

Pinwheels for peace!



Norton Community High School Senior Taylor Gordon plants a pinwheel in the lawn between the high school and Stull Gymnasium, Tuesday morning as freshmen Shauna Gibson and Makayla Cadwalader watch. The project was part of the Pinwheels for Peace by students of art teacher Victoria Robison.

-Telegram photo by Judy Sherard.

Local teacher wins award

By HARRIETT GILL
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The Individual Health Champion Award from the Governor's Council of Fitness was presented to Joan Bolt of Norton.

Joan Bolt is a Physical Education Teacher at Eisenhower Elementary School in Norton. She is a board member and active volunteer for the Norton Recreation Commission.

Mrs. Bolt makes sure that every student, regardless of ability, is encouraged to participate and improve physical skills.

Winning is not her focus – self-improvement, feeling good about oneself, and making physical activity an integral part of one's life are the lessons she shares.



Joan Bolt

She has been an inspiration to all those she has come in contact with and now serves as a model for the entire state of Kansas.

"When I spoke to the Governor's Council on Fitness, I stressed that I was accepting this wonderful

award on behalf of the School District, the Norton Recreation Center, the Norton County Health Department and the great people I work with and for. If it was not for the students, staff I work with and the great community volunteers, the programs would not be possible. I feel so lucky and grateful to be a part of this great community," said Bolt.

The Governor's Council on Fitness was established in 2006 to advise the Governor and others on ways to increase physical activity, improve nutrition, and reduce tobacco use. This is especially important in a time when: 2 out of 3 Kansas adults are overweight or obese and 1 in 4 Kansas youth are overweight or obese.

Only 20% of Kansas youth and adults eat 5 or more servings of fruits and vegetables per day. Less than half of the population meets the recommended amount of physical activity per day. The Health Champion Award was developed by the Governor's Council on Fitness to recognize and promote exemplary contributions to fitness in Kansas.

Eligible nominees included individuals and organizations such as volunteers, schools, communities, employers, media organizations, and policy makers that go above and beyond what is expected through normal job or organizational responsibilities related to modeling, encouraging and promoting fitness.

SCHOOL CALENDAR

Norton Community High School

Monday, Sept. 27

Fall Play Rehearsals Begin
Jay Singers 7:30 a.m.
Junior Varsity Football versus Oberlin (H) 6 p.m.

Tuesday, Sept. 28

Jay Singers 7:30 a.m.
Tennis at Colby 3 p.m.
Volleyball at Atwood with Colby 4:30 p.m.

Cross Country at Oberlin 5 p.m.

Wednesday, Sept. 29

B.A.S.S. Meetings
S.A.D.D. – A.P.

Thursday, Sept. 30

Jay Singers 7:30 a.m.
Photos; Junior High Gym 8:30 a.m.

Spanish Spelling Bee A.P.

Fall Play Auditions At East Campus

Friday, Oct. 1

S.A.C. "Pennies for Patients" begins

Football versus Smith Center (H) 7 p.m.

FFA Greenhand Conference at Hays 9 a.m.

JV Tennis at Colby 9 a.m.

MCL Tennis at Phillipsburg 9 a.m.

JV and Varsity volleyball at Oberlin 9 a.m.

Saturday, Oct. 2

FFA Greenhand Conference at Hays 9 a.m.

MCL Tennis at Phillipsburg 9 a.m.

JV Tennis at Colby 9 a.m.

JV/V Volley ball at Oberlin Invitational

Norton Junior High

Monday, Sept. 27

7th Football versus Phillipsburg 4:30 p.m.

Thursday, Sept. 30

Photos; Gym 8:30 a.m.

KAY Board – A.P.

7/8 Volleyball and 8th Football versus Plainville 4:30 and 6 p.m.

Friday, Oct. 1

TEAM 7:30 a.m.

Saturday, Oct. 2

7/8 "B" Volleyball at Stockton 9 a.m.

Eisenhower Elementary

Wednesday, Sept. 29

S.I.T. 7:30 a.m.

School Photos 8 a.m.

Title 1 Parent's Meeting

All Schools

Monday, Sept. 27

P.D.C. Unified Office 4 p.m.

Norton Community High School and Junior High Menu

All meal are served with milk.

Breakfast alternate meal is choice

of assorted cold cereal, toast with margarine and jelly. Lunch alternate meal is chef salad.

Monday

Breakfast: Waffle Stix with syrup, fruit or juice. Lunch: Chicken Enchilada, lettuce and chopped tomato, french bread with margarine, mandarin oranges.

Tuesday

English muffin with sausage, fruit or juice. Lunch: Club sandwich, lettuce and tomato, potato salad, corn.

Wednesday

Breakfast: Breakfast bar, fruit or juice. Lunch: BBQ meatballs, whipped potatoes, rolls with margarine, carrots, pineapple chunks.

Thursday

Breakfast: Yogurt, bagel with cream cheese, fruit or juice. Lunch: Burrito, lettuce and tomato, french bread with margarine, apples, chocolate chip cookies.

Friday

Breakfast: Biscuit with sausage and cheese, fruit or juice. Lunch: Slivered roast beef sandwich, lettuce and tomato, pasta salad, corn, mandarin oranges.

Eisenhower Elementary School

All meals are served with white or chocolate milk.

Monday

Breakfast: Monkey bread, grape juice. Lunch: Taco crunch, corn, tossed salad, chocolate cake.

Tuesday

Breakfast: Sausage gravy, biscuit, orange juice. Lunch: Ham and cheese, homemade bun, pepper strips, pork and beans, pears.

Wednesday

Breakfast: Banana Bread, peaches, grape juice. Lunch: Chicken supreme, green beans, baby carrots, fruit basket upset.

Thursday

Breakfast: Sausage patty biscuit, apple juice. Lunch BBQ beef, homemade bun, warm peas, potato salad, orange delight.

Friday

Breakfast: Hot french toast, warm maple syrup, pears, orange juice. Lunch: Ham and beans, celery stick, cornbread, applesauce jell-o, cookie.

Northern Valley Schools

Monday, Sept. 27

8 a.m. Lifetouch School Pic-

tures

1 p.m. to 2:30 p.m. Grades 5 – 8 to the "Vietnam Moving Wall" in Norton

5:30 p.m. High School JV Football versus Golden plains at Almena

Tuesday, Sept. 28

5 p.m. High School Volleyball at Franklin

5 p.m. High School Cross country at Oberlin

Thursday, Sept. 30

4 p.m. Junior High Volleyball (4 p.m.) and Football (6 p.m.) at Osborne

Friday, Oct. 1

7 p.m. High School football versus Palco at Almena

Northern Valley Menus

Milk is served at each meal.

Monday

Breakfast: Breakfast bucket, hash browns, cantaloupe, cold cereal assortment. Lunch: Wiener Wagons, Ranch wedges, buttered beets and chilled apricots.

Tuesday

Breakfast; Sausage gravy with biscuits, eggs, orange juice, cold cereal assortment. Lunch: Italian dunkers, tossed salad with dressing, buttered corn, peach crisp.

Wednesday

Breakfast: Monkey bread, ham, hash browns, apple juice, cold cereal assortment. Lunch: Tamale pie, tossed salad with dressing, buttered mixed vegetables, chocolate cake.

Thursday

Breakfast: Pancakes, syrup, eggs, fruit cup, cold cereal assortment. Lunch: Hot beef sandwich, mashed potatoes, buttered broccoli, mixed fruit.

Sheriff's Log

August 12

5:04 p.m. Received a call from Graham county about a report of a truck in the ditch 2 miles north of the Norton and Graham county line, doesn't look like a rollover, unknown vehicle information or it there is anyone with the vehicle. Told Deputy Annon, he will check on vehicle.

August 13

9:47 a.m. Received a call from subject reorting a fire that is possibly a controlled burn just west of prison on the south side of Highway 36 in a field, reporting party said if it is a controlled burn the subjects are not watching it very well. Told reporting party that it is a controlled burn but will have someone check it out. Told Under Sheriff Wenzl, he will go and check on burn.

11:30 a.m. Received a report of a black cow out at mile marker 124.5 in the north ditch of Highway 36. Told Deputy Wahlmeier and he will be en route.

10:15 p.m. Received a call about a little white car that is all over the road traveling east bound on Highway 36 and just turned onto Highway 383 towards Almena. Told Deputy Land about report on vehicle.

10:45 p.m. Received a call from reporting party wondering if a deputy could check on individuals. She got a call from subjects stating they were being chased by someone in a red pickup heading east on Highway 36. Towards the end of the conversation, she advised her that the vehicle wasn't behind them anymore and that everything was fine. Told Deputy Land about call.

August 15

5:14 a.m. Received a 911 call from subject saying she fell asleep and went into ditch with her car. She advised she is ok just a headache did not need ambulance. Called Deputy Land about call.

8:26 p.m. Received a call about an Appaloosa horse out on K9 at mile marker 37. Subject called back and advised that his dad found the horse and it is theirs.

9:46 p.m. Received a call from subject in Oberlin, she was out at Horseshoe camp ground this weekend and sometime lost her medication and was wondering if someone could go out and look for them. Told Deputy Land about call, he said he would call her back and see what could be done. Deputy Land said he called subject back and she will speak with her doctor tomorrow and try to get her medication refilled, if she needs a report taken, then she will call

back for a report.

August 17

3:36 p.m. Subject arrived at the Sheriff's Office to see an Officer and deliver a bike he found on his mail route. Subject left Sheriff's Office after speaking with Deputy Wahlmeier and dropping bicycle off.

3:41 p.m. Subject arrived at the Sheiff's Office to report a pick up South of Norton and has been there for a couple of weeks and will be on Road W and 1/4 mile West. Told Deputy Annon about pickup. Deputy Annon advised everything is okay on abandoned pickup south of town, tag is off of vehicle and registered owner has parked vehicle on his property.

8:58 p.m. Received a call from reporting party in Almena in reference to some kids messing around on Main Street in Almena, kids are playing with sticks and possibly a BB gun. Called Under Sheriff Wenzl about report of kids.

August 18

11:24 a.m. Deputy Wahlmeier called in an said there is a vehicle sitting off side of Highway 383 near mile marker 91.3. The vehicle appears to be well enough off highway, it shouldn't be a problem and no is around.

3:56 p.m. Received a report of a pickup pulling a big long auger and has no warning flags.

It just turned onto Highway 36 from the Almena 383 junction. Called Deputy Wahlmeier about pickup.

August 19

5:07 p.m. Received a call about a tree that had fallen and is blocking the road on Radio Road.

Urgent news for people who had HIP REPLACEMENT

Several hip replacement systems used since 2003, including ones made by DePuy and Zimmer, have been recalled or had sales suspended due to an increased need for a second hip replacement. If you had or need a second hip replacement or are having unexpected hip problems, call us now for a free consultation at 1-800-THE-EAGLE (toll-free). No fees or costs until your case settles. We practice law only in Arizona, but associate with lawyers throughout the U.S.

GOLDBERG & OSBORNE
1-800-THE-EAGLE
(1-800-843-3245)
www.1800theeagle.com

Open 7 days a week



Are you or someone you know caring for an aging family member or friend?

A caregiver's greatest challenge is knowing what resources are available locally and how to find them.

If you have caregiving questions, call your Kansas Area Agency on Aging.

1-866-457-2364 or visit www.k4a.org



Leo's Sharpening

(620) 629-5499 - leos.sharpening@yahoo.com

"LOOK FOR THE RED CABOOSE"

NORTON - September 27 - 9-5

September 28 - 9-2

LENORA - September 29 - 9-2

Next to Love's on W. Hwy. 36, Norton, KS

Sharpening Planer Blades,

Carbides, Chain Saws and

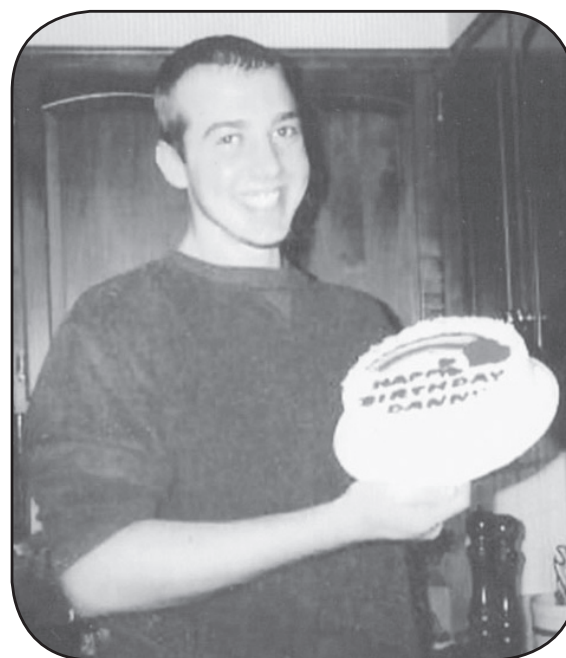
Don't Forget Your

Garden Tools!!!



Daniel Lee Riemann

September 25, 1982 – May 11, 2008



Always
in our
hearts
and
prayers.
We love
and
miss you.
Happy
Birthday!

Love, Mom, Dad, Alex, Wesley, Leah
and all your Family and Friends