

# Lady Jays win State Championship

By DICK BOYD  
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Coach George Rossi's Norton Community High School girls and boys cross country teams turned in a tremendous performance in the Class 3A State Cross Country Meet on Saturday in Wamego with the Lady Jays winning their first ever state championship and the boys placing a solid fifth!

This was also just the second season that both Norton girls and boys qualified a team for the state meet in the same year. That happened last year for the first time ever when the girls placed third and the boys 11th.

The Norton girls won the championship with 73 points, followed by Minneapolis, 106; Douglass, 126; Riley County, 128; Belle Plaine, 138; Jefferson North, 151; Kansas City Christian, 154; Southeast of Saline, 162; Holcomb, 207; Hays TMP, 208; Fredonia, 267; Burlington, 272.

Wichita Independent was the boys champion with 82 points, followed by Holcomb, 122; Sterling, 124; Kansas City Christian, 126; Norton, 135; Hillsboro, 141; Wellsville, 173; Minneapolis, 173; Marion, 175; Jefferson North, 195; Osage City, 220; Sabetha, 290.

The Norton girls were champions and the Blue Jay boys were runner-up of the Class 3A Regional Meet in Larned a week ago Saturday.

Also this season, the Norton girls and boys were Mid-Continent League champions for the third year in a row and they were both winners of the Norton Invitational for the second year in a row!

## Girls

"Wow! Words cannot come close to describing the race our girls had today," said coach Rossi. "Winning the state championship by 33 points is a statement on how this team came together and worked with a single objective and would not let anything stand between them and a state championship.

"The week before the race, we

told our girls that they would need to have the top five runners in the top 35 finishers. On Saturday, we had all seven in the top 35!

"All seven of our Norton girls finished with much better times than they did in Wamego earlier in the year. Astrid Moen completed a great year, finishing in the top five in every race this season. Katelyn Engelbert and Julia Kent also ran superb races and joined Astrid as All State runners.

"Marisa Maddy ran the race of her life, finishing 29th. Senior Dustyna Sprigg ran her fastest time ever at Wamego and her best ever finish at a state meet. Kamilla Jones and Darcy Bainter also ran their fastest times on this tough Wamego course. Kaylen Rossi and Abby Bainter are also team members who worked in every practice to make the team better.

"Every race, these girls got a little better. The last three races, Lakeside, Regional and this state race, our girls just put the hammer down and dominated every other team.

"The main reason our girls team had such great success is that they run so well as a team. The time split today between all seven runners was one minute, three seconds. Running together like that has been their trademark all year.

"Coach Satran and myself are so proud to have been part of this year and to see our girls achieve their goal is a feeling we will never forget."

Norton junior Astrid Moen led the way for the Lady Jays, as she has all season, with a fifth place finish in 16:24. She was followed by freshman Katelyn Engelbert, 13th, 16:54; sophomore Julia Kent, 14th, 16:56; freshman Marisa Maddy, 29th, 17:30 and senior Dustyna Sprigg, 30th, 17:34 to makeup Norton's five girl scoring team.

Also running for the Lady Jays and their placing and times were: sophomore Kamilla Jones, 31st, 17:35 and freshman Darcy Bainter, 34th, 17:37.

Astrid, Katelyn and Julia were

state medalists.

The top 10 girls finishers and their times were Heather Ruder, Hays-TMP, 15:56.01; Sarah Wright, Douglass, 16:17.13; Anna Trahan, Minneapolis, 16:21.27; Kylee Gragg, Minneapolis, 16:24.07; Astrid Moen, Norton, 16:24.25; Megan Doyle, Belle Plaine, 16:25.50; Rachel Hatton, Easton-Pleasant, 16:41.54; Savannah Wright, Douglass, 16:45.57; Mallory Kramer, Jefferson County, 16:51.56; Leah Murata, Horton, 16:52.68.

A total of 97 girls competed in the race.

## Boys

"This race was very close with only 13 points separating second from fifth," said coach Rossi. "The average time of the second through fifth teams was less than two seconds difference!

"Our boys ran a very competitive race. Zach Hartwell and Bryan Henry became first time state medalists and both ran awesome races.

"Alec Hager, Marc Miller, Kegan Vanover and John Renner also ran their best times on this course.

"Troy Bainter's body just gave out on him but Troy showed why he is a true champion and competitor and finished the race.

"During the day, there were several other runners, some in medal contention, that dropped out and did not finish. Troy was disappointed but I could not be more proud of him.

"This Norton boys team worked so hard this year and to be in the top five of the state meet is a great feat. I know the boys will be very motivated for next year and with hard work should contend for a state championship next year."

Junior Zach Hartwell placed highest for Norton again this season with a fifth place in 17:20. Junior Bryan Henry was Norton's second fastest runner, placing 19th in 18:04. Zach and Bryan were both state medalists.

Two Norton freshmen, Alec Hager and Marc Miller, finished next for the Blue Jays. Alec placed

49th and was timed in 18:59 and Marc finished in 55th place in 19:08.

Rounding out the five man team points for Norton was senior Kegan Vanover, 61st in a season's best time of 19:15.

Also running for Norton and their placing and time were: sophomore John Renner, 63rd, 19:17 and senior Troy Bainter, 98th, 22:01.

The top ten boys runners were: Austin Bogina, Arma-Northeast, 16:31.49; Joel Allen, Hillsboro, 16:33.48; Josh Rankin, Ellsworth, 17:13.80; Jordan Speed, Wichita Independent, 17:29.10; Zach Hartwell, Norton, 17:29.74; Jordan Hett, Marion, 17:30.16; Zach Wolken, Wichita Independent, 17:33.44; Garrett Daugherty, Minneapolis, 17:34.25; Tyler Roberts, Sterling, 17:41.92; Kyle Stromgren, Osage City, 17:42.79.

There were 102 runners in the boys race.

## Coach's final comments

"Many thanks to the staff and students at Norton Community High School and the Norton Junior High for the state meet sendoff," said coach Rossi.

"Our team and coaches thank the parents and students for the goodies this weekend of which we made great use. Everyone who made the trip to Wamego on Saturday, thank you. We had a fantastic crowd with many parents, students and friends there to cheer our teams on. As you saw, state cross country is like no other event in high school. Five thousand screaming people running wild all over a golf course is a spectacle in itself.

"I want to thank Dick Boyd for his great coverage of our team this year. Norton is so fortunate to have someone who is so passionate about all of the sports in Norton. Also thanks to Deena Wente and KQNK Radio for their support of our team during the season. And, I also want to thank my assistant coach Nicole Satran for doing a great job with the team this year."



Norton junior runner Zach Hartwell is shown competing in the Class 3A State Cross Country Race on Saturday on the golf course at Wamego. Zach placed fifth individually for the fifth place Norton team. Behind him is Kyle Stromgren, Osage City senior, who placed tenth. - Telegram photo by Dick Boyd



Norton sophomore Astrid Moen, No. 548, and Thomas More Prep Marian sophomore Heather Ruder, No. 330, are shown leading the pack of 97 girls running in the Class 3A State Cross Country Race on Saturday on the golf course in Wamego. Ruder won the race and Moen placed fifth individually for the state champion Lady Jays. Also pictured is TMP sophomore Allison Pfeifer, No. 329. - Telegram photo by Dick Boyd



Northern Valley junior Gunnar Hays left all other runners in the dust to win the gold medal in the Class 1A Boys Cross Country State Meet on Saturday in Wamego. The second place runner was a long ways behind as Gunnar (above) sprinted towards the finish line!

- Telegram photo by Dick Boyd

# Husky wins gold medal

By DICK BOYD  
nortontelegram@nwkansas.com  
Gunnar Hays, a junior at Northern Valley, won the championship of the Class 1A Boys Cross Country Meet on Saturday in Wamego.

Gunnar was timed in 17:34.72 for the 5K race over the hills on the Wamego Golf Course. This was his first time to run in the state cross country race and he

defeated the second place finisher, Wineinger, Tribune, by 10 seconds.

Gunnar also won the gold medal in the Class 1A Regional Cross Country Meet the Saturday before in Marysville.

Northern Valley does not have a cross country coach but Gunnar's father, Gale Hays, is the Huskies' official cross country sponsor.

**We are proud of the Northern Valley Husky Cross Country runner, good job!**

## •PUBLIC NOTICE• RESOLUTION #2010-113

Published in The Norton Telegram on Tuesday, November 2, 2010 1(T)

**RESOLUTION #2010 - 113**  
A RESOLUTION DECLARING CERTAIN PROPERTIES TO BE UNSAFE AND DANGEROUS AND ORDERING THEIR REPAIR OR REMOVAL  
WHEREAS Ordinance #260, provides a procedure for ordering the repair or removal of dangerous structures; and,  
WHEREAS, the enforcing officer has filed a statement with the governing body pursuant to Ordinance #260 declaring certain structures to be unsafe or dangerous; and,  
WHEREAS, on September 30, 2010, the Norcatour City Council met and held a hearing after proper notice concerning making a determination of whether or not such structures were unsafe or dangerous,  
NOW THEREFORE BE IT RESOLVED BY THE GOVERNING BODY OF THE CITY OF NORCATOUR, KANSAS, that:

**Section 1:** After hearing testimony from Jan Katz Ackerman, Code Enforcement Officer, the council finds that the property at 503 Opelik St. is unsafe and dangerous and orders the owner to repair or remove the structure within 30 days from September 30, 2010. If, at the end of 30 days, the property is not repaired or removed, the city will proceed to remove the property.  
**Section 2:** After hearing testimony from Jan Katz Ackerman, Code Enforcement Officer, and the owner Rick Gienapp, the council finds that the property at 112 N. Dexter is unsafe and dangerous and orders the owner to secure the structure from the outside elements and clean up the debris on the property not later than January 1, 2011. If, at the end of that time, the property is not repaired or removed, the city will proceed to remove or repair the building.  
**Section 3:** After hearing testimony from Jan Katz Ackerman, Code Enforcement Officer, and the owner Jim Plotts, the council finds that the property at 123 S. Decatur has been secured from the outside elements and the owner is given 30 days to finish up the tin on the back side of the building. If the repairs are not made by that time, the council will review the matter at that time.  
**Section 4:** This resolution shall be published in the official city newspaper one time, and the enforcing officer shall mail by certified, restricted delivery mail, marked "deliver to addressee only" a copy of this resolution to each such owner, agent, lienholder or occupant of each of the structures described above.

APPROVED BY the Governing Body on this 30th day of September, 2010.  
Carl Lyon; Mayor

ATTEST: Deb Marshall, City Clerk

Keeping you informed on all the local sports!



## •PUBLIC NOTICE•

**NOTICE OF INTEGRATED RESOURCE PLANNING MEETING**  
Published in The Norton Telegram on Tuesday, October 26, Friday, October 29, Tuesday, November 2, Friday, November 5, Tuesday, November 9 and Friday, November 12, 2010 6(T)

**NOTICE OF INTEGRATED RESOURCE PLANNING MEETING**  
TO ALL PERSONS CONCERNED:

You are hereby notified that Sunflower Electric Power Corporation (Sunflower) seeks input from the public in preparing an Integrated Resource Plan (IRP) to be submitted to Western Area Power Administration (Western) pursuant to Federal Register Vol. 65, No. 62, dated March 30, 2000/Rules and Regulations Part 905-Energy Planning and Management Program.

The purposes of the IRP are to meet the objectives of the Energy Planning and Management Program (EPAMP) and Section 114 of the Energy Policy Act of 1992 (EPAct) and to extend the long-term firm power resource commitments of Western while supporting customer integrated resource planning; demand-side management (DSM), including energy efficiency, conservation, and load management; and the use of renewable energy.

You are invited to attend a meeting to be held in Dodge City, Kansas, at the Victory Electric Cooperative Assn., Inc., offices at 3230 N 14th, on November 8, 2010, from 4 p.m. to 7 p.m.; and a meeting to be held in WaKeeney, Kansas, at the Western Cooperative Electric Assn., Inc., offices at 635 S. 13 on November 12, 2010, from 4 p.m. to 7 p.m. The purpose of the meetings is to obtain public input into Sunflower's planning process for new energy resources in order for Sunflower to provide adequate and reliable services to its Members and its Members' electric consumers. Topics include, but not by limitation, new and existing generating capacity, load forecast, power purchases, energy conservation and efficiency, and renewable resources. In addition, you may submit comments either electronically or written to Sunflower at the addresses stated below. All comments must be received no later than December 1, 2010.

SUNFLOWER ELECTRIC POWER CORPORATION  
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2075 W. St. John St.  
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