

Be very careful, Dad!



Cinch Anderson watches as Dad, Lynn, puts the roof on the gingerbread house at Eisenhower Elementary on Tuesday. First grade students and their invited guests spent an afternoon building and decorating gingerbread houses. -Telegram photo by Harriett Gill

November students of the month in Norton

“Live Authentically”
Student : Megan Mannel
Parents : Dan Mannel and Michelle Mannel
Grade : Freshman
Nominating Staff Member: Mr. Garrett Beydler
Comment from nominating Staff Member: “Megan is a good student, tries hard and is very polite and courteous.”
Factoids about Megan
Favorite Class : Intro to Ag
Favorite Drink : Chocolate Milk
Favorite Color : Lime Green
Favorite Food : Pasta
Favorite Movie : The Game Plan
Favorite Saying : “Forget about the past, think about the future.”



Megan Mannel

Favorite Song : Far Away by Nickleback
Favorite Hangout : At friends house and walking around town.
Personal Hero : My dad.
Future Plans : Graduate high school and go to cosmetology school



Cody O'Hare

Student: Cody O'Hare
Parents: Carla Nickell and Chris O'Hare
Grade: Freshman
Nominating Staff Member: Mr. Steve Vance
Comments from nominating staff member: “I would like to nominate Cody O'Hare for student of the month.”

Cody does excellent work, is hardworking, and is always willing to help other students.
Factoids about Cody
Favorite Class : Web Design
Favorite Drink : Dr. Pepper
Favorite Color : Crimson
Favorite Food : Chicken
Favorite Movie : Avatar
Favorite Saying : “You're cool”

Favorite Song : Somewhere I Belong by Linkin Park
Favorite Hang out : At my house.
Personal Hero : Hugh Laurie
Future Plans : To go to college and work with computers or video game design.

Norton man retires from patrol

Lieutenant Douglas Griffiths retired from the Kansas Highway Patrol on Dec. 11, after serving the citizens and State of Kansas for over 34 years.

Griffiths began his career with the Patrol on June 18, 1979, as a road trooper stationed in Newton. He transferred to Norton in July of 1984 and was promoted to Master trooper in June 1994. In June of 1998, he was promoted to Lieutenant, remaining in Norton as the zone supervisor. In March of 2007, he transferred to the Kansas Highway Patrol Training Center in Salina where he assumed the duties of Venue Administrator.

Lieutenant Griffiths served as a Rangemaster for Troop D, Northwest Kansas, from 1985 until 1986. He was the Lead Firearms Instructor at the training academy for eleven years from 1987 through 1998 and was the chairman of the the Highway Patrol Semi Auto Pistol committee



Lieutenant Douglas Griffiths

for eight years from 1989 through 1997. He was a Field Training Officer in 1983, 1984 and 1990.

In 2002, he received a Commanders Commendation for an

investigation which led to the arrest of two individuals for terroristic threats and he received another Commanders Commendation in 2009 for development of the Highway Patrol's current M-4 Rifle program.

Griffiths has worked as a Guard for the Highway Patrol's Capitol Police and as a Patrol Officer for Wichita State University.

Lieutenant Griffiths is a graduate of Northern Valley High School in Almena. He received a Bachelor of Science Degree in Criminal Justice from Washburn University.

Griffiths and his wife, Karen, reside in Norton. They have two sons, John and Joel. John is the Loan Officer at Almena State Bank and Joel is attending Law School at Kansas State University.

“I am looking forward to retirement. I will take time to outline any plans I may have for the future.” said Griffiths.

Are you ready to quit?

As 2011 approaches, many people are making resolutions to quit tobacco use and the Norton County Council on Alcohol and Other Drugs is encouraging people to get free help and support by calling the Kansas Tobacco Quitline 1-800-QUIT-NOW. Studies have found that using a tobacco Quitline can more than double a person's chances of successfully quitting tobacco. While supplies last Quitline callers may also be eligible for free nicotine patches or gum.

“Make 2011, the year you successfully quit using tobacco,” Gina Frack, Norton County Health Department Director, said. “The addiction to nicotine is powerful and quitting tobacco often takes several tries, but getting support increases your chances of

success. Using counseling and nicotine replacement therapy (such as patches or gum) or cessation medications further increases your odds of success.”

When Kansans are ready to quit tobacco, the Kansas Tobacco Quitline 1-800-QUIT-NOW (784-8669) will provide support and work with the caller to develop a plan to quit. Quit Coaches will provide information and guidance during one-on-one telephone sessions. Kansans can call the Quitline anytime day or night to start the process. Once enrolled in the free service, callers will work with a Quit Coach who will set up sessions that fit the caller's schedule. During these sessions, callers will discuss the reasons they want to quit and strategies for overcoming any barriers.

The Quitline also offers Web Coach, a supplemental online tool. Web Coach® is designed to complement and enhance the phone-based counseling sessions with interactive features and social forums.

The Norton County Council on Alcohol and Other Drugs is a coalition based in Norton County that is working to reduce tobacco use and its deadly effects.

The Kansas Department of Health and Environment Tobacco Use Prevention Program provides resources and technical assistance to community coalitions for development of local tobacco prevention and cessation initiatives. For additional information about the Kansas Tobacco Use Prevention Program visit www.kdheks.gov/tobacco.

Weed and herbicide management school is scheduled by counties

K-State Research and Extension and Twin Creeks Extension District, Norton and Decatur Counties are sponsoring an in depth Weed-Herbicide Management School, Jan. 5, at the Methodist Education Building in Norcatar. Early registration is requested by Jan. 3, to either Norton or Decatur Extension Office. The full day event is an in depth, up-to-date school on weed management, weed identification, herbicide use and glyphosate resistance and management.

This is one of the more popular

schools provided for crop consultants, chemical applicators, agriculture chemical dealers, and of course, farmers and operators. The program will begin at 8:45 a.m. and end about 3:00 p.m. A noon meal is included.

Speakers will include Dallas Peterson, Extension and Curtis Thompson, both K-State Research and Extension Weed Scientists.

A folder of information of all the speakers' topics will be provided. The program will qualify for CCA credit hours and pest

management credit hours for commercial applicators re-certification. Contact either the Norton County Extension Office or the Decatur County Extension Office to register.

The Cost of \$10 and pre-registration is requested to be by Jan. 3, 2011.

For more information contact, Norton County Extension Office 100 S. Norton, Norton, KS 67654 785-877-5755 or Decatur County Extension Office PO Box 207 Oberlin, KS 67749 785-475-8121.

Apply now for leadership program

Beginning now to the close of applications April 15, 2011, emerging leaders in the agricultural industry and rural communities of Kansas can take advantage of the opportunity to join the 20th Anniversary class, Class XI of the Kansas Agriculture and Rural Leadership Program.

The two-year Kansas Agriculture and Rural Leadership Program, which includes state, national and international study seminars and tours, begins next August.

Eligibility is based on leadership experience and a devotion to the future of Kansas agriculture and rural communities, according to president and program director Jack Lindquist.

“A dedication to a more positive future is key to selection,” Lindquist said.

Current class members and alumni agree that the 52-day commitment over a two-year period of time is not only well worth the investment, but needed in today's competitive and changing environment, he said.

Applicants must complete a profile form that will be reviewed by Kansas Agriculture and Rural Leadership program's board of directors. An on-line application is available at www.KansasAgricultureandRuralLeadershipProgram.com, or interested persons may request an application by calling the Kansas Agriculture and Rural Leadership program office at (785) 532-6300.

Applicants will undergo a screening process to select up to 45 candidates, who will then be invited to a location in their home regions for a personal interview in May, Lindquist said. New class members will be named in June.

This is the eleventh Kansas Agriculture and Rural Leadership program class since the program's inception in 1990. Each class consists of up to 30 individuals. The tuition fee for participants is \$1,500 per year, or a total of \$3,000. Kansas Agriculture and Rural Leadership program donors

pay the remainder of the \$17,000 cost per person.

Seminars and tours are generally balanced during production agriculture's “off-season” from November through March, including the national, Blue Chip and international study tours, Lindquist said. The monthly in-state seminars typically are held over a 48-hour period.

For more information, including how to donate to Kansas Agriculture and Rural Leadership program, Inc., the not-for-profit organization that oversees the Kansas Agriculture and Rural Leadership Program, interested persons may contact the program's main office on the Kansas State University campus in Manhattan at 785-532-6300.

The Norton County Commission is currently seeking names of individuals that would be interested in serving on the Norton County Hospital Board of Directors. Names must be submitted to the Norton County Clerk's office no later than December 30, 2010

Names can be submitted in writing to:
 Norton County Clerk's Office, PO Box 70, Norton, Kansas 67654
 Or: By calling 785-877-5710 and submitting your name for consideration

The Norton Telegram wishes you a very Merry Christmas.

Dana, Sherry, Vicki, Harriett, Dick, Derek and all our carriers

HAPPY 50th Birthday — Papa —

Love, Campbell

NORTHWEST TECH @ NORTON

Enroll now for the spring semester starting January 10 and work towards a business degree!

Introduction to Business – Th, 6-9 p.m.
 Supervisory Management – W, 6-9 p.m.
 Leadership – T, 6-9 p.m.

Scholarships are available for the spring classes. For scholarship information contact the Norton City/County Economic Development Office at 785-874-4816 or nortoned2@ruraltel.net. Register at www.nwktc.edu or by calling Oura at (785) 890-1515