

OBITUARIES

Marjorie L. Roberts

Jan. 2, 1930 - Dec. 1, 2009

Marjorie Lee Roberts, 79, of Salina died on Tuesday.

Mrs. Roberts was born Jan. 2, 1930 on a farm in Norton County. She was the oldest of five children. On Aug. 1, 1954, she married Theo "Ted" Roberts in Lenora. They lived in Garden City for 12 years before moving to Salina in 1966. Marjorie taught in the public school system for 32 years, mostly in Salina. She was an active member of First United Methodist Church.

She was preceded in death by her parents, R.J. and Anna Belle (Miller) Stephenson; an infant son, Sheldon; and a brother, Bob Stephenson.

She is survived by her husband, Theo "Ted" at McCall Manor;

children Kevin Roberts, Newton, Debbie Bradley, Bennington and Jeanette (Bob) Kearney, Overland Park; brother, William Stephenson, Bay City Mich.; sisters, Maxine Wilfong, Norton, and Marcelyn Bangle, Wellington; grandchildren, Brandon (Courtney) Abbott, Bel Aire, Jennifer (Travis) Barleen, Salina, Hannah Bradley, Bennington, and Andy and Tommy Payne, Overland Park and two great-granddaughters, Allison and Ashlynn Barleen.

Funeral services were held today at First United Methodist Church. Burial was at Lenora South Cemetery, Lenora. Memorials may be made to First United Methodist Church.

Sheriff's Log

November 24
4:22p.m. Subject arrived at the Sheriff's office to drop off letter for his offender registration paperwork in reference to moving out of state.

7:13 p.m. Received call from subject advising that the district manager called and stated that there was a big crate in the north bound lane somewhere south of Norton on Highway 283.

7:15 Advised Deputy Bohl of above.

November 25
10:32 a.m. Received a report of a two vehicle non-injury accident on Prairie Lane.

10:32 a.m. Dispatched Deputy Annon to above.

12:48 p.m. Advised Deputy Land of a report of a possible parole absconder out of Missouri at a residence in Almena.

1 p.m. Advised Deputy Annon of above.

1:01 p.m. Advised Trooper Schoenberger of above, he will also advise Trooper Henrickson.

1:18 p.m. Advised Sheriff Thomson of possible parole absconder out of Missouri.

November 26
12:55 a.m. Received call from male individual reference a fight in progress.

12:57 a.m. Advised Deputy Bohl, Under Sheriff Wenzl, and Sgt. Stiles reference above.

9 a.m. Received a call from a female subject advising that 2 calves are out on Highway 36 on E-12.

9:13 a.m. Received call from owner referring to above 2 calves, he advised they are not out and people are always driving by and saying that, he thinks they are just seeing things.

7:01p.m. Received 911 call from subject by the bridge, by Hicks Park, reference running over a deer that had already been hit and causing damage to her vehicle.

7:06p.m. Deputy Bohl advised that deer hit report is needed.

8:40 p.m. Received call from subject advising cattle out just east of E12 on Highway 36.

8:45p.m. Advised Deputy Bohl of cattle out.

9:17 p.m. Received a call of mixed cattle out on both sides of the highway and also on the highway between E12 and E13 on Highway 36.

9:18p.m. Notified Deputy Bohl and advised still getting calls of cattle out.

November 27
12:05 p.m. Received a report of a subject in a white convertible in Almena that was yelling profanities, ran a stop sign by reporting party's residence and has been driving by reporting party's residence. Vehicle is very loud, last

location of vehicle was west from Main Street in Almena.

12:07 p.m. Advised Deputy Douglas of above.

November 28
8:50 a.m. Received a report of an injured deer on Highway 9 at mile marker 25.

8:53 a.m. Dispatched Deputy Douglas to above.

10:53 a.m. Received a report from subject reference to someone cutting his barbed wire, and electric fence. Found a gate open today on two different pastures and cows have been getting out.

11:06 a.m. Advised Deputy Douglas of above. He called and spoke to subject.

6:44 p.m. Received a report of two brown steers out on Highway 36 a mile marker 129.

6:47 p.m. Advised Deputy Annon of above

November 30
8:20 a.m. Received call from subject in Almena advising of a white crew cab pickup driving fast through the school zone.

8:26 a.m. Advised Deputy Land of above.

8:39 a.m. Received call from subject in Logan advising he bought a 28 foot Auger this weekend at an auction and when he went to get it, someone had already cut it up and stolen it.

8:43 a.m. Advised Deputy Bohl of above.

December 1
11:26 p.m. Received call from subject reference to son hitting deer 1 mile east on Highway 383 from the east Highway 36 and Highway 383 junction, deer needs to be put down.

11:27 p.m. Advised Under Sheriff Wenzl of above deer hit.

December 2
7:38 a.m. Decatur County called to report receiving a call about 3 deer in the road between Reager and Norcat, 1 is injured, 1 is dead in the road and 1 is off to the side.

7:39 a.m. Advised Deputy Bohl of the above report.

5:47 p.m. Received a 911 call of a black bull out on Highway 283 about 5 miles south of Norton.

5:47 p.m. Deputy Annon received a call from subject about a black bull out on Highway 283 just south of mile marker 201.

5:49 p.m. Deputy Annon advised that he would be enroute to location of bull.

5:53 p.m. Under Sheriff Wenzl advised of bull out.

6:02 p.m. Deputy Annon advised that the bovine has a yellow ear tag and a brand on the left hip and the left shoulder.

6:21 p.m. Dispatch advised Deputy Annon and Under Sheriff Wenzl that the owner was on his way.

Student News

Brian M. Luft, Norton, was one of 59 Washburn University students recently inducted into the Phi Kappa Phi national honor society.

A graduate of Norton Community High School, Brian is pursuing a master's degree in criminal justice.

Brian is the son of Michael and Vivian Luft, of Norton.

Persons elected to membership include juniors in the top 7.5

percent of their class and seniors in the top 10 percent of the class, along with outstanding graduate students' faculty, professional staff and alumni.

Phi Kappa Phi, founded in 1897, is the nation's oldest all-discipline honor society. The mission of the organization is to recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others.

Dear Santa...



Madison Younkin dropped the first letter for Santa off outside the Norton Area Chamber of Commerce yesterday. Children can drop their letters off at the mailbox Monday-Friday from 8 a.m. - 5 p.m. -Telegram photo by Erica Bradley

Cooking tips for the holidays

No need to wait for the New Year to start healthier eating habits. Check out these easy cooking tips that will help everyone be a little trimmer this season!

Meat/Poultry/Fish
• Choose from the many options for lean protein foods this season.

• When using lean cuts of meats, choose moist cooking methods, such as baking, boiling or slow-cooking.

• Limit breading. Consider using marinades or rubs for optimal flavor.

• For all types of meat and poultry, decrease the fat content significantly by trimming off visible fat and the skin and by removing the fat from pan juices

**Home ed
Tranda
Watts,
Extension
specialist**



before use. Use fat-free broth thickened with cornstarch or pureed potatoes for a sauce or gravy. Add a small amount of fruit juice for extra flavor.

Side Dishes
• Include lots of vegetables in your meals, both raw and cooked. To cook, just steam and serve. Dress them up with herbs or pair with other vegetables, such as

green peas with pearl onions.

• Use fat-free yogurt or fat-free cream cheese as a base for dips. For dippers, try veggie sticks or baked whole wheat pita squares.

• Use a low-fat, reduced-sodium cream soup with fresh mushroom slices added for a quick vegetable sauce.

• Use fat-free evaporated milk when making cream soups or white sauces.

• Flavor dressing with fruits, herbs, spices and whole grains, rather than fat.

• Choose foods made with whole grains, such as brown rice, oats or whole wheat, more often instead of foods made with refined grains.

Dessert

• Many desserts taste sweet yet have little sugar or fat.

• Try poaching pears or baking apples or bananas that you have lightly seasoned with cinnamon and cloves.

• Or mix fruits with plain or flavored non-fat yogurt.

• Keep whole, dried, frozen or canned (in water or juice) fruit on hand for a quick and easy snack.

• Consider serving traditional pie fillings as a custard in order to eliminate the calories and fat in the pie crust.

If you have food related questions, please feel free to contact your local K-State Research and Extension Office or e-mail tw-watts@ksu.edu.

BIRTH

McKenna Marie Taldo was born Aug. 25, weighing 8 pounds and 12 ounces, to Thomas and Gina (Cox) Taldo, Ottawa.



McKenna Taldo

McKenna has an older brother, Carter Jay.

Grandparents are Bill and Margaret Taldo of Healy and Conrad and Roxanne Cox of Long Island. Great Grandmother is Imogene Taldo of Garden City.

Telegram:
877-3361

FYI

Gregory Arehart, Equipment Operator Senior, was recently recognized for 30 years of service with the Kansas Department of Transportation. Mr. Arehart works on the Norton Sub-Area Crew.

Medicare's regulations now make it easier for seniors and others with debilitating conditions such as arthritis, stroke, heart and breathing problems, or diabetes, to obtain a power wheelchair at little or no cost. These assistance options are available to anyone with problems getting around their home, or who is in danger of falling due to their medical condition. Call Miracle on Wheels at 1-800-400-4210 to learn about qualifying now for a power wheelchair at little or no cost.

Senior Center Menu

December 7
Sloppy Joes, tater triangles, California blend vegetables, bun, rosy pears
December 8
Oven Fried Chicken, mashed potatoes/gravy, mixed vegetables, apricots, bread
December 9
Ham & Beans, citrus slices,

cornbread, cook's choice complement

December 10
Meat Loaf, AuGratin potatoes, seasoned carrots, bread, cook's choice fruit

December 11
Pork Patty, creamed peas, orange pineapple salad, bread, cookie

CRAB LEG DINNER BUFFET
Friday, December 4,
5:00 p.m. - 8:0p.m.

HIDDEN DRAGON
CHINESE RESTAURANT
118 S. State Street, Norton, KS — 1-785-874-4848

Showing at the
NORTON THEATRE
The Twilight Saga: New Moon
2 Hours, 22 Minutes (PG-13)
(Presented in Digital Sound)
Monday, Tuesday, Wednesday: 7:00 p.m.
Friday and Saturday: 8:00 p.m.
Sunday: 5:00 p.m.

Old Dogs
1 Hour, 38 Minutes (PG)

Only Premiere Passes Accepted for Both Movies

Since Both Movies are Premieres, Only Premiere Passes Accepted.
Tickets are \$7.00-\$6.00. NO SUNDAY DISCOUNT

COMING FRIDAY, DECEMBER 11
Disney's The Princess and the Frog (PG)
2012 (PG-13)
Check the Theatre website for Upcoming Events nortontheatre.com

This ad is brought to you by The Norton Telegram

MISSING!

•Fawn-Colored Male Pug
•Female Yorkshire Terrier

They were last seen on Wednesday, November 25, at approximately 1 p.m. They were being picked up by a man and a woman in a light colored minivan in our front yard by Highway 36. A reward is offered for their return.

785-877-2247
REWARD!