

OBITUARIES

Claudia Bridges Sept. 25, 1915 - Feb. 15, 2011

Claudia Rose Bridges, daughter of Wade H. and Lucy (Cloudis) Manning, was born Sept. 25, 1915, in Chula, Mo., and died at the Andbe Home in Norton, on Feb. 15, at the age of 95.

At the age of 11, Claudia, her sister, and her best friend were baptized into the Presbyterian Church. She attended grade and high school in Chula, and then graduated from secretarial school in Chillicothe, Mo. She was employed by Upjohn Pharmaceutical Company in Kansas City, Mo., where she received an award for being the top billing typist in all seven branches of the company. While working at Upjohn, she met Duane N. Bridges, purchasing agent for Folger Coffee Company, and they were married at the 1st Congregational Church in Kansas City, Mo., on April 28, 1940. In 1942, Duane, a 1st Lieutenant in the Infantry, was called into active duty. Claudia accompanied him until September 1944, when Major Bridges was sent overseas and served in the Battle of the Bulge where he received the Distinguished Infantry Badge. Upon his return from Germany in 1946, they moved to Norton where they purchased the Bridges Insurance Agency from Duane's mother, Nell Bridges. They operated the agency alone until Don Ryan joined them as an acting agent. In 1953, Claudia purchased the Cottage Style Shop in partnership with her brother, Sam Manning, and his wife, Bonnie. In 1960, Claudia was the sole agent for the insurance agency when Duane and his partner were called into active duty. Duane's service was for one year with the National Guard in Manhattan. With the

help of Bonnie Triplett in the office, she was able to be with Duane every other week in Manhattan and still kept the business going. In 1968, she retired and became active in Red Cross work both at the Norton State Hospital and the Andbe Home. She later became the Chairman of the Volunteers.

Claudia was a 50-year member of the Golden Glow Club, Wednesday Study Club, American Legion Auxiliary, The Red Hat Ladies, and the Duplicate Bridge Club. She attended the Norton Trinity Episcopal Church and was a past secretary of God's Pantry.

Survivors include: one sister, Joan Roberts, Kansas City, Mo.; one brother-in-law, Tom Arnold, Ames, Iowa; 26 nieces and nephews; 21 great-nieces and great-nephews; many great-great-nieces and great-great-nephews; her special namesake, Claudia Brehmer; other relatives and many friends.

Claudia was preceded in death by her parents, her husband, two brothers, Wade and Sam Manning, two sisters, Mary Arnold and Helen Davenport, two brothers-in-law, Harry Roberts and Cledith Davenport, two sisters-in-law, Bonnie and Valetta Manning, and one great-niece, Candace Willour.

Funeral services will be Saturday, Feb. 19 at 10:30 a.m. at Enfield Funeral Home, 215 W. Main, Norton. Burial will be in the Norton Cemetery. Memorials are to Andbe Home and Norton CARES. Friends may call at the Enfield Funeral Home today from 3 p.m. to 8:30 p.m.

Arrangements are by Enfield Funeral Home of Norton.

FYI

The Eisenhower Elementary school will be holding the annual Kindergarten Roundup on Monday, Feb. 28 from 4 p.m. to 6 p.m. At 5 p.m. there will be a meeting in the school cafeteria, with the principal, kindergarten teachers and school nurse and should last 30-40 minutes. At this meeting we will discuss what is required for school attendance. Students must have turned five on or before Aug. 31 to be eligible for Kindergarten. Parents can come between 4 p.m. and 5 p.m. to visit the classrooms and the school with their child. If there are any questions, please contact the school at 877-5113.

Norton Community High School Class of 1954 reunion is planned for May 28. A public open house is being planned at the Junior High cafeteria from 9 a.m. to noon. Coffee and donuts will be served. There will be a donation jar at the door if you wish to contribute.

The evening dinner will be served at the Junior High gymnasium at 6:30 p.m. All reservations have to be in by May 10. Send

your reservations and \$20 for each person attending to Sonya Montgomery, 713 Van Horn, Almena, KS 67622; phone number is 785-871-2020.

If you enjoy the flowers every spring in the downtown planters, baseball field, swimming pool park, and library your help is needed. The volunteers that work in the flowers need your support. Flowers, fertilizer and weed control products are increasing in price but with the hard economic times the monetary donations are not. Please make donations to the Norton Flower Committee, contact Jean Williams at 877-2894 or mail your donation to Flower Committee, c/o Jean Williams, 407 West Avenue, Norton, KS, 67654. Help keep flowers in the planters around the city.

Duplicate Bridge met with three tables Wednesday evening. There was a tie for first place with Mary Keith and Mary Lue Archibald and Norman Walter and Jake Durham.

Senior Menu

Feb. 21: Cook's choice entree, potato rounds, spinach, bread, pears. Feb. 22: Roast beef, mashed potatoes and gravy, carrots, bread, peaches. Feb. 23: Chili with beans, coleslaw, strawberries, crackers, cinnamon roll. Feb. 24: Baked chicken, potato salad, pork and beans, bread, apricots.

Feb. 25: Chef salad, tropical fruit, bread sticks, fruit crisp. Requested contribution is \$3 per meal. Please make checks payable to Homestead Nutrition Project. Guest under the age of 60 must pay full cost of the meal, which is \$5.25 at the site and \$5.72 for home delivery.

Town hall meetings

LOCAL STATE LEGISLATORS SCHEDULE TOWN HALL MEETINGS
Kansas State Senators Ralph Ostmeyer and Allen Schmidt with Kansas Representative Ward Cassidy will be visiting local communities on March 5 to seek your ideas on issues being addressed in the 2011 Kansas Legislature. Information will be presented from many of the issues being considered and discussion will be held on anticipated issues and their impact on all of us. Everyone is invited to attend.

March 5 (SATURDAY) 8-9 a.m.
Phillipsburg, 3rd Street Bakery
9:45-10:45 a.m.
Norton, Town & Country Kitchen
11:30-1 p.m.
Oberlin, Decatur County Courthouse, Courtroom, 3rd floor
1:45-2:45 p.m.
Atwood, Williams Brothers Grocery Store Deli
3:30-4:30 p.m.
St. Francis, Main Street Café

Queens for a day!



Merle Cozad (left) and Alice Kuiper were elected as Valentine Queen and Princess at the annual Valentine's Day party at Whispering Pines on February 14th. Corsages, boutonnieres, valentine's cards and candy were special surprises for the Whispering Pines family. The party was enjoyed by family and friends who were served coffee and cookies after a game of Valentine's Day trivia and a heartwarming story by Director, Cynthia Collins.

Making your pennies last

We all want to save our pennies these days. So how can you save money in the kitchen but put a nutritious meal on the table? Here are some tips to help you do just that.

1. Make a plan and stick to it. This will reduce multiple trips to the store and save time. You are less likely to buy unnecessary items.
2. Study store ads and clip coupons for healthy foods. Combine sale items with coupons to save even more. Look for skinless chicken breasts, lean meats, fruits, vegetables, whole grain foods, and low fat dairy products.
3. Inventory your cupboards. Know what you have, make a list of items you know you'll use.
4. Use heart healthy recipes. This will help you plan healthy meals.
5. Don't shop hungry. This can lead to less healthy items in your

**Home ed
Tranda
Watts,
Extension
specialist**



6. Shop alone. Children can influence what you shop for, so try to shop alone. If you bring them, teach them about healthy foods.
7. Use shopper's discount cards. These can save you extra money.
8. Try store brands. Many cost less and are just as good as higher priced brands.
9. Compare brands. Read nutrition labels and compare serving sizes and nutrients.
10. Compare unit prices. These are found on the store shelves to help you compare cost and brands.

You want the healthiest food at the lowest cost.

11. Enjoy all fruits and vegetables. Not all are fresh in season. Canned and frozen fruits and vegetables are good for you. Shop for those without added sugar, salt, butter, or cream sauces.
12. Buy fresh fruits and vegetables in season. These are less costly during their peak season and a treat.
13. Milk buying tips. This perishable food can spoil so save more by buying only what you'll use. Choose low-fat or fat free milk.
14. Stock up on sales. Buying in bulk can sometimes save money, but not if the food is not used in a timely manner. Fresh meats can be frozen for later use.
15. Brown bag it. Take your lunch to work to save money instead of buying lunch every day. If you spend \$7 on lunch 5 days a week for a year, you can spend \$1,820!
16. Make healthy snacks. Nuts, seeds, whole grain cereals, dried fruit, fresh vegetables and fruit, and other healthy snacks will save you calories and dollars from snack machines.
17. Cook once, eat twice. Cut back on portion sizes and save the leftovers for a meal the next day. Freeze it, if possible for a stress-free meal.
18. Cook in batches. If your budget and time allows, make foods in quantity, divide and freeze for later use. An example is spaghetti sauce. Simply freeze smaller portions, heat in the microwave, and serve with some freshly cooked pasta. Dinner in minutes.

For further information, contact your local K-State Research and Extension Office or e-mail <mailto:twatts@ksu.edu> twatts@ksu.edu.

Love those flower seed catalogs

**Kay Melia
Master Gardener
vkmelia@yahoo.com**
Every year, I'm blown away by the beauty of the new All America selections, and those named by the selection committee for 2011 are no exception. I'm looking at pictures and reading descriptions of this year's selections, and they're just wonderful! I'd love to try them all, but hey, I'm a vegetable gardener, so I don't have much room for flowers! But who can resist the Moon song hybrid marigold with a heretofore unmatched brilliant orange color intensity, and the 2 to 3 inch double blossoms? Got

to have some. I want the other five, too, but maybe later. You've just got to see the new Shangri La Marina viola in a vibrant new color with light blue petals and a dark blue face. The blooms are almost an inch and a half across. Violas don't get very tall, so this biennial is perfect for baskets, pots, or borders. Shangri La Marina is described as one of those flowers with "drive-by power." Another great new one is the Arizona Apricot gaillardia that boasts 3 to 4 inch blossoms. You may want to start this stunning All America winner inside early and grow them as transplants, because

they take about 105 to 110 days to bloom when you seed them directly in the garden. Other 2011 All American Selections winners include the unique purplish-rose colored PowWow Wild Berry echinacea. It's a perennial, but will bloom the 1st year if you start the plants indoors, about now, and transplant them into the garden about the 1st of May. The PowWow Wild Berry is also available in white. And finally, we must not overlook the new ornamental kale, named Glamour Red, and a beautiful new salvia called Summer Jewel Red. The kale is the first ever All American Selections

winning kale and is a remarkable achievement because of its shiny leaves which is unique in kale. This one grows to 10 to 12 inches across and is bright red in the center. The new Summer Jewel Red salvia is also the All America bedding plant winner for 2011. It features large red blooms on 20 inch tall spikes and is said to be 2 weeks earlier than most salvias. All in all, it's a fantastic year for All America winning flowers! Again all seeds are available in the seed catalogues, but probably not on the store racks. Plant 'em if you can find 'em!

Correction

A story in the February 11 edition of *The Norton Telegram* incorrectly identified a business building a new facility as Frontier Ag, which is an Oakley and Goodland business. The Norton business, which is expanding, is Ag Valley. The mistake was a reporting error.

The Norton Telegram will correct or clarify any mistake or misunderstanding in a news story. Please call our office at 877-3361 to report errors. We believe that news stories should be fair and factual, and appreciate your calling to our attention any failure to live up to this standard.

**Club News
877-3361**

Soup's On!
Colby Rotary Club
Soup Supper
Colby vs. Norton Basketball Games
TUESDAY, FEBRUARY 22
LOCATION: COLBY COMMUNITY BUILDING
TIME: 5:00-7:30 P.M.
Adults: \$4.00
Children 12 and Under: \$2.00

Good luck! Blue Jays!

Feb. 18- Feb. 23

Showing at the
NORTON THEATRE
The Roommate
1 Hour, 40 Minutes (PG-13) Presented in Digital Sound
Friday and Saturday: 8:00 p.m.
Sunday: 5:00 p.m.
Monday, Tuesday, Wednesday: 7:00 p.m.

Justin Bieber: Never Say Never
(Presented in Digital Surround Sound)
1 Hour, 51 Minutes (G)

Let's Go to the Movie

All passes accepted for The Roommate
No passes for Justin Bieber

The Roommate is General Admission \$6.00 & \$5.00 - Sunday Tickets \$3.00
Justin Bieber is Premiere Price \$7.00-\$6.00 - No Sunday Discount

COMING SOON

Premiering in Norton Fri., March 4-Rango

This ad is brought to you by The Norton Telegram