

Bowling event will benefit Big Brothers

Big Brothers Big Sisters is encouraging local residents to Score Big for Littles during its annual Bowl for Kids Sake campaign. The 2010 edition of the event is scheduled for April 25 at the Rainbow Lanes bowling alley in Norton.

According to agency director, Lisa Mussman, Bowl for Kids' Sake is Big Brothers Big Sisters' largest annual fundraiser.

"This year's event is probably more important than any others we've had to date," Mussman said. "Some of the funding we have relied on in the past is being cut or eliminated altogether next year, making fundraising from this year's campaign vital to continuing our operations."

Nearly \$7,000 has already been raised through local sponsors.

The agency hopes to raise a total of \$10,000. All money raised from the event stays in the local agency to recruit mentors and match youth with positive role models.

Mussman says there are still many bowling spots open for teams wishing to participate in the event.

Those interested in forming a team may contact the agency at 785-874-4200 to request a team captain's packet.

Bowlers who raise \$100 or more in pledges will receive a commemorative event t-shirt. Those raising \$200 or more will be entered into a drawing for an mp3 player. Additionally, there will be free pizza and pop, courtesy of Pizza Hut and Pepsi, and numerous door prize drawings

held throughout the day.

Presenting sponsors for the 2010 Bowl for Kids' Sake event are Prairie Horizon Agri-Energy, KYLE Railroad and Nex-Tech/Rural Telephone.

Big Brothers Big Sisters began in Phillips County in 2007 as an expansion of Big Brothers Big Sisters of Norton County. In addition to serving Norton and Phillips Counties, the office also serves youth in Decatur and Graham Counties. Currently, Big Brothers Big Sisters has 19 youth matched with volunteers among the four counties and another nine waiting to be matched. For more information on volunteering or Bowl for Kids' Sake, call 785-874-4200 or e-mail lmussman@ksbbbs.org.

Arbor Day celebrates springtime with trees

Celebrate Springtime! Join the Arbor Day Foundation in March and receive 10 free trees.

There's no better way to celebrate the arrival of spring than by planting trees, and the Arbor Day Foundation is making it easy for people to participate.

Everyone who joins the Arbor Day Foundation in March will receive 10 free white flowering dogwood trees.

The free trees are part of the nonprofit Foundation's Trees for America campaign.

"White flowering dogwoods

will add year-round beauty to your home and neighborhood," said John Rosenow, chief executive of the Arbor Day Foundation. "Dogwoods have showy spring flowers, scarlet autumn foliage, and red berries which attract songbirds all winter."

The trees will be shipped postpaid at the right time for planting between March 1 and May 31 with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow or they will be replaced free of charge.

Members also receive a subscription to Arbor Day, the Foundation's monthly publication, and The Tree book with information about tree planting and care.

To become a member of the Foundation and receive the free trees, send a \$10 contribution to Ten Free Dogwood Trees, Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, Neb. 68410, by March 31 or join online at www.arborday.org/March.

Rancher

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Loos also discussed global issues and said global warming is not taking place as many people claim.

"I believe it's the largest man-made hoax of all time. We have no climate change compared to what this planet has been through," he said.

Loos also discussed fuel, saying we need to focus on resources we have such as coal.

"A nation 65 percent dependent on foreign oil didn't realize that until Hurricanes Katrina and Rita," he said.

Loos said it was a pleasure to be able to come to Norton.

"I thank you for sharing the

value in rural America," he said.

Loos said he travels 200 days out of the year and meets people across the country who value agriculture. He hosts a radio program and writes a column for Feedstuffs newspaper.

More information can be found on his Web site, <http://www.loos-tales.com/index.htm>

Census

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Your answers to the 2010 Census are kept confidential and protected by federal law.

Every Census Bureau employee must take an oath and is subject to five years in prison or a \$250,000 fine or both if they disclose any information that could identify you or your household. Your information is only used for statistical purposes.

The 2010 Census is an actual count of everyone living in the United States and is mandated by the U.S. Constitution.

Census data is used to allocate

congressional seats to the states and to distribute more than \$400 billion in federal funds to tribal, state and local governments each year.

Available resources online include:

2010 Census Web site: www.2010census.gov

2010 Census Web site in Spanish: www.2010census.gov/es-panol

2010 Census Jobs: www.2010censusjobs.gov

2010 Census How It Works: www.2010census.gov/2010census/how

2010 Census Why It's Important: <http://2010.census.gov/2010census/why>

2010 Census Privacy and Confidentiality: <http://2010.census.gov/2010census/privacy>

LYLE NEWS

By VEDA WOODS

March 2

I taught my dog to use the dictionary.

Before you say "Oh, Yeah!", let me explain. As she is knee-high to a grasshopper, and has a habit of jumping on my lap, and is beginning to show her age; she hesitates to jump, but sits and begs to be lifted up.

I who am also showing my age, had a cataract removed, and have instructions not to lift and not to stoop over.

The only thing handy large enough for a step were my big dictionaries, which I scooted over in front of my chair.

With a little help, she learned to use the step, but what will I do when I need to look up something, as the dictionary is as heavy as she is? Oh, well, I won't be a wimp forever.

My eye is fine, and this page looks so bright, it's amazing! I'm going to have the other one done within a month.

The First State Bank of Holbrook, Neb. sponsored Kathy Van Meter to their "Women in Agriculture" conference in Kearney on Thursday and Friday. Over 300 women were entertained with workshops, speakers and lots of food.

March 9

Spring must be right around the corner. We have had such a mixture of wind, fog, a light snow that melted before the day was done and even a thunderstorm with 1/2 inch of rain.

We can't depend on winter being over as we have had very deep snow in March and April.

March 16

We hear "Blondes have more fun". Well, now we know, "Blondes have more hair". I read that blondes have more hair than anyone, and redheads have less. All the blonde jokes give them a

bad time; so, just to help them get even, (you know I kidding) I'll say there's a lot of brains under that beautiful hair.

March 23

The Lyle sewing ladies had a nice surprise as they ate their sack lynch on Tuesday when Rea and Dee Magers dropped in, bringing their lunch. Some of our favorite people!

I went to hear Dwight's group play on St. Patrick's Day and had corned beef and cabbage at O'Briens-nice Irish name.

The food was delicious and I always enjoy their music. Speaking of good Irish music, I watched some Celtic Women and Celtic Thunder this week.

Here came snow again on Friday, which caused some cancellations: Senior Citizens and Red Hat trip to Kensington. I suppose Troy and Vanessa went ahead with their wedding shindig. It sounded like fun.

My sister, Twila Van Gundy Vernon, of Arvada, Colo. has been very ill in the hospital in Denver. She suffered a TIA last Saturday.

While undergoing a cat scan, she had a heart attack. Although she had a living will, she gave permission to do surgery and came through it well.

She developed pneumonia, was put on the breathing machine; has improved slowly; and has been able to sit up and eat broth, etc. on Saturday. Her husband, Leland, says they plan to come back for Memorial Day.

June Jolly had her eye surgery on Friday, and Linda brought her home Saturday.

Tielia and Aubrey High and a friend ate lunch with her grandmother on Sunday.

Remember! Sunday, April 4th is the date for the Sunrise Easter Service at Lyle, followed by breakfast at the Community Building. This is at 7:15 a.m.

District

(Continued from Page 1) a nation-wide trend for the time period.

"It might be the oldest building we found," she said.

While most buildings around the courthouse are considered eligible, everything on the west side of State Street is considered ineligible.

Davis said any upgrades since the 1960s would not qualify for the register. She cited metal siding being put on a building in the '80s as an example.

Davis said Dollar General is an example of an ineligible property. She said the Norton centennial book reports this building was

constructed in 1945 and housed several different businesses.

She said it's possible that if the white metal on the upper part of the building were removed and the original materials were undamaged the building could be re-evaluated.

Boxler Insurance Agency, located at 108 N. First, is also an example of an ineligible. Boxler Insurance participated in the Storefront Renewal Program last year and made upgrades to the awning and door.

"Alterations can be very significant in the eyes of the national register," Davis said.

Davis took several questions

from the audience about what regulations would be placed on properties if they went onto the register. People were concerned about having to follow federal or state guidelines.

"At the end of the day, the feds aren't going to come knock at your door because of what you did to your buildings," she said.

Davis said some things can be debated with the state, such as the importance of a particular building.

"You can argue things. There is negotiation to be had," she said.

The complete inventory can be seen at www.khri.kansasgis.org.

Keep up with the latest news in The Telegram. Call 877-3361 for subscription information.

New Physician Helps Keep Patients Closer to Home



Help has arrived for those patients in Western Kansas suffering from kidney disorders. This summer Hays Medical Center hired its first in-house nephrologist, Johanna "Joni" McCullagh, M.D. The addition of Dr. McCullagh, medical director of the Nephrology Center program, means advanced kidney care is now available for patients closer to home.

Dr. McCullagh and the Nephrology Center staff provide a variety of services, including caring for patients with:

- Kidney failure
- Hypertension and hypertensive kidney disease
- Diabetes and diabetic nephropathy
- Inflammation, scarring or hardening in the kidney
- Cystic kidney disease (polycystic)
- Inflammation of blood vessels in the kidneys
- Kidney stones

- Management of dialysis patients, transplant patients and those with end stage renal disease
- One of the biggest benefits of this addition to Hays Medical Center is that the hospital now has greater capacity to care for patients in need of regular dialysis. While the hospital previously treated dialysis patients, they can now treat more patients – and patients who need a higher level of care – eliminating the burden and stress of travel for additional families in the area.

Dr. McCullagh, a Wichita native, grew up in Kansas City and completed her education

at the University of Kansas School of Medicine. She completed both her residency in Internal Medicine and her fellowship in Nephrology and Hypertension at the University of Kansas Medical Center. Dr. McCullagh is certified by the American Board of Internal Medicine and holds memberships with the American Society of Nephrology, American College of Physicians and the American Medical Association.

Wanting to stay within driving distance of family and friends, Dr. McCullagh and her family were excited to make the move to Hays.

WHERE CAN YOU FIND THE TOP MEDICAL SPECIALISTS?



Hays Medical Center is partnering with Norton County Hospital to bring you easy access to advanced medicine. Every month. So treat your knees, back, heart and more to exceptional care. From very smart specialists in your own neighborhood.



HAYSMED

Learn more at haysmed.com

Norton Outreach Clinic Schedule

Cardiology – Dr. Fisher
Second Tuesday
(785) 625-4699

Ear, Nose & Throat – Dr. Black
Second Wednesday
(785) 628-3131

Mobile Echo
Monday
(785) 877-3351

Ophthalmology – Dr. Pokorny
Surgery: Fourth Monday every other month

Clinic: Fourth Tuesday every other month
(785) 628-8218

Orthopedic – Dr. DeCarvalho
Fourth Tuesday
(866) 428-8221

Urology
Every fourth Monday
(785) 877-3351

Call the number listed for specific clinic locations.