

# OBITUARIES

## Aileen Mae Garrett

May 15, 1926 - January 11, 2011

Aileen Mae Garrett, Bedford, Texas, died Tuesday, Jan. 11, in Bedford, at age 84 of lung cancer complications.

Aileen was born May 15, 1926 in Norton to Alvis and Inez (Hagans) Elton.

She was preceded in death by her parents; husband, James W. Garrett and sister, Anita Faye Kenworthy.

Survivors include her daughter, Lory Garrett and husband Chuck Luke; son, David Elton Garrett; daughter, Betty Reisch and husband Bill and their children, Jimmy and Tricia; son Drew Garrett and wife Julie and daughters Hannah and Natalie; close friends, Vicky Perdue and Cindy

Coughlin.

Eucharist of Christian Burial was held Wednesday at St. Nicholas Church, Flower Mound, Texas. The Reverend Vernon Gotcher was the celebrant. Entombment followed in the Mausoleum of the Dallas Diocese. Aileen requested no flowers. If friends desire, donations are requested to St. Stephens Episcopal Church, P.O. Box 54864, Hurst, TX, 76054 or the National Air and Space Museum, MRC321, P.O. Box 37012, Washington, D.C., 20013-7021.

View and sign guestbook at [www.star-telegram.com/obituaries](http://www.star-telegram.com/obituaries).

Arrangements were by Lucas Funeral Home, Hurst, Texas.

# DEATH NOTICE

## Leigh Anne Davis

January 13, 2011

Leigh Anne Davis, 51, of Oberlin, died at Via Christi Hospital in Wichita on Jan. 13.

Funeral arrangements are pending with Pauls Funeral Home of Oberlin.

# Student News

Fort Hays State University's College of Business and Leadership Fall 2010 Honor Scholars have been announced by Dr. Mark Bannister, dean.

Only undergraduate business majors who are enrolled in at least 12 hours and have a perfect 4.0 grade point average for the semester are on the list of College of Business and Leadership Honor Scholars.

Travis Ray, a junior, of Norton is listed on the Honor Scholar rolls. Travis is the son of Kerri and Douglas Ray.

Scholarships to be awarded at this event include the \$1,200 Miller Black and Gold Academic Award and the \$800 Hays City Silver Academic Award. Both are renewable, provided students maintain the minimum required academic standing. Also to be awarded are the \$2,000 Presidential Scholarship, the \$700 Fort Hays Bronze Academic Awards and the \$500 Copper Academic Award, all of which are one-time scholarships awarded only to incoming freshmen enrolling in college for the first time. Also awarded are the \$1,000 Transfer Student Scholarship, which is a one time award.

Students can also receive \$500 or \$900 Academic Opportunity Awards, given to scholars by individual academic departments.

Each event features a multimedia presentation by Fort Hays State University President Edward H. Hammond and two drawings - one for a \$400 Fort Hays State University Recognition Program Scholarship and another for a laptop computer. Four \$400 scholarships will be awarded at the reception in Hays.

A Phillipsburg Student Recognition Program is scheduled for Thursday, Jan. 27 at Huck Boyd Community Center, 860 Park Street. Dessert will be served.

Students invited to this Recognition Program are from Norton, Phillips, Smith and Graham counties and from the cities of Stockton and Palco in Rooks County.

# Club News

Mary Beth Pennington from Bogue will be portraying Mary Todd Lincoln for the Norton Genealogical Society at the Norton Public Library on Sunday, Feb. 13, at 3 p.m.

The event is open to the public and will be held in the community room of the Norton Public library. Please use the east door. Refreshments will be served.

# Author at the library

Thomas Averill will be at the Norton Public Library on Friday, Feb. 18, at 2 p.m. in the Norton Library community room.

Everyone is invited to attend. Refreshments will be served.

The Kansas Center for the Book is proud to present 2011 Kansas Reads "What Kansas Means To Me", seventeen selections by 20th century writers edited by Thomas Fox Averill describing the spiritual consciousness of Kansans.

Recommended by a committee of experienced and qualified librarians and educators, What Kansas Means to Me was chosen by the State Librarian for its broad based appeal that encourages and sustains spirited discussion during the sesquicentennial of Kansas statehood.

What Kansas Means to Me.

begin with the suggestion that the state needed a treasury of affectionate, literary, twentieth-century articles and poems about the meaning and appeal of Kansas.

Thomas Fox Averill accepted this challenge and wrote in the preface: "Many nations, regions, and political entities have distinct cultural identities, and Kansans have been acutely conscious of an identity... since territorial days. This book attempts to present some of the best positive thinking about who we are and why."

Thomas Fox Averill is a resident writer and Professor of English at Washburn University of Topeka.

Read your way to Kansas 150 in 2011 is a statewide reading and discussion project sponsored by the Kansas Center for the Book at the State Library of Kansas.

# We want to make it stable and secure!



Firefighters take instruction on the safety and importance in stabilizing an overturned vehicle at the Regional Fire School on Saturday. -Telegram photo by Harriett Gill

# Slow cooker can save you money

A slow cooker is a relatively inexpensive kitchen appliance, \$20 and up, but like a friend in the kitchen when it comes to getting dinner on the table in a hurry.

You'll need to read the recipe, make sure ingredients are on hand, and plan to allow 15 to 30 minutes before work to assemble recipe ingredients and start the cooking process. Doing so is time well spent. A fragrant, one-pot meal will be ready and waiting at dinnertime.

Slow cookers use low, moist heat (on low, 170 degrees F, and on high, 280 degrees F) that can tenderize less expensive cuts of meat and offer a savings on the grocery bill.

A slow cooker can be used for a variety of health promoting, and satisfying, recipes, including but not limited to soups, stews and pot roasts or poultry, vegetarian entrees, casseroles, desserts (fruit cobbler is an example) and specialty foods, such as mulled cider or a party dip, and basic food preparation, such as cooking dried beans.

Using a slow cooker can take the guesswork out of cooking dried beans. There's no need to watch the pot. Dried beans provide healthy, but bargain-priced protein that also is rich in folate and fiber. Beans lend themselves to slow cooking. In American food history, there was a time when women often chose to pair red beans with rice for slow cooking in a cast-iron pot for an easy meal on laundry day. Times have changed, yet tasty cooked beans add protein to a soup, stew or other recipe, such as ham and beans, can be served as a side dish, or, when paired with cornbread, star on the menu.

If choosing a slow cooker, match the appliance to family size or preferred use. If new to slow cooking, read the manufacturers' instructions for using and caring for a slow cooker, and follow the recipes provided until familiar with the appliance and a standard product.

Heat expands, and filling a

Home ed  
Tranda  
Watts,  
Extension  
specialist



slow cooker at least half full, but no more than three quarters full, is recommended. Here are other basic slow-cooker tips:

- Meat and vegetable(s) should be cut similar in size, so that foods will cook evenly.
- Recipes typically call for arranging vegetables in the bottom of the cooking pot because vegetables cook more slowly.
- Most recipes also call for adding liquid (beef, chicken or vegetable broth, wine or water) for slow, moist cooking; about one inch of liquid (in the bottom of the cooker) is recommended.
- Once the cooking process is started, keep lifting the lid to a minimum, as each time a lid is opened or lifted, the temperature in the slow cooker can drop as much as 20 to 30 degrees F and add 20 (or more) minutes to cooking time.
- Once familiar with a standard, slow-cooked product, try allowing four hours on low or 2 hours on high for each one hour of conventional oven cooking time as a general rule in converting traditional family recipes.

Using a slow cooker to reheat cooked leftovers is not recommended. Leftovers are more likely to remain safe and retain flavor and quality if reheated more quickly in the oven, in a pan on the range top, or in the microwave.

Once cooked leftovers are reheated, they can, however, be held in the slow cooker.

More information on food, food safety, nutrition and health, and managing family meals is available at your local K-State Research and Extension Office or e-mail <[mailto:twatts@ksu.edu](mailto:mailto:twatts@ksu.edu)>

# FYI

The Eisenhower school spelling bee will take place Wednesday, Jan. 26, at 2:15 p.m. Four students from each of the 4th, 5th and 6th grade classes qualified to participate. There are two alternates from each class that can fill in for any class qualifier that is unable to be present.

The Junior High bee will be Monday, Jan 24 from 1:38 p.m. to 1:58 p.m. during AP.

The Norton County spelling

bee will be at 4 p.m. Wednesday, Feb. 9 at East Campus. This bee will include Norton and Northern Valley students who qualified from the school bee.

There were three tables at Duplicate Bridge on Wednesday. Myron Veh and Jerry Moritz and Bob Jones and David Graham tied for first place. Second place went to Jack Graham and Carla Latimer.

# Army Reserve graduate

Army Reserve Pfc. Blake A. VanEaton has graduated from Basic Combat Training at Fort Sill, Lawton, Okla.

During the nine weeks of training, the soldier studied the Army mission and received instruction and training exercises in drill and ceremonies, Army history, core values and traditions, military courtesy, military justice,

physical fitness, first aid, rifle marksmanship, weapons use, map reading and land navigation, foot marches, armed and unarmed combat, and field maneuvers and tactics.

Pfc. VanEaton is the son of Lori and Robert VanEaton of Norton. He graduated in 2007 from Norton Community High School.

Mr. and Mrs. Brooks

Celebrating 45 Years!!

Retirement OPEN HOUSE for Bev Hardiek Thursday, January 20 2:00-4:00 p.m. Dr. Shirk's Office

### City of Norton Snow Ordinances

The City of Norton wants to remind the public of our three snow ordinances. One requires the removal of snow and ice off public sidewalks within 24 hours after the fall of the snow or sleet. The second ordinance relates to removing parked vehicles from emergency snow routes. When the City of Norton publicly announces through the news media that an emergency snow condition exists, it is a violation to have any vehicle or trailer parked on a designated emergency snow route. The third ordinance makes it a violation for any person to pile or dump snow on any cleared street from a private driveway or sidewalk so as to constitute an impediment or hazard to normal traffic on the street. The city of Norton thanks everyone for their efforts in complying with these ordinances.

Jan. 14- Jan. 19

Showing at the **NORTON THEATRE**

## Tron: Legacy

2 Hours, 12 Minutes (PG)  
(Presented in Digital Surround Sound)  
Friday and Saturday: 8:00 p.m.  
Sunday: 5:00  
Monday, Tuesday, Wednesday: 7:00 p.m.

## Little Fockers

1 Hour, 43 Minutes (PG-13)

Let's Go to the Movie

All passes accepted for Tron: Legacy and Little Fockers

Tron: Legacy is General Admission \$6.00 and \$5.00 - Sunday Tickets \$3.00  
Little Fockers is General Admission \$6.00 and \$5.00 - Sunday Tickets \$3.00

Visit Our Website: [nortontheatre.com](http://nortontheatre.com)

COMING SOON

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