



Kamilla Jones, Norton Community High School sophomore, burst past Beloit's Lindy Broeckelman at the finish line to place runner-up in the 800 meter run in a career best time of 2:41.51 in the Redmen Relays on Tuesday in Smith Center. Jones scored points in four different events which included the long jump, pole vault and the gold medal winning 4 x 800 meter relay team. - Telegram photo by Dick Boyd

Jays set personal bests at relays

By DICK BOYD
nortontelegram@nwkansas.com

The Norton Community High School girls and boys track and field teams broke numerous personal records and competed hard in placing runner-up and fifth, respectively, in the wind-blown Redmen Relays in Smith Center on Tuesday.

The host Smith Center girls squad just edged Norton for the team title by scoring more points in the 4 x 400 meter relay, the final event of the day.

The Lady Red finished with 107 points and the Lady Jays with 105. Third place went to Victoria with 86, followed by Phillipsburg, 78; Belleville, 74; Thunder Ridge, 60; Beloit, 45; Trego Community, 16.

Beloit dominated the boys category and totaled 204 points. Closest to the Trojans was Phillipsburg with 101, followed by Victoria, 89; Smith Center, 75; Norton, 67; Thunder Ridge, 57; Belleville, 31; Trego Community, 1.

Coach's comments
"We felt like we got better in this meet," said Norton head track and field coach Jason Jones.

"The wind was strong and gusty all night but we competed right through it. We even registered multiple personal records!

"It is still very early and we are still moving people around to figure out which combinations may give us our best chances of success. Our athletes competed hard and some of them had some wonderful days and posted some great marks, given the conditions of the day.

"We continue to be proud of our athletes. We feel good about the overall direction of our team and we will continue to work hard to better ourselves in every event."

GIRLS
The Lady Jays set eight personal records and earned 29 individual medals.

Junior Astrid Moen was a double gold medal winner for Norton. In addition to hitting the

finish line first in the 3200 meter run in 12:50.08, Moen ran in the 4 x 800 meter relay with sophomore Kamilla Jones, freshman Baily Ambrosier and senior Dustyna Sprigg who won the gold in a 10:34.91 clocking.

Jones tallied in four events. In addition to running on the gold medal winning 4 x 800 meter relay team, she was runner-up in the 800 meter run in a personal best time of 2:41.51, placed fifth in the long jump with a leap of 15'1" and finished fifth in the pole vault with a height of 7'6".

Sprigg scored points in three different events. She was third in the triple jump with a distance of 31'7.25" and was a member of the foursome which finished fourth in the 4 x 400 meter relay in 4:31.23. Running with her were Ambrosier, freshman Katelyn Engelbert and junior Erin Terrell.

Engelbert also scored in the 400 meter dash where she won the silver medal with a time of 1:03.83 and finished sixth in the triple jump with a distance of 31'1". Ambrosier placed fourth in the pole vault with a height of 8'6".

Norton freshman Darcy Bainter set personal records in placing in two events. She was runner-up in the 1600 meter run with a personal best time of 6:16.41 and third in the 3200 meter run in a personal best clocking of 13:23.64.

Freshman Marisa Maddy finished right behind Bainter in the 3200 meter run with a personal record time of 6:20.94.

Sophomore Julia Kent scored points in both distance runs. She was fifth in the 1600 meter run in 6:39.11 and sixth in the 3200 meter run in 14:39.41.

Terrell anchored the 4 x 100 meter relay team which placed fourth in 58.32. Running with her were sophomore Katherine Boteler, senior Bekah Streck and freshman Johnnye Ruder.

Lady Jay junior Caren Thomson placed sixth in the 100 meter hurdles in 19.82.

Norton scored 22 points in

the throwing events, thanks to sophomores Alec Melvin and Teslee Nickell.

Nickell heaved the shot a personal record distance of 36'1.75" to place runner-up and Melvin was right behind her with a 35'1.5" distance to place third. In the discus, Melvin was runner-up with a personal best throw of 105'5".

Results by Norton girls which did not score were: Nickell, 76'2", 12th; freshman Haley Wallingford, 65'6", 15th, discus; Melvin, 99'7", 11th; Wallingford, personal best 80'10", 16th; Streck, personal best 66'10", 19th, javelin; Streck, 11'8", 12th, long jump; sophomore Juliana Miller, 4'2", 11th, high jump; Maddy, 7'6", 7th, pole vault; Ruder, 20.34, 7th, 100 meter hurdles; Boteler, 15.20, 11th; Miller, 15.70, 12th; Thomson, 16.17, 13th, 100 meter dash; Ruder, 32.45, 10th, 200 meter dash.

BOYS
The Norton boys team earned 26 individual medals and recorded eight personal records in the meet.

Junior Zach Hartwell set a personal record when he won the gold medal in the 3200 meter run in 10:47.38. He also anchored the 4 x 800 meter relay team to a third place finish in 9:09.49. Running with him were senior Troy Bainter, senior Dakota Dreher and sophomore John Renner.

Bainter also finished third in the 1600 meter run in 5:00.30.

The Blue Jays' 4 x 100 meter relay team of freshman Austin Hager, junior Seth Antrim, junior Trey Millan and sophomore Jacob Brooks also placed third with a clocking of 45.77.

Norton also had a second 4 x 100 meter relay team which placed fifth in 51.75. Members of that foursome were: junior Damien Davis, sophomore Lucas Engel, sophomore Dylan Sprigg and junior Casey Temmel.

The Norton boys scored more points in the pole vault than any other event. Three Blue Jay

vaulters accounted for 18 points. Broeckelman was runner-up with a height of 12', Hager was third and Antrim was fourth, both with 11'6" heights.

Freshman Trevor Lewis did well in the jumps. He placed fourth in the triple jump with a personal best distance of 37'1" and fourth in the long jump with a leap of 18'6.75".

Brooks finished in fourth place in the 100 meter dash in 11.88.

The foursome of Brooks, Broeckelman, junior Dillon McConney and junior Tye Nicke finished fourth in the 4 x 400 meter relay in 3:53.97.

McConney placed fifth in the 400 meter dash in 58.58.

Junior Jordan Wahlmeier finished sixth in the triple jump with a distance of 35'9".

Times and distances of Norton boys which did not place were: Temmel, personal best 40'7.5", 7th; Davis, 32'9", 18th; Engel, 32'3.5", 19th, shot put; sophomore Dalton Miller, personal record 115', 10th; Sprigg, 106'2", 13th; Temmel, personal best 100'2", 18th, discus; Millan, personal record 128'3", 14th; Davis, 98'11", 19th; Miller, 95'7", 20th, javelin; McConney, 17'6.75", 11th, long jump; Brooks, 5'6", 9th; Wahlmeier, 5'6", 10th; Dreher, 5'4", 11th, high jump; Renner, 50.53, 9th, 300 meter hurdles; Austin Hager, 12.69, 12th; Nickell, 13.25, 16th, 100 meter dash; Millan, 25.47, 7th; Antrim, 26.56, 13th, Lewis, 26.92, 14th, 200 meter dash; Dreher, 1:02.76, 11th, 400 meter dash; senior Kegan Vanover, personal record 2:32.74, 8th, 800 meter run; Alec Hager, personal best 5:15.39, 7th; Vanover, 5:49.10, 11th, 1600 meter run.

Next action
Norton will compete in the Trego Freshman/Sophomore Track Meet on Monday in Wakeeney, beginning at 4 p.m.

The Norton varsity's next competition will be in the Plainville Invitational on Tuesday, beginning at 3 p.m.



Norton Community High School freshman Trevor Lewis has gotten his first high school track and field season off to a good start by scoring points in both varsity and junior varsity meets. Here he is shown flying through the air while competing in the triple jump at the Redmen Relays on Tuesday in Smith Center. Lewis triple jumped a personal best distance of 37'1" to place fourth and also finished fourth in the long jump with a leap of 18'6.75". - Telegram photo by Dick Boyd

The Norton Blue Jays, always striving to do better!

Norton and Northern Valley sports physicals

The Norton physicians will give sports physicals in the Norton Junior High School gym on Wednesday, May 4 starting at 9 a.m.

Each school is responsible for providing their students with a KSHSAA Physical Form (PPE) and having it filled out completely with both the parent and student signatures on page four of the form.

The schedule of physicals is as follows:
9 a.m. Norton sixth grade
9:20 a.m. Northern Valley
9:35 a.m. Norton eleventh grade
10 a.m. Norton ninth and tenth grades
10:30 a.m. Norton seventh and

eighth grades
Students are to have their physical form in their possession on May 4 to get a physical.

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NEPRA

NORTON ELMWOOD PARK SPEEDWAY AND MCCOOK SPEEDWAY - 2011 SCHEDULE

Class Key: Hobby Stocks-HS, Stock Cars-SC, Sport Mods-SM, Modified-M, 305 Sprints

NORTON SCHEDULE:	(DATES ARE SUBJECT TO CHANGE)	MCCOOK SCHEDULE:	(DATES ARE SUBJECT TO CHANGE)
Saturday, April 23.....	All Classes	Friday, April 22.....	All Classes
Saturday, May 21.....	All Classes	Friday, May 20.....	All Classes
Saturday, June 11.....	All Classes	Friday, June 10.....	All Classes
Saturday, July 9.....	All Classes	Friday, July 8.....	All Classes
Saturday, July 30.....	All Classes (Norton Fair)	Friday, July 22.....	(Open at McCook)
Sunday, July 31.....	All Classes (Norton Fair)	Thursday, July 28.....	(McCook Fair)
Saturday, August 13.....	Motorcycle Races	August 5 & August 6..	Are Open at McCook
Sunday, August 14.....	All Classes	Friday, August 19.....	All Classes
Saturday, August 20.....	All Classes	Friday, September 2.....	All Classes
Saturday, September 3.....	Vintage Races	Friday, September 16.....	Rain Date
Sprint Cars and Sport Mods			
Sunday, September 4.....	Vintage Races		
Sprint Cars and Sport Mods			
Saturday, September 17.....	Rain Date		

NORTON TIMES: Pits Open at 3:00 p.m.; Grandstand Open at 5:00 p.m.; Hot Laps at 6:00 p.m.; Races at 7:00 p.m. Admission: Adults-\$10.00; 14-18 Years-\$5.00; 13 and Under-Free with Paid Adult

MCCOOK TIMES: Grandstand Open at 6:00 p.m.; Hot Laps at 7:00 p.m.; Races at 8:00 p.m. Admission: Adults-\$10.00; 14-18 Years-\$5.00; 13 and Under-Free with Paid Adult

Info, Call Jerry Bantam, 785-877-5353 with Questions or frakrstr@ruraltel.net or www.nepa.mbmotorsports.com