#### Donald William Stapp July 15, 1918 - Feb. 23, 2009

Donald William Stapp died Monday, Feb. 23, 2009, at the Decatur County Good Samaritan Center in Oberlin at the age of 90. He was born July 15, 1918, on a farm northwest of Norcatur to Ray Joseph "R. J." and Emma (Bailey) Stapp.

Don and his three siblings were raised on the family farm in the Norcatur Community. He attended a country school near his home and Norcatur High School. While growing up, Don helped his father farm and continued to farm after his schooling.

On Jan. 21, 1940, Don was united in marriage to Goldie Mae Kolsky in a double wedding with his sister, Alice, and Mike Shirley in Norton. Don and Goldie made their home on the Stapp Family farm northwest of Norcatur and raised their three sons there.

In 1968, Don and Goldie

moved to Oberlin. Don continued to farm part-time and began working for the City of Oberlin. Over the years, he was part of the Road Department, took care of mowing and watering area parks, and helped at the power

Don was a member of the United Methodist Church and a past member of the Lions Club. He enjoyed farming and working for the city, doing odd-jobs for family and friends, attending local sporting events and being involved with the Decatur County Amusement Authority, an organization he was associated with from its beginning.

Survivors include his wife, Goldie, of the home; three sons and their wives, Rodney and Delores Stapp of Norton, Larry and Marcia Stapp of Holcomb and Garry and Barbara Stapp of Ord, Neb.; one brother, Dewaine Stapp of Oberlin; two sisters, Alice "Tillie" Shirley of Oberlin and Delores Longwith and husband, Richard, of Mission, Texas; 10 grandchildren, 13 great grandchildren and two step great grandchildren. He was preceded in death by his parents and two infant broth-

Funeral Services were today at 10:30 a.m. at Pauls Funeral Home in Oberlin with the Rev. Doug Hasty officiating. Burial was at the Norcatur Cemetery.

Cheryl Metcalf was the organist and Cheryl Metcalf was the vocalist. Musical selections were "Beyond the Sunset" and "On the Wings of a Snow White Dove." Casket bearers were Kevin Stapp, Kyle Stapp, Monte Stapp, Trevor Stapp, Sam Stapp and Tanner Morel. Memorials may be sent to the Oberlin United Methodist Church and the Decatur County

# Walk Kansas 2009 begins March 8

A child's delight in his or her first steps is cause for celebration. But, many in Kansas who choose to enroll in the Walk Kansas program also have reason to celebrate, because they're taking their first steps in improving health and fit-

Walk Kansas 2009 will begin March 8 and continue until

The inexpensive, eight-week fitness program encourages teams of six to log heart-healthy exercise during that time. Together, as a team, their goal is to walk or exercise enough to equal covering the distance of 423 miles across Kansas.

The program's equivalents for walking a mile are 15 minutes of such moderate activities as walking, biking and gardening. This year efforts will be reported in minutes rather

Home ed Tranda Watts, Extension specialist

than miles.

Moderate physical activity is known to help in managing weight, lowering blood pressure, reducing stress, improving sleep, and reducing the risks of diabetes and some cancers.

The team concept is helpful because knowing that others are counting on you may be all that's needed to encourage activity.

Teams often include co-workers, neighbors, or church or other friends who share a desire to improve health.

comfortable pairs of walking shoes and socks. Prior experience with Extension's programs or services isn't necessary. Many who enroll are, in fact, just getting acquainted with Extension's programs and helpful information.

Registration cost is \$7.00 per person and includes the registration materials and weekly newsletters with health and fitness tips and recipes. Participants can purchase an optional

T-shirt. Keep in mind that registrations are due Friday, March 6 so you will be enrolled in time to begin walking on March

(More information is available at your local County Extension Office as well as on the Walk Kansas Web site at www.walkkansas.org or by e-The program only requires mailing twwatts@ksu.edu.)

## Renewal Day an emotional experience

t was Renewal Day at Norton Valley Hope (Feb. 13)! For those who do not know what this event is, let me explain. On the 2nd Friday of each month, we encourage those who have come through our doors at any time in the past to come back to celebrate recovery, share their experiences and get recharged, refocused and renewed in their commitment to recovery. What a wonderful experience!

The highlight of our day is the Medallion Ceremony. This is an opportunity to celebrate recovery birthdays (years of recovery). It begins with those who are celebrating their first year of recovery and moves through those who are back to share years of recovery experience. We have the chance to hear what life is like in recovery, the ups and downs, the challenges and the joys. Obviously our returnees are blessed by this event but also our current patients get to see sobriety/clean time is possible regardless of what life throws at you.

### Where There's Hope

Carla Moore

live without the numbing effects of alcohol and drugs makes it even more difficult for us. Many who come through our doors do not maintain sobriety the first, second, or tenth time they come in. Having the honor of seeing people we have worked with come back, continue to share their lives with us and see that what we do makes a difference fills our cups as staff. Often we hear sad updates on those who have relapsed, continued the downward spiral and sometimes even died in the disease but we have the chance to grieve with others who understand.

I am sitting here, looking at my computer screen, trying to figure out how to share with you what this day feels like for us. What comes to mind is the saying, "If you are Living is difficult. Trying to having an experience there are no Namaste - Carla.)

words, it's a spiritual experience.' Watching people who have had sense of not being connected to the world around them, or the people in their lives blossom into the spirit of love, is amazing! To see patients come in who cannot look up, don't want to be touched and think they are truly the worst creation of vindictive God come back and share how they love people, life and themselves today is a miracle. To see them looking those around them in the eyes, introducing themselves with a smile and giving hugs is to people they know and people they've just met is beyond words.

We get to see this every day at Norton Valley Hope. I'm not sure what you think goes on here but I can guarantee what you think barely scratches the surface. If you decide you want to come experience Renewal some time, give me a call.

(If you have any questions or comments, you can contact me at cmoore@valleyhope.com. \

### PUBLIC RECORD

**District Court** 

These transactions were taken from the records of filings in the offices of the District Court Clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are given to the paper when the fines are paid. Limited action and small claim cases are reported only after the defendant is served.

**Traffic** 

Feb. 12 — Reva A. Carlson, Trenton, Neb., speeding 80 in a 65 mph zone, fine \$69, court

Feb. 12 - Laurie J. Long,

Norton, speeding 80 in a 65 mph zone, fine \$69, court cost \$66. Feb. 12 — Kari A. Ross, Colby,

speeding 86 in a 65 mph zone, fine \$108, court cost \$66. Feb. 12 — Brian K. Rudd,

Phillipsburg, speeding 81 in a 65 mph zone, fine \$75, court cost \$66.

Feb. 12 — David C. Waltzer, Aurora, Colo., speeding 79 in a 65 mph zone, fine \$63, court Feb. 19 — Nicholas Gomez,

Mission, Texas, expired registration, fine \$69, court cost

Feb. 19 — Leroy L. Kilmer,

Fortuna, Mo., speeding 84 in a 65 mph zone, fine \$93, court cost \$66.

Feb. 19 — Coralynn A. Laplant, Clayton, failure to use child safety restraints and seat belts, fine \$99, court cost \$66.

Feb. 19 — Nathan L. Lilienthal, McCook, Neb., speeding 78 in a 65 mph zone, fine \$57, court cost \$66. Feb. 19 — Patrick E. Meier,

Hays, speeding 82 in a 65 mph zone, fine \$81, court cost \$66.

Feb. 19 — Bart E. Osthoff, Sheridan, Wyo., speeding 83 in a 65 mph zone, fine \$87, court

# Accident report

February 19 — Officer Jody Enfield responded to a two-vehicle accident on N. Kansas Avenue. Richard Wyatt, Norton, had legally parked his vehicle on N. Kansas, and an unknown vehicle struck the side of the vehicle and left the scene without reporting it. Damage was listed as more than \$1,000. No injuries were

February 22 — Officer Larry Land responded to a two-vehicle accident in the Love's parking lot. Tad Hartsough, Norcatur, was parked in front of the Love's store and said Rebecca Hartsough pulled forward and hit the back of his vehicle twice. Rebecca Hartsough said he backed into her and then she pulled forward and hit his vehicle once. Damage was listed as more than \$1,000. Amber Jessie, Norton, was listed as a passenger in Mr. Hartsough's vehicle. Katerine Kohr, Destiny Chastain and Christopher Chastain, Norton, were listed as passengers in Ms. Hartsough's vehicle. Ms. Hartsough and all her passengers were taken to the Norton County Hospital with possible injuries. They were treated and released from the hospital.

February 23 — Officer Jody Enfield responded to a two-vehicle accident on N. Norton Street. John Debates, Norton, was backing out of his driveway onto Norton Street when he struck a legally parked vehicle, belonging to Betty Pfannenstiel, rural Norton. Damage was listed as more than \$1,000. No injuries

## It's a boy!



Oliver James Douthit

Chad and Tanya Douthit of Brandon, S.D. are the proud parents of Oliver James, born on Feb. 15, 2009 at 7:36 p.m. in Sioux Falls, S.D. Oliver weighed 6 pounds, 4 ounces and was 19 inches at birth.

Maternal grandparents are Sue Draper of Colby and the late Bill Draper. Paternal grandparents are Walter Douthit of St. Francis and Torre and Mark Whitney of Norton. Great-grandparetns are Willard Morgan of Hoxie, Jeanette Conway of Oberlin, and Ed and Joan Whitney of Norton.

Think TELEGRAM when you think gifts 877-3361

#### **FYI**

Fort Hays State University recently released the names of more than 500 students who completed the requirements for undergraduate degrees for bachelor and associate's degrees during the 2008 fall term. Included are: Nick J. Wahlmeier, Clayton, B. S. in Agribusiness; Amy L. Myers, Norton, B.B.A in Marketing, B.B.A. in Management; Amy Renee Robinson, Norton, B.B.A. in Management; Jennifer Jo Brumbaugh, B.S. in Nursing, Logan; and Sheila Renee Peeler, B.S. in Psychology, Long Island.

The family of Veda Heisel will hold an open house in her honor for her 90th birthday on Saturday from 2 to 4 p.m. at the Lenora Senior Center.

A card can be mailed to her at P. O. Box 283, Lenora, Kan. 67645.

Duplicate Bridge met Wednesday with three tables.

Claudia Bridges and Norman Walter took first place.

Joyce Sumner and Mary Keith took second.

(Items to (785) 877-3361)

Retirement Party Sherland Bietz Tuesday, March 3 2:00-3:30 at the

The Norton Telegram, a lasting gift



## Andbe Home **BE - Biotechnology Endorsement**

Trent Richmond



BE-Biotechnology Endorsement is available on corn for grain! Find out how you can receive a premium rate reduction on your buy-up MPCI (APH, RA, CRC) policy.

For more information, contact your NAU agent today!



NAU Country Insurance Company

Dave Donovan Phone: 785-877-4016 • Norton, Kansas NAU Country Insurance Company is an Equal Opportunity provider



Cub news? Just

call (785) 877-3361

**Used Furniture** 

Like New - Used Furniture for Bedrooms, Living Rooms, Kitchen, Dining Rooms, also Mattresses

Hours: Wednesday-Saturday 10-5 p.m. Monday-Tuesday — By Chance OFF KQNK ROAD SOUTH ON RADIO ROAD

CALL 785-877-2818

Bridges Group, Inc.

02 2-27-09 Social.indd 1