

John Mason, right, former world class miler and a member of the Kansas Sports Hall of Fame, congratulates Norton Community High School junior distance runner Zach Hartwell after he won the 'John Mason Mile' at the Phillipsburg Invitational Track Meet on Thursday. The names of all the other winners of years past are engraved on the trophy. Zach's name will be added and the trophy will be on display at Norton Community High School for the next year. - Telegram photo by Dick Boyd



Lady Jay freshman Katelyn Engelbert, left, and junior Erin Terrell flawlessly exchange the baton during the 4 x 400 meter relay at the Phillipsburg Invitational Track Meet on Thursday. The foursome of Engelbert, Terrell, senior Dustyna Sprigg and freshman Bailey Ambrosier placed third in 4:26.33. - Telegram photo by Dick Boyd

Rewarding day for Jays at Phillipsburg

By DICK BOYD

nortontelegram@nwkansas.com Coach Jason Jones' Norton Community High School girls and boys track teams turned in some outstanding performances in placing third in both divisions in the Phillipsburg Invitational Track Meet on Thursday,

The Concordia girls won the team championship with 123 points, followed by Smith Center, 111; Norton, 101; Phillipsburg, 87; Russell, 70; Beloit, 56.

In the boys division, Beloit won the team championship with 134 points, followed by Phillipsburg, 117; Norton, 98; Russell, 79; Concordia, 78; Smith Center,

"We are again very pleased with our athletes and their efforts," said coach Jones. "Our girls and boys competed hard and did very well.

"This was a smaller meet in terms of the number of teams attending but the competition level was as high as we have seen in

first week of the season with two varsity meets and our girls and boys did a great job of adjusting to that."

GIRLS

Lady Jay junior Astrid Moen had an excellent day in the distance races. She won the gold medal in the 3200 meter run with a time of 12:35.72, placed runner-up in the 1600 meter run in 5:53.94 and was a member of the foursome which placed runner-up in the 4 x 800 meter relay with a time of 10:37.96.

Running with Moen in the relay were freshman Katelyn Engelbert, sophomore Kamilla Jones and senior Dustyna Sprigg.

Sprigg, Engelbert, junior Erin Terrell and freshman Bailey Ambrosier combined in the 4 x 400 meter relay to place third in 4:26.33.

Norton's other gold medal in the girls division went to sophomore Teslee Nickell in the shot put where she heaved the iron 73'6", 12th, discus; Wallingball a personal best distance of ford, personal best 82'7", 11th; during his running career. 38'9 Right behind her was sophomore teammate Alec Melvin with a distance of 35'11.25" for the runner-up spot. Melvin was also the runner-up in the discus with a throw of 101'7". Freshmen Engelbert and Ambrosier each scored in four events. In addition to running in two relays, Engelbert placed third in the triple jump with a distance of

30'10" and third in the 400 meter dash in 1:04.60.

In addition to running in one relay, Ambrosier placed third in the pole vault by clearing 8'6", fourth in the 400 meter dash with a personal best time of 1:04.75 and fifth in the 200 meter dash in 28.38.

Sprigg placed runner-up in the 800 meter run in a time of 2:39.10 in addition to running in two relays.

Freshman Darcy Bainter placed in two events. She finished fourth in the 1600 meter run with a personal record time of 6:13.71 and fourth in the 3200 meter run in a personal best time of 13:07.70.

Jones finished fifth in the 800 meter run with a clocking of 2:44.56 and freshman Marisa Maddy finished sixth in the 1600 meter run in 6:25.00.

Distances and times of Norton girls which did not place were: freshman Haley Wallingford, senior Bekah Streck, 63'8", 14th, javelin; Jones, 14'11.25", 8th; Streck, 11'6", 12th, long jump; Sprigg, no distance, triple jump; sophomore Juliana Miller, 4'4", high jump; Jones, 8', 7th; Maddy, 8', 7th, pole vault; junior Caren Thomson, 19.76, 9th; freshman Johnnye Ruder, 20.04, 10th, 100 meter hurdles; Terrell, 14.84, 9th; sophomore Katherine Boteler, 14.99, 12th; Miller, 16.00, 14th,

100 meter dash; Kent, 13:52.20, 3200 meter run: Boteler. Thomson, Ruder, Terrell, 4 x 100 meter relay.

BOYS

Every year, the John Mason Mile is run at the Phillipsburg Invitational Track Meet in honor of Hall of Fame Runner John Mason, a native of Phillipsburg. A large traveling trophy is awarded to each year's winner and the trophy is displayed for the next year at the winner's high school.

Norton junior Zach Hartwell not only won the John Mason Mile (1600 meters) in a personal best time of 4:51.14 but came back later in the meet to win the gold medal as well in the 3200 meter run with a time of 10:54.90.

John Mason presented the winning trophy to Hartwell after he won the John Mason Mile. Mason was a world class miler in his prime. He ran the equivalent of a sub-four minute mile 31 times

junior Trey Millan.

Broeckelman and Austin Hager teamed with junior Tye Nickell and junior Dillon McConney to placed fourth in the 4 x 400 meter relay in 3:59.17.

Norton's 4 x 800 meter relay team of senior Dakota Dreher, freshman Alec Hager, sophomore John Renner and senior Kegan Vanover placed runner-up with a clocking of 9:24.35.

Blue Jay junior Bryan Henry has been recovering from an injury and ran on Thursday for the first time this season. His season debut was very successful as he placed runner-up in the 800 meter run in 2:08.99.

Norton scored 18 points in the pole vault where junior Seth Antrim finished runner-up by clearing 13', Broeckelman placed third with a vault of 11'6" and Austin Hager cleared 11' to finish in fourth place.

Blue Jay senior Troy Bainter scored in two events. He placed third in the 1600 meter run in

finished in sixth place in the 800 meter run with a clocking of 2:15.89

Alec Hager placed fifth in the 3200 meter run in 11:44.20.

Distances and times of Norton boys which did not place were: junior Casey Temmel, 40'7", 10th; sophomore Lucas Engel, personal best 33'4", 16th; junior Damien Davis, 33'1", 17th, shot put; sophomore Dalton Miller, 112'5", 10th; sophomore Dylan Sprigg, 105'4", 14th; Temmel, 96'7", 15th, discus; Miller, personal best 121'1", 11th; Davis, personal record 109'4",12th; Sprigg, 92'9", 14th, javelin; Lewis, 17'5.5", 7th; McConney, 17'2.5", 9th; Nickell, 16'10.25", 10th, long jump; senior Dakota Dreher, 5'4", 7th; Wahlmeier, 5'4", 7th, high jump; Renner, 50.87, 13th, 300 meter hurdles; Millan, 12.48, 10th; Lewis, 13.42, 16th, 100 meter dash; Millan, 25.10, 10th; Lewis, personal record 26.35, 12th, 200 meter dash; Miller, 1:05.98, 11th, 400 meter dash; Vanover, 5:45.31, 10th, 1600 meter run.

most events.

"Zach Hartwell ran a personal record time to win the 'John Mason Mile' so that trophy returned to Norton again. That was great and a highlight performance for us in the meet. Later in the meet, Zach also won the 3200 meter run.

"In this tough meet, it was good to see our girls and boys both finish third overall. This marked our

Norton sophomore Jacob Brooks scored points in four events. He placed runner-up in the 200 meter dash in 23.64, was fourth in the 100 meter dash in 11.85, fourth in the high jump with a clearance of 5' and anchored the 4 x 100 meter relay team to a third place finish in 45.58. Running with him in the relay were freshman Austin Hager, senior Billy Broeckelman and

4:58.83 and fifth in the 800 meter run in 2:14.73.

Junior Jordan Wahlmeier placed fourth in the triple jump with a career best distance of 38'3" and freshman Trever Lewis placed right behind him in fifth with a personal record distance of 37'11.5".

McConney placed sixth in the 400 meter dash with a personal best time of 58.02 and Nickell

Next action

Next competition for the Norton varsity girls and boys track teams will be this Friday when they travel to WaKeeney for the annual Goldsmith Relays, beginning at 3:30 p.m.

Norton Junior Varsity track team members set personal bests at Trego

By DICK BOYD

nortontelegram@nwkansas.com The Norton Community High School junior varsity track and field members competed in the Trego Freshman/Sophomore Track Meet on Monday, April 18 in WaKeeney.

"Our athletes competed very hard and we are happy with their results," said Norton head track and field coach Jason Jones. "They were able to post 11 personal records as they continue to better themselves as their competitive season progresses!

"We have been working to improve each time out and their hard work is paying off for them!

"We are proud of their efforts and their performances and we are still excited about the remainder of the season for these athletes."

GIRLS

Norton freshman Christine Nelson set personal records in three events. She placed fourth in

the shot put with a personal best heave of 27'7", placed sixth in the discus with a personal best throw of 74'.25" and threw the javelin a personal best distance of 62'11" for 14th.

Distances and times of Norton girls which did not place were: sophomore Alexis Lively, 55'1.5", 24th, discus; sophomore Sofie Hansson, 8'1.25", 12th, long jump; Lively, 15.75, 14th; freshman Elizabeth Saulsbury, 16.96, 16th, 100 meter dash; Saulsbury, personal best 35.66, 12th, 200 meter dash.

BOYS

Norton freshman Jared Shelton placed third in the pole vault with a clearance of 8'

Sophomore Carson McKenna finished fifth in the 200 meter dash with a personal record time of 25.21.

McKenna also anchored the 4 x 100 meter relay team which placed third in 49.97. Other members of that foursome were sophomore Lane Bigge, freshman Cody Temmel and freshman Travis Cressler.

Freshman Drew Schrum placed in two events. He was fifth in the 1600 meter run in 5:35.38 and sixth in the 800 meter run in 2:31.36

Cressler also placed in two events. In addition to running in the 4 x 100 meter relay, he finished fifth in the 400 meter dash in 1:00.23.

Distances and times of Norton boys which did not place were: junior Gun Lee, personal best 28'11.5", 21st; junior Kurt Douglas, 28'7.5", 23rd; freshman Cole Renner, 27', 28th; freshman Michael Johnson, 21'7", 34th, shot put; Renner, 77'2", 18th; Douglas, 75'1", 21st; freshman Isaac Schaefers, 67'9", 26th; freshman Zach Esslinger, 59'1", 29th; Johnson, personal best 55'8", 31st, discus; Renner,

73'7", 28th; Schaefers, 68'10", 31st; Esslinger, 54'9", 36th, javelin; Schrum, 13'4", 14th, long jump; Cressler, 31'5.25", 8th; Bigge, 30'3.5", 10th, triple jump; Temmel, personal best 12.79, 17th; Bigge, 13.21, 22nd; Shelton, personal best 13.91, 28th, 100 meter dash; Temmel, personal best 26.33, 14th; Cressler, 27.34, 20th; Bigge, 27.82, 23rd, 200 meter dash; freshman Chris Chambers, personal best 6:47.09, 19th, 1600 meter run.

Next action

The Norton junior varsity track and field members competed in the Hill City Freshman/Sophomore Track Meet today but results were not available at the Norton Telegram's press time.

That was their final competition for the season.

The Norton varsity will compete this Friday, April 29 in the Goldsmith Relays in WaKeeney, beginning at 3:30 p.m.



Golfers turn in excellent scores at Goodland

By DICK BOYD

nortontelegram@nwkansas.com

The Norton Community High School junior varsity golfers turned in some excellent scores, three were individual medalists and all but one came within one point of medaling in the Goodland JV Invitational on Tuesday, April 19.

Team scores were not kept. Freshman Marc Miller led Norton with a 48, followed by sophomore Cassius Dole, 49; senior Katie Gall, 52; senior Ashley Millan, 53; senior Nikki McVey, 53; junior Taylor Meder, 53; sophomore Jordan Hartwell, 61.

Medalists were: Cy Paxton, Goodland, 43; James Peterson. Atwood, 44; Andrew Flanigan, Colby, 45; Ian Koerperich, Colby, 47; Bryan Guyer, Goodland, 47; Marc Miller, Norton, 48; Cassius Dole, Norton, 49; Kaid Wark, Colby, 49; Mikail Freeman, Goodland, 50; Katie Gall, Norton, 52.

"I am pleased with the over-

all performance of this group today," said Norton head golf coach David Stover.

"All our golfers shot equal to or improved their season tournament averages on what is probably the most difficult junior varsity course we will play this season.

"It was great to see Marc Miller and Katie Gall earn their first individual medalist honors and Cassius Dole continued his consistent play to earn his first medal of the season as well."

Next action

The Norton junior varsity golfers competed in the Smith Center JV Invitational today but results were not available at the Norton Telegram's press time. Next action for the junior varsity will be when they host the Norton JV Invitational on Tuesday, May 3.

The Norton varsity golfers will compete in the Trego Invitational this Thursday in Wa-Keeney.

Tee off will be at 9 a.m.