

# Spelling champion crowned



Eighth grader Lauren Mordecai won the annual Norton Junior High School spelling bee on Monday at Norton Junior High School. Mordecai, along with Hailey Branek and Audrie Burge, will advance to the Norton County Spelling Bee on Feb. 8 in Long Island.

—Telegram photo by Mike Stephens

The annual Norton Jr. High School Spelling Bee was held Monday, Jan. 23 during the school activity period. When it was all said and done after 17 rounds, Lauren Mordecai won by spelling expressionism then reminiscent. Hailey Branek finished second missing the word facade. Audrie Burge placed third missing chromosome. Layton Miller will serve as the alternate.

Two seventh graders and six eighth graders qualified for the final oral competition round.

Those competing were: 7th graders, Wilson Ellis and Layton Miller; 8th graders, Philip Boutwell, Lauren Mordecai, James King, Hailey Branek, Audrie Burge and Audrey Morel.

Lauren, Hailey and Audrie will represent Norton Jr. High School at the Norton County Spelling Bee at Long Island on Wednesday, Feb. 8 at 4 p.m. The winner will advance to the state bee held in March.

The bee is sponsored nationally by Scripps National Spelling Bee and regionally by The Great Bend Tribune.

# From rural farm to world champion

By Ron Wilson, Huck Boyd Institute

The Super Bowl ring is large, hefty, and shiny - and it proudly displays the words "World Champions." Today we'll meet a man from rural Kansas who earned that ring as an assistant coach in the National Football League. Special thanks to Norton County Life Magazine whose article told this remarkable story. This is a Super Bowl edition of Kansas Profile.

Larry Zierlein is the proud owner of a Super Bowl ring, which he earned as an assistant coach for the Pittsburgh Steelers.

Larry grew up on a farm seven miles northwest of the rural community of Lenora, Kansas, population 250 people. That's rural - but there's more. Larry graduated from Lenora High School.

"I tell people that there were 18 in our graduating class, and I graduated in the top 10," Larry said with a smile. Then he joined the Marine Corps and served in Vietnam. After the service, he went to Fort Hays State and joined the football team, playing defensive end while working part time in construction.

During his last game at Fort Hays, Larry dislocated his shoulder so he couldn't continue his construction job. He was invited to help coach the team during spring practice.

"The first day on the field, I knew that coaching was what I wanted to do," Larry said. Larry had heard that the quality of high school football was high in Texas, so he decided he wanted to go into coaching down there.

"My wife and I sent out about 150 applications to schools in the Texas Panhandle and west Texas," Larry said. "Out of all those, we got one interview, and that was for the eighth grade job at Abernathy, a small school about 15 miles north of Lubbock." So Larry and his wife made the move to Texas and launched a remarkable coaching career.

He moved up through the ranks to coach for the University of Houston, Tulane University, Louisiana State University, and Cincinnati. He went on

to the NFL, where he coached for the Cleveland Browns, Buffalo Bills, and Pittsburgh Steelers. Altogether he coached 23 years at the NCAA Division 1 level and nine seasons in the NFL.

Then came Feb. 9, 2009: Super Bowl XLIII (43). Larry was the offensive line coach for the Pittsburgh Steelers who were taking on the Arizona Cardinals. When the final gun sounded, it was the Steelers who brought home the Lombardi trophy as world champions.

"I was thrilled that we won and that my three kids and their spouses were able to be there with Marcia and I and share in it, because they were there the whole time through all the different jobs and the ups and downs we experienced along the way," Larry said. "I was happiest for my wife, Marcia, because of all she went through as a coach's wife."

Larry left the Steelers in 2010 but he remains highly involved in the sport, coaching football camps and clinics in the U.S. and abroad. He and Marcia moved to Texas near where their son is a high school football coach, but he remembers Kansas fondly.

"I have great memories of life on the farm and of our community, which most people knew as the Good Hope community because we all attended Good Hope Church," Larry said. He estimated there were eight or nine core families who made up the community, which might make a total population of about 40 people. Now, that's rural.

Larry has brothers living in Norton and Smith Center. His wife's family is from the Colby area.

"I still love coming home and going out to the farm and seeing things," Larry said. "I'm proud to be from Norton County." When asked his favorite book, he cited the Bible. When asked his greatest accomplishment in coaching, he said, "Knowing that maybe I was able to touch the lives of some people in a positive way."

The Super Bowl ring is large, hefty, and shiny, and it belongs to a man from rural Kansas. We salute Larry Zierlein for making a difference by influencing his players in a way that is, well, super.

# Students offer free income tax preparation

Accounting students at Fort Hays State University will offer free income tax preparation through the Volunteer Income Tax Assistance program in February and March.

Low-to-moderate-income citizens (\$50,000 and below) are eligible to receive assistance from qualified FHSU students.

Over the past several years, the VITA program has aided hundreds of local taxpayers. VITA volunteers are qualified to prepare Forms 1040EZ, 1040A and 1040; Schedule A (Itemized Deductions); Schedule B (Interest and Dividends); and Schedule EIC (Earned Income Credit). Volunteers are not qualified to do Schedule C (Business Income), Schedule D (Capital Gains), Schedule E (Rent Income & Royalties), Schedule F (Farm Income) or foreign student returns.

Items all taxpayers will need to bring to the VITA site to have a tax return prepared are:

- Photo identification.
- Social Security cards and birth dates for themselves, spouses and dependents.
- Wage and earnings statements: Form W-2, W-2G, 1098 and 1099-R from all employers.

-- Interest and dividend statements from banks (Form 1099).

-- A copy of last year's federal and state returns, if available.

-- Bank routing numbers and account numbers for direct deposit.

-- Tuition statement from school (1098-T).

To file taxes electronically on a Married Filing Joint tax return, both spouses must be present to sign the required forms.

Students must know if they can be claimed as a dependent on their parents' returns.

Tax returns will be prepared in McCartney Hall, room 116.

Services are available from 5:30 to 7:30 p.m. on Feb. 7, 8, 14, 15, 21, 22, 28 and 29; March 6, 7, 13 and 14. No services are available after March 14.

No appointments are necessary. Clients will be accepted on a first-come, first-served basis.

For more information, contact the FHSU Economics, Finance and Accounting Department at 785-628-5805 or Dr. Charles Gnizak, associate professor of economics and finance, at 785-628-4328.

# Score big with your food on football Sunday

Get ready for the second largest day for consuming food! That day is Super Bowl Sunday. Here are eight game strategies:

Get your food plan ready for the playing field!

- 1) De-fense! Reduce excess fat and calories with lower-calorie drinks and snacks. Don't get tackled by large platters of food.
- 2) Look at the stats. The Nutrition Facts Panel shows calories and nutrient content. Eat from a plate, not the box.
- 3) Condition yourself. Start walking, lift weights, do some physical activity each day.

Home ed  
Tranda  
Watts,  
Extension  
specialist



- 4) Preparation is key. Knowing snacks will be available, limit food intake prior to the party.
- 5) Yellow flag! Don't get penalized. Choose smaller portions or smaller plates to hold less food.

6) Injury timeout! Prevent food borne illness. Keep hot foods hot and cold foods cold. Follow the "two-hour rule" for perishable foods.

7) Take a time out! Pace yourself. Pass on second helpings.

8) Touchdown! All of these strategies can help you win the game!

If you have questions related to food preparation or food safety, please feel free to contact your local K-State Research and Extension Office or you may e-mail Tranda Watts at the following address: twwatts@ksu.edu.

# Huelskamp blasts Obama for kibosh of Keystone Pipeline

By Tim Huelskamp  
U.S. Congressman

Is it possible for this administration to be any more anti-jobs? From the fiscal policy of deficit spending - which scares small businesses about the prospects of higher taxes - to its addiction to overregulation to its energy policy, President Obama repeatedly displays his disdain for any job creator except for the government.

But, perhaps the biggest demonstration of his desire to sustain the record levels of unemployment happened this last week when he denied the permit for the Keystone XL Pipeline.

Never mind that more than 20 million Americans are out of work or looking for more. Never mind that 46 million Americans have to rely on food stamps to feed their families. Never mind that gas prices have increased 82 percent - and doubled at their peak - since January 2009.

Although the part of the pipeline that is in Kansas is already constructed, the remaining parts to be built would have resulted in the direct creation of 20,000 jobs and 118,000 spin-off jobs. Before I am accused of fuzzy math, let me say that those estimates have been endorsed by Democrats in a letter to the

President.

I hosted a telephone town hall the evening that the Obama Administration decided to block the permit, and 93 percent of the participants disagreed with the President's decision. In fact, 84 percent did so strongly!

I am not surprised that most Kansans are disappointed. When the Kansas portion of the pipeline was built, many of our local communities saw considerable economic gain from the construction. Places like Clay Center and businesses there like Bud's Tire Service experienced firsthand the positive impact this type of development can have.

Not only are Kansans disappointed for the pass the President made on job creation and economic activity, but also because of what it means for our national security.

While the U.S. would still not be energy independent as a result of this pipeline with Canada - our friend and neighbor to the north - this is a far more ideal arrangement than importing more from the Middle East. While Americans are not smiling about this arrangement, the Chinese certainly are. China has already expressed its willingness to take the oil and refine it.

In opposing the pipeline,

the President argued there was not enough time to conduct an "environmental impact study." What a cop-out! More than three years have passed since the application for the pipeline was filed; this Administration has had plenty of time to do the research it believed was necessary. His own State Department even gave the green light for the permit, yet the President single-handedly stopped it. He single-handedly kept 20,000 Americans from going back to work.

How anyone could want to deny America this obvious boost to the economy, workforce, and our national security is beyond

me. It seems as if the only beneficiary of this decision is the President's campaign account. Only his high-dollar donors - those who can afford expensive electric cars subsidized by the taxpayer - are reveling in this news. The rest of America will have to suffer the consequences of continued high unemployment, expensive gas, and reliance on oil from unstable trading partners.

Rest assured, in the coming weeks, I will be working closely with both other Republicans and many Democrats to explore and pass options that allow these Americans to go back to work.

**FOR YOUR VALENTINE**

**Friendship/Valentine Prime Rib Dinner and Dance**

DINNER BY RESERVATION ONLY

**SATURDAY, FEBRUARY 11**

Supper Served from 6:00 to 8:00 p.m. and Dance is 8:00 p.m. to midnight. Music is JAM Session and Cost for the dance is \$6.00 a person or \$10.00 a couple.

Call and leave a message for reservations at 871-0464 or 877-5662

Prime Rib Dinner includes Prime Rib, Potato, Vegetable, Roll and Salad Bar

Harmonson Redd Post #63

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Phone: 785-877-5662 - Members and Guests Welcome

**NOTICE OF NOMINATIONS FOR DIRECTORS TO THE ANDBE HOME BOARD**

Three positions on the Andbe Home Board of Directors expire in 2012. These positions will be filled by election at the Annual Meeting which will be held on **THURSDAY, MARCH 8, 2012, at 7:00 p.m.** Nominees will be chosen by the Andbe Home, Inc. Nominating Committee. A director must be a resident of Norton County. A director whose term is expiring may be nominated. Any person may propose in writing the name of a person for the committee to consider for nomination. Names must be submitted by February 15, 2012 to:

**Andbe Home Inc.**  
c/o President  
201 W. Crane St., Norton, KS 67654

*Surprise Your Valentine*

**Gentlemen**

*Roses are Red, Violets are Blue...  
A Gift from Silpada Jewelry,  
How Easy for You!*

**Friday, January 27**

**FROM 5:30-7:00 P.M.**

**AT THE NORTON PDRA**

For Every \$50.00 Purchase You will Receive a FREE Beverage Ticket

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**- I WILL WRAP AND DELIVER -**

There will be a Drawing for a Half Priced Item

Jan. 27- Feb. 1

Showing at the

**NORTON THEATRE**

**We Bought A Zoo**

(PG) 2 Hours, 14 Minutes (DIGITAL SURROUND SOUND)

Friday and Saturday: 8:00 p.m.  
Sunday: 5:00 p.m.  
Monday, Tuesday, Wednesday: 7:00 p.m.

**War Horse**

2 Hours, 36 Minutes (PG-13)

Let's Go to the Movie

Since both movies are non-premieres, all passes are accepted

War Horse is General Admission Price of \$6.00 and \$5.00-\$3.00 on Sunday  
We Bought A Zoo is General Admission Price of \$6.00 and \$5.00 - \$3.00 on Sunday

**COMING SOON**

Visit our Website: **nortontheatre.com**

This ad is brought to you by The Norton Telegram

**HANSEN MUSEUM**

The Hansen Museum will again have two certified instructors that teach Bob Ross painting classes on a regular basis. T.R. Mathews and Sandy Seamone, Arriba, Colo., will be here to entertain and instruct, step by step, revealing how easy and fun it is to paint the Bob Ross way. No previous experience is necessary and anyone can do it.

On Saturday, Feb. 18, the class will be painting "Old Cream Cans" and on Sunday, Feb. 19, "Wheel Barrel Full of Flowers." The classes will run from 9 a.m.-noon and 1-3 p.m. both days.

This learning opportunity is sponsored through the Hansen Museum Continued Education Program and offered to the public at a reduced rate. For more information call 785-689-4846 or go to our web at [www.hansenmuseum.org](http://www.hansenmuseum.org). All you need to bring is a roll of paper towels. All other supplies are provided.

Call Mike with all your social news.  
877-3361