

OBITUARIES

Mildred Baudry May 31, 1912 - May 16, 2010

Mildred W. Baudry, daughter of Miles Iver and Florence (Reed) Standish, was born May 31, 1912, in rural Alma and died at the Andbe Home in Norton on May 16, 2010, at the age of 97.

She grew up in the Alma community, attended rural grade school, and graduated from the Alma Rural High School. On Aug. 9, 1930, Mildred and Loren Van Patten were united in marriage. They made their home on the farm near Alma where they farmed and raised their three children, David, Gloria and Judith. They retired from farming in 1959, at which time they moved into Alma and ran Van Patten's Dry Goods. In 1973, they moved to Horseshoe Bend, Ark. to enjoy their retirement. Her husband, Loren, preceded her in death. Following Loren's death, she married Maurice Baudry in 1978, and they made their home in Kansas City, before moving to Norton. Maurice died in 2003.

Mildred was a member of the Alma Congregational Church and a 50 year member of the Order of Eastern Star. She was also a member of various social clubs and she loved to play cards with her friends and enjoyed reading. She was a proud mother, grandmother, great-grandmother, and great-great-grandmother.

Survivors include: her son, David Van Patten and his companion, Brucie; grandson, Tony Van Patten, and wife Rose; great-grandson, Benjamin Van Patten; great-great-grandchildren, Alana and Alexander; great grandson, Mathew Van Patten, and wife, Hilary; great-great-grandson, Clay; great-grandson, Mark Van Patten,

and wife Rachel; great-great-granddaughters, Khrianna, Tea, and Serenity; granddaughter, Teresa Larimer, and husband, James; great-grandson, Patrick, and wife, Danen Hammond; great-granddaughter, Brynn Hammond; granddaughter, Tina Coddington, and husband, Kevin; great-grandchildren, Kayli and Kolten; her daughter, Gloria, and husband, Norman Nelson; granddaughter, Sally Nelson; grandson, Terry Nelson; great-grandsons, Clarke, and wife, Julie Nelson, and Stanton Nelson; grandson, Troy, and wife, Denise Nelson; great-granddaughter, Kayla Burr, and husband, Dustin; great-great-grandchildren, Parker and Charley; great-granddaughter, Kamille Whited, and husband, J.T.; great-great-granddaughter, Kori; great-grandson, Bo Nelson; granddaughter, Lisa Brooksher, and husband, Bruce; great-grandson, Carson; her daughter, Judith Jocelyn; granddaughter, Wendy Kipple, and husband, Lonnie; great-granddaughter, Christi; granddaughter, Laura Reinhard; other relatives and friends.

She was preceded in death by her parents, her two husbands, and two sisters, Gladys Rumsey and Elizabeth Hanchett.

Funeral services were held on May 23, at the Congregational Church in Alma, with Kirk Kasson officiating.

Burial was in Mt. Hope Cemetery in Alma. A memorial has been established to the Mildred Van Patten Baudry Memorial Fund. Condolences may be left at the website www.enfieldfh.com.

Arrangements were by Enfield Funeral Home of Norton.

Lowering your salt intake

Home ed Tranda Watts, Extension specialist



This summer, shake things up at your picnic or barbecue by sharing delicious dishes that are low in salt.

Salt and sodium have been in the news a lot recently. High sodium intake is an important cause of high blood pressure (hypertension), which affects about one in three adults in the United States. Reducing the amount of salt (sodium chloride) and other forms of sodium in your diet can significantly lower blood pressure and can help safely prevent or control high blood pressure.

For some individuals, lowering

the amount of salt and sodium in the diet can have the same effect as using medication to control blood pressure.

Lower-sodium diets may also help blood pressure medicines work better.

Here are some simple tips to reduce salt and sodium in your diet:

- Choose fresh, frozen or canned (low-sodium or no-salt-added) vegetables.
- Use herbs, spices and salt-free seasoning blends in cooking and at the table.
- Rinse canned foods, such as canned beans, to remove some of the sodium.
- Use fresh poultry, fish and lean meat, rather than canned, smoked or processed types.
- Cook rice, pasta and hot cereals without salt. Cut back on

instant or flavored rice, pasta and cereal mixes, which usually have added salt.

- Choose prepared foods that are lower in sodium. Cut back on frozen dinners, pizza, packaged mixes, canned soups or broths and salad dressings. These often have a lot of sodium.
- Choose ready-to-eat breakfast cereals that are lower in sodium.

If you have further questions related to food and nutrition, please feel free to contact your local K-State Research and Extension Office or e-mail Tranda Watts at twatts@ksu.edu.

Family reunion held at State Park

By JOYCE WIECHMAN
Special to the Telegram

Descendants of Fay and Ollie Wicker (originally from Norton County) gathered at Prairie Dog State Park for a Memorial Week End Family Reunion. The "Rebellion" as we call it.

It had been about 11 years since we had gotten together so it was a special time.

A 1 p.m. hamburger cook-out with lots of fixin's started the Saturday activities. The only unwanted guest was the typical western Kansas wind that made some things a little difficult. Children were warned to hold down their potato chips so they wouldn't end up in the neighboring campsites. Boat rides also had

to be scrubbed.

After the meal, the yard chairs formed circles for some much over due conversation.

The highlight of the day turned out to be a birth announcement found tucked away in some old family pictures that Mary and David Loosen had brought along to share.

It seems Bethel Wicker had sent the announcement to Erma Lee (Wicker) Loosen of the arrival of Gregg. L. It carried the usual information about weight, etc. but on the back Bethel had written a note to the effect that "he's not too pretty...his face kinda fat so he can hardly see out his eyes." Well...those crazy cousins would not leave it alone. The jokes went

from one to another until we were all bent over in laughter. We would hardly catch our breath when it would start again. All this hilarious entertainment was all at Gregg's expense of course, but he seemed to take it all in stride and laughed as hard as anyone.

Later that evening a serious bacci ball game ensued. Through a process of winners and losers, Jerry and I came in dead last.

We told those kids that this was no way to treat the oldest pair there. We redeemed ourselves at the Sunday games, however.

When it was all over and the family members pulled away one at a time, it was the common belief that a great time was had by all.

A huge thank you goes to the

Norton family members for being such great hosts.

Those attending from Scott City were: Jerry and Joyce Wiechman, Susan Wiechman, Jay Wiechman, Norman and Laura Wiechman and granddaughter McKinzie, Erik and Leann Wiechman and daughters, Hallie and Hope, Brian and Mikayla Wiechman.; David and Mary Loosen and son Aaron of Andover; Rick and Jan (Wicker) Brittan of Kearney, Neb.; Norton attendees included: Gregg and Marianne Wicker and children, Elicia, Chelsey, Keith and grandchildren Adin, Ava and Hudson; Tad and Janet Wicker.

All surviving cousins were in attendance with the exception of Richard Wicker of Norcatour.

POW/MIA Survivors Scholarship Fund

The program of the 40 and 8 is a "POW/MIA Survivors Scholarship Fund". This Scholarship is named in memory of Lance Corporal John Dewey Killen III USMC. Lance Corporal Killen was declared Missing In Action while serving with The Third Reconnaissance Battalion in South Vietnam. The Scholarship is available to the spouse, children, grandchildren, widow or widower of known and verified POW's or MIA's who served in the U.S. Military after Dec. 7, 1941.

Those eligible to apply for schol-

arship funds shall be limited to the veteran, spouse, sons, daughters, grand sons and grand daughters. Further consideration for scholarship funding by the committee will be based upon, but not limited to, the following eligibility requirements: Verifiable documentation of relationship to the veteran through which the application is being made; Certified transcripts of the previous academic achievements; Financial need; Written acceptance of enrollment by an accredited college or university;

The continuance of scholarship

funding shall be determined by a committee review of the recipients' semester grades which under no condition can be less than a "C" average.

All Scholarship funds will be paid directly to the college or university.

A perpetual trust has been established to fund said scholarships, utilizing only the interest earned from the trust and any cash reserves not required for operational expenses and/or the reimbursement of National General Funds.

Funds for this project are gener-

ated by pin sales and tax deductible donations.

If you would like an application for this scholarship, please contact Grand du Kansas Directeur of POW/MIA, Allan R. Sullivan, 917 W. Sunrise Drive, Wichita, Kan. 67217. If you would like to make a donation to the scholarship fund make your check to Grand du Kansas and put POW/MIA on the memo line. If you would like a receipt please enclose a stamped self addressed envelope.

Public Record

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse. Traffic, criminal and wildlife parks cases are given to the paper when the fines are paid. Limited action and small claim cases are reported only after the defendant is served.

Traffic

April 22 - Carolyn M. Timm, Ludell, speeding 77 in a 65 mph zone, fine \$42, court cost \$86.

April 22 - William R. Wilken, Lakin, possession of alcohol in carrier motor vehicle, fine \$200, court cost \$86.

April 29 - Matthew Scott Bursley, Highland Ranch, Colo., speeding 81 in a 65 mph zone, fine \$73.50, court cost \$86.

April 29 - Rose Marie Haas, Hays, speeding 78 in a 65 mph zone, fine \$55.50, court cost \$86.

April 29 - Brett D. Karson, North Brook, Ill., speeding 74 in a 65 mph zone, fine \$30, court cost \$86.

April 29 - Alvarez Andrea Reyes, Oklahoma City, Okla., speeding 90 in a 65 mph zone, fine \$142.50, court cost \$86.

May 6 - Kay Hahn, Norton, speeding 78 in a 65 mph zone, fine

\$55.50, court cost \$86.

May 6 - James D. Hardy, Oberlin, speeding 76 in a 65 mph zone, fine \$36, court cost \$6.

May 6 - Santos Lares, Garden City, keeping a false log and over weight limits on wheels and axles, fine \$237.50, court cost \$86.

May 6 - David S. Stephanoff, Shelby Township, Mich., speeding 83 in a 65 mph zone, fine \$78, court cost \$86.

May 6 - Billy Tallent, Norton, operating an unsafe vehicle and failure to wear seat belt, fine \$182.64, court cost \$86.

Wildlife & Parks

May 6 - Douglas W. Walton, Veederburg, Ind., failure to tag turkey, fine \$257.50, court cost \$86.

May 6 - Andrew C. Weskamp, Norton, no wake zone by posted notice, fine \$44, court cost \$86.

May 6 - Davis S. Yang, Westminister, Colo., failure to have fishing license and possession of illegal length, fine \$157.50, court cost \$86.

May 6 - Kong Yang, Denver, Colo., failure to have fishing license, fine \$107.50, court cost \$86.

May 6 - Paul R. Yang, Commerce City, Colo., failure to have fishing license, fine \$107.50, court cost \$86.

FYI

Winners for Duplicate Bridge at the Norton Manor on May 26 were Jack Graham and David Graham, second was won by Norman Walter and Claudia Bridges.

Winners on June 2 at the Norton Manor for Duplicate Bridge were Myron Veh and Jerry Moritz. Second was won by David Graham and Jack Graham.

Gary D. Shorman, Hays, was elected to a one-year term as chairman of the Blue Cross and Blue Shield of Kansas Board of Directors at its annual meeting May 13 in Topeka. Steve W. Sloan, Pittsburg, was elected to a one-year term as vice chairman.

Shorman, president and CEO of Eagle Communications since 1998, has served on the Blue Cross board since 2005. Sloan, president and CEO of Midwest Minerals Inc., since 1995, joined the board in 2008.

Directors elected to four-year

terms at the meeting were James M. Alley, III, D.D.S., oral and maxillofacial surgeon, Wichita; Robin R. LacKamp, senior vice president, Peoples Exchange Bank, Concordia; Thomas C. Simpson, M.D., retired family physician, Sterling; and Cathy Mih Taylor, M.D., physician (OB/gyn), Chanute.

Other members of the board are Leon J. Boor, Abilene; Andrew C. Corbin, Topeka; Diane L. Lee, Hutchinson; Steven D. Marsh, Wichita; Edward J. Miller, Iola; Louis E. (Gene) Mosiman, Topeka; Robert L. Mullen, Lyons; Susan M. Smith, Wichita; and Kenneth W. Winter, Dodge City.

Blue Cross and Blue Shield of Kansas is an independent licensee of the Blue Cross and Blue Shield Association. Blue Cross and Blue Shield of Kansas is the state's largest health insurer, serving all Kansas counties except Johnson and Wyandotte.

Accident Log

April 22: DSNWK and Doctor's Clinic, one vehicle accident, bus hit the building in 700 block of N. Norton

Donald Lunsford and Norton Total, one vehicle accident, truck hit city pole, Norton Total lot

April 27 Unknown and Starla LeClair, hit and run, unknown location

April 30 Darrel Barnett and Bradley Chambers, two vehicle accident at 1100 N. Eisenhower

May 2 Victor Ramsey and Marilyn Colip, two vehicle accident, Church of God parking lot

May 3 Dale Engelbert and Lucas Mel-

vin, two vehicle accident at Norton Community High School track

May 4 Diane Methot, one vehicle accident at N. Brown on private property

May 5 Angela Melvin and Steve Thompson, two vehicle accident at N. Grant and W. Woodsfield

May 10 Andrew Schrum and Andrew Steinmetz, two vehicle accident at W. Holme and N. Second

May 15 Brett Thomson, one vehicle accident at W. Lincoln and N. Brown

May 17 Matt Woodyard and A. Kinderknecht, two vehicle acci-

dent at Holme and N. State

Ag. Valley-Duede and S. Simons, two vehicle accident at E. Wilmington and N. Second

May 19 K. Jakubowski and Norton Community High School, one vehicle accident on private property

May 20 Robert Campbell and Shannon Green, two vehicle accident at W. Crane and Eisenhower

May 25 Carla Geringer and Marvin Matchett, two vehicle accident at N. Archer and E. Holme

May 29 Michelle Archer and A. Fahrenbruch, two vehicle accident at W. Waverly and N. First

May 30 Phillip Compton and Jed Lindsay, two vehicle accident at N. West and W. Middle

Senior Menu

June 7: Taco salad, strawberries and bananas, chips, cook's choice complement.

June 8: Pork roast, winter mix vegetables, cantaloupe, bread, pudding.

June 9: Spanish rice with hamburger, spinach cheese salad, corn, bread, applesauce.

June 10: Oven fried chicken, mashed potatoes with gravy, peas, bread, rosy pears.

June 11: Beef and noodles, green beans, cucumber and tomato salad, roll, blueberry crisp.

Contribution: \$2.75 per meal. Guests under 60 must pay full cost of the meal. Checks payable to Homestead Nutrition Project.

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