



Don Mordecai prepares to launch in the Disc Golf Tournament. In spite of the snow and mud, eight people turned out to play golf and help raise money for God's Pantry on Saturday.

Telegram photo by Harriett Gill

Tournament raises money for food bank

By DON MORDECAI
Special to the Telegram
The Norton Disc Golf Association, in conjunction with the Kansas Disc Golf Association, held a Food Drive Disc Golf Tournament at Elmwood Park in Norton on Feb. 6. Eight people braved the cooler weather to play disc golf and raise money for a good cause.

Don Mordecai, from Norton, took first place with a score of 101 (7 under par). Other local participants were Chad Gasper, who tied for third place with a 109 (won a Closest to the Pin, or CTF prize), and James Fawcett (also won a CTP). There were five other players, one from Kearney, one from Colby and three from Hays.

It actually was a nice day for a tourney. It was cold enough the first round for the ground to be solid, but then it melted for the afternoon round. It became very muddy and slippery. Still, everyone had a fun time.

Everyone got some other goodies donated by the United Northwest Federal Credit Union (blankets, coffee mugs, ice scraper, key chains, etc.). Thanks for all who came to play in the snow and mud. It was a lot of fun. The tournament raised \$330 for God's Pantry.

Program educates parents about infant crying

Shaken Baby Syndrome affects tens of thousands of people every year and costs billions of dollars in care. Understanding increased crying in early infancy and its connection to abuse, could help prevent this tragedy.

The Kansas Children's Service League has partnered with the National Center on Shaken Baby Syndrome and the Norton County Hospital to implement The Period of PURPLE Crying® at the hospital's labor and delivery department.

The Period of PURPLE Crying® is the phrase used to describe the point in a baby's life when they cry more than any other time. The initiative is a new way to help parents understand this time in their baby's life, which is a normal part of every child's development. PURPLE is an acronym for Peak of crying, Unexpected, Resists soothing, Pain-like face, Long-lasting and Evening crying.

The triple-dose program, based on more than 25 years of research, aims to educate parents, caregivers and the public about the normalcy of early infant crying (a leading trigger of Shaken Baby Syndrome), as well as to prevent the occurrence of abuse. Another key element of the program is warning parents to be selective when leaving their child in someone else's care and to share the PURPLE information with caregivers.

The first dose of the program includes a 10-minute DVD and an 11-page booklet, which will be distributed to parents in the hospital after the birth of their baby. The information will also be provided to expecting parents through the hospital's birthing classes. The second dose is designed to re-

inforce the information parents received while in the hospital or to provide materials to parents who may not have received the materials while at the hospital. Dose Two materials are distributed to parents through professionals the family may already be connected to such as early childhood home visitors, healthcare practitioners, schools and childcare providers. The third dose is a public education and media strategy. This will provide information to members of the community who have not already received the information.

Misunderstanding normal, early infant crying can lead to frustration and escalate to anger. It's common to feel irritated with seemingly endless bouts of screaming but learning appropriate actions during crying bouts, including comforting and coping techniques, are key components of the PURPLE program.

"Crying is normal behavior for a baby," said Vicky Roper, KCSL's Director of Education and Awareness and Director of Prevent Child Abuse Kansas. "On average babies cry two to three hours per day - sometimes as much as five hours per day. It's how they communicate."

While it is important to tend to your baby's needs if you feel stressed out by your baby's crying, Roper says it's ok to put the baby down in their crib, swing or other safe place while you compose yourself.

"Leave the room for a few minutes or count to 100," she said. "If you feel like you need help, call a friend, a relative or the Parent Helpline at 1-800-CHILDREN."

It is normal for parents to feel frustrated by the crying. For more

information about infant crying and soothing techniques, visit www.purplecrying.info.

About shaken baby syndrome

Shaken Baby Syndrome is the violent shaking of an infant or young child. A young child's head is disproportionate to their large body and their neck muscles are underdeveloped and weak, therefore shaking causes the head to whip back and forth slamming the brain against the skull. Nationally, at least one in four Shaken Baby Syndrome cases result in a fatality.

Survivors face grim statistics as well, with over half suffering permanent disabilities including brain damage, blindness or paralysis. Symptoms of Shaken Baby Syndrome include irritability, difficulty staying awake, difficulty breathing, vomiting or

seizures. The long term effects of Shaken Baby Syndrome are staggering, to the victim, their family and society at large. It is estimated approximately \$1 million is spent in medical costs for each surviving victims in the first three years following a shaking incident, with \$4-9 million spent in lifetime costs.

About the Kansas Children's Service League

Kansas Children's Service League is a statewide not-for-profit agency with a mission to protect and promote the well-being of children. Founded in 1893, Kansas Children's Service League provides a variety of child abuse and community based prevention programs including Healthy Families, Parent Education, the statewide Parent Helpline (1-800-CHILDREN) and the Community Resource Library.

Public Record

Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. The traffic and criminal cases were given to the paper with the date of the hearings.

Traffic

- Jan. 28 - Russel Gibson, Norton, pled guilty to battery. Fine \$100, court cost \$75.
- Jan. 28 - Danny Turley, Valley Center, failure to stop at red light, fine \$100, court cost \$75.
- Jan. 28 - Guadalupe Ruiz, Dodge City, speeding 28 in a 20 mph zone, fine \$30, court cost \$75.
- Jan. 28 - Candice Izzarelli, Norton, failure to provide verification of insurance. Dismissed at hearing as verification provided.
- Jan. 28 - James Smith, Hill City, driving without a driver's license. Fine \$10, court cost waived.
- Jan. 28 - George Gibson, Lenora, driving with an expired driver's license, fine waived, court cost \$75.

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are given to the paper when the fines are paid. Limited action and small claim cases are reported only after the defendant is served.

Traffic

- Jan. 14 - Jeffrey Lee Nuzum, Norton, transporting an open container, fine \$200, court cost \$86.
- Jan. 22 - David L. Becker, Beaver City, Neb., failure to use child safety restraints and seat belts, fine \$60, court cost \$86.
- Jan. 22 - David A. Cox, Omaha, speeding 75 in a 65 mph zone, fine \$30, court cost \$86.
- Jan. 22 - Glen Allen Gerten, Invergrove Heights, Minn., speeding 81 in a 65 mph zone, fine \$66, court cost \$86.
- Jan. 22 - Paula R. Glick, Plainville, speeding 80 in a 65 mph zone, fine \$60, court cost \$86.
- Jan. 22 - Robert H. Jones Jr., Lenora, speeding 78 in a 65 mph zone and failure to wear seat belt, fine \$78, court cost \$86.
- Jan. 22 - Luke T. Ninemire, Lenora, speeding 87 in a 65 mph zone, fine \$108, court cost \$86.
- Jan. 22 - Caitlyn Patterson, Norton, speeding 74 in a 65 mph

zone, fine \$60, court cost \$86.

Jan. 22 - Calvin R. Wright, Alma, speeding 77 in a 65 mph zone, fine \$42, court cost \$86.

Jan. 28 - Krzvsztof J. Bemas, Wichita, speeding 80 in a 65 mph zone, fine \$60, court cost \$86.

Jan. 28 - Ray L. Drake, Jamestown, driving while under suspension, fine \$1,500, court cost \$86.

Jan. 28 - Malcolm D. Hendricks, Barnsdall, Okla., speeding 84 in a 65 mph zone, fine \$84, court cost \$86.

Jan. 28 - Joel Lynn Hohenberger, Lubbock, Texas, speeding 76 in a 65 mph zone, fine \$36, court cost \$86.

Jan. 28 - Douglas Munderloh, Colby, speeding 78 in a 65 mph zone, fine \$48, court cost \$86.

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- ♥Jalepeno Poppers ♥Portabella Mushrooms
- ♥Cheese Sticks ♥Calamari ♥Shrimp Cocktail

ENTREES:

- ♥Prime Rib — Small and Large Cut
- ♥Crab Stuffed Chicken ♥Surf n Turf
- ♥Fried Shrimp ♥Crab Legs ♥Scallops
- ♥Small Lobster Tail ♥Chicken Cordon Bleu

KID'S MENU:

- ♥1/3# Cheeseburger
- ♥(2) Piece Chicken Strip with Fries

DESSERTS:

- ♥Assorted Pies ♥Cheesecake

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