

# \$1 THE NORTON TELEGRAM

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**Friday**

February 26, 2010

*Briefly*

## School schedules Roundup meeting

Eisenhower Elementary will be holding the annual Kindergarten Roundup on March 1. It will be from 4 p.m. to 6 p.m. At 5 p.m., there will be a meeting in the school cafeteria, with Mr. Roy, the kindergarten teachers and the school nurse. This meeting will last approximately 30 to 40 minutes. At this meeting we will discuss what is required for school attendance. Students must have turned five on or before Aug. 31 to be eligible for Kindergarten. Parents can come between 4 p.m. and 5 p.m. to visit the classrooms and the school with their child. If there are any questions, please contact the school at 877-5113.

## Alternative energy class to be held

Colby Community College will offer a class for homeowners, landowners and community patrons March 15-19 at the Bedker Building located on the southwest corner of campus. The course, taught by Tom Moorhous, AE 176 Introduction to Wind and Other Alternative Energy, will meet from 7-10 p.m. each evening in room 710.

Students may enroll the first night of class or pre-enroll by calling the Colby Community College Admissions Department at 460-4690.

For more information contact Moorhous at 460-5534.



Vernetta Becker had her blood drawn by Jenda Jones, registered nurse, at the Norton County Health Department on Tuesday. The blood draw is held twice a year and is available for people who are uninsured, have

high co-pays or for those who have health insurance but blood work is not covered.

—Telegram photo by Erica Bradley

# Health department offers blood draw

By ERICA BRADLEY  
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Uninsured residents had the option of getting lab tests done at Norton County Health Department on Tuesday, a service offered twice a year by the health department.

Health Department Administrator Gina Frack said the blood draw benefits people who are uninsured, those whose insurance does not cover lab tests and those who have high co-pays. On average, 180 people have their labs done each time the blood draw is held. It is held

twice a year, in February and in August.

"It helps a lot of people," Frack said.

The blood draw does four profiles. Profile one covers electrolytes, such as sodium, potassium, chloride and carbon dioxide; kidney functions, liver functions, alkaline phosphate, such as bone and tissue disease and arthritis, gout, bursitis and lupus; glucose; cholesterol; and CBC, a complete blood count.

Profile two (PSA) detects prostate cancer and enlarged or infected prostates, profile three (TSH) evaluates thyroid function and profile four (HbA1C) measures

average blood sugar levels for diabetics.

The health department added the A1C test for this blood draw. Frack said a lot of patients have asked for the test in the past.

"We know locally, there aren't a lot of resources for diabetics," she said.

Diane Simmons had tests done on Tuesday after going years without having her labs checked. She said she hasn't had her cholesterol checked in 23 years.

"I haven't had it done in several years, and the price (Health - Continued on Page 5)

**MARKETS**  
Cash Prices-Norton  
February 26, 2010

**CORN**  
\$3.40

**SOYBEANS**  
\$8.77

**WHEAT**  
\$3.98

**MILO**  
\$3.02

Ag Valley  
314 W. North Street  
Norton, Kansas  
785-877-5188

## weather forecast

Tonight - Partly cloudy with a low around 20. Northwest wind around 5 mph. Saturday - Mostly sunny with a high near 46. Calm wind becoming east around 5 mph. Saturday Night - Patchy freezing fog after midnight. Mostly cloudy with a low around 25. Sunday - A 30 percent chance of snow. Cloudy with a high near 35. Sunday Night - A 40 percent chance of snow. Cloudy with a low around 20. Monday - A 20 percent chance of snow before noon.

## Prayer

Dear Father, give us a forgiving heart, and help us remember that you ask us not to judge others. May we proclaim peace and unity, in our pews as well as in the streets. Amen.



Joe Anderson took advantage of the free health screenings offered by Aiden Schillig at Pamida yesterday. Norton County Emergency Medical Services checked glucose levels, heart rate, blood pressure, oxygen level and did EKG tests.

—Telegram photo by Erica Bradley

# EMS offers free health screenings

By ERICA BRADLEY  
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In celebration of American Heart Month, Pamida and Norton County Emergency Medical Services collaborated to offer a booth in front of Pamida Pharmacy yesterday.

Norton County Emergency Medical Services Assistant Director Aiden Schillig said the booth enabled people to get their glucose, heart rate, blood pressure, EKG and oxygen level checked for free.

Many people stopped by the booth while they were shopping.

Joe Anderson, a Pamida employee, had his glucose, heart rate, blood pressure and EKG checked.

"I'm as healthy as anyone could be,"

he happily reported after having the tests done.

"In the first four hours we saw 45 people," Schillig said.

"We had a good response. We're glad we had it," said Barb Goeken, community service representative for Pamida.

Goeken said customers have been able to round their purchases up for the last two weeks. The money collected will be donated to the American Heart Association.

She said Pamida donates money to different organizations each year.

"We try to stagger them," Goeken said.

Schillig said they may do another booth in the next month. They plan to organize it for a senior day.

# Cassidy announces plans to run for 120th district

By Karen Krien  
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At a meeting following the town hall meeting held in Bird City on Feb. 14, Ward Cassidy, St. Francis, announced that he plans to run for Representative of the 120th District. The position is presently held by John Faber, Brewster.

He said he had been approached by groups from Decatur, Norton and Phillips counties, asking him to consider running because he is recognized throughout the area and they thought he will do a good job representing Northwest Kansas.

"I am pleased that these people feel

I could be a candidate for the 120th District," he said. "I have been told that someone who spends their career in education would not be a good candidate because we are all about raising taxes.

"That is a long way from being accurate!"

Mr. Cassidy believes that everyone should do everything possible to maintain communities without raising taxes.

At the town meeting on Saturday, Mr. Cassidy said Les Lacy, Cheyenne County Hospital administrator, did a great job of stating how all the entities in a community are woven together — when one

gets hurt, they all get hurt.

Mr. Cassidy has been in education for 40 years, working six years as a teacher, 16 years as a counselor and 20 years as a principal.

Being in education, I can think of several ways we can cut state costs, Mr. Cassidy said.

"To me, that is the solution — everyone working together to solve problems," he said. "We need to preserve our lifestyle and after exhausting every other means, if it is necessary to raise taxes, then so be it!"

(Election - Continued on Page 5)



Ward Cassidy

