

Celebrating children



The week of the young child started yesterday with a balloon launch from the Norton Recreation Center. Several day cares have activities planned for this week.
—Telegram photo by Erica Bradley

Balancing through reading, eating, moving

Once again, Healthy Kids Challenge, a Kansas-based 501(c)3, is helping to make it possible for healthier eating and physical activity choices everywhere children live, learn work and play.

Thanks to funding by the United Methodist Health Ministry Fund and help from Healthy Kids Challenge and libraries across Kansas, preschoolers and their families will hear, see and practice healthy eating, physical activity and less screen time through literacy.

The initiative, Reading-Smart Eating - Moving...Balance My Day, helps families practice healthy habits in such a fun way, it dispels the notion getting healthy is difficult.

Beginning fall 2010, librarians across Kansas will participate in a day of training to look at opportunities in their community pre-K library programs to help kids eat more fruits and veggies and get more physical activity in the day.

Toolkits and teaching resources along with Healthy Kids Challenge coaching for one full year to help guide implementing healthy eating and activity messages and practices into library programs is also part of the grant support provided.

For years, nutrition educators in schools have advocated the link between literacy and healthy eating. However, in a recent article, Nemours Health and Prevention said that it is too late to reach kids in elementary school. In every community, libraries and their outreach to pre-school children through various programs are a perfect place to provide earlier support for healthy eating and physical activity.

According to registered dietitian and Healthy Kids Challenge Director, Vickie James, the enthusiasm by libraries and other collaborators has been terrific. The Lane County librarian, a

participant in a previous Healthy Kids Challenge grant, was actually the spark that developed this project.

According to Ruby Martin, "It doesn't matter if you don't have a lot of space or time, even something small to promote healthy eating and activity could make a difference."

Ruby took that message to the Kansas library services coordinator and encouraged libraries to "Take the Challenge" in any way they can.

According to the U.S. Pediatric Nutrition Surveillance System, United States, pre-school children are getting heavier. In Kansas, the percentage of obese 2-4 year olds grew from 8.8 percent in 1998 to 12.6 percent in 2003 and 13.3 percent in 2008. Thanks to the Health Fund grant, Healthy Kids Challenge, and Kansas librarians, children will have greater support for healthy choices.

Rodeo announces 2010 entertainment

Two Phillipsburg rodeo favorites will be in town for this year's Kansas' Biggest Rodeo.

Pro rodeo clown Rick Young, Tickfaw, La., will provide humor at the rodeo.

Known also as "The Agin' Cajun," Young worked as clown and barrelman in Phillipsburg from 1992-2002.

The 76-year-old cowboy no longer works the barrel but still provides comic relief at numerous pro rodeos every year. Andy

North, Yukon, Okla., will serve as barrelman.

Freestyle bullfighting will be this year's rodeo entertainment. Three pro-rodeo bullfighters will compete each night against fighting bulls, and will be judged on their freestyle abilities.

The bullfights will take place after the bull riding each night, and prize money will be awarded to the winners.

Rod Innes, chairman of the rodeo committee, said both Young

and the bullfights are crowd favorites. "People like Rick Young, and the bullfights were popular" when the rodeo hosted the Wrangler Bullfights from 1989 to 2000.

Tickets for the rodeo go on sale July 1 at Tri-County Insurance in Phillipsburg.

This year's rodeo will be held August 5-7. For more information, visit www.kansasbiggestrodeo.com or become a friend on the rodeo's Facebook page.

Induct new members into honor society

On March 24, the 11 senior members of the National Honor Society inducted 12 new members into the Norton Chapter.

The 12 new members include: Troy Bainter, son of David and Vicki Bainter; Melinda Becker, daughter of John and Ann Becker; Billy Broeckelman, son of Jim and Tami Broeckelman; Maia Carlson, daughter of Dale and Glenda Carlson; JoAnna Cummings, daughter of Jerry and Sharon Cummings; Dakota Dreher, son of Ray and Jamie Dreher; Diedre Kramer, daughter of Eric Kramer and Roger and Mary Vanover; Nicquel McVey, daughter of Jerry McVey and Donna Land; Kaylen Rossi, daughter of George and Sue Rossi; Spencer Shirk, son of Lamont and Pam Shirk; Dustyna Sprigg, daughter of Dwight and Michelle Sprigg; and Rebekah Streck, daughter of

Steve and Joan Streck.

Senior members include: President Marcus Herman, Vice President Tonielle Fiscus, Cody Cook, Matt Miller, Matt Pollock, Bethany Roy, Kendra Engelbert, Alyssa Thomson, Bethany Winkel, Austine Dole and Amanda Ray.

Membership into the Norton Chapter of National Honor Society is based on four criteria: scholarship, leadership, character and school and community service.

Students meeting the scholarship criteria of a cumulative 3.5 grade point average are invited to fill out an application.

Second, students must exhibit leadership by holding office or being in leadership positions.

Applicants must also acquire three positive leadership recommendations from teachers, coaches and sponsors.

Character is the third criteria. Students must have at least ten positive character references filled out by teachers, sponsors and coaches.

The fourth criteria includes both school activities and community service activities.

Students must be involved in a minimum of 12 school activities in three different areas.

Applicants must also accumulate at least eight different community services activities.

At the conclusion of the ceremony, Mrs. Claire Herman spoke to the National Honor Society members and student body about the gifts life has to offer.

A short reception for new members and their parents followed.

Mrs. Robin Sides is the National Honor Society advisor.

Fun night for Eisenhower students

Eisenhower Elementary third and fourth graders along with family members celebrated Nutrition and Wellness Tuesday evening. The two hour evening consisted of five 20 minute stations that the groups rotated through. The five stations were:

- Fitness Activities (a partner, a small group and a game). Importance of fitness and experiencing that Eisenhower physical education is about fun, fitness and learning how to take care of your body.

- A Homemade Healthy Snack and Video on 'Play 60,' making a healthy snack with their family and enjoying the 'play 60' healthy videos directed by and starring Norton's junior high school students.

- Speed Stacks, learning a fun, innovative way to improve learning, coordination and self esteem.

- Sun Wise Safety, a presentation teaching the importance of protecting your skin from sun rays.

- Food Pyramid Bingo, playing bingo while learning facts about the food and activity pyramid.

This evening was possible because of a mini Team Nutrition grant from the Kansas Department of Education, the Norton County

Health Department, Norton's Coordinated School Health Committee, Eisenhower staff and volunteers.

"I want to thank the families for

taking time out of their evening to make this such a huge success," said Joan Bolt, physical education and health teacher.

Public Record

Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. The traffic and criminal cases were given to the paper with the date of the hearings.

Traffic

March 18 — Tabettha Smith, Norton, failure to provide verification of insurance. Dismissed as verification provided at hearing.

March 18 — Joseph Hester, Cozad, Neb., failure to provide verification of insurance. Dismissed by city prosecutor for cost. \$75 court cost.

March 18 — Robert Compton, Almena, driving with an expired registration and driving while suspended. To receive six month Diversion and pay Assessment fees of \$100. Court cost \$75.

March 18 — Marissa Baker, Clayton, failure to provide verification of insurance. Dismissed as provided at hearing.

April 1 — Jerry Skipper, Byers, Colo., speeding 30 in a 20 mph zone, fine \$100, court cost \$75.

April 1 — Leon Hughes III, Norton, driving while under the influence, 2nd offense, driving while under suspension, refusal to take Personal Breathalyzer Test, failure to have tail-lamps and failure to provide verification of insurance. Plea agreement reached. 90 days jail suspended to 5 days and probation until Dec.

31, 2010. Fine \$1,090, booking fee \$45, ADSAP fee \$150 and court cost \$75.

Criminal

March 25 — Jeremiah Johnson, Norton, criminal damage to property. Pled not guilty. Trial set.

April 1 — Jennifer Katz, Norton. Charged with disorderly conduct and obstructing official duty. Pled guilty to disorderly conduct per plea negotiation. Fine \$250, court cost \$75.

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are given to the paper when the fines are paid. Limited action and small claim cases are reported only after the defendant is served.

Traffic

March 12 — Elden W. Huff, Lebanon, Neb., improper stop lamp or turn signal, fine \$30, court cost \$86.

March 12 — Melinda J. Inman, Red Oak, Iowa, speeding 77 in a 65 mph zone, fine \$52, court cost \$86.

March 12 — Arlen W. Kasten, Potter, Neb., failure to yield at stop or yield sign, fine \$60, court cost \$86.

March 12 — Larry A. Nicholson, Hanover, basic rule governing speed of vehicle, fine \$60, court cost \$86.

March 12 — Robert D. Patrick, Bayard, Iowa, improper driving on laned roadway, fine \$30, court cost \$86.

March 12 — Obed N. Saint Louis, Goodland, speeding 75 in a 65 mph zone, fine \$30, court cost \$86.

March 12 — Isaac Neufeld Wall, Cuauhtimoc, Mexico, 11 hour rule violation, fine \$100, court cost \$86.

March 12 — Jesse Wessels, Alma, Neb., over weight limits on wheels and axles, fine \$130, court cost \$86.

March 26 — Diana L. Ambrosier, Norton, speeding 74 in a 65 mph zone, fine \$30, court cost \$86.

March 26 — Todd A. Boller, Norton, speeding 74 in a 65 mph zone, fine \$30, court cost \$86.

March 26 — Jeanne M. Isbell, Oberlin, speeding 74 in a 65 mph zone, fine \$42, court cost \$86.

March 26 — Jennifer E. Korererich, Lenora, speeding 77 in a 65 mph zone, fine \$54, court cost \$86.

March 26 — Aaron D. McEvers, Fountain, Colo., speeding 79 in a 65 mph zone, fine \$54, court cost \$86.

April 1 — Mark E. Hutton, Burlington, Colo., speeding 81 in a 65 mph zone, fine \$66, court cost \$86.

April 1 — Karl D. Phillips, Alma, Neb., 14 hour rule violation, fine \$100, court cost \$86.

Lyle Webb and Lou Ann Broz
First Annual Celebration with Friends
"Come Dance With Us"
Sunday, April 18
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