

OBITUARY

Florence C. Mindrup

March 16, 1921 - March 3, 2009

Florence C. Mindrup, 87, Salina, died March 3, 2009. She was born the daughter of Albert & Florence (Miller) Lindblade, March 16, 1921, in Concordia. She was a farm homemaker, she helped in the cafeteria at the New Almelo and Lenora schools, and also volunteered as foster grandparent for School District 305.

She married Lawrence E. Mindrup, Sept. 9, 1941, at St. Joseph's Catholic Church in New Almelo.

She was preceded in death by her parents; her husband in 1984; two daughters, Barbara in 1959, and Joyce in 1957; a son, Edward in 1956; a grand-

son, David in 1983; one sister Earline; five brothers, Edgar, George, Frank, Bernard and Charles; and three son-in-laws, David Pestinger, Larry Honeycutt and Art Dougherty.

Survivors include the following children: Bernadine Dougherty of Tucson, Ariz., T.A. Mindrup of Lawrence, Charles Mindrup of Colorado Springs, Donna Honeycutt of Frederick, Colo., Doris Pestinger and husband Russell Anspaugh of Salina, Francis Mindrup and wife Maureen of Castle Rock, Colo., Kathleen Jackson and husband Travis of Salina, and Patricia Mindrup and husband Jim Kapeller of Aguila, Ariz.;

a sister Anna Mindrup of Salina; a brother John Lindblade and wife Jane of Gardnerville, Nev.; 17 grandchildren and 19 great-grandchildren; five step-grandchildren and 11 step-great-grandchildren.

Mass of Christian Burial will be 10 a.m. on Saturday at St. Mary's Catholic Church in Salina.

Burial will follow in the St. Joseph's Cemetery in New Almelo at 3:30 p.m.

Memorials may be made to the St. Mary's Grade School, Salina.

Visitation is from 5 to 8 p.m. today at the Ryan Mortuary, 137 N. 8th. St., Salina.

Girl Scouts celebrate 97th anniversary

Next week, Girl Scouts of Kansas Heartland will be celebrating Girl Scout history week. Thursday will mark the 97th anniversary of Girl Scouting in the United States. Many troops across Girl Scouts of Kansas Heartland will be celebrating by attending church services, hosting overnight events, and some communities will be participating in Girl Scout ceremonies.

The annual Girl Scout Week commemorates the 1912 founding of Girl Scouting in the United States by Juliette Gordon Low. In Girl Scouts, girls ages 5 to 17 enjoy a multitude of exciting, skill-building activities designed to build courage,

confidence and character. For the past 97 years, the organization has helped shape more than 50 million women. Girl Scouting cultivates values, social conscience, and self-esteem in young girls, while teaching them critical life skills to later succeed as adults. Membership continues to grow as girls take advantage of the all-girl environment. Today, Girl Scouts of Kansas Heartland is proud to serve more 14,000 girls and 4,223 adults in 80 counties.

"During Girl Scout Week, we renew our commitment to making sure every girl in Kansas has the opportunity to grow strong and realize their own poten-

tial," said Shelly Chenoweth, Chief Executive Officer of Girl Scouts of Kansas Heartland. "We invite everyone over the age of 18 to volunteer with a local Girl Scout troop or council program. We need your help! You don't have to be a troop leader — even if you can only donate one hour of your time once a year, you'll be making a great difference in the lives of Kansas girls."

For more information on how you can become involved in Girl Scouts, please contact the Girl Scouts of Kansas Heartland office at (785) 625-5671 or visit their website at www.kansas-girlscouts.org.

Quilt club meets, displays projects

By BEVERLY KINDLER
Special to The Telegram

Twenty-seven members of the Heritage Quilt Club had many quilted items to share during the March meeting.

Ten members displayed their Border of the Month project. These projects will be completed next month with the addition of a log cabin border or border of the quilter's choice.

Four members displayed Blocks of the Month they made for the quilt project they are participating in at Stitch Up A Storm.

Several colorful and unique quilts were displayed during Show and Tell. Joyce Trumbo's youth quilt featured horses. Kay Strevey's quilt was the "March of the Penguins," complete with

a red cap on each penguin. Carol Otter is ready to quilt "Crazy Stars in Blue." Connie Miller showed her red, white and blue large quilt in the "Stars and Crowns" pattern.

Anise Gill shared a quilt she made with blocks from all shops visited in a recent quilt shop hop. It was quilted in a Chantilly lace motif.

Janice Beale displayed two doll quilts she had made and a full size quilt featuring "Gypsy Chicks."

Lynn Tacha announced final plans for the bus trip that is planned to visit the International Quilt Study Center and Museum in Lincoln in April.

National Quilt Day will be observed March 21 with a display of quilt books at the Norton

Public Library.

Quilted items, made by members of the Heritage Quilt Club, are currently displayed in the Art Gallery at the library.

A review of the book, "Childhood Treasures — Doll Quilts By and For Children," was presented by Beverly Kindler. The book features 80 antique doll quilts from the renowned Mary Ghormley Collection.

Members were asked to bring a childhood doll and doll quilt. Each shared a brief story about her doll and doll quilt.

Hostesses reminded members that March was "green" with decorations and dessert for St. Patrick's Day. The hostesses were Janice Beale, Jo Pakkebie, Erma Lee Gebhard and Dixie Covington.

Deadline approaching for assistance

The expiration date for filing applications for Emergency Disaster loans by farmers and ranchers in Rawlins, Decatur, Norton, and Phillips Counties is Monday, according to John C. Vogt, Farm Loan Manager, for the Farm Service Agency.

Mr. Vogt advised that those needing farm credit as a result of severe storms, flooding, and tornadoes occurring from May 22, 2008 to June 16, 2008 and who think they are eligible for Farm Service Agency assistance, should make their applications at the Norton County Farm Service Agency

Office, PO Box 365 or 11506 Pineview Dr, Norton, Kans., 67654 before the expiration date.

"Loans covering physical and/or production losses may be made at 3.75 percent interest rate, and are scheduled for repayment as rapidly as feasible, consistent with the applicant's reasonable ability to pay," said Mr. Vogt.

Farm Service Agency loans covering physical losses may be used to replace installations, equipment, livestock, or buildings (including homes), lost through this disaster; and loans covering production losses may be used to

buy feed, seed, fertilizer, livestock, or to make payments on real estate and chattel debts.

"Funds can also be used for other essential operating and living expenses," Mr. Vogt said.

To be eligible for an emergency disaster loan, an applicant must be operating a family size farm or ranch, must be unable to get credit elsewhere, and must have suffered a qualifying physical and/or production loss from the disaster.

Accident report

Saturday, Feb. 28 — Officer Jody Enfield responded to a two-vehicle accident in the Norton County Hospital parking lot. Jeris Norman, Norton, was backing out of a parking stall and struck a legally parked vehicle belonging to Jeff McKinley, Norton. Damage was not listed. No injuries were reported.

Monday, March 2 — Police Chief Pat Morel responded to a two-vehicle accident on East Warsaw. Julie Siefers, Plainville, was backing out of an alleyway between north Wabash and North Norton and stuck a legally parked vehicle belonging to Kristin Vogel, Phillipsburg. Damage was listed as more than \$1,000. No injuries were reported.

Correction

The phone number to register for Todd Rundstrom's professional photography class, being held Saturday at the Norton Public Library, is Bob and Rita Speer, 877-5205. The Telegram was given the wrong phone number.

(The Norton Telegram urges readers to contact us at 877-3361 whenever they spot something that needs correction or clarification.)

She's Back ... Angela Bates, niece of the reknowned Ernestine of Nicodemus, is returning Saturday, March 14 to teach us about fried chicken and hot wings

Destination Kitchen
Serving Lunch Tuesday-Saturday 10 a.m.-6 p.m.
115 S. Main - Norton, Kansas 67654

THIS CLASS IS FILLING UP FAST SO CALL US AT (871-2911) TO GET THE DETAILS AND MAKE YOUR RESERVATIONS

HOURS: MONDAY-SATURDAY 10 A.M.-6 P.M.

Checkin' it out



Cole Kleinschmidt looked through the kindergarten classrooms Monday evening during kindergarten round-up at Eisenhower Elementary.

- Telegram photo by Brandy Leroux

New sweetener sweeter than sugar

Stevia (pronounced steve-ee-uh) is the "newest" sugar substitute available. Stevia is a sweetener that is approximately 250 times sweeter than table sugar.

It provides no calories or carbohydrates, and has no effect on blood sugar levels. One packet of stevia (as a white powder extract) is almost one-half (1/2) teaspoon and has the sweetening power of about two cups of granulated sugar.

Many companies are introducing new foods using various trademark names for sugar substitutes made with stevia. For example, Coca-Cola is selling beverages made with Truvia and Pepsi is selling beverages made with PureVia.

The cost of stevia is very high, generally four or more times the price of table sugar.

Stevia Safety

In December 2008, the U.S. Food and Drug Administration recognized stevia as being generally recognized as safe, or GRAS, when used as a general purpose sweetener for foods and drinks. More precisely, the

Home ed
Tranda Watts,
Extension specialist



create a person's desire for sugar, possibly making weight-loss dieting more difficult. However, unrefined stevia leaves have been used in other countries for many years, with no known harmful effects.

Cooking with Stevia?

Baking with stevia currently poses problems unless it is mixed with sugar or another ingredient. But stevia works well with most fruit or dairy recipes, especially citrus-type drinks. It is stable at high temperatures and can be used with both high acid and low acid foods.

Too much stevia may cause a food or beverage to have a bitter aftertaste, so use the exact amount specified in the recipe when cooking with stevia. Brands of stevia high in steviolides will yield a sweeter taste without bitterness.

For more information about healthy eating, contact your local K-State Research and Extension Office or e-mail twatts@ksu.edu.

The Norton Telegram
News you need!

March 6-
March 11

Showing at the
NORTON THEATRE
He's Just Not That Into You
(PG-13) 2 Hours, 19 Minutes (In Digital Surround Sound)
Friday and Saturday: 8:00 p.m.
Sunday: 5:00 p.m.
Mon., Tues., Wed.: 7:00 p.m.

The Pink Panther 2
1 Hours, 42 Minutes (PG)

Let's Go to the Movie

Since both movies are non-premieres, all passes accepted

Both movies are the general admission price of \$6.00-\$5.00
\$3.00/Ticket for Either Movie this Sunday)

COMING SOON

website:
nortontheatre.com

This ad is brought to you by The Norton Telegram