

Time change changes number of things

One, two, three, four, five, six, seven, eight. I think that'll get it. That's the number of clocks I'll need to adjust this weekend at my place as we move into Daylight Saving Time. Simply move your clocks UP one hour before going to bed Saturday night. The time change officially occurs at 2 a.m. Sunday. It'll be lighter longer, which you already know, and we'll be robbed of an hour's sleep, which you already know, too. I wouldn't mind if they would just keep us on Daylight Saving Time always. Since they adjusted the time changes we're down to only four months of Central Standard Time — November, December, January and February.

As a diabetic I will have to talk to my system this weekend about insulin needs. That's something else. I remember some time back when I visited my kids in Colorado and Washington state. That involved three time zones — Central, Mountain and Pacific. My system complained the entire time. I inject before breakfast, before my evening meal and before going to bed. Well, you can see how time changes affect that activity.

Here in Kansas, in case you have forgotten, we have two time zones — Central and Mountain. Sherman County (Goodland is the county seat) observes Mountain time. Over in western Thomas County (Colby is the county seat and on Central time), some farmers find their land in both time zones.

They could conceivably have a burger and beer cookout in both — put the grill in Mountain time and the table with the burgers, trimmings and beer in Central time. Only problem is when they tell guests to be there at 6:00, what 6:00 are they talking about? Can you imagine the Thomas County bunch showing up at 6:00 their time, hungry and thirsty? And the friends in Sherman County showing up at 6:00 their time — which would be 7:00 on the Thomas County clock — and the buggers and beer all gone? That most certainly would set the stage for a continuing time zone debate.

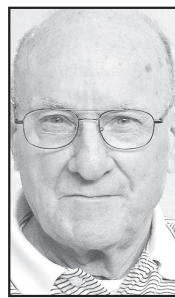
Having lived at Goodland for nearly 25 years — 1965-1989, as the daily newspaper's and weekly newspaper's editor — I know how emotional a Mountain vs. Central time zone debate can be. And I don't think that county, that community, will ever abandon its allegiance to Mountain time.

Oh, did I remember to tell you to be sure to move your clocks up an hour Saturday night?

Adam, biting into an apple, "Honey, what's a clock?"
Eve, "I haven't got time to tell you

Let's Chat

Tom Dreiling



right now."

Talk about being deceptive ...

I watched one of the cable news outlets interview two people who had lost their jobs because of the economic downturn, and how happy they are now with the choices they made since. One opened a beauty salon and the other a clock shop. Both were employed on Wall Street and were pretty well healed, so they had the funds to open their own businesses. The point of the interview escapes me. Most of the unemployed, because of the economic downturn, are standing in lines hoping to find work — any kind of work — to support their households. Instead, they found two people who had money, and despite their layoffs were able to carry on in an upbeat way. It almost seemed like a slap-in-the-face to those who weren't financially padded. Because the beauty salon owner and clock shop owner have been in business just a few months, I hope the network does a follow up to see if their happiness continues, or if they are still in business.

My soon-to-be 7-year-old grandson Caleb and I were talking one day about age and why people get old. He looked closely at me and asked how old I was. I told him that I had forgotten. "Well, Grandpa," he said, "look in your underwear." I thought for a moment or two, then asked why. "Because," he said, "mine says I'm four to six."

Thursday brought a loud noise associated with a piece of machinery. And because my desk is probably no more than 50 feet away from the railroad tracks, I assumed the railroad folks were doing some repair work. I was wrong. It was the city smoothing out a really bumpy street surface leading up to the tracks.

They needed me to move my pickup, so that gave me a chance to briefly talk to Steve Reedy, city employee. I told him that it looks like the stimulus package has arrived in Norton.

That brought a chuckle!

Have a good evening! And if you notice city employees out correcting problem areas, give 'em a howdy! They'll appreciate it.

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THE NORTON TELEGRAM

ISSN 1063-701X
215 S. Kansas Ave., Norton, KS 67654

Published each Tuesday and Friday by Haynes Publishing Co., 215 S. Kansas Ave., Norton, Kan. 67654. Periodicals mail postage paid at Norton, Kan. 67654.
Postmaster: Send address changes to Norton Telegram, 215 S. Kansas, Norton, Kan. 67654
Official newspaper of Norton and Norton County. Member of the Kansas Press Association, National Newspaper Association, and the Nebraska Press Association

Nor'West Newspapers
Dick and Mary Beth Boyd
Publishers, 1970-2002
Incorporating the Norton County Champion
Marion R. Krehbiel, editor



Valley Hope a part of Norton since 1967

I wonder how many of you are aware of how long Valley Hope has been in existence. Sometimes we get so used to something being there, we just take it for granted! I know I do.

Well, Norton Valley Hope was the first Valley Hope and began its work in 1967. What began in the middle of northwest Kansas has expanded to a total of seven states! Did you know that? There are three Valley Hope facilities in Kansas — Norton, Atchison, and Halstead (soon to be Moundridge). We are also in Nebraska, Missouri, Oklahoma, Texas, Arizona and Colorado — a total of nine residential facilities with a number of outpatient facilities throughout the continuum. The Valley Hope Association headquarters is here as well.

There have been many people involved with Valley Hope over the years. One thing we all have in common is our love of addicts and alcoholics. Doc Leopold described them as "human beings". And we have seen many come through our doors both as a Facility and as an Association.

Sound Off!

Gov. Sebelius doesn't qualify for stated award

Ms. Woodyard, Regarding your comments in the March 3, 2009 edition of The Norton Telegram, I would suggest you not refer to our governor as the star in Kansas' crown.

She is a pretty classy lady who has done a lot for our state and as was mentioned, has "bridged party lines to find compromise" with both Democrats and Republicans.

However, the whole "abortion thing" disqualifies her for the Star-in-Our-State's Crown Award.

You can be assured her views on abortion will not be only "personal" ones that she keeps to herself. Sebelius, Obama, and liberal-minded congressmen will introduce more sweeping legislation to solidify abortion's position in our country. The Freedom of Choice Act (FOCA) will annihilate every single state law limiting or regulating abortion, including the federal ban on partial birth abortion. The Obama administration also is behind pro-

Where There's Hope

Carla Moore

Can you imagine what it is like going to work each day KNOWING you are going to see at least one miracle each day? It's impossible to share the feeling of watching someone grow from a sense of being worthless to beginning to understand that they have value — they have something to offer the people around them.

Or the person who is so depressed, they have been considering suicide begin to reach out to their peers and see that first smile spread over their face. I also get to watch families come back together — parents and children, wives and husbands, sisters and brothers.

Recovery has an amazing power to heal the wounds of the past, live in the present and help us make healthier choices for the future. Please, understand, I am not

saying that 30 days of treatment will cure you, your family member, or your friends. Recovery is a LIFE LONG process for everyone involved.

A common saying is, "We didn't get this way overnight and we're not going to get well that fast either." I am saying that it's amazing how even just a little bit of hope can swing the door to better opportunities open to those who are willing to do the work.

If you would like to know more about Valley Hope and our history, we have recently published a book aptly entitled, *Prairie Miracles*. There is input from our founders, current and past staff and many pictures of how we have grown over the years. The price is \$14.95 and \$5 of that will go toward the Valley Hope Association Foundation to help patients who otherwise could not afford treatment. The books are available in the business office of the Norton facility located on West U.S. 36.

(If you have any questions or comments, you can contact me at cmoore@valleyhope.com. Namaste - Carla.)

abortion advocacy groups who seek to penalize health care providers who refuse to participate in abortions.

Should Ms. Sebelius be selected as the Secretary of Health and Human Services, the opposition to her appointment will come from anti-abortion conservatives as was stated.

The silencing of 48,589,993 potential human beings since 1973 is the impetus behind conservatives and all who uphold the sanctity of human life.

Finally, your pun about throwing the "baby out with the bath water" was in poor taste.

Every day potential human beings are terminated in abortions. In a partial-birth abortion, for instance, some babies have forceps grab their tiny legs until only the head remains in the uterus. The abortionist then inserts scissors into their skulls. After that grand experience a suction catheter is placed into the opening to remove the brain. The skull collapses and

the baby then removed. These babies are not thrown out with the bath water. They usually are incinerated or tossed into something akin to a deep freeze for use or disposal.

I will leave a quote with you that I encountered some time ago and have not forgotten. It is from Dante's *The Divine Comedy* and goes something like this: "The hottest places in hell are reserved for those who, in time of great moral crisis, maintain their neutrality."

ALL of us need to take that quote seriously as we encounter perhaps one of the most challenging presidential administrations which Governor Sebelius may soon be a part of.

As far as the star in the crown, let's give it to every woman that decided to go full term with her pregnancy and for those that continue the fight against abortion.

Denise Meyer Norton

To... **Chriss McDiffett**, enjoy retirement! (e-mail)

To... **Lois Dietz**, who celebrated her 95th birthday this week. (called in)

To... **Dawson Kempt**, cute picture, and don't worry about those missing teeth; others will grow in to take their place. (e-mail)

To... **Julia Roeder**, who added one more candle to her cake this week at Andbe Home. (called in)

To... **The Telegram**, for the "Thumbs Up" column, nice touch. (visitor).

To... **Veda Heisel**, on your 90th birthday! May you have many more. (e-mail)

(To salute someone, or some group, e-mail tom.d@nwkansas.com, call either 877-3361 or 766-6908, fax 877-3732, mail to 215 S. Kansas Ave. 67654 or drop by the office. Thanks for your input. - td)

