

# \$1 THE NORTON TELEGRAM



WEBSITE: [nwkansas.com](http://nwkansas.com) 12 PAGES

**Tuesday**  
June 1, 2010

*Briefly*

## State Park to host OK Kids Day June 5

On June 5 Prairie Dog State Park, in conjunction with Kansas Wildscape, will sponsor the 10th annual Outdoor Kansas for Kids Day.

At Prairie Dog State Park, kids will get the chance to enjoy a fishing clinic sponsored by local fishermen and the Longspur Chapter of Pheasants Forever, an archery clinic sponsored by the Norton Archery Club and a trap shoot for youth 10 and over sponsored by the Kansas Department of Wildlife and Parks and Longspur Chapter of Pheasants Forever.

They will also have the Kansas Department of Wildlife and Parks Laser Hunting and Shooting Simulator available for youth under the age of 10.

The simulator will duplicate many shooting scenarios and should be fun for the kids. All the guns and ammunition plus fishing poles and bait will be provided. All kids participating in OK Kids Day will receive a prize donated by Kansas Wildscape and the Norton Travel and Tourism Committee.

Events will start at 8:30 a.m. and will end around 12:30 p.m. All youth participants should meet at the park office. Lunch is being provided with the youth cooking hot dogs over a campfire.

Anyone interested in sponsoring an event or helping that day can contact the park office at (785) 877-2953.

## Report cards ready to be picked up

Norton Community High School and junior high school report cards are ready to be picked up at the high school and junior high school office. Parents can pick them up Monday through Friday from 8 a.m. to 4 p.m. until June 10.

MARKETS	
Tuesday, June 1, 2010	
WHEAT.....	\$3.48
MILK.....	\$2.78
SOYBEANS.....	\$8.65
CORN.....	\$3.14

Markets Courtesy of Norton Ag Valley Co-Op

## weather forecast

Tonight - Partly cloudy with a low around 55. Thursday - Mostly cloudy with a low around 64. Friday - Chance of thunderstorms with a high near 89, low of 65. Saturday - Mostly sunny with a high of 84, low of 64.

## Kingham report:

Friday, March 28 .....Low 63, High 88  
Saturday, March 29.....Low 64, High 89  
Sunday, March 30.....Low 53, High 84  
.20 Rain  
Monday, March 31.....Low 46, High 85  
Tuesday, June 1.....Low 62, High 97  
(Readings taken at the Kingham farm 9 miles northwest of Norton)

## Prayer

Dear Father, help us to remember to say thank you. Forgive us when we hurt others by our thoughtlessness. Amen



Members of the Norton American Legion presented the flags at the Memorial Day services in the Norton Cemetery. A large crowd attended the service, which was followed by lunch at the American Legion. Greg

Mann, Norton Schools superintendent, spoke during the service. -Telegram photo by Harriett Gill

# Memorial Day celebrated in Norton

Over 100 people attended the Norton Memorial Day Service at the Norton Cemetery with Norton Schools Superintendent Greg Mann giving the key-note address.

Mann, who is not a veteran, said Jake Durham asked him to speak and wouldn't take no for an answer.

"(Durham) had served with my father and had a hunch I would figure out what to say. As most of you know, Jake rarely

takes no for an answer—and I am here today," Mann said.

Mann said everyone gathered to honor the memory of those who serve in the military and those who have sacrificed their lives in service.

The first Memorial Day observance, Mann said, was in May, 1868 when it was known as Decoration Day.

"Today is a time to honor and show respect to those who have fought and

are fighting to protect philosophical freedoms and liberties proclaimed by our Founding Fathers in the Declaration of Independence, and then made into reality of law by their writing of the Constitution of the United States," he said.

"For almost two and one half centuries we have had brave men and women who gave their youth, their health and a great many their lives to secure the peace and defend our freedom; who have served in

conflicts in order to protect our country; who have sacrificed their own dreams in order to preserve those of the citizens of our nation.

"It is our duty to make sure their devotion to duty, honor and country will not, and never will be, forgotten," Mann said.

He said America's Armed Forces have guaranteed our rights and freedoms for  
**(Memorial - Continued on Page 5)**

# Hospital water aerobics program to start

By AMY GRIFFEY  
*Special to The Telegram*

Norton County Hospital works at making the community healthier in ways that extend far beyond the four walls of the hospital. In 2009, the hospital's Water Aerobics Program received one of six Kansas Hospital Association's Community Connections Awards in recognition of the fact that the program is working to meet the diverse needs of

the community.

"Not only does this program encourage a new form of exercise, but many participants are excited about the class because it means that they can leave their canes and walkers on dry ground for the first time in a long time," said Tom Bell, president and CEO of the Kansas Hospital Association. "It is programs like this which exemplify the ideals of the Community Connections Award and we are

pleased to recognize this program at the Norton County Hospital," he said.

Nothing is more inviting on a hot summer's day than a cool pool of water, and if you can use it to get your daily dose of exercise and fitness, you couldn't ask for more. Water aerobics is the best way to get a total body workout without overheating. Water aerobics benefits persons of all ages and abilities.

Exercising in water requires you to

support only 50 percent of your body weight.

The risk of injury is comparatively lower on account of its low-impact nature. This makes it an ideal exercise for pregnant women.

The stress and compression on the joints is less.

The natural resistance offered by water leads to better muscular endurance and  
**(Hospital - Continued on Page 5)**



(From left) Judy Luft and Sandy Worden said goodbye to Pam Menaugh at the Norton Schools retirement ceremony last week. Menaugh retired after 23 years of teaching in Norton.

-Telegram photo by Erica Bradley

# Norton Schools lose 144 years of service

By ERICA BRADLEY  
[erBradley@nwkansas.com](mailto:erBradley@nwkansas.com)

Norton Community Schools wrapped up the 2009/10 school year last Thursday by recognizing district employees who were retiring or moving on to different jobs.

Norton Schools Superintendent Greg Mann said some teachers are moving into different positions while others are moving on to a different part of their life.

"These retirees represent 144 years of service to USD 211 students," Mann said.

Retirees included: Linda Burge, 33

years; Terry Hillman, 31 years; Regina Stark, 29 years; Pam Menaugh, 23 years; and Nan Smith, 29 years.

Each retiree wrote a speech, "In her own words."

In her speech, which was read by Virginia Will, Burge said her family moved to Norton, and their first experiences were not good.

"The kids all got chickenpox, the dog got run over and I got chewed out by the kindergarten teacher at Washington School for parking in the wrong place," she said.

**(Retirees - Continued on Page 5)**

