

# OBITUARIES

## Roger L. Hartman

April 17, 1935 - Jan. 12, 2010

Dr. Roger LaMonte Hartman, son of Ronald Clark and Estelle (Winters) Hartman, was born April 17, 1935, in Wichita. He passed away at his home in Norton on Jan. 12, at the age of 74.

He grew up in the Wichita area and graduated from the Augusta High School in 1953. He married his high school sweetheart, Ruth Rummell, on June 9, 1955, in Augusta and to this union three children were born, Robert, Leslie, and Brian.

In 1953, Roger attended the University of Kansas where he received his Bachelor of Science degree in chemistry and physics with Phi Beta Kappa honors in 1957. He graduated from the University of Kansas Medical School with scholastic Alpha Omega Alpha honors in 1961. His internship was in Polk County Hospital in Des Moines, Iowa. In 1963, Dr. Hartman and wife, Ruth, went to the Indian reservation in Zuni, N.M., where he spent two years with the Public Health Service. He then spent a year in private practice in Cortez, Colo. It was while in Cortez, that they were convinced to come to Norton and practice medicine and raise their family.

Dr. Hartman enjoyed knowing his patients and their families. He delivered over 1500 babies, including many second generation babies. It gave him much satisfac-

tion watching babies grow up and having the opportunity to deliver their children. He went through many good and bad times with his patients, allowing his gift of compassion to be felt by many. Dr. Hartman was an extraordinary family practitioner and will be remembered for his devotion of 30 years to his patients and medical practice.

Dr. Hartman retired in April of 1994. This time allowed him to be at the Prairie Dog Golf Course loving the game of golf and being with his much loved friends. He will especially be remembered as a loving husband, father, and grandfather. He will be sadly missed by many.

Survivors include: his wife, Ruth, of the home in Norton; son, Robert, and wife, Staci Hartman, Logan; daughter, Leslie, and husband, Jim Baird, Norton, and son, Brian Hartman, Norton; three granddaughters, Anne Elizabeth and Kathryn Leigh Hartman, and Laura Lee Baird; one brother, Dr. Boyd Hartman and wife, Patti, Minneapolis, Minn.; other relatives and many friends.

He was preceded in death by his parents.

Private family services will be held. Memorial contributions may be made to the Norton Library Foundation.

Arrangements are with the Enfield Funeral Home in Norton.

## Joy J. Jurey

May 11, 1967 - Jan. 7, 2010

Joy Jolene Jurey, 42, Topeka, died on Jan. 7. Joy was born on May 11, 1967 to Roy and Carolyn (McIntosh) Jurey.

Joy moved to Kansas Neurological Institute in 1974. She graduated from the Special Purpose School in 1988 and worked at various jobs at Kansas Neurological Institute.

Her father, Roy, preceded her in death. She is survived by her mother, Carolyn M. Jurey, Agra; three brothers; Kelley, Alma,

Neb.; Tony, Phillipsburg and Brian, Fort Mill, S.C.; half brother, Mark Nelson, Olathe; and many nieces and nephews.

Graveside services were held on Jan. 14, in the Norcatul Cemetery in Norcatul with Pastor Lorna Paulus officiating.

Memorial contributions may be made to the Joy Jolene Jurey Memorial Fund.

Olliff-Bovee Memorial Chapel, 1115 2nd Street, Phillipsburg, was in charge of arrangements.

# DEATH NOTICE

## David S. Stuewe

Jan. 13, 2010

David S. Stuewe, 78, of Norton, Kan., died Jan. 13 at his home in Oro Valley, Ariz. after a long struggle with melanoma.

He is survived by his wife, Nyla Stuewe; sons, Scott Stuewe, Wil-

liamsville, Ill. and John Stuewe, San Juan, Puerto Rico and daughter, Sara Nelson, Norton.

A complete obituary and memorial service information will follow at a later date.

# Senior Center Menu

**January 18**  
Tater tot casserole, Italian blend vegetables, bread, pears

**January 19**  
Ham & beans, strawberries & bananas, cornbread, choice complement

**January 20**  
Tuna & noodle casserole, green

beans, spinach salad, bread, pears

**January 21**  
Roast turkey, mashed potatoes w/gravy, apricots, bread, birthday cake

**January 22**  
Baked spaghetti, broccoli salad, corn, garlic bread, mixed fruit

# BIRTH

Caroline Honor Fahrenbruch was born to Kristen and Kiel Fahrenbruch, Norton, on Dec. 15, 2009, in Hays. Her weight was 7 pounds and 12 ounces and she was 20 1/2 inches long.

Paternal grandparents are Von and Kris Fahrenbruch; maternal grandparents are Rod and Tammy Maddy; great paternal grandpar-

ents are Alta Fahrenbruch and Alberta Slaby; great maternal grandparents; are Catheryn Lieker, Jim Maddy and Susie Maddy.



Caroline Fahrenbruch

# FYI

Gary Hillebrand, Equipment Operator Senior, was recently recognized for 20 years of service

with the Kansas Department of Transportation. Hillebrand works on the Norton Sub-Area Crew.

E-mail social news to Harriet, hgill@nwkansas.

# Another leak



The public works crew was called to a water leak at E. Washington and Wabash Street on Wednesday. Public Works Supervisor Dan Bainter said he expected more water leaks

this week due to the rapid change in temperature. -Telegram photo by Erica Bradley

# Walk for Kansas dates announced

With wintery weather still in the forecast, many in Kansas will be pleased to know that Walk Kansas 2010 is scheduled March 7-May 1.

While returning participants typically describe the program announcement as a sure sign that spring is coming, much of the enthusiasm for the Kansas State University Research and Extension fitness challenge is due to the team approach.

Joining friends, co-workers or family members (to form a team of six) to log minutes of exercise equivalent to covering the 423-mile distance across Kansas in eight weeks can make improving health easy—and fun.

Walk Kansas was introduced in 2002 as a walking program, but has been expanded to include 10-consecutive-minute segments of a variety of physical activities to match participants' interests,

## Home ed Tranda Watts, Extension specialist



skills and abilities. Examples of qualifying activities include aerobics, ballroom dancing, bicycling, swimming, tennis, canoeing, some team sports, strengthening exercises and mowing the lawn with a push mower.

The fitness challenge is structured so that even beginners can be successful. Those who are new to physical activity and wanting to improve health are encouraged to schedule 10-minute exercise breaks to accomplish the 30-minutes of physical activity recommended at least five days a week.

Taking 10-minute breaks also can be a good way to add physical activity to hectic schedules.

The majority of Walk Kansas teams are successful in covering the distance. Many also report weight loss, muscle toning, increased energy, stress management, and a more optimistic outlook resulting from physical activity. Many also report a greater awareness about choosing foods that contribute to health.

In addition to logging physical activity, participants will be asked to note daily consumption of health-promoting fruits, and vegetables.

The Centers for Disease Control and Prevention report that only 19 percent of Kansans currently meet the daily recommendations for fruit and vegetable consumption. More than half of Kansans fail to reach weekly recommendations for physical

activity. Many chronic illnesses, such as diabetes and heart disease, can be prevented or managed successfully with diet and physical activity. In Kansas, more than 70 percent of healthcare costs are attributed to chronic illnesses.

Walk Kansas is offered by county and district K-State Research and Extension offices. The program typically includes a weekly newsletter with food, nutrition tips, recipes and motivational tips.

Cost for the eight-week program is usually \$7. An optional program T-shirt may also be purchased.

Walk Kansas attracts more than 20,000 Kansans each year. More information about participating in Walk Kansas is available at you local K-State Research and Extension Office or by e-mailing twwatts@ksu.edu

# Student news

Northern Valley Junior High first nine weeks honor roll. Those students that have achieved a four point average are:

Eighth grade: Hunter Chandler, Mike Griffin, and Ian Vincent

Seventh grade: Ame Baird, Macy Kasson, Kobie Unterseher, and Stewart Whitney.

Sixth grade: Sarah Baird, Trey Hall, Brianna Martin, and Shayna Vincent.

Students that have a three point average and above are:

Eighth grade: Alex Stevens 3.00, DaKota Hilburn 3.20, and Jordan Baird, 3.40.

Seventh grade: Matt Stutsman 3.00, Carson Montgomery 3.20,

Makayla Smith 3.40, Khrianna VanPatten 3.40, Brant Cox 3.60, Clint Cole 3.80, and Tea VanPatten 3.80.

Sixth grade: Kirsten Burger 3.00, Camden Cox 3.00, Vanessa Garcia 3.00, Cody Land 3.00, Talia Lowry 3.00, Dalton Smith 3.00, Skylar Wright 3.20, Elexa Anderson 3.40, Brooke Baird 3.60, Allison Keith 3.60, and Eli Lowry 3.60

The first Semester honor roll: Eighth grade: Hunter Chandler, Mike Griffin, and Ian Vincent.

Seventh grade: Ame Baird, Brant Cox, Clint Cole, Macy Kasson, Thomas Hanes, Kobie Unterseher, Khrianna VanPat-

ten, Tea VanPatten, and Stewart Whitney.

Sixth grade: Brooke Baird, Sarah Baird, Trey Hall, Allison Keith, Eli Lowry, Brianna Martin, and Shayna Vincent.

Honorable mention:

Eighth grade: Jordan Baird, DaKota Hilburn, and Jonathon Meyer.

Seventh grade: Phillip Bryant, Kortney Cunningham, Carson Montgomery, Phillip Rupp, Makayla Smith, and Matthew Stutsman.

Sixth grade: Elexa Anderson, Kirsten Burger, Camden Cox, Vanessa Garcia, Talia Lowry, Dalton Smith, and Skylar Wright.

# Make Your Reservations Today for the 64th Annual Meeting and Free Supper of the Norton County Conservation District Saturday, January 23

BEGINNING AT 6:30 P.M.

American Legion Hall, Norton

Complimentary Dinner Courtesy of  
**NORTON COUNTY BANKERS ASSOCIATION**

AGENDA: Annual Business Meeting and Election of One Supervisor

SO WE MAY ACCOMMODATE EVERYONE, WE MUST HAVE RESERVATIONS BY TUESDAY, JANUARY 19, 2010

MAIL RESERVATION TO:  
**Norton County Conservation District**  
P.O. Box 365, Norton, KS 67654, or Call 877-2623

Please - Reservations Necessary for the Supper

Jan. 15- Jan. 20

Showing at the  
**NORTON THEATRE**  
**Avatar**  
2 Hrs. 51 Minutes (PG-13) (Presented in Digital Surround Sound)  
Friday and Saturday: 8:00 p.m.  
Sunday: 5:00 p.m.  
Mon., Tues., Wed. 7 p.m.  
**Did You Hear About the Morgans**  
1 Hrs., 53 Minutes (PG-13)  
All Passes Accepted for Did You Hear About the Morgans and Avatar  
General Admission Price of \$6.00 and \$5.00 for Both Movies - \$3.00 Tickets on Sunday  
Premiering Friday, January 22 "The Tooth Fairy", Rated-PG FREE ADMISSION-Super Bowl XLIV, Sun., Feb. 7, 4 p.m.  
This ad is brought to you by The Norton Telegram

Let's Go to the Movie