# Gifts from the heart

#### By SANDY KUHLMAN

Dying, death and grief are subjects most people are apt to avoid until directly confronted with their profound realities. Yet, when that time comes, Hospice Services provides experienced support and guidance.

Hospice Services remains steadfastly committed to support those who are dying and grieving.

Hospice provides compassionate physical, emotional and spiritual support to terminally ill people and their families. Hospice provides care and support for everyone who needs hospice

care, whether or not the person or family can pay for the services. Hospice covers the unpaid care for terminally ill patients who lack financial resources and also absorb the gap between patients' insurance and the actual cost of

Included in the hospice mission is the commitment to guide and comfort the grieving. Hospice Services' counselors are available to consult with individuals, schools, healthcare facilities, and organizations throughout the communities we serve. We also provide grief support resources.

Because collaborating with

other agencies creates synergy that benefits everyone involved, Hospice Services staff participates on local, state, and national healthcare committees and

A family member recently shared how grateful she was that the hospice staff not only cared for her mother but also about her.

May it always be said that Hospice Services provides extraordinary care for terminally ill patients and cares deeply about Hospice Services communities, helping to make those communities a better place to live, work, play and grow.

# Foundation gives away trees

Now is the perfect time to start thinking about the spring planting season, and the Arbor Day Foundation is offering an ideal way for everyone to plant trees when the weather turns warm.

Every person from Kansas who joins the Arbor Day Foundation in February will receive 10 free Colorado blue spruce trees.

The 10 free Colorado blue spruce trees are part of the nonprofit Foundation's Trees for America campaign.

"Colorado blue spruces will give year-round beauty to homes in Kansas with their silver bluegreen color and attractive conical shape," said John Rosenow, chief executive of the Arbor Day Foundation.

"They will also add to the proud heritage of Kansas' 117 Tree City USA communities. For more than 30 years, Tree City USA has supported community forestry across Kansas, and planting these graceful trees will add to this vital tree-planting tradition."

The trees will be shipped postpaid at the right time for planting between March 2 and May 31 with enclosed planting instructions. The 6 to 12 inch trees are

guaranteed to grow, or they will be replaced free of charge.

Members also receive a subscription to the Foundation's colorful bimonthly publication, Arbor Day, and The Tree Book with information about tree planting and care.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to Ten Free Colorado Blue Spruce Trees, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE. 68410, by Feb. 26 or go to www.arborday.org/February.

# Program provides services

The Developmental Services of Northwest Kansas Kid-Link program provides a full range of early intervention services to infant and toddlers from birth through two years of age in their natural living environment.

Services are offered in Norton, Osborne, Phillips, Rooks, Russell and Smith counties.

Early intervention services include but are not limited to: Family Service Coordination, Audiology, Assistive Technology, Occupation Therapy, Physical Therapy, Social Work, Special Instruction, Speech-Language Therapy and Transportation. These services are provided to infants and toddlers who have a diagnosed disability, are delayed in one or more developmental areas or are at risk of developmental delay.

The services are based on the needs of the child and with respect to the cultural, ethnic and racial heritage and beliefs of the family.

Providing services in the home

allows for a comfortable, natural response and more family involvement. Referrals can be made by any concerned person, including the parent or a community agency. Many referrals are the result of individual screenings or from collaborative interagency screening clinics. Individual screenings can be obtained by calling the Kid-Link office. For more information about Kid-Link call 785-425-6766.

Kid-Link is affiliated with the

# **Board**

(Continued from Page 1)

• Julie Schrum, social studies department chair, showed a video of a Columbus Day play put on by Mrs. Fiscus' second graders for Mrs. Schrum's kindergarten

• A motion was made to approve the 2010/11 academic calendar as presented. Vote taken, motion passed.

• A motion was made to request an efficiency audit be conducted by the Kansas Legislative Post Audit. Vote taken, motion passed.

• Board member April Karnopp reported on rental costs for the Norton Theatre to have a movie night for the staff appreciation event.

The next school board meeting will be held at 7:30 p.m. on March 8 at the unified office, located at 105 E. Waverly.

The meeting is open to the

## Bee

(Continued from Page 1) Kristen Stewart, and Lauren Mordecai; Norton Junior High; Christie Johnson, Ethan Ross, and Steve Cummings; Northern Valley Junior High; Jon Meyer, Macy Kasson, and Brant Cox.

Congratulations to the Norton County Spelling Bee winners

# SCHOOL CALENDAR

#### **Norton Community High** School

Monday, Feb. 15

State Writing Assessments

7:30 a.m. Jay Singers

8 a.m. Hansen Scholarship Interviews at Logan

9 a.m. FFA Public Speaking at Hill City

Tuesday, Feb. 16

7:30 a.m. Jay Singers 5 p.m. JV/V Basketball versus

Hoxie (H)

Post Prom 50-50 raffle Wednesday, Feb. 17

A.P. S.A.C.

5 p.m. Site Council Thursday, Feb. 18

7:30 a.m. Jay Singers 4 p.m. "C" Basketball versus

Northern Valley

A.P. KAYS Friday, Feb. 19

School Dismissed at 11:30 a.m.; No Lunch served; Buses run at normal dismissal time.

2 p.m. Regional Wrestling Tournament (H)

5 p.m. JV/V Basketball versus peanut butter, grape juice, milk.

Ellis (T)

Saturday, Feb. 20

Feb. 20 - 27 National FFA

11 a.m. Regional Wrestling

Tournament (H) TBA State Piano Festival At

Wichita State University Norton Junior High School Thursday, Feb. 18

5 p.m. Wrestling at Stockton (Note: change in location)

Friday, Feb. 19 School Dismissed at 11:30 a.m.; No Lunch served; Buses run at normal dismissal time.

Eisenhower Elementary School

Monday, Feb. 15

1st and 2nd grade Vocal Concert juice, milk. practice at East Campus

5:30 p.m. Site Council

7 p.m. 1st and 2nd grade Vocal Concert at East Campus

Wednesday, Feb. 17 7:30 a.m. SIT Meeting Thursday, Feb. 18

3:40 p.m. 5th and 6th Grade Level meeting

Friday, Feb. 19 Regular Schedule Norton High and Junior High

Menu Monday

Breakfast: Yogurt parfait, bagel and cream cheese, fruit or juice, or toast w/margarine and jelly, cereal, milk.

Lunch: Pizza pocket, green beans, garden salad, rosy applesauce or chef salad, milk.

#### Tuesday

fruit or juice, or toast w/margarine and jelly, cereal, milk.

Lunch: Breaded chicken sandwich, lettuce and tomato, pears, or chef salad, milk.

### Wednesday

Breakfast: Banana bread square, fruit or juice or cereal, toast w/ margarine and jelly, milk.

whipped potatoes, rolls w/margarine, carrots, fruit cup, or chef salad, milk.

**Thursday** 

Breakfast: Breakfast round, hash brown patty, fruit or juice, cereal, toast w/margarine and jelly, milk.

Lunch: Salisbury steak, whipped potatoes, rolls w/margarine, carrots, mandarin oranges, or chef salad, milk.

**Friday** 

Breakfast: Breakfast casserole, fruit or juice or cereal, toast w/ margarine and jelly, milk

Lunch: Toasted Ham and Cheese Sandwich, green beans, potato salad, strawberry shortcake or chef salad, milk.

Eisenhower Elementary School

Monday

Breakfast: Breakfast burrito, peaches, orange juice, milk.

Lunch: Baked Ham, scalloped potatoes, baby carrots, pineapple chunks, dinner roll, milk.

**Tuesday** 

Breakfast: Banana spears, apple wedge, oatmeal muffin, toast w/

Lunch: Lasagna, tossed salad, peaches, garlic bread, milk.

Wednesday

Breakfast: Golden waffles, warm maple syrup, fruit cocktail, apple juice, milk.

Lunch: Fish portions, tater tots, corn, pepper strips, banana bread, milk.

**Thursday** 

Breakfast: Canadian Bacon with cheese, biscuit, grape juice, milk

Lunch: Ike burger, homemade bun, french fries, dill spear, pears, no bake cookies, milk.

**Friday** 

Breakfast: Warm pumpkin bread, rosy applesauce, orange

Lunch: Peanut butter and honey sandwich, cottage cheese, warm peas, celery stick, mandarin oranges, milk.

**Northern Valley** Monday, Feb. 15

No School 9 a.m. NW District Public Speaking and Selection Day at Hill City

Tuesday, Feb. 16

4 p.m. High School basketball

versus Hill City at Almena Wednesday, Feb. 17

8:30 a.m. - 11 a.m. 2nd year mentoring meeting at Hays 8:30 a.m. 3rd Grade state read-

ing assessment Thursday, Feb. 18

8:30 a.m. 3rd Grade state reading assessment

TBD High School basketball versus Heartland Christian at Almena - Senior Night

Friday, Feb. 19

8:30 a.m. 3rd Grade state reading assessment

1:30 p.m. 4th and 5th Grade basketball game at Long Island -Boys play at 1:30 p.m.; Girls play

4 p.m. High School basketball

at Palco

**Northern Valley Menu** 

at 2:30 p.m.

Saturday, Feb. 20 National FFA Week Feb. 20 -

Monday No School

Breakfast: Egg biscuit, hash browns, apple juice, cereal,

Lunch: Hot beef sandwich, mashed potatoes, buttered green beans, cherry pudding pie, milk.

sage, scrambled eggs, oranges, cereal, milk. Lunch: Macaroni and cheese,

**Thursday** 

Breakfast: French toast, ham slice, hash browns, apricots, cereal, milk.

Lunch: Cheeseburger pockets, french fries, buttered peas, pineapple upside down cake, milk.

Breakfast: Breakfast taco, hash browns, banana slices, cereal,

Lunch: Cheese pizza, tossed salad w/dressing, buttered beets, rosey applesauce.

#### **Lenora Elementary School** Monday

No School

**Tuesday** Breakfast: Biscuits and gravy,

Wednesday

Breakfast: Sausage, hash browns, juice, milk.

Lunch: Baked fish, corn, cabbage, fruit, milk.

Thursday Breakfast: Turnover, cereal,

juice, milk. Lunch: Pigs in a Blanket, pork and beans, chocolate cake, fruit,

milk. **Friday** 

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juice, milk. Lunch: Sloppy joes, deviled eggs, relishes, banana, milk.

No School

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tiny k network of Kansas.

Wednesday Breakfast: Banana bread, sau-

little smokies, hot roll, buttered broccoli, fruity jello, milk.

**Friday** 

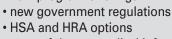
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1-5 2-12-2010 Front.indd 2

Breakfast: French toast sticks,

Lunch: Chicken and noodles,

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**HOURS — MONDAY-FRIDAY: 9-5 SATURDAY: 9-NOON** 

