

# Comments from my readers

By now you all know how happy I am to hear from those who read my column, whether praise or criticism. One of my favorite notes came last month when a long-time reader wrote, "I hope you don't get tired of hearing from me," and went on to explain how a recent column had seemed to be written just for her benefit on a particular day. Now how could anyone tire of hearing something like that? Keep writing, lady bug, and I shall, too.

Vegetarians are coming out of the woodwork to say thank you for the vegetable recipes. I was, however, informed that true vegans do not eat cheese or eggs and many prefer to simply bring their own food when invited to dinner. Soy meats and cheeses, although acceptable to some, are not to others. Best to inquire when planning to cook for someone you don't know well. I did receive a couple of yummy vegetarian recipes, which you will be seeing soon.

Remember those boxes you are supposed to be filling with joyful memories? One of my old friends is going through a miserable divorce and she tells me that she tried a different approach. Her March container was stuffed clear full of bitterness, resentment and

## Pieces of life's puzzle

Liza Deines



financial worries. She sat on the lid to slam it closed and walked away, free. Well, if that works for you, I'm sure the box can absorb it all or allow it to leak out the corners and dissipate.

A box story of a different nature, however, came from one of my readers in Colorado. I've never met her personally and did not know that she struggled with weight. She decided to try the three pounds a month challenge, just three little pounds. She achieved and held the line for the three pounds in January and February. At the end of March she was down ten pounds total and gleefully planning to continue on her downhill slide. Does anyone else have a success story to share?

The orange crate dressing table that topped off my room renovation story stirred happy memories from other girls of the 1940 era. Here's a quote from one note: "I remember those orange crate dressers so well. The first one I

had, my dad made a nicely sanded top and fashioned an extra shelf for both the top & bottom spaces on one of the crates....oodles of space! Mom made the curtains to hang in front. Those recycled crates had many uses. I even used them in my outdoor playhouse as the cabinets for tin can dishes and storage space for the baking supplies: dirt flour; dirt sugar; pebble decorations."

At one time sturdy wooden boxes used to transport fruits and vegetables were readily available just outside the back door of any grocery store. They were simply discarded and disappeared, possibly for firewood. I suspect, however, many a thrifty housewife utilized them for storage containers, which we now must buy. Cheap cardboard cartons end up in the landfill while some of those wonderful old scrap lumber

boxes are still around today. Who says recycling is the latest fad?

And here's your funny bone tickler for this week -- The Carlyle has a Red Hatters lunch group that, when recruiting new residents, occasionally runs into a potential member that has no red hat. As chance would have it, I own a red hat but cannot participate in the group because it meets on one of my dialysis days, so my hat often goes out to lunch as a "loaner". One morning someone returned it to me at breakfast time. I placed it on the floor, upside down, next to my wheelchair until the meal was finished. The server set my over easy eggs in front of me and, you guessed it, one of them promptly slid off and landed "SPLAT" right in my red hat. You've heard of the movie, "A Hat Full of Rain"? I'm working on a sequel, "A Hat Full of Yolk".

## FYI

The Dane G. Hansen Memorial Museum will have the "Local Joy of Painting Artists Exhibit".

Students from the Joy of Painting workshops held at the Hansen Museum for the past decade look forward to showing off their artistic talents in the Hansen Museum Gallery.

This exhibition will run from May 13 to July 3.

Museum hours are M-F, 9-12 and 1-4; Sat. 9-12 and 1-5; Sun. and Holidays, 1-5 p.m.

Dr. Joseph Galichia Keynotes Aging Conference in Phillipsburg.

An Aging Expo, April 29 in Phillipsburg.

Registration fee of only \$40 for two family members with lunch.

Registration at the door is \$35 per person and lunch will not be guaranteed.

For registration information contact the Northwest Area Extension Office at 785-462-6281 or your local K-State Research and Extension Office.

You may also e-mail <mailto:twatts@ksu.edu>twatts@ksu.edu.

## •PUBLIC NOTICE• NOTICE OF SHERIFF'S SALE

Published in The Norton Telegram on Tuesday, April 5, April 12, and April 19, 2011 3(T)

IN THE DISTRICT COURT OF NORTON COUNTY, KANSAS  
BAC Home Loans Servicing, L.P. fka Countrywide Home Loans Servicing, L.P. )  
 ) Case No. 10cv5  
 ) K.S.A. 60  
 Plaintiff, ) Mortgage Foreclosure  
 ) (Title to Real  
 Estate Involved)  
 vs. Jason M. Bowen, et al., )  
 Defendants. )

### NOTICE OF SHERIFF'S SALE

Under and by virtue of an Order of Sale issued by the Clerk of the District Court in and for the said County of Norton, State of Kansas, in a certain cause in said Court Numbered 10cv5, wherein the parties above named were respectively plaintiff and defendant, and to me, the undersigned Sheriff of said County, directed, I will offer for sale at public auction and sell to the highest bidder for cash in hand at 10:00 A.M., on 04/27/2011, at the front door of Norton County Courthouse, the following described real estate located in the County of Norton, State of Kansas, to wit:

A TRACT OF LAND COMMENCING AT THE SOUTHEAST CORNER OF THE NORTH HALF OF THE NORTHWEST QUARTER (N/2 NW/4) OF SECTION THIRTY-FOUR (34), TOWNSHIP TWO (2) SOUTH, RANGE TWENTY-THREE (23) WEST OF THE SIXTH PRINCIPAL MERIDIAN, NORTON COUNTY, KANSAS RUNNING THENCE NORTH 92.6 FEET TO THE POINT OF BEGINNING, THENCE WEST 150 FEET, THENCE NORTH 55 FEET, THENCE EAST 150 FEET, THENCE SOUTH 55 FEET, TO THE POINT OF BEGINNING. ALSO A TRACT OF LAND COMMENCING AT THE SOUTHEAST CORNER OF THE NORTH HALF OF THE NORTHWEST QUARTER (N/2 NW/4) OF SAID SECTION THIRTY-FOUR (34), RUNNING THENCE NORTH 147.6 FEET, THENCE WEST 150 FEET TO THE POINT OF BEGINNING, RUNNING THENCE WEST 20.53 FEET, THENCE SOUTH 55 FEET, THENCE EAST 20.53 FEET, THENCE NORTH 55 FEET, TO THE POINT OF BEGINNING.

SHERIFF OF NORTON COUNTY, KANSAS  
Respectfully Submitted, By:  
Shawn Scharenborg, #24542  
Sara Knittel, #23624  
Kelli N. Breer, #17851  
Kozyeny & McCubbin, L.C. (St. Louis Office)  
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St. Louis, MO 63141  
Phone: (314) 991-0255  
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Email: ssscharenborg@km-law.com  
Attorney for Plaintiff

## Police Log

- April 11**  
1:30 p.m. Individual wanting charges made on theft  
6:32 p.m. Report on criminal damage to property  
6:55 p.m. Individual wanting another individual to stay away  
**April 12**  
3:32 a.m. Business checks  
8:30 a.m. Contacted business to check vending machines  
9:45 a.m. Report of theft from vending machine  
3:55 p.m. Motorist assist  
6:07 p.m. Unlock city office for meeting  
**April 13**  
12:20 a.m. Checked on and identified 4 individuals walking around town  
5:35 a.m. Report of illegally parked vehicle, owner stated it was stolen, owner requested no report be made  
12:15 p.m. Report of domestic situation  
1:13 p.m. Report of verbal dispute  
5:26 p.m. Noise complaint  
5:44 p.m. Report of kids walking through yards  
6:04 p.m. Request for witness statement form  
6:42 p.m. One arrest on warrant, one arrest MIP  
8:31 p.m. Request for accident report  
9:55 p.m. Report of individual making threats  
**April 14**  
3:42 a.m. Report of individual trying to steal vehicle  
3:45 a.m. Spoke to owner of vehicle  
12:00 p.m. Report of transient at Diamond Shamrock  
2:40 p.m. Funeral escort  
3:04 p.m. Motorist assist  
6:25 p.m. Two vehicle accident  
7:58 p.m. Activated alarm, High Plains Mental Health  
**April 15**  
6:10 a.m. Parking citation  
9:40 a.m. Report of individual falling outside of business  
10:40 a.m. Funeral escort  
10:59 a.m. Stop by residence to

- check on individual that fell  
4:15 p.m. Civil standby  
6:40 p.m. Request to speak to officer, concerning driver's license  
11:40 p.m. Report of someone knocking on window  
**April 16**  
1:50 a.m. Found stop sign on ground  
1:58 a.m. Report of someone ringing doorbell  
3:51 a.m. Investigate suspicious vehicle, Dollar General  
7:46 a.m. Investigate open door  
7:55 a.m. Motorist assist  
8:10 a.m. Parking citation

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