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Northern Valley junior Austin Herman, who is shown here long jumping at the Norton Invitational Track Meet on Friday, put every ounce of effort into his jumps as he won gold medals in both the long jump and triple jump. - Telegram photo by Dick Boyd



Logan High School senior Brady Tien made it look easy on Friday when he cleared 14' to

Trojans and Huskies perform well at meet

By DICK BOYD

nortontelegram@nwkansas.com The Northern Valley and Logan High School track and field teams opened their 2011 seasons with some excellent performances in the annual Norton Invitational on Friday in Norton.

The Northern Valley boys placed fourth as a team, just two points out of third, the Logan boys placed seventh and the Lady Trojans finished in eighth place.

Northern Valley

Husky junior Austin Herman won two gold medals and senior Colton Lowry earned one gold for the day. Herman won the long jump with a leap of 19'2" and the triple jump with a distance of 40'10.75".

Lowry ran away from the field to post a 2:07.05 time in the 800 meter run.

Northern Valley junior Gunnar Hays won silver medals in two events. He was second to Tyler Shields of Oberlin in the 1600 meter and 3200 meter runs. Hays was clocked in 4:52 in the 1600 meters and in 10:46.07 in the 3200 meters.

Sophomore Tyson Callaway had a good day in the hurdles, placing runner-up in both. He was timed in 17.03 in the 110 meter hurdles and in 45.2 in the 300 meter hurdles.

Herman, Callaway, Lowry and freshman Jordan Baird ran well in the 4 x 400 meter relay where they placed fourth with a time of 3:45.55.

Husky junior Tyler Montgomery placed sixth in the high jump with a 5'8" clearance and ran with Hays, Lowry and sophomore Jon Compton in the 4 x 800 meter relay race where they finished sixth in 9:17.56.

Northern Valley senior Matt Dole tied for sixth in the pole vault

with a clearance of 11'6".

"I knew our athletes had been running well in practice but they exceeded my expectations for the first meet," said Northern Valley coach Chuck Fessenden.

"Tyson Callaway was our biggest surprise with second place finishes in both hurdle events. He ran two great races.

"We expected Austin Herman to do well in the triple jump but his win in the long jump was a big boost for us.

"Colton Lowry had a nice win in the 800 meters.

"Gunnar Hays ran well in both the 1600 and 3200 meter races but it was not quite good enough to beat the boy from Oberlin who ran exceptionally well.

"Matt Dole had a good day in the pole vault and set a personal best.

"Tyler Montgomery had a personal best in the high jump at 5'8".

"I was pleased with the way our relays ran.

"As a team, we were hoping to hold on to third place but Oberlin moved ahead of us right at the end of the meet.

"Overall, it was a good start to the season for us. We are looking forward to our next meet as we travel to Colby on Tuesday for the Triplains Invitational.

Logan

Logan senior Brady Tien demonstrated once again why he is among the best pole vaulters in the state when he cleared 14' to win the gold medal.

Tien also showed his speed on the track by placing third in the 100 meter dash in 11.33 seconds.

Tien's teammate junior Tracy Archer also placed in the pole vault with a height of 12' to finish in fourth place.



Trojan senior Jordan Girard scored points in four events. He was runner-up in the triple jump with a distance of 39'1", runnerup in the long jump with a leap of 18'9", sixth place in the 200 meter dash in 24.69 and was a member of the Trojan foursome which placed sixth in the 4 x 400 meter relay. The team of senior Charlie Becker, Archer, Tien and Girard was timed in 3:48.63.

Senior Mark Pakkebier placed fifth in the shot put with a heave of 40'10".

Junior Hannah Pinkerton was high scorer for the Logan girls as she earned points in three events. Pinkerton placed third in the 1600 meter run in 6:03.88, third in the 3200 meter run in 13:22.69 and sixth in the pole vault with a height of 8'.

The Lady Trojans' 4 x 100 meter relay team of freshman Michaela Girard, junior Paige Buss, junior Caley Greving and junior Alethea Bennett placed fourth in 54.03.

Greving tallied in three events. In addition to running in the 4 x 100 meter relay, she finished fifth in the shot put with a heave of 32'2.5" and sixth in the javelin with a throw of 112'1".

Bennett placed sixth in he 100 meter dash in 13.27.

"We had a pretty good first meet," said Logan coach Chris Graham.

"Brady, Hannah and Jordan all had good, consistent performances. They scored a lot of our points.

"We have a relatively young team so it was good to get all the freshmen out there and competing.

"Our effort was terrific and I think everyone is going to get a lot better as the year goes on. This was a good starting place.'

win the pole vault in the annual Norton Invitational Track Meet at Travis Field in Norton. -Telegram photo by Dick Boyd

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for the Shrine Bowl and show a

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one of the top high school all-star

games in the nation.

as well to officially present to Ter-

rell a framed invitation to play in

film of last year's game.

the Shrine Bowl.

Assembly for Norton Shrine Bowl athlete

By DICK BOYD

nortontelegram@nwkansas.com A special Norton School Assembly will be held at 3 p.m. on Friday in the NCHS Stull Gym to allow junior high and high school students, teachers, parents, coaches and fans to witness the official invitation to Blue Jay senior gridder Terrell Lane to play in the 41st annual 2011 Kansas Shrine Bowl all-star football game.

Terrell was chosen by the Kansas news media as one of 34 players on the West team which will compete against the East squad of Kansas senior football players in the annual game on Saturday, July 30 at Lewis Field Stadium in Hays.

Dave Mize, Wamego, executive director of the Shrine Bowl, will



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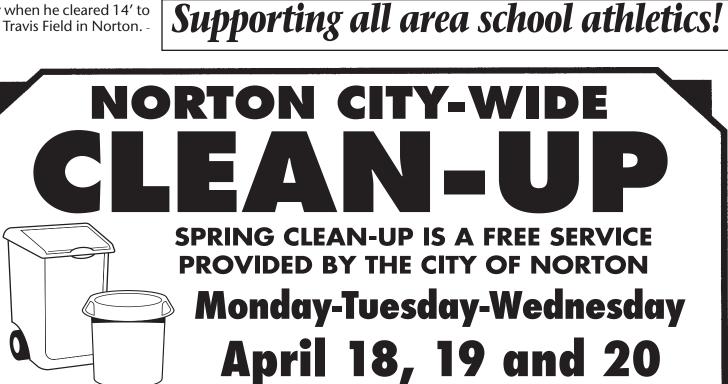
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City Trucks will make special trash pickup on these days. All items MUST be out at the curb by 8 a.m. on your regular route day

All types of trash will be picked up on your regular trash route day EXCEPT yard waste, tires, E-waste, and household hazardous waste. Yard waste will be picked up on your regular yard waste route day beginning April 15, and must be in a solid container. There will be a \$10.00 charge per item for appliances with freon. Tree limbs must be cut no longer than 8 feet long. Fireplace ash must be in plastic bags.

The maximum limits the City will pick up at each residence is one load of household items and one load of tree limbs. Normal household trash will be picked up in the usual manner.

SPECIAL NOTE: TRASH MUST BE SEPARATED, i.e., tree limbs from metals, etc. because they are disposed of in different locations at the landfill. Mattresses and furniture must be separate from other trash. Hazardous waste (paint, motor oil, batteries, pesticides, poisons, caustic chemicals, etc.) and E-waste (computers, phones, microwaves, stereos, TVs, DVDs, VDRs) WILL NOT be picked up and should be taken by owners directly to the landfill.

NOTE: Twice-a-week pickup begins the week of APRIL 13. Regular household trash will be picked up on Monday, Tuesday and Wednesday. Yard waste will be picked up on Wednesday afternoon and Thursday, and must be in a solid container. Recyclables will be picked up on Fridays. All items must be placed at the curb by 8:00 a.m. on your designated route day.

For Handicap Accommodations, call the City Office at 877-5000. If you have questions, contact the Public Works Department at 877-5040

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