#### THE NORTON TELEGRAM Page 10

Friday, April 24, 2009

# Blue Jays go 2-3 in Plainville Invitational

### By DICK BOYD

nortontelegram@nwkansas.com Competing in 80 degree temperatures with little wind, the best conditions so far this season, the Norton Community High School girls track and field team finished runner-up and the Blue Jay boys thinclads placed third in the annual Plainville Invitational Track Meet on Tuesday in Plainville.

Ellis won the girls championship with 139 points, followed by Norton, 109; Victoria, 105; Plainville, 86; Trego Community, 68.5; La Crosse, 46; Phillipsburg, 23.5.

The boys champion was La Crosse with 144 points, followed by Victoria, 142; Norton, 119; Plainville, 79; Trego Community, 47; Ellis, 43; Phillipsburg, 1.

Norton did exceptionally well considering that neither the girls nor the boys had complete squads due to a limit to how many meets athletes may compete in during a season.

"In the third varsity meet of the season, our athletes had an awesome day!" said Norton head track and field coach Jason Jones.

"We did not take a full squad on either side and we had some athletes out of their normal positions so we are overly pleased with these team results.

"Times and distances are a little tough to compare to previous performances due to the weather that we have seen up until now but we did post new personal records in a number of areas on both sides and we had some seasonal best performances. That is where we want to be at this point.

"We are very proud of the effort that our athletes are giving and we continue to be pleased with the results that they are posting! We plan to continue working to improve."

### GIRLS

The Norton girls set seven personal records en route to their runner-up finish.

Two of the personal bests resulted in gold medals. Junior Bethany Roy threw the javelin a personal record distance of 111'6" to win that event and sophomore Dustyna Sprigg triple jumped 31'2" to earn

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Norton junior Bethany Roy displayed good form as she threw the javelin a personal best distance of 111 f6 h to win the gold medal in the Plainville Invitational Track Meet on Tuesday. - Telegram photo by Dick Boyd

the gold in that event!

gold medals in the meet. She heaved the shot 43'10.5" and threw the discus 130'9". Bozarth also placed third in the javelin with a throw of 106'3".

Sophomore Kaylen Rossi placed second in the 3200 meter run in 14:39.72 and freshman Sady Keilig won the silver medal in the pole vault by clearing 7'.

Lady Jay junior Hannah Waggoner earned a bronze medal in the 200 meter dash with a time of 26.71 and placed fourth in the 100 meter dash in 12.85.

Junior Alyssa Thomson earned the bronze medal in the high jump with a clearance of 4'8". Also winning bronze medals were members of Norton's 4 x 400 meter relay team which was timed in 4:37.43. Members of the foursome were Waggoner, Sprigg, junior Kendra Engelbert and Sady Keilig.

Sady Keilig set a personal record in the long jump with a leap meter dash.

of 14'5.75" to finish fourth and Senior Hayli Bozarth won two also set a personal best in the high jump where she cleared 4'8" to finish fourth.

> The Lady Jays' 4 x 800 meter relay team of Alyssa Thomson, Kendra Engelbert, Kaylen Rossi and Dustyna Sprigg placed fourth in 12:12.09.

Sprigg also placed fifth in the 400 meter dash in 1:07.53 and senior Amanda Delimont finished sixth in the shot put with a personal best distance of 33'1.5".

The field events girls also had a chance to run a 4 x 100 meter relay and the Lady Jays placed second in 1:00.59. Members of the team were Bozarth, Delimont, Roy and junior Lacy Keilig.

Results of Norton girls' events in which they did not place were: Lacy Keilig, 28'7.25", shot put; Amanda Delimont, personal best 89'9"; Lacy Keilig, 68'5", discus; Lacy Keilig, 59'1", javelin; Raven Brown, 14.03, 100 meter dash; Raven Brown, 30.21, 200



A good handoff by freshman Seth Antrim to junior Ashton Draper for the anchor lap helped the Blue Jay foursome of Antrim, Draper, and seniors Brock Lauer and Zac Dreher win bronze medals with a third place finish in the 4 x 100 meter relay during the Plainville Invitational Track Meet on Tuesday.

### BOYS

Twelve personal records were set by the Norton boys during their competition.Three individuals and one relay won gold medals for the Blue Jays.

Senior Zac Dreher earned the gold in the javelin with a throw of 145'4" and sophomore brother Dakota Dreher matched him with a gold in the high jump with a personal best clearance of 5'10".

Junior Ashton Draper hit the finish line first in the 400 meter dash with a time of 52.96.

The Norton 4 x 400 meter relay team of senior Brock Lauer, freshman Tye Nickell, Dakota Dreher and Draper earned gold medals with a time of 3:47.48.

Draper also placed second in the 200 meter dash in a personal record time of 24.19 and Lauer

finished right behind him in third timed in 2:23.09 to place sixth. with a personal record time of 24.21.

Senior Jordan Bebb heaved the shot 43'3.75", a personal best, to earn the silver medal.

Freshman Seth Antrim cleared 11' in the pole vault to place second. Nickell finished third with a personal best clearance of 10' and junior Casey Robison was fourth with a 9' clearance.

Lauer also captured the bronze medal in the 100 meter dash with a personal best time of 11.81.

Freshman Zach Hartwell won bronze medals with personal records in both the 1600 and 3200 meter races. Hartwell was timed in 5:10.53 in the 1600 meters and in 11:32.84 in the 3200 meters.

Sophomore Troy Bainter had two fourth place finishes to his credit. He was timed in 2:18.87 in the 800 meter run and in a personal record time of 5:19.87 in the 1600 meter run.

- Telegram photo by Dick Boyd

Two Norton relays won bronze medals. The 4 x 100 meter relay team of Lauer, Zac Dreher, Antrim and Draper was timed in 47.46. The Blue Jay foursome of Troy Bainter, Henry, Nickell and Dakota Dreher was timed in 9:18.03.

Distances and times of Norton boys who did not place were: Zac Dreher, 39'11", shot put; Jordan Bebb, personal record 121'11", javelin; Casey Robison, 14"10", long jump; Zac Dreher, 52.00, 300 meter hurdles; Seth Antrim, personal record 12.26, 100 meter dash; senior Josh Gallentine, 6:08.00, 1600 meter run; junior Adam Myers, personal record 14:20.00, 3200 meter run.

### Next action

Norton will split teams to compete in meets today. The Don Bader Invitational in Lexington, Neb. began at 12:30 p.m. and Freshman Bryan Henry scored the Phillipsburg Invitational will

## Boys 5th, ladies 11th at WaKeeney meet

### By DICK BOYD

nortontelegram@nwkansas.com The Norton Community High School boys placed fifth and the Lady Jays 11th in the Trego Freshmen/Sophomore Track Meet on Monday in WaKeeney.

Ellis won the boys championship with 84 points, followed by Grainfield-Wheatland, 69; Hill City, 68; Colby, 64; Norton, 63; Russell, 58; Smith Center, 44; Thomas More Prep-Marian of Hays, 22; Hoxie, 10, Trego, 10; Phillipsburg, 5.

The girls champion was Colby with 137 points, followed by Ransom-Western Plains, 85; Ellis, 56; Smith Center, 54; Hill City, 48; Thomas More Prep-Marian of Hays, 35; Trego, 34; Phillipsburg, 29; Russell, 22; Hoxie, 12; Norton, 10.

"Our 13 athletes who attended this meet performed very well and we are pleased with their results,"

said Norton head track coach Jason Jones.

"They posted personal records in a number of events and continued to better themselvesl. We have been working to improve each time out and their hard work is paying off for them in competition. We placed and scored points in 14 events. We are proud of their effort and performances and are still excited about the remainder of the season for these athletes!"

### GIRLS

Freshman Caren Thomson placed fourth in the 100 meter in the 400 meter dash. hurdles in 19.49 and fourth in the 300 meter hurdles in 1:00.43. Sophomore Bekah Streck finished fifth in the 3200 meter run with a clocking of 17:23.66.

Distances and times of Norton girls which did not place were: sophomore Morgan Baumann, 23'8.5"; sophomore Katie Scott, personal best 20'3"; senior Em-

ily Scott, 16', shot put; Morgan of 37'7".

Baumann, 57'5.25"; Katie Scott, 47'; Emily Scott, personal record 45'9", discus; Caren Thomson, 12'10", long jump; junior Kelsey Nuzum, 4', 7th, high jump; Kelsey Nuzum, 22.13, 100 meter hurdles, 9th; Caren Thomson, 15.24, 15th; Kelsey Nuzum, 16.65, 17th, 100 meter dash.

### BOYS

Freshman Joe LeClair won two gold medals. He was timed in 17.48 in the 110 meter hurdles and in a personal best time of 1:00.38

Placing second in the shot put with a personal record heave of 38' was sophomore Justin Griffith.

Sophomore Kegan Vanover finished second in the 3200 meter run with a time of 12:46.37.

Sophomore Ryan Blecha placed second in the 100 meter dash with a personal best time of 12.18 and third in the shot put with a heave

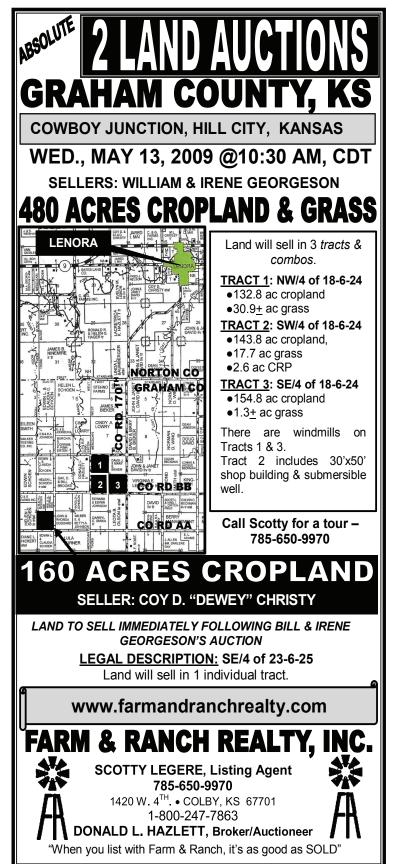
The 4 x 100 meter relay team of Ryan Blecha, freshman Damien Davis, LeClair and freshman Justin Waggoner earned bronze medals with a time of 51.84.

Freshman Kurt Douglas set a personal record with a fourth place finish in the 3200 meter run in a clocking of 12:52.26.

Placing sixth in events were Ryan Blecha, 102'1", discus; Justin Griffith, personal best 103'9", javelin and Justin Griffith, personal best 12.42, 100 meter dash.

Distances and times of Norton boys who did not place were: Damien Davis, 28'4", 23rd, shot put; Justin Griffith, 101'7", 7th; Damien Davis, 66'7", 29th, discus; Justin Waggoner, 13.42; Damien Davis, 14.88, 18th, 100 meter dash; Justin Waggoner, personal best 27.17, 10th, 200 meter dash; Kegan Vanover, 6:05.93, 7th, 1600 meter run.

in the 800 meter run where he was begin at 3 p.m.



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