

OBITUARIES

Fred Edward Counter

June 9, 1936 - April 4, 2010

Fred Edward Counter, of Oberlin, died at Decatur County Hospital in Oberlin on April 4 at the age of 73. Fred was born June 9, 1936 in Oberlin to Fred J. and Gladys (Cronn) Counter.

Fred was raised in rural Oberlin and attended O'Toole No. 35 School. On April 13, 1980 Fred married Sandra Critchfield in Oberlin. They made their home on the family home southwest of Oberlin where Fred farmed. Fred was a member of the Lund Covenant Church.

He was preceded in death by his parents and three half-siblings,

Wilber and Clem Counter and Clara Riddle.

Survivors include his wife, Sandra of Oberlin; son, Fred Jonathan Counter of Norton; daughter, Lemilla Counter of McCook, Neb.; and 3 grandchildren.

Funeral service was held Thursday at Pauls Funeral Home in Oberlin with Rev. Tom Smith officiating. Burial was in Oberlin Cemetery. Memorial fund has been established to Television Ministry of First United Methodist Church of Wichita. Paul's Funeral Home of Oberlin was in charge of the arrangements.

Velma L. Knapp

July 15, 1940 - April 6, 2010

Velma Louise Knapp, daughter of Floyd and Katie M. (Zellmer) Knapp, was born July 15, 1940, in Norton and died at the Andbe Home in Norton, on April 6, at the age of 69.

Velma attended the Norton grade and high schools, graduating in 1959. She lived her entire life in the Norton community.

Survivors include: one sister, Agnes Rodenbaugh, Norton; one sister-in-law, Anetta Knapp, Norcatur; other relatives and friends.

She was preceded in death by

her parents; one infant brother, Clarence, and one brother, Floyd, Jr.; and two sisters, Katie Blair and Lois Baker.

Graveside service and burial will be Wednesday, April 14 at 11 a.m. at the Norton Cemetery. Memorials to Shriners Burn Center for Children.

Arrangements are by Enfield Funeral Home, Norton.

Condolences can be left at the funeral home website at www.enfield.com

Karen Geneva Yoder

June 26, 1945 - April 6, 2010

Karen "Kay" G. Yoder, of Wichita, died at Wesley Medical Center in Wichita on April 6 at the age of 64. Kay was born June 26, 1945 in Sterling to Geneva and Earl Adams.

On Jan. 12, 1964 Kay and Gerald Ray (Jerry) Yoder were united in marriage in Hutchinson. Together they had four sons. They made their home in Hutchinson until 1976, when they moved to Norton. Her husband, Jerry, passed away March 25, 1993.

Kay enjoyed working with children and will be remembered for a caring heart and always willing to help someone.

Survivors include: four sons: Dan and wife, Raylee Yoder, Kansas City; Daryl and wife, Beckie Yoder, Derby; Don and wife, Corrie Yoder, Topeka; David Yoder and Tage Martin, Wichita; six grandchildren: Tyler, Austin,

Kohl, Mikalli, Ashley and Jake; her companion, Gareth Smith, Wichita; six brothers and sisters: Jimmy Ray Adams, Kenneth Adams, Gladys Miller, Lisa Yadgar, David Adams, and Kathy Swigart; other relatives and friends.

She was preceded in death by her parents, her husband and a sister Donna.

Graveside service will be at the Norton Cemetery, Norton, on Saturday at 2 p.m.

A memorial has been established for the Karen "Kay" Yoder Memorial Fund.

Friends may call at the Enfield Funeral Home on Saturday from 12:30 to 1:30 p.m.

Arrangements are by Enfield Funeral Home of Norton.

Condolences can be left at the funeral home website at www.enfield.com

Senior Menu

April 12: Ham and cheese sandwich, tomato soup, apricots, bread, and brownie.

April 13: Lasagna, broccoli salad, corn, bread sticks, and peas.

April 14: Cook's choice entree, hash brown casserole, peas and carrots, bread, and ambrosia fruit salad.

April 15: Turkey, mashed potatoes with gravy, Italian blend vegetables, bread and Birthday Cake and strawberries.

April 16: Beef and noodles, green beans, coleslaw with carrots, dinner roll and fruit cup.



Lisa Jones and Joshua VanSike

Engagement of local couple

Lisa Renae Jones, daughter of Kelly and Lana Jones, and Joshua Thomas VanSike, son of Keith and Karen VanSike, will be married this fall. Grandparents of the couple are Lanny and Sara Davis, of Norton, and William and Grace VanSike, of Great Bend.

Lisa is a 2007 graduate of Norton Community High School. She is currently a junior at Kansas State University where she is majoring in English.

Josh is a 2006 graduate of Norton Community High School. He is a senior in Plant Science and Biotechnology at Kansas State University.

Lisa and Josh will be married in August.



Vernon Heitman

90th Birthday

Vernon Heitman will be 90 years old on April 15.

His family is planning a reception at the Norton Church of God fellowship hall on April 17 from 2 p.m. to 4 p.m.

No gifts, please. Your presence or a card is all that is needed.

His address is 19898 Highway 36, Norton, Kan. 67654.

Vern worked at the Norton Post Office for 41 and a half years, retiring in 1985.

Ready! Set! Go! Who can stack faster than the other?



Bonita Slipke and daughter Raelynn stack speed stacks to see who wins the race. Learning speed stacking is a fun innovative way to improve learning, coordination, and self esteem. Action was at the Family Fun, Food, and Fitness Night at Eisenhower Elementary School.

—Telegram photo by Dana Paxton

The Full Circle – An Aging Expo

The Full Circle...An Aging Expo planning committee is making a change. Because of weather and time concerns in the fall, the committee will move this year's Expo to spring in the hopes of more daylight hours for traveling and less threat of poor weather conditions. So to celebrate our move to spring, the planning committee wishes to announce that the next Full Circle...An Aging Expo sponsored by K-State Research and Extension - North West Area and NW Kansas Area Agency on Aging will be held April 23 at the Colby United Methodist Church from 9:30 a.m. - 3:30 p.m.

Pre-registration information is available at any NW Kansas County or District Extension Office. You may also get this information by calling the NW Area Extension Office at 785-462-6281 and ask for Libby or Becky. Pre-registrations are due Thursday, April 15th to receive an early bird reduction in price. However, walk ins will be accepted at the door with no guarantee of lunch.

FYI

By Jake Durham

All of you Bridge players who have just arrived back from the warm climates of southern Texas, Arizona and Florida and all others are reminded that the first round of the tournament begins Thursday, April 15th and more teams are needed. Starting time is 7:00 p.m. at the Norton Legion, bring your partner and sign in early. For more information call: Jake Durham, 877-2400 or Jack Graham, 877-3265

There were four tables of bridge at the Norton Manor on April 7. Winners were Jerry Moritz and Myron Veh, second were Jim Frey and Nancy Brown, third were Jackie Porter and Joyce Sumner.

Home ed Tranda Watts, Extension specialist



For those needing CEU's, please contact the NW Area Extension Officer at the number above so that arrangements can be made to get Continuing Education Units.

Dr. Tana Goering, MD and KSN tv personality will be back by popular demand as the key note speaker. She will, however, be changing her discussion to "How do you know when a trip to the doctor is necessary?"

Some other speakers will remain the same, but there will also be new topics to help with answering your questions about aging. Some of the new topics include Mindbody Exercises by Tina Harris, Physical Therapist. Tina will explain exercise for strength,

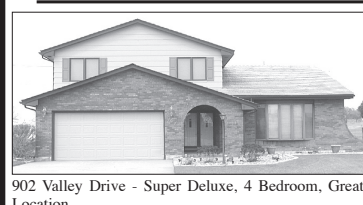
flexibility, posture and balance. A representative of the Office of Kansas Securities Commission, Beth Victor, will discuss making investments, what you need to know to make those investments, and learning how to avoid being a victim since seniors are targets for fraud. SHICK Counselor and District Extension Agent, Connie Bretz, will be discussing getting extra help paying for your prescription drugs.

By request some topics are the same, so if you missed one of your favorite topics at the last Expo, you have a chance to hear them once again. These topics include Elder Law by Randy Clinkscales, P.A.; Vitamin D by Glen McNeil,

R.D. from Fort Hays State University, Mind Aerobics by Kathy Sikes, Alzheimer's Association, Enjoying Beautiful Eye Health by a Vision Source Representative; When a Loved One Passes by Marilyn Cooper, LMSW; Drug Interaction by Mike Larmer, Pharmacist and Affordable Kansas Travel by Jennifer Haugh, Travel/Tourism, Kansas Department of Commerce.

For further information on Full Circle...An Aging Expo, contact your local K-State Research and Extension Office, the NW Area Extension Office at 785-462-6281 or e-mail trawatts@ksu.edu

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GLADYS THE RIVETER
With Teresa Bachman
Sunday, April 11 2:00 p.m.
Prairie Land Electric Basement
1101 W. Hwy. 36, Norton, Kansas
Step back in time to Boeing's 1945 wartime aircraft plant. Hear Gladys address the issues of the day with a group of new hires. The men have gone to war and the women have stepped in to do the work.
Adults - \$4; Reciprocity - \$2; Students - \$1
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