheila, Dallas and Alex Stillion were approved as out-of-district students.

The board voted to submit a letter to Northern Valley Education Association advising them of the board's intent to negotiate certified staff salaries.

George Griffith, superintendent and high school principal,

reported on the governor's recommendations for budget cuts and briefed the board on the status of the local budget, announced that anyone wanting to file for open school board positions had until Jan. 27 to do so, and reported on maintenance issues. Mr. Griffith said the fire marshall was at the school, the state auditor is coming and guidelines for graduation speakers have been set.

Cheryl Roberts, elementary school special education instructor, gave the board a report on the Dynamic Indicators of Basic Early Literacy Skills testing that is done in kindergarten, first and second grades, and Sandra Dole, preschool instructor, said the preschool students are learning

to play board games and shared some file folder games.

The board decided to use the updated evaluation forms used, and approved to let Brittney Braun leave early for work release.

As per the rotation schedule, the board discussed football uniforms, then tabled the discussion until more options are researched.

The board approved the 2009-2010 school calendar.

Chris Robertson, Northern Valley elementary school principal, gave the board information on testing, the spelling bee, perfect attendance, Norton County Conservation contest winners and upcoming events.





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